**Knit Triangular Shawl**

*Design by John Feddersen, Jr. from The Prayer Shawl Ministry of The United Church of Christ, First Congregational Norwich, NY*

* 3 skeins of bulky yarn (or other, as long as needle size matches)
* 29” circular knitting needle
* size 13 (9mm) (or appropriate size for yarn selected)
* Cast on one st.
* Row 1: Knit into the front and into the back of st (increase made): 2 sts.
* Row 2: Increase, K1: 3 sts.
* Rows 3-6: Increase, knit across: 7 sts.
* Rows 7: K3, YO, knit across: 8 sts.
* Repeat Row 7 until piece measures approximately 32” from cast on edge, ending with an even number of stitches.
* Next Row: K3, YO, \*K2 tog, YO; repeat from \* across to last 3 sts, K3.
* Next 4 Rows: Increase, knit across.
* Bind Off Row: K2 tog, \*K1, pass second st on right needle over first st; repeat from \* across to last 2 sts, K2 tog, pass second st on right needle over first st and finish off .

**Crochet Triune Prayer Shawl**

* Chain 3 stitches and slip stitch to join in a round
* Row 1: Chain 1 turning sc , 3 Sc into ring.
* Row 2: Chain 1 turning sc, 2 Sc into first stitch, 1 Sc into next stitch, 2 Sc into last stitch.
* Row 3: Chain 1 turning sc, 1 Sc in first stitch, 2 Sc in second stitch, 1 Sc in each stitch to last stitch, 2 Sc in last stitch
* Row 4 :Repeat row 3 until you reach the size you desire, but have enough yarn for finishing.
* Finishing: For the edge, Sc around the whole perimeter of the shawl. If yarn permits, make the edging 3 rows of Sc. That way the shawl is symbolically wrapped in grace of Trinity.

*Simple Variations*

1. Sc, Scbl (single crochet back loop), Sc Scbl pattern after initial 3 Sc stitches of every row. (this is a random pattern that adds texture)
2. Sc for three rows then hdc for one row….. repeat pattern.
3. Hdc for three rows then sc for one row….repeat pattern.

Adapted by Mary Elizabeth Piercy

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