



BREAD & WINE

Remembering Jesus

Our souls need to be fed. We hunger for meaning, purpose, significance and security. We long for peace, love, joy and acceptance. Where can we find strength for the journey of our lives? Jesus invites us to come, feast and find everything that we need.

Scripture: Luke 22:14-20

Bottom Line: Remember that God does not remember your sins.

Discussion Questions

1. Is there a certain kind of food that you have a weakness for, even though you know it isn't good for you? What is it and when are you most likely to indulge?
2. At certain times in our lives we have all felt hungry for more in life, not just physically but emotionally and spiritually. What do you think are some of the core things that people hunger for in life?
3. Read Luke 22:14-20. Can you recall from Sunday's teaching the significance of the bread and wine as the symbols that Jesus uses in this passage? Why do you think he uses a meal and edible symbols to teach his disciples to remember him?
4. Read John 6:47-51. Why does Jesus use such graphic language here? What point is he trying to make? What does it mean that Jesus is the bread of life? How do we eat that bread?
5. Just as we can be physically malnourished, we can also be spiritually malnourished. What do you think are some of the symptoms of spiritual malnourishment? How can trusting in Jesus bring true nourishment to our souls? Describe how trusting in Jesus can bring strength to our everyday lives.
6. Jesus uses wine to teach them about the new covenant. Read Jeremiah 31:31-34. What are the elements of the new covenant? Wine is supposed to bring joy and refreshment. In what ways do you find this covenant brings that to our lives?

Moving Forward

What are some of the practical ways that we can continually feast on (remember and trust) these powerful truths of Jesus?