

LAY LEADERSHIP 2020

MAKE AN IMPACT

Get involved in making a difference, changing individual lives and entire communities – and finding a sense of purpose. Read more on page 10.



THE EPWORTH TOWER

AUGUST 2019

Epworth United Methodist Church

4855 W. Central Ave Toledo, Ohio 43615 | 419.531.4236 | epworth.com

August 2019

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Sunday Worship Services

8:30 BLENDED

A mix of traditional and contemporary styles, with Holy Communion served every week. Also available during this hour: Nursery, Toddler, and Preschool Childcare.

9:45 TRADITIONAL

Steeped in the warm-hearted Methodist tradition featuring choral and organ music. Also available during this hour: Nursery Childcare and Sunday School Classes for Toddlers, Preschoolers, K-6, Jr. and Sr. High, and Adults.

11:00 CONTEMPORARY

Fast-paced with visuals to illustrate the Bible-based sermons, this service features our praise band. Also available during this hour: Nursery Childcare, and Sunday School Classes for Toddlers, Preschoolers, W.O.W. for K-3 (not during summer), and Adult Sunday School.

SERMONS ONLINE

Out of town or ill and not able to make it to worship on Sunday? View each week's sermon: epworth.com/series

Our Pastors:

REV. DR. DOUG DAMRON

Senior Pastor

doug@epworth.com

REV. BETH IRWIN

Associate Pastor

beth@epworth.com

REV. DAVE PETTENGILL

Pastor of Student and Family Ministries

dave@epworth.com

REV. JENNIFER BAILEY

Pastor of Welcome

jennifer@epworth.com

September Tower Deadline:

FRIDAY, AUGUST 16

E-mail articles & pictures to
communications@epworth.com

WEEKLY E-NEWSLETTER

Sign up for the weekly e-newsletters!

Go to: epworth.com/email

OBITUARY NOTIFICATIONS

Sign up to receive obituary notifications!

Go to: epworth.com/email

If you'd like a thank you printed in the next Tower, send your note in an e-mail to communications@epworth.com.

Our Mission & Vision

MISSION

To embrace people exactly where they are and empower all to know, love, and serve God through Jesus Christ.

VISION

- CARE for all of our members and friends with special emphasis upon senior adults.
- PARTNER within in our community to increase the number of positive on-property experiences for families with kids.
- GROW and actively invite and welcome all people into our community to grow in faith together.
- INVEST in the next neighborhood over in order to lower the poverty rate of Lucas County.

ANNOUNCEMENTS

B.Y.O. COFFEE MUGS WITH LIDS



The Coffee & Conversation Sunday School class members have recently been discussing the recycling efforts here at Epworth. While the Epworth staff made the first step to begin using biodegradable cups, the Coffee & Conversation class suggests the following to those members and friends who are regular coffee drinkers: "Because we care about

the earth, Epworth has gone to using biodegradable cups for coffee. But we feel we can do better! If you are a regular coffee drinker, please consider bringing your own cup with a lid. Together we can make a difference." A lost and found for coffee mugs & lids will be located in the cabinets underneath the coffee. Look for a sign! ***"The Lord God took man and put him in the Garden of Eden to work it and take care of it." -Genesis 2:15***

Sympathies recent deaths

- THE POTTS FAMILY on the passing of Grace Potts.
- THE ALLEMAN FAMILY on the passing of Ora Alleman.
- THE ANDERSON FAMILY on the passing of Stacey Anderson's grandmother and Carol Null's mother.

Congratulations recent births

- THE BAUMEIER FAMILY on the birth of Thomas Baumeier, proud parents are Jennifer and Kevin Baumeier.

HOW DO WE GROW OUR CHURCH?

Epworth's mission: To embrace people exactly where they are and empower all to know, love, and serve God through Jesus Christ.

We want to be present in the community we serve! As part of our evangelism efforts and our passion for reaching new people with the good news of Jesus Christ, the Communications Committee invites any member to submit a formal request for Epworth UMC to have an official presence at a community event, parade, festival, etc. The Communications Committee will determine if the event is in line with the mission, vision and values of our congregation, as well as the social principles of the United Methodist Church. Once approved, the person(s) bringing the request is responsible for the design and implementation of the ministry.

Please feel free to contact the Communications Committee Chair, Tami at (personal info has been removed) or our Director of Communications, Laura at Laura@epworth.com with any questions regarding this new policy.

SAFETY AT EPWORTH: KEEPING YOU SAFE

The health and security of our members while they are on church premises is of primary concern to us.



You may have noticed this button mounted on the north wall of the lobby adjacent to the defibrillator. When pushed, this "EMERGENCY BUTTON" will automatically contact our security service, Habitec Security, who will in turn immediately dispatch the police department.

You may have also noticed our DEFIBRILLATOR Box adjacent to the Emergency Button located on the north wall of the Lobby. When the door is opened, a signal is automatically sent to our security service, Habitec Security, who will automatically call for medical help. In case of a possible heart attack, the defibrillator kit should be removed from the box, opened and the simple-to-use instructions followed. By using this emergency defibrillator, you may be able to help save a life!



SUNDAY BIBLE STUDIES:

- **9:45am | Adult Bible Study | Rm 214**
Currently on Summer Break.
- **9:45am | Coffee & Conversation | Rm 213**
This class discusses modern day issues and current events, and examines the teachings of Jesus in light of them; meets year-round.
- **9:45am | Connection Point | Rm 205**
Post high school through mid-twenties: provide a faith based place to connect with peers and discuss issues relevant to this stage of life.
- **9:45am | Donuts & The Bible | Rm 216/Deep End**
Come enjoy some donuts and time with others as we look deeper into what it means to follow Jesus.
- **11am | Sermon Notes | Rm 214**
Discussion around individuals' understanding of the scriptures' relevance to their journey.

WEEKDAY BIBLE STUDY

- **6:30-8pm | Men's Bible Study | Rm 213**
September 18, 25, October 2, 9, 16, & 23: *Days In the Word* guides participants through what it means to not just be "hearers" of the Word, but also "doers" of the Word! Reignite and strengthen your passion for God's Word. This study will inspire every participant to Love the Word, Learn the Word, and Live the Word. Email lauren@epworth.com to register, cost is \$10. Email (personal info has been removed) with questions.

[adult Singles]

Single, divorced and widowed adults in the Toledo community are invited to join. RSVP to Nancy Hauer at (personal info has been removed). The next opportunities to join us are:

Monday, August 5: 5pm - Dinner and ice cream - Charlie's Homemade Pizza (Saxon Square), 6600 W. Sylvania Ave, Sylvania. Followed by Handel's \$1 ice cream special.

Thursday, August 22: 5:30pm - Jazz In The Garden, Quartet Bernadette, at Toledo Botanical Garden, (Elmer Drive, Toledo.) Admission: \$10; Metroparks members \$5 (2/card). Bring a picnic lunch and lawn chair.

Thursday, August 29: 11am - Lourdes lifelong learning speaker & lunch (Lourdes University Franciscan Center, Convent Blvd, Sylvania.) Topic: Current Affairs with Congresswoman Marcy Kaptur, the longest serving woman in the U.S. Congress. Free presentation, purchase lunch.

Game Days - Thursdays: August 1 & 15
10am at Hope UMC, 4069 W. Sylvania Ave, Toledo. (across from Franklin Park Mall). Use the back church entrance and bring a sack lunch. No RSVP needed.

JUMP INTO THE MIX!

The Mix is a new social group at Epworth for energetic, fun-loving adults, college age and up, seeking new friendships and connections. Meet up at El Camino Real at Sylvania and Douglas on Tuesday, **August 13** at 6:30pm. It's Taco Tuesday and Epworth's own Steve Wolfe is the house DJ that night! Come on out, enjoy food and music, and make new friends. There is no childcare available this night. RSVP to Janice at (personal info has been removed). We're saving seats on the patio!

FRIENDS IN FAITH

BUNCO

All women are welcome, even if you have never played before. Bunco is a simple game, but it is more about the Christian fellowship. Bring a side dish, appetizer or dessert to share. We start at 6:30pm with dinner before we play.

Tuesday, August 13: at Christina's house, (personal info has been removed).

Wednesday, September 11: at Martha's house, (personal info has been removed).

BOOK CLUB

Everyone is welcome to join us for the Book Club. We meet the 4th Tuesday of every month at 7pm and serve up lively discussion and dessert with every meeting! We meet at June Galvin's house, (personal info has been removed).

Tuesday, August 27: *A Gentleman in Moscow* by Amor Towles.

Tuesday, September 24: *The Woman in the Photo* by Mary Hogan.

Tuesday, October 22: *Where the Crawdads Sing* by Delia Owens.

EXPLORE EPWORTH: SAVE-THE-DATE



We're glad you're here, and we'd love for you to Explore Epworth with us! When you're ready to learn more about Epworth, join us on **September 8** from 5-7pm in the lobby for a one-time informal meeting called Explore Epworth in the church lobby. Enjoy dinner & conversation with your pastors, &

explore the possibility of membership. Those who choose to join will be received as members the following Sunday, September 15 in worship, but you're never obligated to join. Sign up on the connection card or email Marla@epworth.com to attend. Childcare can be provided if requested at least one week in advance, please email us at childcare@epworth.com to make a request.

JOIN US DOWNTOWN!



You are welcome to help represent Epworth at the first community event which stemmed from our newly adopted Evangelism policy (see new policy on page 3 “How Do We Grow Our Church”) of being intentionally present

within the community we serve! On **August 17** at 12 noon, Epworth members will be marching alongside other United Methodist Churches at the Toledo Pride Parade in Downtown Toledo. Be the hands and feet of Christ and meet and embrace the people of Toledo where they are. Following the parade, from 1-7pm, we will have a booth at the Community Connection event at Toledo Pride, located at Promenade Park. The purpose of our presence is to show those who attend Toledo Pride that there are churches that are open and welcoming to those in the LGBTQ community.

If you are interested in participating or would like to learn more, please contact Cheri at (personal info has been removed). To order a t-shirt to wear in the parade, use the following link: <https://bit.ly/2YVElwm>; deadline to pay is Aug. 5. We hope this will be the first of many opportunities for Epworth folks to participate in community festivals in order to embrace more of our Toledo neighbors and empower them to know, love, and serve God through Jesus Christ. Let's show our community everything that Epworth has to offer!

SPIRITUAL GIFTS CLASSES

“Now there are varieties of gifts, but the same Spirit, and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good.”

– 1 Corinthians 12: 4-7

Everyone has unique gifts from the same Holy Spirit. Do you know yours? Spiritual gifts are not the same as skills or talents, but they can all work together for the Kingdom of God. Explore your spiritual gifts, learn about your work and relating styles, and discover ways you can employ all of these things at Epworth, at home, at work, and in the community. Knowing your spiritual gifts can help you find a way to serve that energizes you and fulfills your calling. The next Spiritual Gifts class will take place Sunday evenings, **September 22 & 29 and October 6**, from 6:15 to 8:30pm in room 214. RSVP on the Connection Card in worship or contact Pastor Beth at beth@epworth.com.

DEBORAH CIRCLE AUGUST EVENT

Mark your calendar! Thursday, **August 15** from 6:30-8:30pm, \$10, Crosby Gardens Jazz Concert, Quick Trio, full moon at no charge. Bring appetizer to share, drinks, folding chair or blanket. RSVP to Martha at (personal info has been removed).

PRISCILLA CIRCLE

Are you new to Epworth and looking to meet people and become involved in a fun way to serve our community? Our circle is the place for you! We are a group of sewers, non-sewers and crafters meeting twice a month for fellowship, working on projects for Epworth and presently focusing on getting ready for the Bazaar in November. We are also able to put together project kits that can be done at home if you are unable to attend our meeting. We meet on the second and fourth **Thursdays** in Room 206 at 9:30am. For more information, call Kay (personal info has been removed).

PARENTS NIGHT OUT



Could you use a Parents Night Out? Are you looking for a fun way to connect with other members at Epworth? Then

we have just the thing for you! The Parent Connections Committee has simple objectives: to help parents make time for themselves and to expand their friendships at Epworth. We even provide free childcare during most of our events. It's a chance to get out, have some fun, and meet new people.

These events are for all parents: single, divorced, married, just trying to survive! All are welcome! Check The Tower, weekly bulletins, and emails for more information about our activities throughout the year. For now, mark you calendars for our annual Bowling Kickoff Event! QUESTIONS? Contact Cindy at (personal info has been removed) for details.

Bowling at Bowlero Lanes

Parent Connections Kickoff Event! Starting the year off right! Tentative Date: Saturday, **September 21**. Even if you don't bowl, (I don't J) come and enjoy the fun! FREE Babysitting will be provided at the church from 5:30-9:30pm, a pizza dinner will be served during childcare. Bowling and dinner from 6-9pm. Pizza, bowling, and bowling shoes will be covered for everyone! Look for more info to come soon.

We're always looking for more suggestions for events. Let us know what you'd like to do. We'll be sure to schedule a Date Night/Free Babysitting night and our Annual Euchre Night for sure!

FAITH PASSAGES

NURSERY	3 YRS	KINDERGARTEN	3RD GRADE	5TH GRADE
LOVE	WORSHIP	PRAYER	BIBLE	CROSS

FALL FAITH PASSAGES

Please mark your calendars and have your children plan to join us as we celebrate moving up into new classrooms this Fall! To kick off our new program year in Sunday school, we will have a few special days to recognize important Milestones in the life of your children; as well as introduce them to their new groups for this year. Specific information for the various age groups is below. We hope to see you all as we celebrate the faith passages of your children!

Preschool Families: Sunday, August 11 at 9:45

Who: All children age 3 (Parents should plan to attend)

Come join us as we celebrate a major milestone in the life of your children known as Preschool. For many children, (and parents), this is the year of firsts – first time leaving mom and dad for school, making first friends, and, here at Epworth, first learning about Jesus! Children just beginning preschool will get to see their new room and even enjoy a sneak peek at what they will do each week in preschool Sunday school! The morning will conclude with a fun celebration as we “jump” into this new phase of life together! ****Sunday, September 8: Children will report to their new rooms.**

Kindergarten Families: Sunday, August 18 at 9:45

Who: All children beginning Kindergarten this Fall (Parents should plan to attend)

Come join us as we celebrate a major milestone in the life of your children, starting Kindergarten and marking the beginning of their school journey! Students graduating into kindergarten will have a chance to share favorite memories from preschool, receive a special keepsake, and there will be festive snacks for everyone. Our morning will conclude with a tour of their new rooms for all Kindergarten families. ****Sunday, September 8: Children will report to their new rooms.**

Incoming 6th Grade Families: Sunday, August 25 at 9:45: 5th Grade Farewell

Who: Children who have completed 5th grade (entering 6th grade) and their parents.

Students graduating 5th grade will have a chance to share favorite memories, receive a special gift, and get sent on to SWAT with style! Parents of incoming 6th graders, please come join us the first 15 minutes of class in the children’s church as we celebrate a major milestone in the life of your children, moving up to SWAT! Then, as you go to worship, your kids will get a tour of the Jr High Room, the Deep End, and meet and greet with the other Jr High students. Remember, that night, August 25th is the SWAT Kick-off at Sportway of Toledo! **Sunday, September 8: 6th grade students will begin reporting directly to the Junior High space for Donuts and the Bible for the 2019-20 school year.**

All remaining elementary children:

All current elementary children will continue to report to the blue elementary room at 9:45 until September 8th when we will kick-off our new program year. **On September 8: we welcome our incoming kindergarteners and all children will report to their grade level small group classrooms for the remainder of the 2019-2020 school year.**

Labor Day: Family Worship Sunday

Sunday, September 1 is a Family Worship Sunday! On Family Worship Sundays, we encourage children and youth to worship in the Sanctuary with their families as it is an important aspect of their spiritual growth and enriches the worship experience for our entire Epworth congregation.

WE LOVE OUR PRESCHOOL!



Openings Still Available for Children’s Day Out Program CDO is an early preschool program for children who are 2 or 3. The children come one day a week to experience arts, crafts, story time, imaginative play, music and large muscle activities while socializing with peers. CDO prepares your child for preschool in a developmentally appropriate environment. Openings

are still available on Tuesday, Thursday or Friday. For more information, contact Jane Lyon, Preschool Director at jlyon@epworth.com.



-STUDENT MINISTRIES -

Students With A Task | Service, Worship, Accountability, Teamwork

AUGUST

Sunday mornings: 9:45 - Deep End - Jr. & Sr. High

Sun, August 11

Mission Trip Report in Worship Following both our Jr. & Sr. High mission trips we will be having teens share during each of our 3 worship services on August 11. We will be asking 2 teens for each worship service to share for 3-5 minutes on their summer mission trip experience.

Sunday, August 25

Incoming 6th graders join us for Donuts and the Bible for the first time! They are also welcome to join us that night with the rest of SWAT at Sportway!

Sun, August 25

Fall SWAT Youth Kick Off at Sportway At 6 p.m. the teens will be meeting us at Sportway's Fun Center (5950 Angola Rd./Just east of Holland-Sylvania Rd.) Bring \$20 for Go Karts and Pizza.

SEPTEMBER

Sunday, Sept 8

Our First Sunday Night SWAT of the School Year.

SCOUTS BSA TROOP 2 GOES TO CAMP

After a very active Spring that saw the Scouts in Epworth's very own Troop 2 earn more than 70 merit badges, rank advancements, and awards, 26 Scouts and 10 leaders spent a week in late June enjoying Summer Camp at Camp Frontier at Pioneer Scout Reservation. While at Camp, the youth learned about a wide range of subjects ranging from Basketry to Farm Machinery to Wilderness Survival, earning another 75 merit badges and awards in the process. The group also learned a great deal about teamwork as they did all of their own cooking for the week in their patrols of 5-8 Scouts. They were able to put their skills to the test in a friendly Troop 2 culinary competition that saw one patrol win the heralded "Golden Skillet" as part of their Iron Chef-style event that was run by the Troop 2 youth leadership. One Epworth Troop 2 Life Scout and Epworth youth, Nick Lepard spent 22 days over June and July in the backcountry of the Philmont Scout Reservation in New Mexico as part of the Boy Scouts of America's Roving Outdoor Conservation School (ROCS), a program for which Nick had to be recommended, apply, and then be selected. Make sure to ask the Southview student about his adventures when you see him.

TROOP 2 IS PREPARED...

For a Party!

This year marks the 50th anniversary of the start of Troop 2 and the youth-led group is celebrating the occasion with a Boy Scouting Reunion that will be held in the Epworth Gym the evening of August 24. All past Scouts, Volunteers, Leaders, and Scouting Families are invited to attend, whether you were a member of Troop 2 or another Troop, as we gather to share stories and catch up on the latest happenings with Epworth's Troop. More information and registration for the event can be found at wearetroop2.org – for any questions about the event or information on how you can get involved with the Troop, please reach out to Epworth member and Scoutmaster, Michael Holton at (personal info has been removed).

KID TO KID: LEARN TO SERVE

This summer, the Elementary children have been collecting money for Connecting Kids



to Meals. This mission of Connecting Kids to Meals, Inc. is to provide hot, nutritious meals at no cost to children in low-income and underserved areas throughout the year in Northwest Ohio. In the summer months kids who normally only receive consistent nutritious meals at school would go without if it weren't for the programs offered by Connecting Kids to Meals.

Last year they were able to feed over 7,000 meals daily at 135 partner sites around Northwest Ohio. Every \$10 we raise helps provide 50 meals to kids in need. Money can be brought in and placed in the grocery bag in the Kids-to-Kids kiosk each Sunday through August 31.

APPLY FOR A STUDENT LOAN!

Each year, Epworth offers loans to students in any post-high school program. After the application is received and an interview and review by the committee is complete, loans are approved up to \$1,000 per year and sent to the school in the student's name. Students may receive up to \$4,000 total during their schooling. Payments do not begin until seven months after graduation. If payments are made on time, there is no interest charged. Visit us online at epworth.com/studentloans to print the application.

BACK TO SCHOOL = WE NEED YOU TO HELP LEAD EPWORTH'S KIDS!

The Children's Discipleship Team would ask all of you to prayerfully consider how you might serve Epworth's Kids in the 2019-2020 school year and live into your commitment to serve within the walls of your church. The children will be looking to you to be small group leaders, classroom teachers, serve on the Sunday School A/V team, or to help lead our Large Group Bible Story time.

We will be making phone calls on **August 8** with the goal of filling all the leadership needs for the year. If you would like to be on their call list, please contact Mary Roesti in the church office or email her at mary@epworth.com. While we don't take the summer off from Sunday school, Fall is still the traditional start of the new year for the Children's Ministry programs. As your family returns from vacations and settle back into the routine of school and weekly church attendance, there are many ways you can impact the faith of children this school year. We'd love to help you use your talents and passion for Christ to make an impact on the lives of the kids God sends to Epworth this year.

SCHOOL SUPPLIES DRIVE

Summer may be in full splendor, but the school bells will be ringing before we know it. Epworth and the Community Outreach committee continues



to support our partnership with Hawkins STEMM Academy and Toledo Public Schools with our annual school supplies drive. School starts August 16 for Toledo Public School and there is a need to replenish the School Supply Pantry at Grace Church for the start of the school year. The pantry is open to teachers at Hawkins STEMM Academy, Keyser, McTigue and Reynolds Elementary Schools and Rogers High School. Teachers can visit the pantry to pick up supplies for classrooms or for individual students. Take advantage of "Back To School" sales on school supplies starting now! Please bring your purchases to Epworth starting **August 4 - September 1**. The teachers and students thank you! To assist in your shopping, below is a list of the 10 MOST NEEDED supplies:

- Crayola crayons, package of 24
- Expo dry erase markers - thick or thin, all colors, especially black
- Glue sticks
- Glue bottles
- Crayola markers, thick or thin, package of 8 or 10
- Crayola colored pencils, package of 12
- Plastic pencil boxes
- Child scissors
- Sharpie permanent markers, fine and ultra fine #2 pencils

LEGACY ENDOWMENT FUND

How Can I make a Gift to the Epworth Legacy Endowment Fund?

You may make a gift to The Legacy Fund in a variety of convenient ways.

- Endowment pledges
- Bequests from a will
- Gifts of appreciated property
- Gifts of stock from public or privately held corporations
- Charitable Gift Annuities
- Charitable Remainder Unitrusts (CRUTs)
- Charitable Remainder Annuity Trusts (CRATs)
- Life insurance
- Gifts of part or a percentage of an IRA, 401k or other qualified retirement plan



Additionally, donors may name Epworth Legacy Endowment Fund in their wills, estate plans for specific dollar amounts or for specific percentages of their residual estates. For more information, contact the Epworth Business office at 419.531.4236.

HAWKINS STUDENTS NEED YOU! JOIN US!

Hawkins tutors work with students of all ages, one-on-one and in groups, and help with reading and math. But they agree on one thing: the rewards are huge. "They lightened my heart," *Susan Kanwal* said, describing the 1st graders she tutored as "joyful, happy, and enthusiastic." She enjoyed encouraging students and appreciated the guidance provided by their teacher. "What is special about this volunteer opportunity is that you can have a direct and personal impact." *Carolyn Kaminski*, who tutored 6th thru 8th grade math, enjoyed working one-on-one with students. They appreciate the individual attention, and one student, when working on test corrections, told her he did best on "the part you taught me." For *Pat Sheehan*, what was most meaningful was developing a personal connection with the 3rd grade student he tutored. Pat loved being able to provide individual attention that helped his student understand materials. "I feel like I got as much out of tutoring as I gave," he said. *Sally Atkinson*, who tutored 6th grade math, learned to say "hello" and "goodbye" in Arabic, as well as review math skills. She praised the "positive atmosphere" at Hawkins, the teacher who provided a backpack of materials for each tutoring session, and "super supportive" Epworth volunteers. *Pam Christensen*, who helped in kindergarten, spoke of being greeted by happy smiles when she entered the classroom. During the year, she got to know individual students and could see their progress. If you wonder what you can offer Hawkins, Pam says "the most important thing you bring is ... yourself." Join us at Hawkins! Contact Barb Machin at (personal info has been removed).

LAY LEADERSHIP

Self Nomination

When you joined Epworth as a member, you made a vow to offer service to our church. One of the ways you can fulfill this commitment is by making yourself available to serve on one of our teams/committees that direct the overall mission and ministry of the church. Traditionally, the Nominations Committee has discerned who is to be invited into Epworth's leadership life for the upcoming year. Nominations still cares for this work, but in a spirit of open-ended invitation, we humbly ask you to prayerfully consider making yourself available to serve with one of our teams or committees.



Listed below are the teams/committees that are eligible for this open nominations process. Please contact Marla Kelsey at marla@epworth.com indicating your interest in one or more areas by **August 18**. The Nominations Committee will prayerfully consider every request. Please keep in mind, most likely not all requests for assignments can be fulfilled. If this is the case you will be contacted by the nominations committee to talk about other possibilities for your service. Thank you in advance for prayerfully considering offering yourself up for service for Christ through the life of your local church. If you have a question, please don't hesitate to contact Pastor Doug at doug@epworth.com.

- Board of Trustees
- Children's Discipleship team
- Communications
- Communion Stewards
- Community Outreach
- Fellowship
- Finance
- Kitchen
- Legacy Endowment Fund
- Memorial Garden
- Missions
- Music
- Nominations & Personnel
- Outdoor Beautification
- Parent Connection
- Preschool Board
- Welcome Team
- Wellness/ Special Needs
- Worship

THE RED CROSS NEEDS YOU!

As people travel and take vacations, the number of blood donations at the Red Cross often drops. The need for blood never goes away. Accident and burn victims, cancer patients, and emergency surgeries all require your donations. The next Red Cross blood drive at Epworth is Saturday, **August 3** from 9am-2pm in the gym. Check your calendar, and log on to red-crossblood.org to choose your donation type (whole blood or Power Red) and your time. Do you need help? Contact Pastor Beth at beth@epworth.com.



MUSIC REHEARSAL SCHEDULE 2019/2020

For more information about this and other programs please contact the church office at 419.531.4236.

CHOIRS:

Chancel Choir

Beginning September 5

Thursdays 7:30-9pm | Choir room

College age and up

Cecil Baughman, director

Children's Choir

Beginning September 25

Wednesdays 5:15-6pm | Room 207

Ages 3 through grade 5

Cecil Baughman

BELL CHOIRS:

Wesleyan Ringers

Beginning September 5

Thursdays 6:15-7:15pm | Sanctuary

College age and up

Cecil Baughman, director

Tower Ringers

Beginning September 8

Sundays 7-7:30pm | Sanctuary

Junior High and Senior High students

Cecil Baughman, director

Joy Ringers

Beginning September 25

Wednesdays 6-6:30pm | Sanctuary

Grades 3 through 5

Cecil Baughman, director

CONTEMPORARY PRAISE TEAM

Year-round

Wednesdays 7pm | Sanctuary

Contact Kyle Folger, worship leader at Kyle@epworth.com to try out.

ADULT MISSION TRIP TEAM

To assist Good Works, in Athens, Ohio

Epworth's adult mission team needs your Helping Hands... to touch the lives of vulnerable people of rural Athens. Join the team assisting Good Works, Inc., **October 8-12**. Your smile and interaction will bring hope to nice folks struggling with issues of poverty and homelessness.

A variety of skilled and unskilled talents are needed for the trip. Help us plan our best trip yet! Please phone Bob and Marilyn Town at (personal info has been removed) with interest in join in the team or with any questions.

EMMAUS AND CHRYSALIS

More than a retreat, this spiritual enrichment program is a wonderful opportunity for you to dedicate time to strengthening your relationship with God. The program doesn't replace church but strives to "strengthen the local church through the development of Christian disciples and leaders." Emmaus walks are for adults, Chrysalis flights are for high school youth. For more info on Emmaus contact Tami at (personal info has been removed), for more info on Chrysalis contact Beth at (personal info has been removed). Upcoming dates:

Emmaus @ Widewater (Adults)

- Men's Walk – August 22-25
- Women's Walk – September 19-22

Chrysalis @ Maumee UMC (High School Youth)

- Girls Flight – June 21-23

WELLNESS CORNER

Submitted by Wellness team members Scott & Lynne Forsythe

Fun fact! Did you know that August is National Sandwich, Catfish, Goat Cheese, Crayon Collection, Back to School Awareness month and is the National Wellness month? While you might enjoy a sandwich or two this month, maybe even catfish with goat cheese, it is a great time to collect crayons and other school supplies to donate for local students heading back to school in a few weeks. Take a few minutes to review the regulations applicable to stopping for a school bus at: driving-tests.org/ohio.

We are a half way into 2019; a good time to check your wellness resolutions. Are you meeting your goals? No worries, revisit your good intentions at the beginning of the year and re-evaluate what's working and where you can make adjustments to your physical, mental, and spiritual wellness. Don't forget to keep it simple, be realistic, and make it public (enroll a friend to help).

Also happening in August is "Stop on Red Week" August 7-10. "Stop On Red Week is observed in August to educate the public and bring awareness to the number and severity of intersection crashes. The first stop sign appeared in Detroit in 1915. It wasn't until the late 1920s the now-familiar red background was standardized as the color to be used. In 1922 the American Association of State Highway Officials adopted the octagon shape. Sliding through stop signs is among the most common causes of accidents on the road. In 2016, 808 people were killed and 137,000 were injured as a result of drivers running red lights. In the same year, 39% of people were injured in crashes in which motorists ran traffic controls." Learn more at nationaldaycalendar.com.

HEALING & WHOLENESS SERVICE

Join us in the Sanctuary at 7pm on **August 20**. This service will provide an opportunity for prayer, reflection and meditation. Come and rest in the Word of God, hymns, and seek healing. Renew your focus on your connection with God, forgiveness of self and others, and strength for the journey ahead – wherever it may take you. Bring neighbors or colleagues who you feel could use reassurance and comfort. If you have questions or would like to join the team, Pastor Beth at Beth@epworth.com.



BODY RECALL+

Body Recall

In June, The Blade ran an article about an 82 year old Toledo man who does 10,000 situps and 3,500 jacks every week -- along with jogging 20 miles.

Wow! The good news is that we don't have to go to extremes like that to get health benefits from exercise. Epworth's Body Recall+ classes are an hour, three mornings a week and done regularly, they will help keep you stronger and flexible for a more comfortable body and lifestyle. Call the church office for summer schedule and come see how much can be accomplished for such little effort.

STEPHEN MINISTRY



We humans experience times of loneliness, sadness, hurt, anger, disappointment, grief, and abandonment. That is part of being human.

Another part of being human is needing help from each other. God never intended us to be completely self-sufficient. Part of God's plan is for each of us to turn to others for help when we need it.

So when you or a friend are experiencing difficult times, don't struggle alone. Our Stephen Ministers will walk with you, listen to you, encourage you, pray with you, and provide confidential one-to-one care to help you through tough times. Stephen Ministers can bring the love of Jesus back into your life. To learn more about Stephen Ministry for you or someone you know, talk with one of our Stephen Ministry Leaders: Donna Humbert, Bobbi Sanders, Paul Schroeder, Pastor Beth Irwin, or contact us at stephenministry@epworth.com.

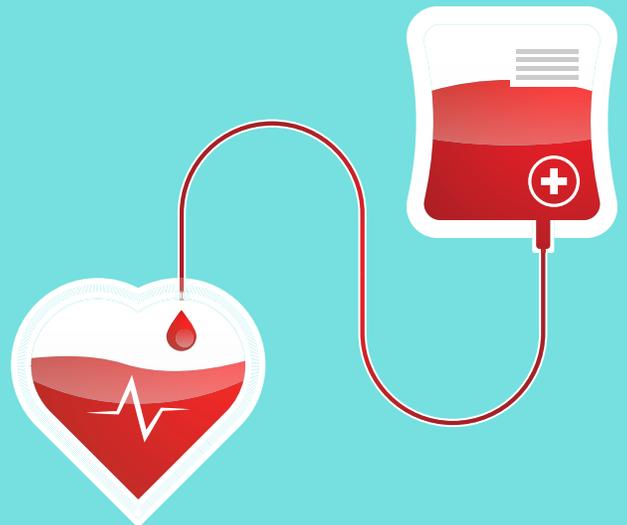
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United Methodist Church

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Gym



sign up to donate: redcrossblood.org
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