

# St. Luke's News

March 2020

Vol. 3 #3



## ANGLICAN CHURCH

of

### ST. LUKE

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We have now entered the season of Lent. There is a lot of disagreement about the origins of Lent, with some feeling it dates back to the days of the disciples after Jesus' death. In the early church, the fasting before Easter lasted only two to three days. It was not until the Council of Nicaea in 325 that forty days was mentioned. Even that is in some question. Forty is a common number in the bible to indicate a length of time. At one time the fasting was very strict, with only one meal a day allowed in the evening and meat, fish, eggs and milk products were not to be eaten. By the 15<sup>th</sup> C the meal had been moved to noon and from the 13<sup>th</sup> C fish was allowed and by the 15<sup>th</sup> C milk products were allowed. In the RC Church Lent starts on Ash Wednesday and ends on the evening of Holy or Maundy Thursday. By excluding Sundays and having fasting on Good Friday and Holy Saturday it makes 40 days. In the Anglican Church Lent begins on Ash Wednesday and ends on the eve of Holy Saturday. Again, by excluding Sundays, it is 40 days. Rather than strict fasting, in recent years the customs of Lent have been more around abstaining from festivities, by giving alms and devoting more time than usual to religious exercises. (ref. The Oxford Dictionary of the Christian Church) There is a further section on Lent in the Newsletter.

Submit items for the March Newsletter by March 25<sup>th</sup>.  
[mthain@telusplanet.net](mailto:mthain@telusplanet.net)

### Incumbent Priest/Pastor:

The Ven. Noel Wygiera

### Incumbent's Warden:

Eric Nyrose

### People's Warden:

Deb Mann 403-350-4798

### Pianists:

Dorothy Comfort

Judy Miller

### Organist:

Jo Wygiera

### Service Schedule

#### Sunday

08:00 Said Eucharist (BCP)

10:00 Sung Eucharist (BAS)

7:00 pm Compline (BCP)

Most 5<sup>th</sup> Sundays 10:00 am

Morning Prayer

#### Thursday

2:00 pm Said Eucharist (BAS)

**WEBSITE**  
**OLDCHURCHRD.COM**

Visit it often to check for news and upcoming events. If anyone has an item they feel might be appropriate for inclusion on the website please send it to [website@oldchurchrd.com](mailto:website@oldchurchrd.com).

**UPCOMING EVENTS**

March 6<sup>th</sup>: 2:00 pm World Day of Prayer Service at Sacred Heart Roman Catholic Church, 5508-48A Avenue

March 7<sup>th</sup>: 09:00 Men's Group Breakfast and meeting

March 8<sup>th</sup>: **DAYLIGHT SAVING TIME STARTS – “SPRING FORWARD”**

March 12<sup>th</sup>: Parish Tea following the 2:00 pm Eucharist – all are welcome

March 21<sup>st</sup>: 09:00 Ladies' Group Breakfast

Ongoing: **7:00 Wednesdays** -Bible study at the home of Pam and Eric Nyrose. It will run for 8 weeks. The study will involve working through a small book called *Who is Jesus?* which points to several scriptures in the Gospels. If you think you can commit to all or most of these weeks please speak to Pam or Eric or call Eric at 403-848-3358  
**7:00 pm March 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> and April 1: Holden Evening Prayer** at Good Shepherd Lutheran Church, 40 Holmes Street. Preceded by Soup and Bun supper at 6:00 pm. You may just attend the service if you prefer.

April 4<sup>th</sup>, 2020: Brunch Theatre with Cow Patti Theatre Company in Lacombe. **Lunenburg –** “American widow Iris Oulette and her good friend Natalie travel up to the coastal village of Lunenburg, Nova Scotia, to a house she's inherited from her recently deceased husband. The only problem is that she didn't know anything about her Canadian abode! As next-door-neighbour, handy man Charlie brings the gals up to speed, be prepared to laugh and gasp at the twists and turns in this newest Maritime comedy by Norm Foster. A fall down funny, romantic adventure that will envelope you with warmth.” Tickets, \$68.00 including GST, are available from Bob Dixon, Christine Hermes or from the office. **Time is running short and this is a fund raiser for the Parish. Consider getting your tickets now!!**

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It has been announced that the **Rev. Dr. Marc Jerry** has been chosen as the next President of Luther College in Regina, effective July 1<sup>st</sup>. We will miss Marc and his family, but certainly congratulate him and wish them all the best in this new chapter of their lives. **On Pentecost Sunday, May 31<sup>st</sup>, we will be having a special event to honour the Jerrys and their time with us. Further details will be forthcoming.**



# JOURNEY TO TAIZÉ

A SPIRITUAL JOURNEY FROM CALGARY TO FRANCE  
FOR YOUNG ADULTS AGES 18-35

"THE BEST 2 WEEKS  
OF YOUR LIFE"

**1 WEEK AT TAIZÉ**  
June 28 – July 5

**5 NIGHTS IN PARIS**  
July 5 – 9

\*flexible returns available if you  
want to travel longer

**JUNE 26 – JULY 10, 2020**

**EARLY BIRD | \$2,400**  
Register before January 24

**REGULAR | \$3,000**  
Register before February 28

[JourneyToTaize.eventbrite.ca](http://JourneyToTaize.eventbrite.ca)

## Taizé Trip:

The trip referred to above is sponsored by the Diocese of Calgary and the leader will be the Rev. Clara King. There is a note under 'News' on our website with a video clip which can also be accessed at this site. (<https://youtu.be/3nNZOL84K6E>)

This is a trip open to all young people, not just Anglicans, so if you know of anyone who might be interested by all means pass this information on.

## Heat the Church--updated:

In 2019, 101 days were covered through this programme While this may not seem a lot in the context of 365 days, but every little bit helps. A new chart has been put up at the back of the church. The cost for utilities for the church and hall still averages \$25.00 a day over the whole year. The chart and envelopes at the back of the church will allow you to make an extra contribution above your regular giving to make a payment specifically toward those costs. If paying by cash please put your name and address on the envelope. If you are paying by a cheque, that has your name and address on it, put it in the envelope and leave the envelope blank and unsealed so it can be reused. Cheques should be made out to St. Luke's church with the notation 'Heat the Church'. Place the envelopes in the plate in front of the notice and then put a check mark in the appropriate number of boxes, each representing one day of the year.

## Financial Statement:

	Actual Jan 2020	Year To Date Actual	Year To Date Budget	Year To Date Variance
Income	13,720.80	13,720.80	15,883.75	<b>2,162.95</b>
Expenses	15,160.95	15,160.95	15,883.75	<b>722.80</b>
Net	<b>1,440.15</b>	<b>1,440.15</b>	0	<b>1,440.15</b>

We are starting the year in a deficit position. This is due to 'giving' that is below budget even while expenses have not been quite as high as budgeted. Once again, we ask that everyone prayerfully consider what they can give to support the work of the church.

## **AROUND THE PARISH:**

### **Annual Meeting:**

On February 3<sup>rd</sup>, the Annual Meeting of the Parish was held. At this meeting, a budget for the upcoming year was approved. New members of Parish Council, for a two-year term, were acclaimed: Mike Carley, Daniel Jerusalemiec, Shanna Blizzard and Lynda Jordan. Members continuing for their second year: Carolyn Dixon, Christine Hermes, Michael Thain and Joan Williams. Thankyous were extended to those who have completed their two year term: Dorothy Comfort, Lynda Jordan, Jeff Lindgren and Kevin Schropfer. Eric Nyrose will continue as Incumbent's Warden and Deb Mann has one year left on her term as People's Warden.

### **Outreach:**

During Lent we will be collecting items for the Red Deer Food Bank. They are requesting canned beans, peanut butter, canned meat, rice, dry pasta and dried packets of soup. There will be a collection box at the back of the church starting March 8<sup>th</sup> and will be available until April 5<sup>th</sup>. If you have any questions please email [outreach@oldchurchrd.com](mailto:outreach@oldchurchrd.com).

### **Parish Council Profiles:**

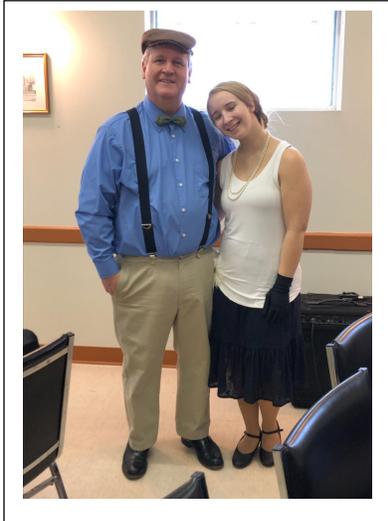
Over the next few months we plan to give profiles of the members of Parish Council. This way if you have a concern or question you will know who to approach as well as knowing a bit about them. We start this month with the Incumbent's Warden, Eric Nyrose.



Eric and Pam have been part of St Luke's parish for over 5 years. It is a church experience very unlike where they grew up yet has become a welcome church home. Both Eric and Pam are seminary trained. Eric was an ordained minister with Churches of Christ, ministering with a church for 10 years and then teaching at a Bible College for 14 more. They were both leaders in a new network of house churches in Calgary for 7 years. After moving to Red Deer, Eric was asked to be a leader at Davenport Church of Christ. They came to St Luke's to recover from significant church leadership burnout. They found that the liturgy gave them words they didn't have any more and the people were just regular folk trying to follow God. After three years or so, Eric felt led to step into leadership again. Spiritual gift inventories and people's affirmations have indicated that Eric's gifts are wisdom, teaching, leadership and music. He hopes to use these experiences and gifts that God has given him to support our minister, Noel, and provide wisdom and "big picture" thinking to the leadership of St Luke's. He hopes to share his gift of teaching by helping people understand God's word through small group Bible study. And he hopes to use his gift of music to bring some variety to our musical expression.

**Roaring 20's:**

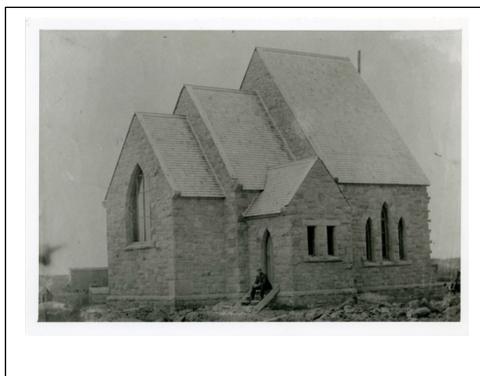
February 22<sup>nd</sup> was the occasion for a 'Roaring 20's' party at St. Luke's. A good time was had by all who attended!! Thanks to Dorothy Comfort and friends for planning, organizing and decorating for this event.



## Around the Church:

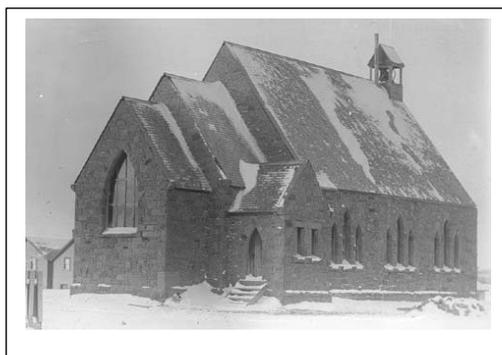
Do you sometimes sit and gaze up at the lovely wooden ceiling in our church? I know that I do, and have been doing so since 1974. There are two places that I never noticed a difference in the rafters until I recently read the report from the consultants who assessed the fabric of the church three years ago. They noted that in all but two places there is just the roof beam and the rafter. In those other two places there is a 'paired' set of rafters. One is just west of the first set of windows and one is about two thirds of the way back in the church. These probably correspond with the phases of construction. These are illustrated in the following pictures.

Most easterly set of paired rafters:



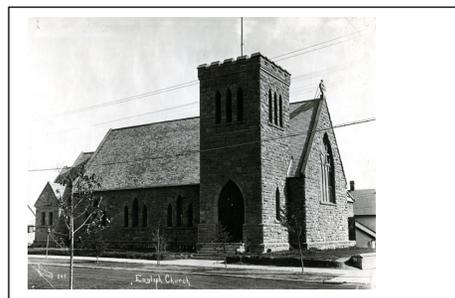
This would correspond to where the first phase of construction ended in 1900.

Set of paired rafters 2/3 of the way to the back of the church.



This would correspond to where the second phase of construction ended in 1905.

Here is the finished church by 1910. You will notice that there were no more side windows put in on this last addition.



## LENT

In the introduction to the Newsletter, it was mentioned that the observance of Lent has changed over the years. It may, as was stated, mean giving up something. This is to honour, to some small extent, the fasting that Jesus did in the desert.

Another way of observing Lent is to add some additional spiritual activity to your routine. In his sermon for the Ash Wednesday service at St. Leonard's, Noel suggested that perhaps what we should be giving up is something of ourselves to allow more space for God to enter our being. My thought was that this could perhaps be giving up some of our time to allow more time for God to enter in. This could involve more reading of the bible, taking extra time for prayer or following some commentary on the season. For this you can go to [pwrdf.org](http://pwrdf.org) and 'sign up' for their daily commentary, which will, this year, be an audio feature with an option of reading. A resource available at the back of the church is a Lenten reflection booklet put out by the Red Deer Ministerial Association. It is **Made New in the Kingdom of God**. It provides daily meditations on portions of Mark's Gospel. It is asked that you make a donation of \$5.00 to help defray the printing costs.

Something else that can be done is to attend an extra service, or if you find you cannot attend the service that you usually attend on Sunday, that you go to another one. There are four services a week available at St. Luke's: Eucharists on Thursday at 2:00 pm, Sunday at 08:00 am and 10:00 am, and Compline at 7:00 pm. Compline is a quiet, reflective service lasting about 20 minutes. A good portion of it is sung, but to very simple chanting. If you don't feel you can sing, you can say the words. Another service is the Holden Evening Prayer service at Good Shepherd Lutheran Church as mentioned under the Upcoming Events earlier in the Newsletter. This again is a short contemplative, mostly sung (with music provided), setting of an Evening Prayer Service.

You might also choose just to take some time to be quiet and let God speak to you. Whatever you do, make it intentional.

Ash Wednesday is past, but I thought that sharing this sonnet by Malcolm Guite is still very appropriate and in view of what has been happening in our world over the last couple of years, both at home and abroad, it is very timely.

### **Ash Wednesday**

Receive this cross of ash upon your brow,  
Brought from the burning of Palm Sunday's cross  
The forests of the world are burning now  
And you make late repentance for the loss.  
But all the trees of God would clap their hands,  
The very stones themselves would shout and sing,  
If you could covenant to love these lands  
And recognize in Christ their lord and king.  
He sees the slow destruction of those trees,  
He weeps to see the ancient places burn,  
And still you make what purchases you please  
And still to dust and ashes you return.  
But hope could rise from ashes even now,  
Beginning with this sign upon your brow.

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