**Hush- Be Still- New Year Sermon**

- Describe the craziest moment from your Christmas season.

* This week Pastor Evan discussed the rest of God and what it means to be still after such a busy time.

**Read Habakkuk 2:20**

- Why do you think it seems so hard to make time, but so easy to kill time?

* People have a natural inclination to keep busy. A mindset that everything will be okay as long as they’re in a constant rush

- Why do you think people find fulfillment in an overflowing schedule?

* Reflect on the following: **While God CAN meet us in our rush, sometimes he leads us into hush.**

**Read Mark 4:35-41**

- In the storms of your life do you react more like Jesus (finding rest) or more like the disciples (panic and rushed)? Why do you think that is?

- How do you think the story would’ve been different if the disciples just trusted Jesus and found rest with Him?

- What needs to shift in your life to be still before God in 2019?

- What have you been relying on that you should try fasting from?

* Pray for those things together and consider fasting from them

This week (January 7-11) the church is gathering every morning from 6-7 for prayer, worship, devotion, and fasting. We welcome you all to join us!