

SAINT FRANCIS DE SALES SCHOOL

Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity and during transportation, you are accepting the risk of an accident occurring, and agree that this activity, as described below, is suitable for your child.

Students must return their signed informed consent form in order to participate.

Tuesday, September 17, 2019

Dear Parents of the Cross-Country Team Members,

The CISVA meet is quickly approaching on Wednesday, October 2nd. The children will be travelling together to Swangard Stadium in Burnaby by rented bus. We will be leaving the school at approximately 9:30 a.m., as the first run begins at 10:45. As in the past few years, students will *not* be returning to the school by bus. Instead, parents have the responsibility of arranging to get their children home from the meet by either driving them home after their events or sending their child home with another designated adult. **All students must be picked up from the stadium no later than 2:00 p.m.**

The meet will go on rain or shine. The children should be prepared with rainwear and umbrellas, or sunscreen if necessary. They should also come prepared with healthy snacks, juice/water, and a packed lunch to eat at the stadium.

Each school has been asked to provide a volunteer to stand along the route to guide and cheer the runners along and to act as a supervisor at an assigned checkpoint. Volunteer hours can be claimed for this assistance. Also needed are a couple of parents who can arrive at the stadium long before the team arrives to section off rows of seats for our team as well as another parent who can wash the team jerseys. More details can be provided to you by Mrs. Luongo. Your help will be very much appreciated.

As in years past, only a fixed number of students are permitted to run in the competitive race for their grade. We will be using information from morning practices and from the St. Mary's mini-meet to determine which students will be participating in the competitive race at Swangard Stadium to represent SFDS School. Students who will not be participating in the competitive run will still be taking part in the *Fun Run* portion of the cross country meet. The *Fun Run* is an annual tradition and involves students from all schools. **All of our athletes will have a race to participate in at the meet.**

Please complete the bottom portion of this form, acknowledging that your child is attending the meet and indicating how your child will get home afterwards.

We look forward to our annual cross-country meet for SFdS! Thanks for your support.

Sincerely,

The Cross Country Coaches

Mrs. Irene Wihak,
Principal

CROSS-COUNTRY MEET (Please return by Friday, September 20th, 2019.)

I give permission for my child _____ in Grade ____ to travel by rented bus to Swangard Stadium in Burnaby on Wednesday, October 2, 2019.

_____ Yes, I can help out at the meet. Please contact me at _____.

_____ My child _____ will be leaving the meet with me (parent).

_____ My child _____ will be leaving the meet and taken home by _____.

I understand that my child may be exposed to certain risks while participating in this activity and during transportation. Accidents and injuries may occur.

Yes, I have read and understand the covering letter regarding this activity and the risks involved.

Date Signature of Parent/Guardian Printed name of Parent/Guardian