



Part Five: Sex

When it comes to sex, there are a lot of tension points. We're taught all kinds of things about sex from our families, culture and even at church. Not all of them are healthy or helpful. In this message we ask whether we're expecting too little in our sex lives.

Scripture: 1 Corinthians 6:12-20

Bottom Line: Love pursues what is best. It doesn't settle for less.

Discussion Questions

1. Did your parents ever have 'the sex talk' with you? What did you learn from that (good or bad)? What are some of the primary messages about sex that you have gotten from our culture? If you were asked by someone younger than you, what would be the one piece of advice about sex that you would give them?
2. Read 1 Corinthians 6:12-20. Using this passage, how would it address some of our culture's most common thoughts about sex (for example: sex is just physical - no one should be able to tell me what to do with my body - sex is about love not rules)?
3. What do you think it looks like to 'flee sexual immorality' (verse 18) in our culture for single people? People in a long-term relationship? Those who are married?
4. What do verses 19-20 say about how we should view our bodies? How does this differ from other views that you've heard in our culture, in the media or from people that you interact with?
5. Based on your study of these verses, what principles do you think would be helpful for making decisions about your sex life?
6. If someone close to you was struggling with guilt over having made mistakes in this area of life, what advice would you give them?

Moving Forward

Break off into smaller groups. Are there decisions that you need to make about protecting your sexuality? Share with one another and ask for accountability in these areas of your life. Spend time praying for one another.