



BLESS THOSE ON THE ROAD WITH DRIVER SNACK PACKS

We're inviting families, church small groups, ministry teams, and community groups to bless and support truck drivers across Canada. Put together healthy snack packs that we can distribute to drivers from our chapel locations.

2. Below is a packing list and a guide that will help you to create snack packs containing small pre-packaged food items that drivers can eat while on the road delivering the supplies we all so much need at this time.

*Deliver to Lickman Travel Centre in Chilliwack, BC
Lickman Road & Hwy 1 Exit 116 or*

33991 McCrimmon Dr Abbotsford, BC. V2S-2V2

Please call and let us know when you are delivering
Chaplain Paul Cairns (604) 217-2197
Chaplain Gerrit Schutte (604) 308-4225



INSTRUCTIONS

3. Review the list of snack options below.
4. Wash hands thoroughly and wear gloves before handling and packing items.
5. Pack into a clear heavy duty (freezer weight) resealable ziploc bag.
6. **Include thank you notes with words of encouragement.**
7. Deliver to your nearest TFC chapel location.



SNACKS	FRUIT	LIQUIDS
Special K bars	Apples	Bottled water
Cliff, KIND, LARABAR	Bananas	Flavoured / vitamin water
Peanuts, cashews, almonds	Oranges, clementines	Juice bowl drinks (6.75/80z)
Gum , mints	Dried fruit packs	Regular or green tea bags
Crackers. saltine or Ritz	Fruit snacks (100 fruit)	Instant coffee pouches
Tuna or chicken in pouches		

Please limit perishable items and do not include homemade goods.