

A photograph of a forest path, likely a hiking trail, with the word "Seasons" overlaid in white text. The path is covered in fallen leaves and branches, and is flanked by dense green foliage and tall trees. The image is framed by a green border with white diagonal lines.

Seasons

1 I love you, O LORD, my strength.
2 The LORD is my rock and my fortress and my deliverer,
my God, my rock, in whom I take refuge,
my shield, and the horn of my salvation, my stronghold.
3 I call upon the LORD, who is worthy to be praised,
and I am saved from my enemies.
4 The cords of death encompassed me;
the torrents of destruction assailed me;
5 the cords of Sheol entangled me;
the snares of death confronted me.
6 In my distress I called upon the LORD;
to my God I cried for help.
From his temple he heard my voice,
and my cry to him reached his ears.

Psalm 18:1-6



16 He sent from on high, he took me;
he drew me out of many waters.

17 He rescued me from my strong enemy
and from those who hated me,
for they were too mighty for me.

18 They confronted me in the day of my calamity,
but the LORD was my support.

19 He brought me out into a broad place;
he rescued me, because he delighted in me.

20 The LORD dealt with me according to my righteousness;
according to the cleanness of my hands he rewarded me.

21 For I have kept the ways of the LORD,
and have not wickedly departed from my God.

22 For all his rules were before me,
and his statutes I did not put away from me.

23 I was blameless before him,
and I kept myself from my guilt.

24 So the LORD has rewarded me according to my righteousness,
according to the cleanness of my hands in his sight.

Psalms 18:16-24



1. reflect

- What is it that you were going after and was it what God was asking of me?
- Proverbs 3:5-6
- What were you hoping to accomplish that didn't quite work out?
- Did I take the time to hear from God
- Was it a complete flop? Or is my timing a little off?



2. Evaluate

- Take the time to evaluate what you have done.
- Proverbs 27:17
- James 1:23



3. analyze

- Take the time to analyze the situation considering the evaluation and reflection
- Matthew 28:18
- James 4:7
- Romans 13:1



4. determine

- Take the time to determine if other factors may have come into play.
 - When I set out, did I have ulterior motives?
 - What kind of a mood was I in?
 - Was I prepared to work with a team or fight it?
 - Could it be my perception?
 - Are you fighting God?



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