

Trinity Sunday, 6 June 2020

*“Then the angel showed me the river of the water of life, bright as crystal,
flowing from the throne of God. On either side of the river is the tree of life ...
and the leaves of the tree are for the healing of the nations...*

*Come ... let everyone who is thirsty
come... take the water of life as a gift.”*

Revelation 22:1-2, 17

Come to the banquet!

Safe, slow, small: Sorrento Centre re-opening plan

Eight wonder-filled weeks of summer ~ Register or confirm your registration now.

Our gates and doors and farm and waterfront are open to welcome you, cherished guests! You are invited to a new summer experience that will nurture and nourish your body, engage and enliven your mind, and heal and honour your spirit. With more intimate gatherings, individually prepared meals, safe cleaning and distancing procedures, creative art, music, outdoor adventures, and worship opportunities, it will be a summer to heal, relax, reconnect, and feel alive in God’s creation. A snapshot of Sorrento Centre’s summer of 2020:

- **Longer summer, shorter weeks:** We are offering three additional weeks in August to our summer 2020 schedule. **Please note: We begin each week on Monday with dinner** and end with breakfast Saturday morning. Our weeks:

Week 1 - July 6 – 11	Week 5 - August 3 – 8
Week 2 - July 13 – 18	Week 6 - August 10 – 15
Week 3 - July 20 – 25	Week 7 - August 17 - 22
Week 4 - July 27 – August 1	Week 8 - August 24 – 29
- **A typical day at our beloved Centre:**
 - 8:00 am Breakfast**
 - 9:30 am **Greet the Day** outdoor worship
 - 10 am – 12 noon **Learning, healing & belonging “smorgasbord”** – choices vary each day:
 - ~ make music ~ theology ‘tasters’ ~ healing practices ~ hike in sacred spaces ~ be creative
 - Noon **Interfaith Explorations** at mid-day
 - 12:30 pm Lunch**

1 pm – 5 pm **Afternoons Free to Explore**, Read, Swim, Cycle, Hike, Canoe, Snore or Open Space
5 pm **Wine Before Dinner – Anglican Communion**

5:30 pm Dinner

Evening Play – outdoor movie night, campfire, music, story-telling, special guests (via video links)

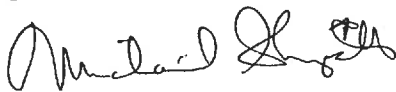
8:30 pm **Compline** prayers of gratitude and peace

- **Listening deeply to the wisdom of Creation:** The land, the water, the plants, and animals of the Sorrento Centre on our beautiful main campus, waterfront, natural farm and bird sanctuary invite us to watch, listen, rest and be. **Thursday Farm Day** and special **“Wild Church”** (Week 4 & 8) and **“Celtic Prayer” Weeks** (Week 5 & 8) will offer deeper opportunities for God in Nature to speak.
- **Making Music in abundance:** How many “safe” ways can we make music? Just ask this summer’s musician-in-residence, Kevin Zakretsky. Pack your musical instruments and look forward to participating in *The Sorrento Centre Orchestra* and listening to the voice of the drum, the accordion, the bird and wind song.
- **Engaging our minds:** We are inviting a wide range of program leaders, who cannot travel to the Sorrento Centre this summer, to bring to the banquet, via videotape, important thoughts and reflections. We will gather in small groups on our campus to share these insights and to explore our responses, reflections, and questions and hopefully be inspired to ‘be the change’ our world needs.
- **Welcome the Children:** Fun together! We will offer mixed-ages children’s activities as part of the smorgasbord Tuesday - Friday mornings. Please let us know what your young ones enjoy.
- **Travel restrictions:** We are not able to accept registrations from international guests (including the United States) this summer. The Sorrento Centre is following all public health directions regarding travel restrictions. If the rules change and we are not able to accept a guest even after they are registered, then we will offer a full refund.
- **Pre-visit screening:** We are asking all guests to complete a COVID-19 self-assessment before travelling to the Sorrento Centre < <https://bc.thrive.health/covid19/en> >. If you, or any member of your family, are not feeling well, do not come to the Sorrento Centre. We will refund your registration. Please follow the advice on the self-assessment tool. Guests who experience illness after arriving here will be moved into a safe, self-isolation suite and medical authorities will be contacted.

To confirm your registration, to register or for more information please check out our website at www.sorrentocentre.ca or call our office at 250-675-2421 or toll-free at 1-866-694-2499.

You can connect with us on-line at michael@sorrento-centre.bc.ca or susan@sorrento-centre.bc.ca or call Michael at extension 102, Susan at extension 119, with the numbers above.

In gratitude,



The Rev’d Michael Shapcott,
Executive Director, Sorrento Centre



The Rev’d Susan Hayward-Brown,
Community Outreach Worker (Spirituality)