



## St Hilda's By the Sea Anglican Church

Open Doors · Open Hearts · Open Minds

July 9, 2017 † 10:00 am Family Eucharist

# 5th Sunday after Pentecost



Come to me all you who are  
*Weary and Burdened*  
And I will give you Rest

Matthew 11:28

### WHO IS WHO IN OUR WORSHIP THIS SUNDAY

**Celebrant & Preacher:** The Rev Clarence Li  
**Musicians:** Karen Weatherington & Jon Eriksson  
**Lay Administrator:** Sher Sacks  
**Sacristan:** Janet McIntosh  
**Crucifer:** Kevin Rolston

**Readers:** Janet McIntosh, Corrinne Newman  
**Prayers:** Maggie Scott  
**Greeter/Usher:** Liz Miller David Moul  
**Coffee:** Lois Gory, Marisa Alps  
**Altar Guild:** Janet Tufnall, Corrinne Newman

# Welcome to Church

*we are glad you are here.*

*The doors are open...our hearts are too!*

## **WELCOME TO OUR CHURCH**

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are. There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

## **WHO WE ARE**

St. Hilda, situated on the unceded traditional territory of the shíshálh First Nation, is a member of the Anglican Church of Canada & the worldwide Anglican Communion. As a community, we welcome & celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, & abilities. We aim to create a space where people of any faith or none can question & discover the sacred in life through openness, struggle, laughter & prayer, lived out through a common commitment to be in solidarity with the poor & marginalized, & to cherish creation.

## **CHILDREN**

We welcome them to come for Communion—the Lord's supper (grape juice is available for communing) or for a blessing. A Quiet Room is available for parents with babies and toddlers at the back of the Church.

## **HOLY COMMUNION**

ALL are welcome to come forward and receive communion, the divine life of Jesus which comes to us in gifts of bread and wine. Come as you are. Instructions for people joining this meal for the first time are printed in the bulletin.

## **♿ ♻️ ♻️ ACCESSIBILITY**

Parking for people with disabilities are available next to the Meditation Labyrinth. You are welcome to bring your walker or wheelchair into the sanctuary. If you have hearing difficulties, please ask one of the greeters for a sound enhancing headset. There are also large print hymnals available in the entry.

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**✘ The Gathering of Community ✘**

**Prelude**

**Welcome & Introduction to the Service**

**Introit**

*At the sound of the second bell, all rise as the Sanctuary Party processes in during the introit.*

**Greeting**

*Celebrant* The grace of our Lord Jesus Christ, the love of God,  
and the fellowship of the Holy Spirit be with you all.

**PEOPLE And also with you.**

*Celebrant* As we gather on the unceded ancestral lands  
of the Coast Salish people,  
the traditional territory of the shíshálh First Nation,  
let us pray that Christ's grace and peace will be with us.

**PEOPLE May we be ministers of the reconciling love  
of the Risen Christ.**

 **508 Opening Hymn** ..... *I Heard the Voice of Jesus Say*

**The Collect of the Day**

*Celebrant* Lord of heaven and earth,  
**ALL whose Son came eating and drinking,  
exposing the rivalry that tears the world apart:  
may we share his feast and friendship  
and lay our burdens in his liberating arms;  
through Jesus Christ, Wisdom's child. Amen.**

*All are seated*

**✘ The Proclamation of the Word of God ✘**

*After each reading, there will be a short time of quiet meditation*

**The First Reading** Genesis 24:34-38, 42-49, 58-67 (*p.17*).....Janet McIntosh

*Reader* Hear what the Spirit is saying to the church.

**ALL Thanks be to God.**

♪ **Psalm 45:10-17** *Sung by all.*



<sup>10</sup> “Hear, O daughter; consider and <sup>1</sup>listen closely; \*  
forget your people and your <sup>1</sup>father’s house.  
<sup>11</sup> The king will have pleasure <sup>1</sup>in your beauty; \*  
he is your master; therefore <sup>1</sup>do him honour.  
<sup>12</sup> The people of Tyre are here <sup>1</sup>with a gift; \*  
the rich among the people <sup>1</sup>seek your favour.”  
<sup>13</sup> All glorious is the princess <sup>1</sup>as she enters; \*  
her gown is <sup>1</sup>cloth-of-gold.  
<sup>14</sup> In embroidered apparel she is brought <sup>1</sup>to her sovereign; \*  
after her the bridesmaids follow <sup>1</sup>in pro-cession.  
<sup>15</sup> With joy and gladness <sup>1</sup>they are brought, \*  
and enter into the <sup>1</sup>royal palace.  
<sup>16</sup> “In place of fathers, O king, you <sup>1</sup>shall have sons; \*  
you shall make them princes over <sup>1</sup>all the earth.  
<sup>17</sup> I will make your name to be remembered  
from one generation <sup>1</sup>to a-nother; \*  
therefore nations will praise you for ev-<sup>1</sup>er and ever.”  
Glory to God, Source <sup>1</sup>of all being; \*  
Eternal Word and <sup>1</sup>Holy Spirit;  
As it was in the begin- <sup>1</sup>ning is now\*  
and shall be for e- <sup>1</sup>ver. Amen.

**Second Reading** Romans 7:15-25a (p. 918)..... Corrinne Newman  
Reader Hear what the Spirit is saying to the church.  
**ALL Thanks be to God.**

♪ **557 Gradual Hymn** ..... *Eternal Spirit of the Living Christ (vs. 1-2)*  
*All remain standing as able*

**The Gospel** Matthew 11:16-19, 25-30.....p. 792

Celebrant May God be with you  
**PEOPLE And also with you**  
Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew  
**PEOPLE Glory to you, Lord Jesus Christ.**  
*After reading*  
Celebrant The Gospel of Christ  
**PEOPLE Praise to you, Lord Jesus Christ.**

 **557 Gradual Hymn** ..... *Eternal Spirit of the Living Christ (vs. 3)*  
*All are seated.*

**Sermon** ..... The Rev Clarence Li  
*After the sermon, remain seated for a short quiet meditation.*

**An Affirmation of Faith**



We be - lieve in God al - might - y, au - thor of all things that  
We be - lieve that Je - sus suf - fer'd, scourg'd and scorn'd and cru - ci -  
We be - lieve in God's own Spir - it, bond - ing all the saints with  
be, mak - er of the earth and heav - ens, keep - er of the  
fied; tak - en from the cross, was bur - ied - True Life there had  
in one church, cath - o - lic and ho - ly, where for - give - ness  
sky and sea. We be - lieve in God's Son, Je - sus, now for  
tru - ly died. We be - lieve that on the third day Christ was  
frees from sin; in the bod - y's res - ur - rec - tion, for the  
us both Lord and Christ, of the Spir - it and of  
rais'd up from the grave, then a - scend ed to God's  
break - ing of death's chain gives the life that's ev - er -  
Mar - y born to bring a - bun - dant life.  
right hand. He will come to judge and save.  
last - ing. This the faith that we have claim'd.

**The Prayers of the People**

*Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish List in the bulletin. You are also welcome to name your loved one(s) aloud or silently in your heart.*

LEADER: Hear us, O God    **RESPONSE: Your mercy is great.**

**Confession and Absolution**

Celebrant    Let us lay down our brokenness before God  
                  in the presence of one another.

*cont'd over* →

**ALL** We confess to you the truth of our broken lives.  
We have not trusted your promises or walked in your ways.  
We have hoarded and squandered the gifts of your creation.  
We have failed to welcome the stranger and the outcast,  
and to make room at the table  
for the homeless and the hungry.  
We have neither worked to release the oppressed  
nor admitted our own captivities.  
Forgive our sin, heal our lives, and set us free  
that we might live with your whole creation  
in the justice and joy of your promised future.

*Celebrant* God, who is merciful and kind,  
slow to anger and abounding in steadfast love,  
hears the cries of all who plead for mercy  
and in these last days, has sent Christ Jesus  
to announce the good news of forgiveness and release  
to all who are bound by guilt or broken by shame,  
that they might praise God and serve the world  
with glad and generous hearts.  
For freedom Christ has set you free.

**PEOPLE** Thanks be to God.

**The Peace** *Please rise as able as we share the peace of the Lord.*

*Celebrant* The peace of the Lord be with you all.

**PEOPLE** And also with you.

## ✠ The Holy Communion ✠

### The Offertory

*During the hymn, the bread and wine for the Lord's Supper are presented alongside with the offering of money to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we experienced.*

🎵 **612 Offertory Hymn** ..... *Healer of Our Every Ill*

### Prayer over the Gifts

*Celebrant* God of heaven and earth,

**ALL** receive our sacrifice of praise,  
and strengthen us for the perfect freedom of your service,  
through our Saviour Jesus Christ. Amen.

## Eucharistic Prayer

"Eucharist" means "thanksgiving". This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.



*Celebrant:* The Spirit of God be with you. *All:* And al - so with you.



*Celebrant:* Lift your hearts to heaven *All:* where Christ in glo-ry reigns.

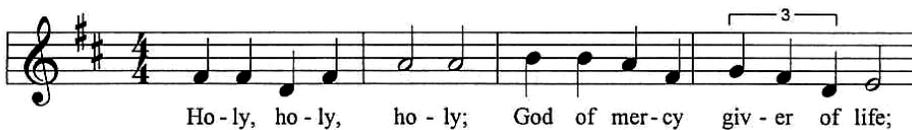


*Celebrant:* Let us give thanks to God *All:* It is right to of-fer thanks & praise.

*Celebrant* God of blessing, we thank you always for making us in your image to serve the peace of all creation...

...Therefore with all the people whose story you have shaped,  
with women and men of faith in every part of the world  
we glory in your generous love and sing in praise of you:

## Sanctus



Ho - ly, ho - ly, ho - ly; God of mer - cy giv - er of life;



earth and sea and sky and all that lives declare your presence and your



glo-ry. Ho - san-na! Ho - san-na! Ho - san - na in the high - est!

*Celebrant* We ask that your Holy Spirit  
will fall upon us and upon these gifts  
that these fragile, earthly things  
may be to us the body and blood  
of our Lord and brother, Jesus Christ.

*Sung:* On the night you were betrayed you took the bread  
After giving thanks you broke it and said  
This is my body broken for you  
And as you do this remember me.

**ALL sing: This is my body broken for you  
And as you do this remember me.**

*Celebrant* On the night you were betrayed you held the cup  
After giving thanks you lifted it up  
This is my life poured out for you  
And as you do this remember me.

**ALL sing: This is my life poured out for you  
And as you do this remember me.**

*Celebrant* So we thank you for the cup and for the bread  
for we see the life you gave and the love you shared  
And we remember your wondrous love.  
You gave your body , You shared your love.

**ALL sing: And we remember your wondrous love  
You gave your body, You shared your love.**

*Celebrant* As on that night, so here and now  
he offers himself in touch and taste  
beyond all words can hold.

Great is the mystery of faith

**PEOPLE Christ has died. Christ is risen. Christ will come again.**

*Celebrant* Therefore, we come in memory and hope,  
responding to your call....

...through Jesus Christ, in whom all ages and all worlds  
are drawn into the ceaseless love of Father, Son and Holy Spirit  
for ever and ever.

**PEOPLE Amen**

### **The Lord's Prayer**

*Celebrant* Gathered around the table by the Holy Spirit,  
let us pray as Jesus taught:

**Our Father in heaven,**

**hallowed be your name.**

**Your kingdom come.**

**Your will be done on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

### **The Breaking of the Bread**

**Celebrant** We break this bread  
to share in the body of Christ.

**PEOPLE** **We, being many, are one body,  
for we share in the one bread.**

### **Agnus Dei (Lamb of God)**

Lamb - of God, you take a - way the sin of the world: have - mer - cy  
on - us. Lamb - of God, you take a - way the sin of the world: O  
grant us your peace — , grant us your peace.

### **The Invitation**

#### **Receiving Communion**

*If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread.*

*If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.*

*The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Wine and unfermented grape juice are served. If you would prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you would prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.*

#### **Prayer and Laying-on of Hands for Healing**

*We invite those who desire healing for themselves or on behalf of someone else, to come to the front of the line to receive the bread and wine. Immediately after receiving Communion, proceed to the prayer station beside the votive candles on the right-hand side of the sanctuary. Give your first name and briefly state your prayer need. A member of the Clergy will offer you the Laying on of Hands and Anointing.*

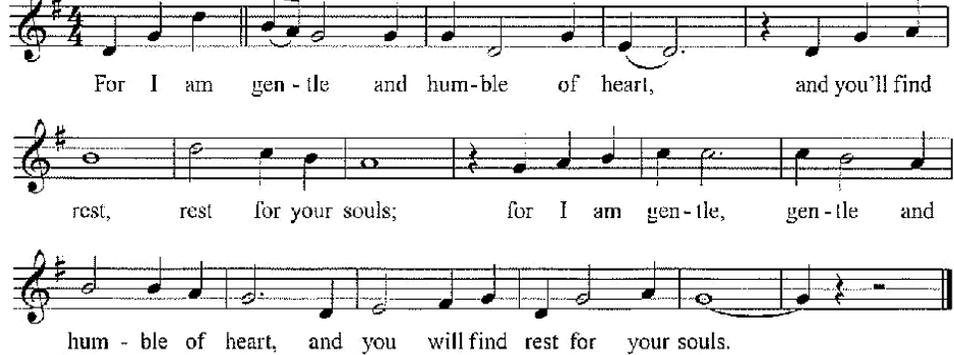
 Communion Hymn.....Come to Me

**Refrain**



Come to me, all you who are weary, come to me,  
all you who are sad, take my yoke, for my burden is ea -  
sy; learn from me, I will make you glad.

**Verse**



For I am gen - tle and hum - ble of heart, and you'll find  
rest, rest for your souls; for I am gen - tle, gen - tle and  
hum - ble of heart, and you will find rest for your souls.

**Prayer After Communion**

Celebrant O God,  
**ALL** may we who have shared in holy things  
never fail to serve you in your world,  
and so come to the fullness of joy,  
in the name of Jesus Christ our Lord. Amen.

**Family Thanksgiving & Announcements**

*All are invited to share if they know of any birthdays, anniversaries or other celebrations.*

**Blessing of Peter & Beth Lamb**

*All stand as able*

Celebrant Glory to God,  
**PEOPLE** Whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever.  
Amen.

## Blessing

*Celebrant* Let God's hope be a clearing sky before you,  
a compass in your heart guiding you to where you belong.  
And the blessing of God,  
Life-Giver, Pain-Bearer, and Love-Maker,  
be among you and remain with you always.

**PEOPLE** Amen.

## Recessional Hymn ..... I'm Gonna Live So God Can Use Me

I I'm gon-na live so (I'm gon-na live so) God can use me (God can

use me) an - y time (an - y time) and an - y - where. (an - y -

where.) I'm gon-na live so (I'm gon-na live so) God can use me

an - y time (an - y time) and an - y - where. (an - y - where.)

2 I'm gonna work...

3 I'm gonna pray...

4 I'm gonna sing...

**Dismissal**

*Celebrant* Go into the world and be the love of Christ!

**PEOPLE Thanks be to God. Alleluia!**

**Postlude**



<b>Readings for July 16 6th Sunday after Pentecost</b>	
1 <sup>st</sup> Reading: Genesis 25:19-34.....	Reader: Julie Stevens
2 <sup>nd</sup> Reading: Romans 8:1-11 .....	Reader: Linda Smith
Psalm 110:105-112	Gospel: Matthew 13:1-9, 18-23

<b>Week At-a-Glance at St. Hilda's</b>			
<b>Sun</b>	<b>09</b>	8:30 am 10:00 am	Traditional Eucharist Family Eucharist Sanctuary Sanctuary
<b>Tues</b>	<b>11</b>	9:30-11:30	Library Hours Gathering Rm
<b>Wed</b>	<b>12</b>	8:00 am	Wisdom Circle Sanctuary
<b>Fri</b>	<b>14</b>	9:30-11:30	Library Hours Gathering Rm
<b>Sun</b>	<b>16</b>	8:30 am 10:00 am 4:00 pm 7:00 pm	Traditional Eucharist Family Eucharist Communion Service Inner Journey - CRMC Sanctuary Sanctuary Christensen Village Sanctuary

**Roommate Wanted:** Kevin Rolston is looking for a roommate to share a two bedroom apartment with him and his son in the heart of Sechelt. Or he needs an affordable one bedroom apartment on the bus route to Chatelech high school in Sechelt.

## Parish Events and Notices

**Good-bye:** This morning we are saying goodbye to Peter & Beth Lamb who are moving to Lethbridge AB to be closer to their family. We wish them God's blessings on their move.

**Music Director Away:** Katherine is attending an organ festival in Montreal and then is on holidays with family. She will return for Sunday July 23. For the next three Sundays, Karen Weatherington and Jon Eriksson will be our musicians.

**Mark your calendar for Parish Picnic:** Church Committee has set the date for the Parish Picnic to be held on Sunday, September 10 following after the 10:00 am service at Porpoise Bay Provincial Park Group Day Use area. This would be a good day to welcome everyone back and an opportunity to invite new friends to share our fellowship.

**Automated External Defibrillator:** The total \$2,000 needed has been raised! Thanks to all who contributed and to the ACW. A training session by Amelia Foster for all interested will be held once the AED is installed.

**Calling for Dump-run Coupons:** If you are not using your Dump Run coupon from the Sechelt District, please consider "donating" it to the church. Write your address on the form, sign it and drop it off at the office (leave the license plate line blank as that will be filled out by the vehicle taking the stuff to the dump).

**Monday Musings:** The bi-weekly book group will resume on Monday, August 14 at 3 pm. The group will be studying Farley Mowat's *Rescue the Earth: Conversations with Green Crusaders*. This book consists of conversations between Mowat & proponents of several of the most active & representative of the combat units in the environmental movement, ranging from a self-styled environmental diplomat to grass-roots guerrilla fighters. Though written in the 90s, the insights of this generation of green crusaders continue to inspire and challenge us. All are welcome to join the group.

**Morning Prayer** on Tuesdays/Thursdays will not meet in the summer. The Rector will offer an introductory session in September for those who would like to explore incorporating this daily prayer practice into their spiritual discipline.

**Gospel of Thomas:** is breaking for the summer and will resume September 8.

**Inner Journey - CRMC:** There will be a service on Sunday July 16, none in August and it will resume on September

**Education for Ministry:** EfM will start up again September 7. If you are interested in knowing more about this program, contact Meg Stevens at 604-741-4036. You can also check it out at [www.efmcanada.ca](http://www.efmcanada.ca).

**ACW Thanksgiving Pie /Sale on October 7:** We are planning ahead and asking for donations of Apples and Fruit and for Pie Bakers. Suggestions for pie types are: Rhubarb/Strawberry, Pumpkin, Peach, Apricot, Blueberry, Apple, Raspberry, Blackberry, Mixed Berry, Plum, Pear, Raisin and Pecan. Thank you for supporting our missions at home and abroad.

Children's Corner



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## St. Hilda's Mission Principles

At St. Hilda's our aim is to create a sacred space where we can be nourished and nourish others through our practices of Worship, Hospitality, and Justice.

**Hospitality:** The Lord's Table is the foundation of our understanding of hospitality - a safe place where all are welcome just as they are, broken yet blessed, all seeking food that satisfies. We aim to be an inclusive, sacred space in our community. We support a variety of expression of Spirit where people are committed to listen to each other, honour each other's beliefs and perspectives, and to create a safe environment for healthy, vibrant dialogue with friends and strangers alike.

**Worship:** As a Christ-centred community, our parish recognizes worship as a means of inspiring connection to the Divine through prayer, contemplation, music, and liturgy, with lay and ordained participation. We offer a variety of worship services to honour the diverse worshiping style of our community. We value community more than an ascribed set of beliefs.

**Justice:** Our faith informs us that the foundation of our practice of justice is right relationship with all of creation. Jesus calls us to seek out, serve, and learn from those who are marginalized. We seek justice through compassionate listening, extending hospitality to all, advocacy, prayer, and caring for the earth.

This Sunday's liturgy has been compiled from various sources, including:

- Confession and Absolution from *Come Let Us Bring*, communion setting by Susan Briehl and Marty Haugen © 2000, 2001 GIA Publications, Inc.
- Psalm text from *A Liturgical Psalter (5th ed) Pointed for Psalm Tones* by The Rev Dr Richard Geoffrey Leggett and Pointed by The Rev James Brown.
- Psalm Tone reproduced from Evangelical Worship © 2006 Augsburg Fortress. Reproduced by permission for local use only.
- Affirmation of Faith - music: French *Un flambeau, Jeannette, Isabelle*, 1553 Words: Sylvia G. Dunstan. Used by permission.
- Prayer over the Gifts, Prayer after Communion and Breaking of the Bread from *Book of Alternative Services*.
- *Sursum Corda* and *Sanctus* music by Gordon Johnston © 1994 from The Church of St. John the Evangelist liturgy booklet 2003, Ottawa, ON.
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- *Come to Me* Text from Matthew 11, adapted by Sean Bowman Music by Geoffrey Nobes © 2012 Kevin Mayhew Ltd.
- *I'm Gonna Live So God Can Use Me* African American Spiritual

## St. Hilda's By the Sea Anglican Church

5838 Barnacle Street PO Box 302 Sechelt, BC V0N 3A0  
 Phone: 604.885.5019 Fax: 604.885.0759  
 Email: admin@sthilda.ca Website: www.sthilda.ca

Rector.....The Rev Clarence Li ..... rector@sthilda.ca .....993-0399  
 Deacon.....The Ven Bruce Morris.....885-4797  
 Music Director.....Katherine Hume ..... khpiano@telus.net.....885-2069  
 People's Warden.....Meg Stevens ..... megstevens@outlook.com .....741-4036  
 Acting Treasurer.....Bob Maxfield.....351-2972  
 Envelope Secretary.....Maggie Scott.....885-3312  
 Office Administrator.....Karen Weatherington .....885-5019

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<b>PARISH PRAYER FOR THE WEEK</b>	
<b>Anglican Communion</b>	Okinawa - (Japan) The Rt Revd David Eisho Uehara
<b>Diocese &amp; Partners</b>	The Diocesan Primate's World Relief and Development Fund Unit (PWRDF) - Peter Goodwin (Chair) The Diocesan Ecumenical Multifaith Unit The Rev Robin Ruder-Celiz (Chair) <hr style="width: 20%; margin: 5px auto;"/> Holy Trinity Mission in Bantey (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr
<b>Local Agencies</b>	Community Justice Program of the SC
<b>Local Churches</b>	Our Lady of Lourdes Catholic
<b>UN MDG Project</b>	Kenya: the Students of Ndandini Primary School
<b>Healing</b>	Al (Annie Webb's son): comfort & strength during chemo Larry Anderson: peace & patience in waiting for LT care bed Geoffrey Dunbrack: healing & recovery from accident Wayne Emison: healing for infection Jack Hayes: comfort and peace Jenny: ongoing healing from tumor Robert (Annie Webb's brother): healing from cancer Chris Sooley: healing for mind & spirit
<b>Parish Families</b>	Katherine Hume & Carl Montgomery and Leif & Allegra Isobel Johnstone, Patricia Keene, Linda Kern, Mary Knight

*Prayer requests are listed for 4 weeks - to extend, please contact the office.*