



St Hilda's By the Sea Anglican Church

Open Doors · Open Hearts · Open Minds

February 8, 2015 † 10:00 am Family Eucharist

5th Sunday after Epiphany



Bringing forth the reign of God through healing.

WHO IS WHO IN OUR WORSHIP THIS SUNDAY

Celebrant & Preacher: The Rev. Clarence Li

Music: Tom Kellough & St. Hilda's Choir

Readers: Eric Paetkau, David Moul

Prayers: Bonnie Paetkau

Lay Assistant: David Moul

Sacristan: Carol Eades

Crucifer: Elena Alps Mocellin

Greeters/Ushers: Morrie Sacks, Meg Stevens

Coffee: Eric & Bonnie Paetkau

Altar Guild: Muriel Prior, Julie Stevens

Altar Flowers: Given by Beth & Peter Lamb

WELCOME TO CHURCH

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are. There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

WHO WE ARE

St. Hilda's, situated on the unceded traditional territory of the shishálh First Nation, is a member of the Anglican Church of Canada and the worldwide Anglican Communion. As a community, we welcome and celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, and abilities. We aim to create a space where people of any faith or none can question and discover the sacred in life through openness, struggle, laughter and prayer, lived out through a common commitment to be in solidarity with the poor and marginalized, and to cherish Creation.

CHILDREN

Children play a central part when we gather to worship. We welcome them as they gather for a Children's Time at the beginning of the service. We send them off with a song for Sunday School, and they return in time for Communion—the Lord's supper. A Nursery Room is available for parents with babies and toddlers at the back of the Church.

HOLY COMMUNION

ALL are welcome to come forward and receive communion, the divine life of Jesus which comes to us in gifts of bread and wine. Come as you are. Instructions for people joining this meal the first time can be found on p. 11.

♿ ♯ ACCESSIBILITY

Parking for people with disabilities are available next to the Meditation Labyrinth. You are welcome to bring your walker or wheelchair into the sanctuary. If you have hearing difficulties, please ask one of the greeters for a sound enhancing headset.

This Sunday's liturgy has been compiled from various sources, including:

- Cover art by Ed De Guzman
- Opening Greeting from *Evangelical Lutheran Worship* (2006), p.97.
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- Prayer over the Gifts, Eucharistic Prayer, Prayer after Communion. Blessing from *The Book of Alternative Services* © 1985 by the General Synod of the Anglican Church of Canada
- Affirmation of Faith Written by Frances Somerville
- Confession and Absolution From *A Prayer Book for New Zealand* (Auckland: William Collins, 1988), 168.
- Sursum Coda from St. John's Rite
- Glory to God (CP 686), Sanctus (CP 689), Agnus Dei (CP 690) Setting 2 Music for the Eucharist © 1998 by the General Synod of the Anglican Church of Canada
- Closing Blessing (Common Worship: Epiphany Material, The Church of England)

Order of Service

Welcome & Introduction to Service

The community is invited to pray in silence.

✘ The Gathering of Community ✘

All rise as able for the processional hymn.

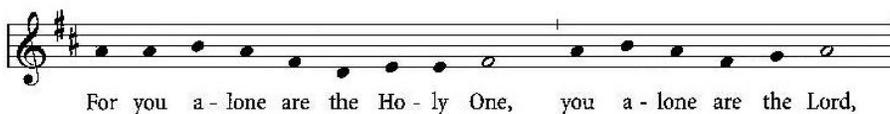
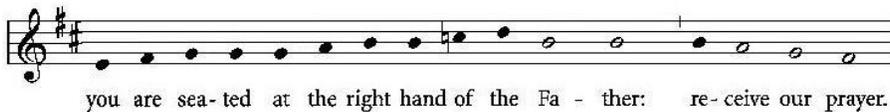
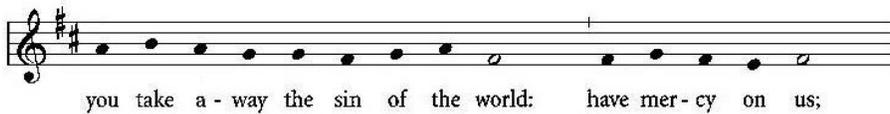
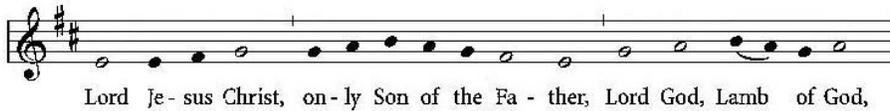
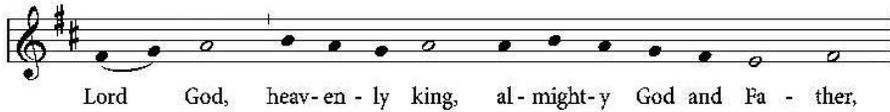
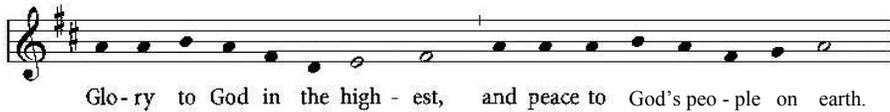
90 SGP Processional Hymn.....Come, Let Us Sing

Greeting

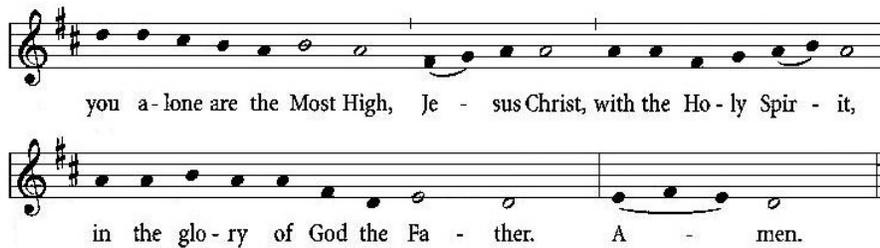
Celebrant: Blessed be the holy Trinity, one God,

**All: the fountain of living water,
the rock who gave us birth,
our light and our salvation. Amen**

Glory to God



cont'd over→



Children’s Time

Children are invited to come forward. After the reflection, all rise as able. People sitting on the aisle are invited to form an arch for children to come through as they head out for Sunday School as we sing:

I Want to Walk as a Child of the Light

I want to walk as a child of the light,
 I want to follow Jesus,
 God set the stars to give light to the world.
 The star of my life is Jesus.
 In him there is no darkness at all.
 The night and the day are both alike.
 The Lamb is the light of the city of God.
 Shine in my heart, Lord Jesus.

The Collect of the Day

Celebrant: Let us pray.

Almighty God,

**All: by whose grace alone
 we are accepted and called to your service:
 strengthen us by your Holy Spirit
 and make us worthy of our calling;
 through Jesus Christ your Son our Lord,
 who is alive and reigns with you
 in the unity of the Holy Spirit,
 one God, now and for ever.
 Amen.**

All are seated

✠ The Proclamation of the Word of God ✠

After each reading, there will be a short time of quiet meditation

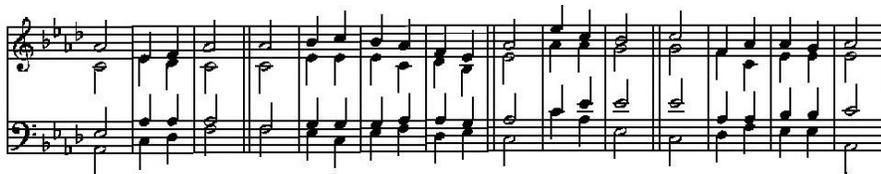
The First Reading: Isaiah 40:21-31 (p. 582).....Eric Paetkau

Leader: Hear what the Spirit is saying to the church.

All: Thanks be to God.

Psalm 147:1-12

George Thalben-Ball



1. Hallelujah! How good it is to sing ' praises to our ' God!*
how pleasant it is to ' honor ' him with ' praise!
2. The Lord re'builds Je'rusalem; *
he ' gathers the ' exiles of ' Israel.
3. He heals the ' broken'hearted *
and ' biñds ' up their ' wounds
4. He counts the ' number of the ' stars*
and ' calls them ' all by their ' names.
5. Great is our Lord and ' mighty in ' power; *
there is no ' limit ' to his ' wisdom.
6. The Lord lifts ' up the ' lowly, *
but casts the ' wicked ' to the ' ground.
7. Sing to the ' Lord with ' thanksgiving; *
make music to our ' God up'on the ' harp.
8. He covers the ' heavens with ' clouds *
and pre'pares ' rain for the ' earth;
- +9. He makes grass to ' grow u-pon the ' mountains*
and green ' plants to ' serve man'kind.
10. He provides food for ' flocks and ' herds *
and for the young ' ravens ' when they ' cry.
11. He is not impressed by the ' might of a horse;
he has no ' pleasure in the ' strength of a ' man;
- +12. But the Lord has pleasure in ' those who ' fear him,*
in those who a'wait his ' gracious ' favor.

The Second Reading: 1 Corinthians 9:16-23 (p.931) *David Moul*

Leader: Hear what the Spirit is saying to the church.

All: Thanks be to God.

353 Gradual Hymn *My God, How Endless Is Your Love* (vs 1,2)

Gospel Lesson Mark 1:29-39 (p. 813)

All remain standing as able

Celebrant: May God be with you

All: And also with you

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark

All: Glory to you, Lord Jesus Christ

After reading

Celebrant: The Gospel of Christ

All: Praise to you, Lord Jesus Christ.

353 Gradual Hymn..... *My God, How Endless Is Your Love (vs 3)*

Sermon..... The Rev. Clarence Li

After the sermon, we sit for a short quiet meditation

Affirmation of Faith

Celebrant: Let us affirm our faith together saying

**All: I believe in God, Creator of the universe,
dwelling forever beyond time and space.**

**I believe in Jesus Christ who came to live
amongst us and let us see what God is like.**

**And I believe in the Holy Spirit sent from God
through Jesus, to be our guide and comforter.**

**Therefore I believe in love,
in hope, compassion, joy and faith,
and forgiveness beyond eternal life.**

Prayers of the People

Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish List on the back page. You are also welcome to name your loved one(s) aloud or silently in your heart.

Leader: God of light,

Response: Hear our prayer.

Confession and Absolution

Celebrant: O Most Holy and Beloved One,
my Companion,
my Guide upon the way,
my bright morning star.

We repent the wrongs we have done:

Silence

We have wounded your love.

All: O God, heal us.

Celebrant: We stumble in the darkness.

All: Light of the world transfigure us.

Celebrant: We forget that we are your home.

All: Spirit of God, dwell in us.

Celebrant: Eternal Spirit, living God,
in whom we live and move and have our being,
all that we are, have been, and shall be is known to you,
to the very secret of our hearts
and all that rises to trouble us.
Living flame, burn into us,
cleansing wind, blow through us,
fountain of water, well up within us,
that we may love and praise in deed and in truth.

All: Amen

The Peace *All stand as able as we share the peace*

Celebrant: God makes peace within us.

All: Let us claim it.

Celebrant: God makes peace among us.

All: Let us share it.

Celebrant: The peace of the Lord be always with you.

All: And also with you.

✠ The Holy Communion ✠

The Offertory

During the hymn, the bread and wine for the Lord's Supper are presented alongside with the offering of money to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we experienced.

612 Offertory Hymn.....Healer of Our Every Ill

Prayer over the Gifts

Celebrant: God of compassion and forgiveness,

**All: receive our offering this day,
and make us one with him who is our peace,
Jesus Christ our Saviour. Amen.**

Eucharistic Prayer

“Eucharist” means “thanksgiving”. This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.

Eucharistic Preface



Celebrant: The Spirit of God be with you. *All:* And al - so with you.

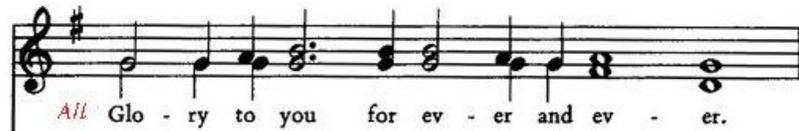


Celebrant: Lift your hearts to heaven *All:* where Christ in glo-ry reigns.



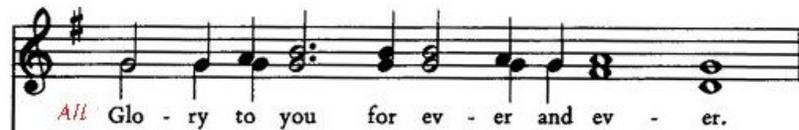
Celebrant: Let us give thanks to God *All:* It is right to of-fer thanks & praise.

Celebrant: It is right to give you thanks and praise,
O Lord, our God, sustainer of the universe,
you are worthy of glory and praise.



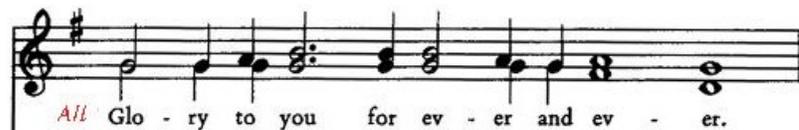
All: Glo - ry to you for ev - er and ev - er.

Celebrant: At your command all things came to be:
the vast expanse of interstellar space,
galaxies, suns, the planets in their courses,
and this fragile earth, our island home;
by your will they were created and have their being.



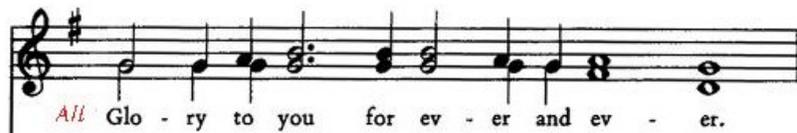
All: Glo - ry to you for ev - er and ev - er.

Celebrant: From the primal elements
you brought forth the human race,
and blessed us with memory, reason, and skill;
you made us the stewards of creation.



All: Glo - ry to you for ev - er and ev - er.

Celebrant: But we turn against you, and betray your trust;
 and we turn against one another.
 Again and again you call us to return.
 Through the prophets and sages
 you reveal your righteous law.
 In the fullness of time you sent your Son,
 born of a woman, to be our Saviour.
 He was wounded for our transgressions,
 and bruised for our iniquities.
 By his death he opened to us
 the way of freedom and peace.



Celebrant: Therefore we praise you,
 joining with the heavenly chorus,
 with prophets, apostles, and martyrs,
 and with those in every generation
 who have looked to you in hope,
 to proclaim with them your glory,
 in their unending hymn:

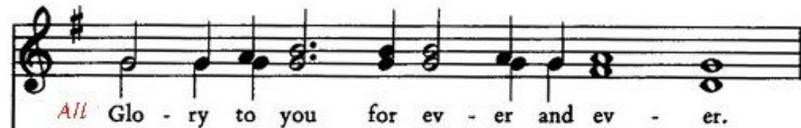
Sanctus & Benedictus

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 hea - ven and earth are full of your glo - ry. Ho - san - na
 in the high - est. Bless - ed is he who comes in the
 name of the Lord. Ho - san - na in the high - est.

Celebrant: Blessed are you, Lord our God,
 for sending us Jesus, the Christ,
 who on the night he was handed over to suffering and death,
 took bread, said the blessing,
 broke the bread, gave it to his friends and said,
 “Take this, and eat it:
 this is my body which is given for you.
 Do this for the remembrance of me.”
 In the same way, after supper, he took the cup of wine;
 he gave you thanks and said,
 “Drink this, all of you:
 this is my blood of the new covenant,
 which is shed for you and for many
 for the forgiveness of sins.
 Whenever you drink it,
 do this for the remembrance of me.”



Celebrant: Gracious God,
 we recall the death of your Son Jesus Christ,
 we proclaim his resurrection and ascension,
 and we look with expectation for his coming
 as Lord of all the nations.
 We who have been redeemed by him,
 and made a new people by water and the Spirit,
 now bring you these gifts.
 Send your Holy Spirit upon us
 and upon this offering of your Church,
 that we who eat and drink at this holy table
 may share the divine life of Christ our Lord.



Agnus Dei

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

The Invitation

Receiving Communion

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread.

If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.

The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Wine and unfermented grape juice are served. If you would prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you would prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.

Prayer and Laying-on of Hands for Healing

*We invite those who desire healing for themselves or on behalf of someone else, to come to the front of the line to receive the bread and wine. Immediately after receiving Communion, **proceed to the prayer station at the back of the church (the Narthex)**. Give your first name and briefly state your prayer need. A member of the Clergy will offer you the Laying on of Hands and Anointing.*

Prayer After Communion

All stand as able

Celebrant: Eternal God,

**All: in you we find peace beyond all telling.
May we who share in this heavenly banquet
be instruments of your peace on earth,
in the name of Jesus Christ the Lord.
Amen.**

Family Thanksgiving & Announcements

All are invited to share if they know of any birthdays, anniversaries or other celebrations. As sharing concludes, all say "Amen".

Closing Blessing

Celebrant: Glory to God,

**All: whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

575 Recessional Hymn *Let Streams of Living Justice*

Dismissal

Celebrant: Go in hope,
bearing the message
of love,
of service,
of community
into the world that God loves.

All: Thanks be to God. Alleluia!

Parish Events and Notices

Don't Eat Alone Dinner: Tonight at 5:30 pm If you have not signed-up, please contact Stephanie Moul to see if there is still room.

Calling for Rides: There are a few of our 10 o'clock parishioners who would appreciate a ride on Sunday morning. If you can provide a lift for someone, please kindly contact Carol Eades.

Fundraiser for New Flooring in Hall: There is a large homemade quilt hanging up in the hall. For the next few Sundays after the 10:00 service, you can enter a draw for it by making a donation of \$5 for a ticket or \$10 for 3. The draw will take place sometime before Easter.

Annual Vestry Meeting: This will take place on Sunday February 22.

The Annual Vestry Book of Reports is available in the Narthex.

ELECTION OF OFFICERS: If you are over sixteen years of age and have been actively involved at St Hilda's for at least 3 months, you are eligible to vote at the vestry meeting and to nominate candidates for any of the positions. Please contact Margy Grant (885-7157) or Bonnie Paetkau (885-5636) if you wish to nominate anyone. Nominations are accepted at the vestry meeting only if the nominee has previously consented to run for that office.

FREE: Yarn and knitting patterns are available in the breezeway for anyone who wants some.

Library Hours: Tuesday and Friday mornings from 9:30-11:30am. You are, of course, free to come use it any time the room is not in use.

Valentine's Cabaret - Have a Heart for the Homeless Feb 14 from 2-4:00pm at the Sechelt (Senior's) Activity Centre. Berni G & Frenz are hosting a Valentine's Day Cabaret with all proceeds donated to the Cold Weather Shelter. Tickets are \$15, available at the Church Office or from Maggie Scott after the service. This is a licensed event - Adults only.

Coming Soon! Plant and Whale of a Sale: Saturday May 2. Please start collecting things that you could donate towards the sale. More news to come!

Diocesan School for Parish Development: An opportunity for both clergy and laity to develop skills in congregation organizational development held at Rosemary Heights Retreat Centre in Surrey. Dates are: July 26 to August 1 or 4-weekend sessions: Jan 23/24, June 26/27, Sept 11/12, Dec 11/12. Please pick up a brochure for more detailed information. There is a Parish Bursary available to help defray the costs.

Community Events:

Remembering When: A Fire and Fall Prevention Program for Older Adults: Thursday February 19th from 1-3 pm at St. John's United Church. Come out and have fun while learning how to prevent fires and falls. See poster in breezeway.

DivorceCare Seminar/Support Group: Sponsored by Crossroads Community Church, this is a weekly support group on Thursdays from 7-9 pm held at the Rockwood Centre in Sechelt. It runs from February 12 to May 7. This is a video seminar series featuring some of the foremost Christian experts on divorce and recovery topics as seen from a biblical perspective. At this time, child-care is not provided. You may join anytime. See poster and flyer in the breezeway.

Lenten Book Study: Making Peace with the Land



Lent invites us to slow down and take time to learn from Scripture how to examine our lives "before God". It's a time to reflect, repent (turn around), reconcile and renew.

Spend your time in Lenten Discipline reflecting on what repentance and reconciliation in Christ might mean for us in the 21st Century, and find the courage and encouragement to act on what you learn.

Join this 7-week study series based on Fred Bahnson and Norman Wirzba's new book Making Peace with the Land. Series begins in the week of February 15.

To order the book as group (approx. \$15), please sign up in the Narthex or by email to admin@sthilda.ca. e-book version also available at ivpress.com or amazon.ca

Review of the book by authors and Anglicans you know:

[this book offers] a vision of practical response that appeals to hope instead of guilt, and all of this while telling stories that make the book difficult to put down!

Barbara Brown Taylor, author of *An Altar in the World*

[this book] offers hungry people a way to join in God's work by getting our hands dirty. This is a book about communion in its deepest sense.

Sara Mile, author of *Take this Bread*

Week At-a-Glance at St. Hilda's			
Sun 08	5:30 pm	Don't Eat Alone Dinner	Hall
Tues 10	9:30-11:30	Library Hours	Gathering Rm
Wed 11	8:00 am 10:30 am	Wisdom Circle & Meditation Worship Committee Meeting	Sanctuary Sanctuary
Thurs 12	10:00 am 12:00 pm 2:00 pm	Centering Prayer Pastoral Care Meeting EFM Meeting	Narthex Sanctuary Gathering Rm
Fri 13	9:30-11:30 7:00 pm	Library Hours Gospel of Thomas Study	Gathering Rm Sanctuary
Sun 15	8:30 am 10:00 am 7:00 pm	Traditional Eucharist Family Eucharist & Sunday School Taizé Service	Sanctuary Sanctuary Sanctuary

