



July 5, 2020  
 Scripture: 2 Sam.11-12; Psalm 51

"The Heart of Repentance"  
 Pastor Paul Spate

*Repent you sinner!"* What is repentance?

**Framework:** Ingredients of Spiritual Restoration

- ◆ **Sin:** Guilt and feeling convicted;
- ◆ **Confession:** Admitting sin
- ◆ **Repentance:** What does it mean?
- ◆ **Forgiveness:** (Next week)

**A. Importance:** John the Baptist (Matt.3:8,11); Jesus (Matt.4:17); Disciples (Mk.6:12); Peter (Acts 2:38)

**B. Defining Repentance:** The original words used...

1. **Heartfelt sorrow for sin:**  
 Godly sorrow; regret; remorse; grief  
 Hebrew: **נחם** - Nacham (naw-kham)
2. **Action: to turn back; turn toward**  
 Turn from sin; to restore or return to God  
 Hebrew: **שׁוּב** - Shuvv (Shoob)
3. **To change one's mind:**  
 Greek: **μετανοέω** (Metanoeo)

**C. Produce fruit in keeping with repentance:**

Matt.3:8— words of John the Baptist  
*Jer.26:13* "Now reform your ways and your actions and obey the Lord your God." NIV  
*Jer.15:19* "If you repent, I will restore you that you may serve me; if you utter worthy, not worthless, words, you will be my spokesman." NIV

**D. An Example of Repentance:** 2 Sam.11-12

- **David and Bathsheba**— adultery, deceit & murder
- **Psalm 51**— David's Repentance
- **Results when I repent:**
  1. My joy & gladness returns (vs.8)
  2. Renewed (steadfast) spirit within me (vs.10)
  3. Return of God's presence (Spirit) (vs.11)
  4. Return of the joy of my salvation (vs.12)
  5. Desire to obey God (vs.12)
  6. Tell others of God's grace (vs.13)
  7. Singing & Praise (vs.14-15)
  8. Humility- A broken & contrite heart (vs.17)

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Next week: Understanding forgiveness