**A Service of Morning Prayer for the Fifth Sunday after Pentecost  
Sunday, July 12, 2020***With members of the Parish of the Valley Clergy Team*

*and from across the Parish of the Valley*[*www.valleyanglicans.ca*](http://www.valleyanglicans.ca)

**Bell Ringer & Greeter** – Dave Eagles, Epiphany, Barry’s Bay

**Words of Welcome, Responder, & Sermon –** Canon Susan

**Officiant & Gospel** – Bishop Michael

**Intercessor** – Lorna Sibley, Holy Trinity, Pembroke

**Readers** – Kathy Marion, Ascension, Killaloe/St John, Tramore, and Yvonne Andrews, All Saints, Petawawa

**Hymn** – Karen Shouldice, St Anthony’s, Whitney

*A candle may be lit, to set apart this time of prayer.*

Bishop Michael: The word is very near you; it is in your mouth and in your heart, so that you can

do it.

**All: O Come let us Worship.**

Bishop Michael: God’s Love has been poured into our hearts.

**All: We dwell in Him and He in us.**

Bishop Michael: Give thanks to the Lord and call upon His name;

**All: Make known His deeds among the peoples.**

Bishop Michael: Sing to Him, sing praises to Him.

**All: And speak of all His marvellous works.**

Bishop Michael: Holy, holy, holy, is the Lord God almighty,

**All: Who was and is and is to come!**

**Jubilate** *(Psalm 100)*

**All: Be joyful in the Lord, all you lands;  
serve the Lord with gladness and come into the divine presence with a song.  
Know this: the Lord, the Lord, is God;   
the One made us and to whom we belong;  
we are God’s people, the sheep of God’s pasture.  
Enter the gates of the Lord with thanksgiving;   
go into these courts with praise;  
give thanks to God and call upon the name of the Lord.   
For the Lord is good, whose steadfast love is everlasting;  
and whose faithfulness endures from age to age.**

Bishop Michael: The word is very near you; it is in your mouth and in your heart, so that you can

do it. O Come let us Worship.

**The Proclamation of the Word**

Kathy Marion: A reading from Genesis 25:19-34

**19**These are the descendants of Isaac, Abraham’s son: Abraham was the father of Isaac, **20**and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. **21**Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. **22**The children struggled together within her; and she said, ‘If it is to be this way, why do I live?’ So she went to inquire of the Lord. **23**And the Lord said to her,

‘Two nations are in your womb,  
    and two peoples born of you shall be divided;  
one shall be stronger than the other,  
    the elder shall serve the younger.’

**24**When her time to give birth was at hand, there were twins in her womb. **25**The first came out red, all his body like a hairy mantle; so they named him Esau. **26**Afterwards his brother came out, with his hand gripping Esau’s heel; so he was named Jacob. Isaac was sixty years old when she bore them.

**27**When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents. **28**Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

**29**Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. **30**Esau said to Jacob, ‘Let me eat some of that red stuff, for I am famished!’ (Therefore he was called Edom.) **31**Jacob said, ‘First sell me your birthright.’ **32**Esau said, ‘I am about to die; of what use is a birthright to me?’ **33**Jacob said, ‘Swear to me first.’ So he swore to him, and sold his birthright to Jacob. **34**Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Kathy Marion: The Word of the Lord  
**All: Thanks Be to God.**

**Psalm** 119:105-112

Your word is a lantern to my feet

**\* and a light upon my path.**

I have sworn and am determined

**\* to keep your righteous judgements.**

I am deeply troubled;

**\* preserve my life, O Lord, according to your word.**

Accept, O Lord, the willing tribute of my lips,

**\* and teach me your judgements.**

My life is always in my hand,

**\* yet I do not forget your law.**

The wicked have set a trap for me,

**\* but I have not strayed from your commandments.**

Your decrees are my inheritance for ever;

**\* truly, they are the joy of my heart.**

I have applied my heart to fulfil your statutes

**\* for ever and to the end.**

Yvonne Andrews: A reading from St Paul’s letter to the Romans 8:1-11

**8**There is therefore now no condemnation for those who are in Christ Jesus. **2**For the law of the Spiritof life in Christ Jesus has set youfree from the law of sin and of death. **3**For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, **4**so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. **5**For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spiritset their minds on the things of the Spirit. **6**To set the mind on the flesh is death, but to set the mind on the Spiritis life and peace. **7**For this reason the mind that is set on the flesh is hostile to God; it does not submit to God’s law—indeed it cannot, **8**and those who are in the flesh cannot please God.

**9**But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. **10**But if Christ is in you, though the body is dead because of sin, the Spiritis life because of righteousness. **11**If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christfrom the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Yvonne Andrews: The Word of the Lord  
**All: Thanks Be to God.**

Bishop Michael: The Holy Gospel of our Lord Jesus Christ according to Matthew (13:1-9, 18-23)  
**All: Glory to you, Lord Jesus Christ.**

**13**That same day Jesus went out of the house and sat beside the lake. **2**Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. **3**And he told them many things in parables, saying: ‘Listen! A sower went out to sow. **4**And as he sowed, some seeds fell on the path, and the birds came and ate them up. **5**Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. **6**But when the sun rose, they were scorched; and since they had no root, they withered away. **7**Other seeds fell among thorns, and the thorns grew up and choked them. **8**Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. **9**Let anyone with ears listen!’

**18**‘Hear then the parable of the sower. **19**When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. **20**As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; **21**yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. **22**As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. **23**But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.’

Bishop Michael: The Gospel of Christ  
**All: Praise to you, Lord Jesus Christ.**

**Sermon –** Canon Susan

**Affirmation of Faith**

**All: I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

**Intercessions and Thanksgivings***Led by Lorna Sibley*

*The response to “Lord, in Your Mercy” is* ***“Hear our Prayer.”***

**The Collect**

Bishop Michael: Divine Sower, You scatter Your seed generously:

may we be rich soil and receive Your gift so freely given,

so that we may revel in love’s abundant, reckless growth;

through Jesus Christ, the grain of life. Amen.

**All: Amen.**

**The Lord’s Prayer**

Bishop Michael: And now, as our Saviour Christ has taught us, we are bold to say,  
**All: Our Father, who art in heaven,  
 hallowed be thy name,  
 thy kingdom come,  
 thy will be done,  
 on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom,  
 the power and the glory,  
 for ever and ever. Amen.**

Bishop Michael: Glory to God  
**All: whose power, working in us,  
 can do infinitely more  
 than we can ask or imagine.  
 Glory to God from generation to generation,  
 in the Church and in Christ Jesus,  
 for ever and ever. Amen.**

Bishop Michael: Let us bless the Lord.  
**All: Thanks be to God.**

Closing Blessing: Bishop Michael

**All: Amen.**

**Closing Hymn –** Karen Shouldice “Breathe on me Breath of God” #649 verses 1, 2, 4

and “Almighty God, Thy Word is Cast” #478 verses 1, 4

Breathe on me, Breath of God,  
fill me with life anew,  
that I may love what thou dost love,  
and do what thou wouldst do.  
  
Breathe on me, Breath of God,  
until my heart is pure,  
until my will is one with thine,  
to do and to endure.

Almighty God, thy word is cast  
like seed into the ground,  
now let the dew of heaven descend  
and righteous fruits abound.  
  
Oft as the precious seed is sown,  
thy quickening grace bestow;  
that all whose souls the truth receive  
its saving power may know.   
  
Breathe on me, Breath of God,  
so shall I never die;  
but live with thee the perfect life  
of thine eternity.

*If a candle was lit, it is extinguished now.*

*Acknowledgments:*

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*Supplemental collects from the General Synod of the Anglican Church of Canada, found online at* [*https://www.anglican.ca/wp-content/uploads/Alternative-RCL-Collects-Final-2019.pdf*](https://www.anglican.ca/wp-content/uploads/Alternative-RCL-Collects-Final-2019.pdf)*. Prayers for an Inclusive Church (2009) alt.*

*The Psalms are drawn from the Inclusive Language Psalter, commended for use by the Council of General Synod, March 2019 and found online at* [*https://www.anglican.ca/wp-content/uploads/GS2016-Liturgical-Psalter-2016-05-04.pdf*](https://www.anglican.ca/wp-content/uploads/GS2016-Liturgical-Psalter-2016-05-04.pdf)

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