



the Parish of St. Dunstan

A CHILDREN'S CATECHISM TO ECHO GOD'S LOVE IN THE WORLD

PART I: Our Faith

Lesson 13: Holy Spirit

This is a repeat-after-me-prayer:
Loving God,
you are amazing.
Shine a light into our hearts
so we can know you more and more;
and show us Jesus,
our Friend and Helper.
Amen.

I wonder what
the **Holy Spirit**
is.

Spirit means *breath* or *wind*.

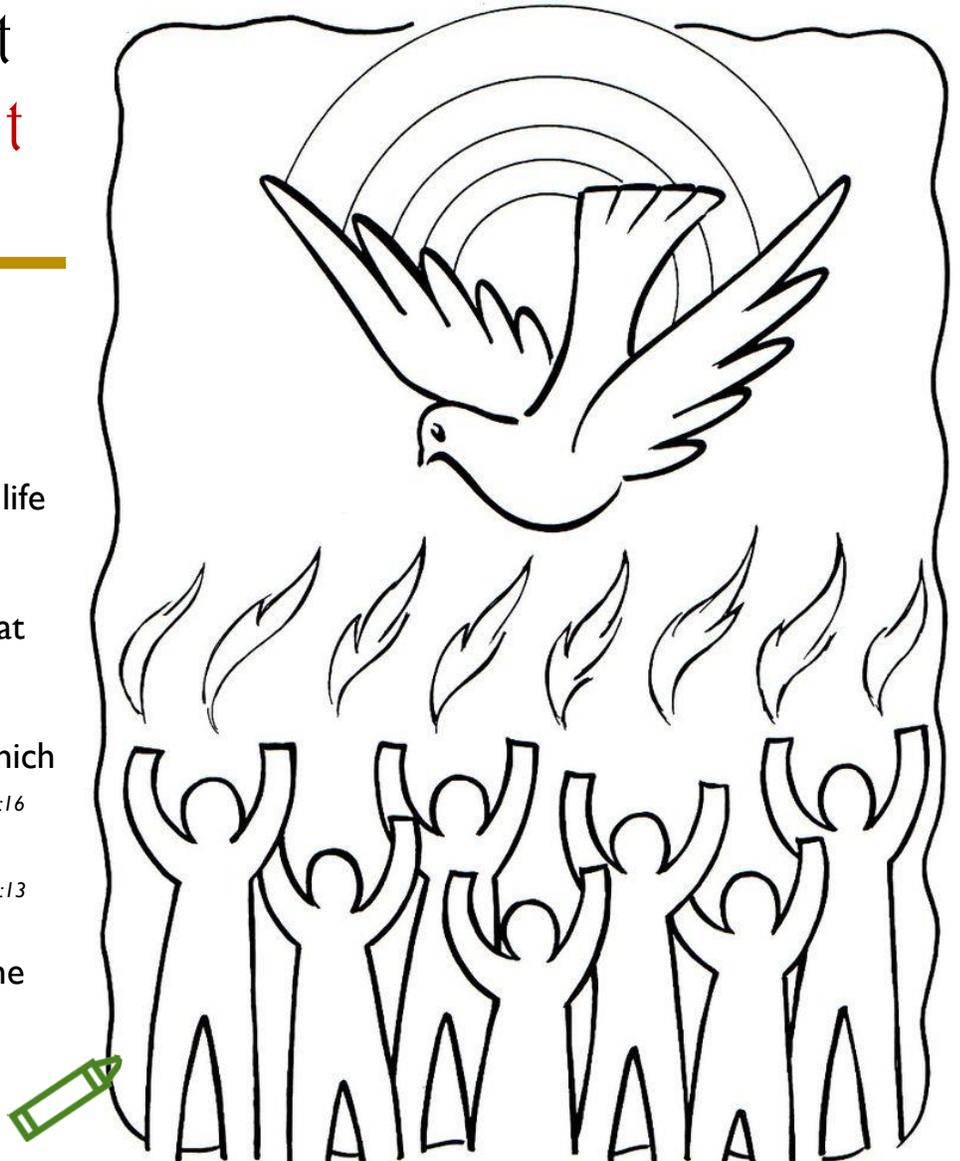
The **Holy Spirit** is the breath of life
in each of us. *John 3:5-8*

The **Holy Spirit** is the energy that
moves us and guides us. *Luke 12:49*

The **Holy Spirit** is like a dove which
is a sign of peace and life. *Matthew 3:16*

The **Holy Spirit** teaches us. *John 16:13*

The **Holy Spirit** brings us into the
family of God. *Romans 8:15, Galatians 4:6*



1 The Holy Spirit is the Breath of God

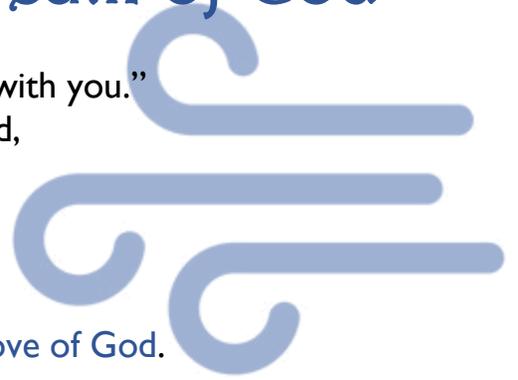
Jesus stood among his disciples and said, "Peace be with you." When he had said this, he breathed on them and said, "Receive the Holy Spirit." *John 20:19, 22*

Breathe in the love of God. Breathe out fear.

Breathe in the love of God. Breathe out fear.

Breathe in the love of God. Breathe out the love of God.

Activity: Say this breathing prayer every morning when you wake up.



The Holy Spirit is fire

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. *Acts 2:1-4*

The Holy Spirit energizes us to speak about God's love.



3 The Holy Spirit is a giver of gifts

Everyone is given a spiritual gift to help the world. *1 Corinthians 12:7*

God has given us all the power to do good in the world. This power comes from God's Spirit, who is God's renewable energy of love.

I am really good at:

I can help people with this gift by:

Activity: Write down something you are good at. Think about how you can use your gift to help others.