



514 CARNARVON STREET
NEW WESTMINSTER, BC V3L 1C4
(604) 521-2511
www.holytrinitycathedral.ca

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The 9th Sunday after Pentecost

AUGUST 2, 2020

Prelude: *Varenna Walk from 'Como Suite'*
by George Ryan

The Greeting

Presider

May the strength of God, the compassion of Christ and the wisdom of the Holy Spirit be with you.

And also with you.

The Kyrie

Presider

O God, our maker and redeemer, when we forget that this is your world and we are your people: **Lord, have mercy.**

When we have willfully misused your gifts of creation: **Christ, have mercy.**

When we have seen the ill-treatment of others and have not gone to their aid: **Lord, have mercy.**

When we have condoned evil and dishonesty and have failed to strive for justice: **Christ, have mercy.**

When we have heard the good news of Christ, but have failed to share it with others: **Lord, have mercy.**

When we have not loved you with all our heart, nor our neighbours as ourselves: **Christ, have mercy.**

Hymn of Praise: 'Spirit Song'

**O let the Son of God enfold you
with his spirit and his love,
let him fill your heart
and satisfy your soul.**

**O let him have the things that hold you
and his spirit like a dove
will descend upon your life
and make you whole.**

**Jesus, O Jesus,
come and fill your lambs.
Jesus, O Jesus,
come and fill your lambs.**

**O come and sing this song with
gladness
as your hearts are filled with joy,
lift your hands in sweet
surrender to his name.**

**O give him all your tears and sadness,
give him all your years of pain,
and you'll enter into life in Jesus' name.
Jesus, O Jesus,
come and fill your lambs.
Jesus, O Jesus,
come and fill your lambs.**

The Collect of the Day

Presider

Let us pray.

God of compassion, whose heart goes out to the hungry and destitute; who takes our lack and transforms it into much: give us the bread that satisfies, the food without price, so that our lives may be freed to share your overflowing love; through Jesus Christ, the breaker of bread. **Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Genesis 32.22-31

Before the Reading the Reader says,
A reading from Genesis.

[Jacob] got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip. Therefore to this day the Israelites do not eat the thigh muscle that is on the hip socket, because he struck Jacob on the hip socket at the thigh muscle.

After the Reading the Reader says,
Hear what the Spirit is saying to the Church.

Thanks be to God.

The Psalm of the Day: Psalm 17.1-7, 16

Psalmist

Deliver us from our enemy, O Lord.

Deliver us from our enemy, O Lord.

Psalmist

1

Hear my plea of innocence, O Lord;

give heed to my cry; *

listen to my prayer, which does not
come from lying lips.

2

Let my vindication come forth from your
presence; *

let your eyes be fixed on justice.

People

Deliver us from our enemy, O Lord.

3

Weigh my heart, summon me by night, *

melt me down; you will find no impurity
in me.

4

I give no offence with my mouth as others
do; *

I have heeded the words of your lips.

5

My footsteps hold fast to the ways of your
law; *

in your paths my feet shall not
stumble.

People

Deliver us from our enemy, O Lord.

6

I call upon you, O God, for you will
answer me; *

incline your ear to me and hear my
words.

7

Show me your marvellous loving-kindness,*
O Saviour of those who take refuge at
your side from those who rise up
against them.

15

But at my vindication I shall see your face;*
when I awake, I shall be satisfied,
beholding your likeness.

People

Deliver us from our enemy, O Lord.

The Second Reading: Romans 9.1-5

Before the Reading the Reader says,
A reading from Paul’s Letter to the Romans.

I am speaking the truth in Christ – I am not lying; my conscience confirms it by the Holy Spirit – I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. **Amen.**

After the Reading the Reader says,
Hear what the Spirit is saying to the Church.
Thanks be to God.

The Gospel Alleluia

Presider

Alleluia. Alleluia. We do not live by bread alone,

But by every word that comes from the mouth of God. Alleluia. Alleluia.

The Gospel: Matthew 14.13-21

Before the Gospel the Deacon says,
The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glorify to you, Lord Jesus Christ.

Now when Jesus heard [that John had been killed], he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

After the Gospel the Deacon says,
The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The Sermon: The Rev’d Carole Neilson

After the Sermon we have a period for silent reflection.

The Apostles' Creed

Deacon

I believe in God,
**the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the
Father,
and he will come again to judge the
living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS OF THE COMMUNITY

Intercessions, Petitions and Thanksgivings

Leader of the Prayers

Let us pray together in the Spirit, saying:
Hear us, O Lord. We pray: **Hear us, O Lord.**

God of compassion and justice, renew the merciful covenant you have made with all of creation, we pray: **Hear us, O Lord.**

May the ministers of your good news in Christ be people of genuine witness and prophetic voice, we pray: **Hear us, O Lord.**

May the governments of the world assist all those in need and trouble, especially the poor, the hungry, the homeless and the oppressed, we pray: **Hear us, O Lord.**

Embrace with your healing presence all who are sick and suffering in our world, especially those for whom our prayers are desired, we pray: **Hear us, O Lord.**

Guide all who seek your wisdom so that they may find communities of faith and renewal, we pray: **Hear us, O Lord.**

Nurture all your people with your gifts of grace so that we may grow into the full stature of Christ, we pray: **Hear us, O Lord.**

Grant rest to the departed and solace to those who mourn and unite us in the fullness of life you promise to all your daughters and sons, we pray: **Hear us, O Lord.**

O God, your loving care for us calls for our gratitude. Multiply once again your abundant mercy toward us and let our hearts overflow with godly love for others. We ask this in the name of Jesus, who feeds us with the abundance of your grace. **Amen.**

The Exchange of the Peace

Presider

The peace of Christ be always with you.
And also with you.

The Offertory Hymn:

'Break Now the Bread of Life'

Songs for a Gospel People #86

**Break now the bread of life,
dear Lord, to me,
as once you broke the loaves
beside the sea.
Beyond the sacred page
I seek you, Lord;
my spirit waits for you,
O living Word.**

**Bless your own truth,
dear Lord, to me,
to me, as when you
blest the bread by Galilee;
then shall all bondage cease,
all fetters fall,
and I shall find my peace,
My All-in-all.**

**You are the bread of life,
O Lord, to me,
your holy Word the truth
that sets me free.
Give me to eat
and live with you above;
teach me to love your truth,
for you are love.**

The Prayer over the Gifts

Presider

Let us pray.

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. **Amen.**

The Lord's Prayer

Presider

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.**

THE SENDING FORTH OF THE COMMUNITY

The Concluding Prayer

Presider

Let us pray.

Almighty God,
**you have given us grace at this time with
one accord to make our common
supplications to you, and you have
promised through your well-beloved Son
that when two or three are gathered
together you will hear their requests.
Fulfill now our desires and petitions,
as may be best for us, granting us in this
world knowledge of your truth, and in the
age to come eternal life; for you, Father,
are good and loving, and we glorify you
through your Son Jesus Christ our Lord,
in the Holy Spirit, now and for ever.
Amen.**

Announcements

The Blessing of the Community

Presider

May the power of God sustain you.
May the wisdom of the Word enlighten you.
May the mercy of the Holy Spirit unite you.
And the blessing of God, the Father, the
Son and the Holy Spirit be with you and
remain with you always. **Amen.**

The Recessional Hymn:

'Where Cross the Crowded Ways of life'

Common Praise #592

**Where cross the crowded ways of life,
where cries of tribe and race resound,
amid the noise of selfish strife,
O Christ, your word of love is found.**

**The cup of water given for you
still holds the freshness of your grace;
yet long the multitudes to view
the strong compassion of your face.**

**O Jesus, from the mountainside
make haste to heal these hearts of pain.
Among these restless throngs abide;
O tread the city's streets again,**

**till all the world shall learn your love,
and follow where your feet have trod;
till glorious from your heaven above
shall come the city of our God.**

The Dismissal

Deacon

Go in peace and feed the hungry with God's
love and compassion. Alleluia. Alleluia.
Thanks be to God. Alleluia! Alleluia!

Postlude: *Rondeau by J-J. Mouret*

Assisting with Worship

Greeters	Kate Abel Geoff Clements Sybil Collett Birgit Peterson
Organist	George Ryan
Readers	Brian Dobbin Vi Calhoun
Psalmist	Sybil Collett
Intercessor	Anne Parker
Presider	The Ven. Richard Leggett
Assist. Curate	The Rev'd Tasha Carrothers
Preacher	The Rev'd Carole Neilson
Deacon	The Rev'd Carole Neilson

The Flowers at the Altar

The flowers at the altar are given to the glory of God and in celebration of 65 years of married life and love, with gratitude for the Lord's continued grace and help. From FRANK AND JILL ALLDER.

Breakfasts Served: Saturday, July 25

We served 20 take out brunches at Holy Trinity Cathedral, and delivered 18 meals to the Youth Emergency Centre.

Next Sunday's Readings

Genesis 37:1-4, 12-28;
Psalm 105:1-6, 16-22, 45c;
Romans 10:5-15;
Matthew 14:22-33

WEEKLY CALENDAR

August 8:00am Eucharist
5 (Facebook-live)

August 5:30 pm Vespers
6 (Zoom)

7:00 pm
Transforming
Questions (Zoom)

August 8:00am Matins
9 (In-Person)

10:00am Liturgy of
the Word (In-Person
& Facebook-live)