



## St Hilda's By the Sea Anglican Church

Open Doors · Open Hearts · Open Minds

August 12, 2018 † 10:00 am Family Eucharist

12<sup>th</sup> Sunday after Pentecost



### WHO IS WHO IN OUR WORSHIP THIS SUNDAY

**Celebrant & Preacher:** The Rev Clarence Li  
**Musician:** Katherine Hume  
**Greeter/Usher:** Eric Paetkau, Maggie Edwards  
**Prayers:** Kevin Rolston  
**Reader:** Janet McIntosh

**Lay Administrator:** Linda Smith  
**Sacristan:** Carol Eades  
**Crucifer:** Elena Alps Mocellin  
**Coffee:** Mike & Jennie Starr  
**Altar Guild:** Sandra Sneddon, Linda kern

## WELCOME TO OUR CHURCH

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are. There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

## WHO WE ARE

St. Hilda, situated on the unceded traditional territory of the shíshálh First Nation, is a member of the Anglican Church of Canada & the worldwide Anglican Communion. As a community, we welcome & celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, and abilities. We aim to create a space where people of any faith or none can question & discover the sacred in life through openness, struggle, laughter and prayer, lived out through a common commitment to be in solidarity with the poor & marginalized, and to cherish creation.

## CHILDREN

During the school year, children are invited to gather for a Children's Commissioning at the beginning of the service and then head out to Sunday School. They return in time for Communion—the Lord's supper (grape juice is available for communing).

## HOLY COMMUNION

ALL are welcome to come forward and receive communion, the divine life of Jesus which comes to us in gifts of bread and wine. Come as you are. Instructions for newcomers joining this meal for the first time are printed in the bulletin.

## ♿️ ⚡️ ⚡️ ACCESSIBILITY

Parking for people with disabilities is available next to the Meditation Labyrinth. You are welcome to bring your walker or wheelchair into the hall. There are also large print bulletins available in the entry.

### This Sunday's liturgy has been compiled from various sources, including:

- Collect from *Revised Common Lectionary Prayers* (2002) alt.
- Psalm text from *Songs for the Holy One* translated by Thomas Barnett © 2004 Thomas Barnett and Donald Patriquin
- Affirmation of Faith from *The Sun Dances: Prayer and Blessings from the Gaelic*, by Alexander Carmichael, 1960.
- Confession and Absolution from *A Prayer Book for New Zealand* (Auckland: William Collins, © 1988), 478.
- Prayer over the Gifts, Breaking of the Bread and Prayer after Communion from *The Book of Alternative Services* © 2004 General Synod of the Anglican Church of Canada. All rights reserved. Reproduced under license from ABC Publishing, Anglican Book Centre, a ministry of the General Synod of the Anglican Church of Canada, from Anglican Liturgical Library. Further copying is prohibited.
- Eucharistic Preface & Prayer from St. Hilda's Celtic Influences, rev 7a
- Blessing adapted from The L'Arche Prayer, © L'Arche Internationale

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- *New Plainsong Mass: Sanctus & Agnus Dei* by David Hurd © 1981 GIA Publications, Inc.
- *Eat This Bread* by Jacques Berthier
- *Bread of Life from Heaven* Text: Susan Briehl Music: Argentine traditional, refrain by Marty Haugen © 2001 GIA Publications, Inc.
- *Let Us Talents and Tongues Employ* Text: Fred Kaan Music: Jamaican folk tune; adapt. Doreen Potter © 1975 Hope Publishing Company
- *Today, I Awake* by John L. Bell © 1989 The Iona Community, GIA Publications, Inc.

## ¤ The Gathering of Community ¤

**Prelude**

**Introduction & Welcome**

**Introit** ..... *All rise as able as the Sanctuary party processes in.*

**Greeting**

**Celebrant** In this time and place,  
we gather on the ancestral territory of the shíshálh Nation.

**PEOPLE** **From many places and peoples,  
we come to this house of prayer.**

**Celebrant** In this time and place,  
we meet in the presence of the living God.

**PEOPLE** **The living God who created us and all that is.**

**Celebrant** In this time and place,  
the risen Christ stands in our midst.

**PEOPLE** **The risen Christ who accompanies us and all people.**

**Celebrant** In this time and place,  
God's Holy Spirit breathes in and through us.

**PEOPLE** **The Holy Spirit who transforms us and all life.**

**Celebrant** In this time and place,  
together, one people of God.

**PEOPLE** **In the name of God,  
Source of all being, Eternal Word and Holy Spirit. Amen.**

 **Opening Hymn** ..... *Today I Awake CP9 (see p. 12)*

**The Collect of the Day**

**Celebrant** May God be with you.

**ALL** **And also with you.**

**Celebrant** Bread of heaven,

**ALL** **you feed us in the depths of grief, sin and hostility.**

**Nourish us with your word through the long hours of tears,  
and in the dawning awareness of our need for forgiveness,  
so that we may be redeemed by your steadfast love. Amen.**

*All are seated*

## ¤ The Proclamation of the Word of God ¤

*After each reading, there will be a short time of quiet meditation*

**The First Reading** 2 Samuel 18:5-9, 15, 31-33 ..... Janet McIntosh

**Reader** Hear what the Spirit is saying to the church.

**ALL** **Thanks be to God.**

**Psalm 130** ..... *Verses spoken responsively left side /right side on bold*

Out of depths of despair I called to you,  
Holy One, hear me!

**Let your ears be alert to my pleas for mercy.**  
If you record our sins, who could survive?  
**But your forgiveness abounds, so you must be revered.**  
I long for the Holy One;  
**my soul longs for the divine word.**  
My soul longs more than those who keep watch for the morning,  
**more than those who keep watch for the morning.**  
O Israel, wait for the Holy One,  
who abounds in faithful love,  
with abundant power to redeem.  
**The Holy One will redeem Israel from all sins.**

**ALL:**   **Glory to God, Source of all being,**  
**Eternal Word and Holy Spirit;**  
**As it was in the beginning is now**  
**and shall be for ever. Amen.**

**Second Reading:** Ephesians 4:25—5:2 ..... Janet McIntosh

Reader Hear what the Spirit is saying to the church.

**ALL**   **Thanks be to God.**

*All rise as able.*

**Gradual Hymn** ..... *Eat This Bread, Drink This Cup CP63 (3X)*

Eat this bread, drink this cup, come to him and nev-er be hun-gry.

Eat this bread, drink this cup, trust in him and you will not thirst.

*All remain standing as able*

**The Gospel** John 6:35, 41-51

Celebrant May God be with you.

**PEOPLE** And also with you.

**Celebrant** The Holy Gospel of our Lord Jesus Christ according to John  
**PEOPLE** **Glory to you, Lord Jesus Christ.**

*After reading*

**Celebrant** The Gospel of Christ.

**PEOPLE** **Praise to you, Lord Jesus Christ.**

 **Gradual Hymn** ..... *Eat This Bread, Drink This Cup CP63 (3X)*  
*All are seated.*

**Sermon** ..... The Rev Clarence Li  
*After the sermon, remain seated for a short quiet meditation.*

### A Celtic Affirmation of Faith

**Celebrant** Joining with our mothers and fathers in the faith,  
we affirm the presence of God with us.

**ALL** **God with me lying down,**  
**God with me rising up,**  
**God with me in each ray of light,**  
**Nor a ray of joy without Him,**  
**Nor one ray without Him.**  
  
**Christ with me sleeping,**  
**Christ with me waking,**  
**Christ with me watching,**  
**Every day and night,**  
**Each day and night.**  
  
**God with me protecting,**  
**The Lord with me directing,**  
**The Spirit with me strengthening,**  
**For ever and for evermore,**  
**Ever and evermore, Amen.**  
**Chief of chiefs, Amen.**

### The Prayers of the People

*Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish Prayer List on page 15. You are also welcome to name your loved one(s) aloud or silently in your heart.*

### Confession and Absolution

**Celebrant** We come seeking forgiveness  
for all we have failed to be and do  
as members of Christ's body.

*Silence*

In God there is forgiveness.

*cont'd over→*

**ALL** Loving and all-seeing God,  
forgive us where we have failed to support one another  
and to be what we claim to be.  
Forgive us where we have failed to serve you;  
and where our thoughts and actions  
have been contrary to yours,  
we ask your pardon.

**Celebrant** God forgives us; be at peace

*Silence*

Rejoice and be glad,  
for Christ is resurrection,  
reconciliation for all the human race.

**ALL** We shall be one in Christ,  
one in our life together.  
Praise to God who has created us,  
praise to God who has accepted us,  
praise to God who sends us into the world!

**The Peace** *Please rise as able as we share the peace of the Lord.*

**Celebrant** The peace of the Lord be with you all.

**PEOPLE** And also with you.

## ¤ The Holy Communion ¤

### The Offertory

*During the hymn, the bread and wine are presented alongside with the offering of money for mission and ministry, given on the plate or through the Pre-Authorized Donation Program (PAD), to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we experience.*

**Offertory Hymn** ..... Let Us Talents and Tongues Employ (CP 504)

1 Let us tal - ents and tongues em - ploy, reach - ing out with a  
2 Christ is a - ble to make us one, at the ta - ble he  
3 Je - sus calls us in, sends us out bear - ing fruit in a  
shout of joy: bread is bro - ken, the wine is poured,  
set the tone, teach - ing peo - ple to live to bless,  
world of doubt, gives us love to tell, bread to share:

*Refrain*

Christ is spo - ken and seen and heard.  
love in word and in deed ex - press. Je - sus lives a - gain,  
God (Im - man - u - el) ev - ery - where!

earth can breathe a - gain, pass the Word a - round: loaves a - bound!

## Prayer over the Gifts

*Celebrant* Holy One,

**ALL** receive all we offer you this day,  
and grant that in this eucharist  
we may be enriched by the gifts of the Spirit.

**We ask this in the name of Jesus Christ our Lord. Amen.**

## **Eucharistic Prayer - Celtic Influences**

*Eucharist means “thanksgiving.” This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.*

*Celebrant* May God be with you.

**PEOPLE** May God grant us wisdom.

**Celebrant** Let us lift up our hearts.

**PEOPLE** We lift our hearts in hope and praise.

Celebrant Let us give thanks to God.

**PEOPLE** We offer our lives in joy and promises.

**Celebrant** As we listen to the rhythms of the earth, we hear the heartbeat of God....

...Therefore, we join our voices with those of all creation in the unending song of praise as we sing:

## **Sanctus**

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might. Heav-en and  
 earth are full of your glo - ry. Ho-san-na in the high - est. Blest is the  
 one who comes in the name of the Lord. Ho-san-na in the high - est.

*Celebrant* We thank you for our soul friend and wisdom teacher, Jesus...

....Wisdom Teacher, Healer, Companion,  
Friend and Confessor,

**PEOPLE** **Jesus is our perfect spiritual guide and true soul friend.**

*Celebrant* On the night before he died,  
Jesus gathered his friends for a ritual meal...

....Sacred presence encircling us.  
May green be the grass we walk on,  
May blue be the skies above us,  
May pure be the joys that surround us,  
May true be the hearts that love us.

**PEOPLE** **Amen.**

### **The Lord's Prayer**

*Celebrant* Let us pray as Jesus taught us:

**ALL** **Our Father in heaven,**  
**hallowed be your name.**  
**Your kingdom come.**  
**Your will be done on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial and deliver us from evil.**

**For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

### **The Breaking of the Bread**

*Celebrant* We break this bread  
to share in the body of Christ.

**PEOPLE** **We, being many, are one body,  
for we share in the one bread.**

### **Agnus Dei (Lamb of God)**



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: grant— us peace.

## The Invitation

### Receiving Communion

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread. If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.

The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Wine and unfermented grape juice are served. If you would prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you would prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.

**Communion Hymn .....** Bread of Life from Heaven

Refrain

Bread of life from heav-en, your blood and bod - y giv-en, we  
eat this bread and drink this cup un - til you come a - gain.

Verses

1. Break now the bread of Christ's sac - ri - fice; Giv - ing  
2. Seek not the food that will pass a - way; Set your  
3. Love as the One who, in love for you, Gave him -  
4. Take in the light that will nev - er dim, Taste the  
5. Dwell in the One who now dwells in you; Make your  
6. Drink of this cup and de - clare his death; Eat this

thanks, hun - gry ones gath - er 'round. Eat all of you, and be  
hearts on the food that en - dures. Come, learn the true and the  
self for the life of the world. Come to the One who is  
life that is strong - er than death. Live in the One who will  
home in the life - giv - ing Word. Know on - ly Christ, Ho - ly  
bread and be - lieve Eas - ter morn; Trust his re - turn and, with

D.S.  
sat - is - fied; in Christ's pres - ence the loaves will a - bound.  
liv - ing way, that the full - ness of life may be yours.  
food for you, that your hun - ger and thirst be no more.  
come and then raise you up at the last with the blest.  
One of God, and be - lieve in the truth you have heard.  
ev - 'ry breath, praise the One in whom you are re - born.

## **Prayer After Communion**

Celebrant Eternal God,  
**ALL** grant to your Church the unity and peace  
that we have tasted in this eucharist,  
the fruit of your life-giving Spirit.  
We ask this in the name of Jesus Christ the Lord. Amen.

## **Family Thanksgiving & Announcements**

*All are invited to share any birthdays, anniversaries or other celebrations. Our parish tradition is to say the following prayer by sharing eye-contact with those around us.*

*All stand as able.*

Celebrant Glory to God,  
**PEOPLE** Whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever. Amen.

## **Blessing**

Celebrant Holy God, we ask you to bless us.  
**ALL** Gracious God, keep us in your love.  
Celebrant May St. Hilda's be a true home  
**ALL** where the poor in Spirit may find life.  
Celebrant Give us hearts that are open,  
**ALL** hearts that are humble and gentle.  
Celebrant Through the hands of your little ones,  
**ALL** we ask you to bless us.  
Celebrant Through the eyes of those who are rejected,  
**ALL** we ask you to smile on us.  
Celebrant And the blessing of God,  
Life-Giver, Pain-Bearer, and Love-Maker,  
be among you and remain with you always.  
**ALL** Amen.

 **Recessional Hymn..... O Love, How Deep, How Broad, How High (see p. 11)**

## **Dismissal**

**ALL** Thanks be to God. Alleluia!

## **Postlude**

*Please remain seated during Postlude to allow for altar clean-up & coffee set-up.*



1 O Love, how deep, how broad, how high, how pass - ing  
 2 For us bap - tized, for us he bore his ho - ly  
 3 For us he prayed, for us he taught, for us his  
 6 All glo - ry to our Lord and God for love so

thought and fan - ta - sy: that God, the Son of  
 fast and hun - gered sore; for us temp - ta - tions  
 dai - ly works he wrought, by words and signs and  
 deep, so high, so broad— the Trin - i - ty whom

God, should take our mor - tal form for mor - tals' sake.  
 sharp he knew, for us the tempt - er o - ver - threw.  
 ac - tions, thus still seek - ing not him self, but us.  
 we a - dore for - ev - er and for - ev - er - more.

WORDS: Latin hymn, 15th c.; tr. Benjamin Webb (1819-1885), alt.  
 MUSIC: Trier manuscript, 15th c.; adapt. Michael Praetorius (1571-1621);  
 harm. George R. Woodward (1848-1934)

PUER NOBIS  
 L.M.

### Opening Hymn: Today I Awake

1 To - day I a - wake and God is be - fore me. At  
 2 To - day I a - rise and Christ is be - side me. He  
 3 To - day I af - firm the Spir - it with - in me at  
 4 To - day I en - joy the Trin - i - ty round me, a -

night, as I dreamt, he sum - moned the day; for  
 walked through the dark to scat - ter new light. Yes,  
 wor - ship and work, in strug - gle and rest. The  
 bove and be - neath, be - fore and be - hind; the

God nev - er sleeps, but pat - terns the morn - ing with  
 Christ is a - live, and beck - ons his peo - ple to  
 Spir - it in - spires all life which is chang - ing from  
 Mak - er, the Son, the Spir - it to - geth - er— they

slith - ers of gold or glo - ry in grey.  
 hope and to heal, re - sist and in - vite.  
 fear - ing to faith, from bro - ken to blest.  
 called me to life and call me their friend.

Text and music: John L. Bell (1949- ).

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SLITHERS OF GOLD

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## Parish Events and Notices

**Choir Rehearsal:** Please stay after the 10:00 service this morning. We will be rehearsing an anthem for Hildegard's funeral on Tuesday.

**Celebration of Life for Hildegard Erber:** Tuesday August 14 at 1:00 pm in the Parish Hall.

**Coins for Construction:** Once again, please save your spare change and turn it in on the September 9, using one of the "Coins for Construction" Envelopes available in the breezeway. In each envelope there is a note asking for your envelope number so that you are credited for the donation for tax purpose. Thank you!

**Ndandini Presentation:** September 8 at Seaside Centre from 7:00-9:00 pm. Hosted by the Sunshine Coast Rotary Club. There will be a presentation by Terry Umbach and Peter Laurie (who has recently spent 3 months in Kenya). As long time Contributors to the Ndandini/Kyathani School project, Terry has extended a personal invitation to the members of St. Hilda's.

**Summer Schedule:** Gospel of Thomas and Inner Journey are not meeting during the summer months and will resume in September. Spirited Drumming will meet August 26.

**ACW Thanksgiving Pie Sale on Saturday October 6:** We are asking for donations of Apples and Fruit and for Pie Bakers. Fruits can be left in the church freez-er. Our goal is 180-200 pies. On August 26 you can sign-up for pie plates, Crisco and other pie supplies. For more info please call: Amelia Foster 604-782-1351

### **WIDER CHURCH EVENTS**

**Summer Choral Singing at St. John's:** Wednesdays from 11:00 am -12:00. Come explore the African American Hymnal, plus sing favourites from the regular hymn books. No performances - just singing for fun. Open to all!

**Anglican Spiritual Formation Weekend Retreat:** October 12-14 at YMCA Camp Elphinstone. Brochures with full information are in the breezeway. On-line Registration is open until September 25 <https://tinyurl.com/formation-oct>

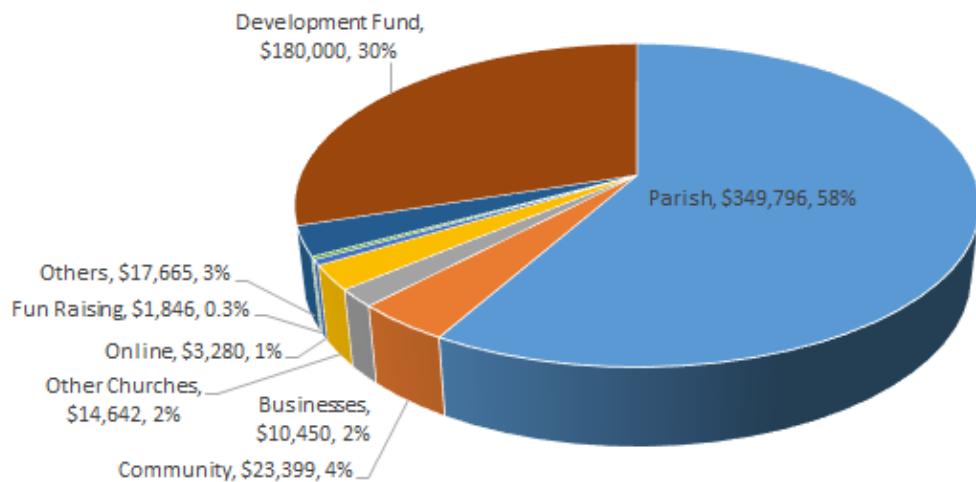
### **The Way of Union: The Metaphysics of Early Christian and Sufi Mysticism**

*A Retreat with Rev Matthew Wright* October 11 - 15 2018 at Cowichan Lake Topics: heart-centered wisdom with us, teaching on the Gospels of Thomas, Mary Magdalene and Philip, as well as the writings of Sufi Masters from Ibn al-Arabi to Jalaluddin Rumi, using meditation, chanting, and embodiment practices to deepen our learning. Visit [www.contemplative.org](http://www.contemplative.org) for more information and to register.

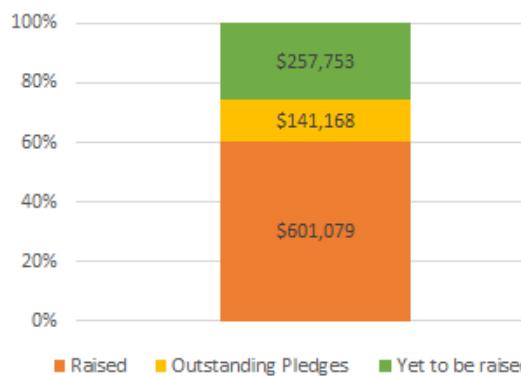
### **COMMUNITY EVENTS**

**The syiyaya Reconciliation Movement:** Saturday August 11 & Saturday August 18 from 10:00 am--2:00 pm at the Sechelt Library, Master weaver Shy Watters will begin her cedar and wool blanket design entitled 'Paddling Together". This blanket is the first big artistic collaboration for the syiyaya Reconciliation Movement. The public is welcome to weave a part of the 'friendship blanket'. This weaving is part of a one year project designed to raise awareness and cultivate dialogue about reconciliation in our community.

### Campaign Total (July 31) \$601,078



Campaign Progress July 31  
(Goal of \$1 million)



Pledge Drive  
Target: 75 out of 100 households



<b>PARISH PRAYER FOR THE WEEK</b>	
<b>St. Hilda's Restoration</b>	Safety of all parishioners & users of church during construction
<b>Anglican Communion</b>	Church of the Province of South East Asia The Most Revd Ng Moon Hing Archbishop of South East Asia & Bishop of West Malaysia
<b>Diocese &amp; Partners</b>	St. Mary, Kerrisdale – The Rev Christine Rowe, The Rev Liz Ruder-Celiz St. Mary the Virgin, South Hill - The Rev Expedito Farinas St. Mary the Virgin, Sapperton – The Rev Armin Amayag  Holy Trinity Mission in Bantry (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr
<b>Local Agencies</b>	Festival of the Written Arts, Hackett Park Arts & Craft Fair
<b>Local Churches</b>	Calvary Chapel
<b>Justice Umbrella</b>	Kenya: students of Kyaithani Cluster Primary Schools
<b>Prayer Requests</b>	Andrew Brien: suitable employment Jenny & Connie: healing from cancer Angela Cote: healing for auto-immune disease Debbie: strength and support Kerry: to wake up from sedation Mark: awaiting hip replacement & job search Allegra Montgomery: healing of broken arm Claire Nelson: undergoing chemo Robert (Annie Webb's brother): healing from cancer Kira Sparrow: healing and strengthening Avery Togyi: undergoing chemo Tracy: suffering depression
<b>Rest in Peace</b>	Hobi
<b>Parish Families</b>	Kevin Rolston, Valerie Ruhe, David & Jeanmarie Rushton Morrie & Sher Sacks, Maggie Scott

Prayer requests are listed for 4 weeks - to extend, please contact the office.

**Readings for August 19, 13<sup>th</sup> Sunday after Pentecost**

1 <sup>st</sup> Reading:	1 Kings 2:10-12, 3:3-14	Reader: Mike Starr
2 <sup>nd</sup> Reading:	Ephesians 5:15-20	Reader: Mike Starr
Psalm 111	Gospel: John 6:51-58	

## St. Hilda's By the Sea Anglican Church

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Rector ..... The Rev Clarence Li ..... rector@sthilda.ca ..... 993-0399  
Deacon ..... The Ven Bruce Morris ..... 885-4797  
Office Administrator ..... Karen Weatherington ..... 885-5019  
Music Director ..... Katherine Hume ..... khpiano@telus.net ..... 885-2069  
Rector's Warden ..... Meg Stevens ..... megstevens@outlook.com ..... 741-4036  
People's Warden ..... Carol Eades ..... 886-9646  
Associate Warden ..... Mike Starr ..... 961-9256  
Treasurer ..... Bob Maxfield ..... 351-2972  
Envelope Secretary ..... Maggie Scott ..... 885-3312

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Week At-a-Glance at St. Hilda's				
<b>Sun 12</b>	8:30 am 10:00 am 11:30 am	Traditional Eucharist Contemporary Family Eucharist Choir Rehearsal	Parish Hall Parish Hall Parish Hall	
<b>Mon 13</b>	3:00 pm	Monday Musings	Annex	
<b>Tues 14</b>	1:00 pm	Celebration of Life - Hildegard Erber	Parish Hall	
<b>Wed 15</b>	8:00 am 2:00 pm	Wisdom Circle Prayer Shawl Ministry	Annex McElroy Home	
<b>Sat 18</b>	11:30 am	Worship Set-up	Parish Hall	
<b>Sun 19</b>	8:30 am 10:00 am 4:00 pm	Traditional Eucharist Contemporary Family Eucharist Communion Service	Parish Hall Parish Hall Christenson Village	