

**REGISTRATION FORM**  
**WELCOMING SILENCE**  
 OCTOBER 2-4, 2020  
 COWICHAN LAKE RESEARCH STATION CONFERENCE  
 CENTRE

This conference will be confirmed in mid September

<p>Name and Address:</p>	<p>Email:</p> <p>Phone:</p> <p>Emergency contact name and phone:</p>
<p>COST \$245. Educational Trusts Fund of the Diocese is providing support of \$70. In this case the registration fee would be \$175/person.</p> <p>A final call on holding this conference will be made mid September.</p> <p>Payment, to secure your registration, will be required between September 7 and 16, 2020.</p> <p>If the retreat goes ahead, registration and refund deadline: September 16, 2020</p>	<p>Please <b>submit the Registration form</b> to sharonrichmond@gmail.com or mail to the church.</p> <p>Payment may be made by: cheque (in the amount of either \$245 or \$175) made out to St Philip's Church, and mailed to the attention of Sharon Richmond St Philip Anglican Church 2928 Eastdowne Road Victoria, BC. V8R 5R8 OR Send an e-transfer to sharonrichmond@gmail.com With the question - What is the name of the retreat? And answer - Welcoming Silence</p>

<p>All rooms are private. Bedding and towels are provided. No private bathrooms.</p> <p>If you have any special requests regarding accommodation (mobility challenges or proximity to washrooms) let us know in the comments section. We cannot guarantee but will do our best to accommodate you.</p>	<p>Please come prepared for the weather with warm clothing. While the rooms are heated, it is a camp with separate buildings for lodging, meeting and meals.</p>
<p>The kitchen is limited to accommodating the following dietary restrictions. Please check all that apply and note if they are preferences or allergies. This must be done at time of registration.</p> <p>If you have a severe allergy, please let us know. You will need to accommodate all other dietary restrictions yourself by supplementing the meals provided with your own food; fridges and microwaves are available for your use.</p>	<p>Vegetarian_____</p> <p>Vegan _____</p> <p>Dairy-free_____</p> <p>Gluten-free _____</p>
<p>If you might like an early October swim, a reminder to bring swim suits if the weather looks promising. Helpful items to bring - indoor shoes/slippers, flashlight, ear plugs, hiking boots, meditation cushion.</p>	<p>Please make your own travel arrangements, carpooling not offered due to social distance requirements. Directions can be found at:  <a href="https://www2.gov.bc.ca/gov/content/sports-culture/recreation/facilities/cowichan-lake-research-station">https://www2.gov.bc.ca/gov/content/sports-culture/recreation/facilities/cowichan-lake-research-station</a></p>

Additional information or comments?	Do you have additional notes or questions on travel?
(For office use) Date of registration:	Payment Received: