

# Holy Trinity Riverbend

## WHAT'S THE BUZZ? HERE'S WHAT'S HAPPENING!

September 6, 2020

**T**his Week's Bible Quote -- *"Surely God is my salvation; I will trust, and will not be afraid, for the LORD GOD is my strength and my might; he has become my salvation" ... Isaiah 12:2*



**S**afety and other protocols: We have been hearing a lot in the news about COVID outbreaks in various locations. For those of you who have not had an opportunity to return to church, **we thought it might be helpful to recap the extensive safety and other protocols we have put in place at HTR** to help keep parishioners as safe as possible. These are:

- Appropriate signage has been placed in the building discussing wearing of

masks, social distancing, hand washing, etc.

- Regular sanitization** of all main contact areas such as door handles.

- We have put a **Contact Tracing** form to be completed by anyone attending services. This will be used by AHS in case of a virus-related issue.

- Sanitized pens** are provided for parishioners to complete the Contact Tracing form, and a 'used pen' jar is present so pens are used only once (and then sanitized after the service).

- We have **hand sanitizer at the entrance to the church, in the restrooms (along with soap) and in the sanctuary.**

- The **priest wears gloves to dispense the host into Dixie cups**, with these being kept on a separate table. All used Dixie cups are disposed of immediately after the service.

- All attendees wear face masks** and are **keeping more than the required social distance** (with the

- exception of families, who are permitted to sit together).**

- For those who forget to bring a face mask, **we offer complimentary masks.**

- Immediately after the service **we sanitize the chairs parishioners have been sitting in.**

- Although we cannot have the congregation singing, we are allowed to have a **soloist. Patti Holmstrom** has been doing this for us during communion. For the other parts of the service, **we have been using prerecorded music.**

- The **Peace** is shared 'in place' through smiles, waves and virtual hugs.

- Parishioners **enter and exit the church following social distancing rules.**

- To **lessen the possibility of transmission of the virus, we use disposable paper cups for getting water from the water cooler.** In addition, **we have discontinued 'coffee time' or sharing of food.**

- All **linens, chalice and paten** are thoroughly

**cleaned after each service.**

-Again, to lessen the possibility of transmission of the virus, we no longer produce the HTR newsletter on paper, but rather, **post a copy each Sunday on the HTR website and send a pdf copy to all parishioners** every Monday morning.

-For those who are unable to attend church at this time **a copy of the sermon and Prayers of the People are emailed to all parishioners** every Sunday.

All in all, as a congregation **we are doing all that we can to help the return to worship be as safe as possible.**

As a congregation, please continue to **keep each other in your prayers.**



## **A Message from Rebecca:**

I'm really happy to announce that virtual Sunday school resumed today! The children had a bit of a break over the summer and now Sarah, Paul, and Alex are ready to lead them in some fun stories and crafts. Starting with today's lesson, and for the next three Sundays, they will be

learning about God's creation, including the forests, wilderness, and rivers. Sounds like lots of fun.

The Church of Sending has begun moving their things from the building in preparation for relocating to their new church home. They have been good tenants and we wish them well in the future.

Next Sunday is going to be very special as we baptize Faye Koome! We had hoped to do this earlier this year but the pandemic put it on hold. The Bishop has given the green light to proceed.

And for those of you wanting to help our Buye brothers and sisters with a medical card, you can send your donation to me via an e-transfer. Some of our parishioners have already done just that so we have a good start to this fundraiser. Thank you! Well, I hope you enjoy this last long weekend as we head into fall. I look forward to hearing from you, with calls, texts, and emails. God bless!

**Buyé Fund Raiser:**  
In 2019, our diocese raised \$5,712 USD for medical cards for our brothers and sisters in Burundi. As all countries grapple with the COVID-19 pandemic, it's even more important that we do it again. Medical coverage is out of reach for most seniors in the Buyé Diocese,

but **our support will help the Buyé Mothers Union to buy and distribute medical cards for only \$5 each, that are good for a full year with 80% coverage.** These cards also help women in need and children under 18. Through the month of September, even though we can't do it over a cup of coffee as we would wish to, **we are taking up a collection dedicated to Buyé medical cards.** 100% of the funds go to the purchase of medical cards. **Please leave your contribution in the basket at the front table in the Narthex.** Thank you for your generosity – you truly are making a difference!



## **I nspirational Thoughts:**

*"If you have made mistakes you may have a fresh start any moment you choose; this thing we call "failure" is not the falling down but the staying down." ... Mary Pickford*

*And*

*"Optimism is essential to achievement and it is also the foundation of courage*

*and true progress." ...  
Nicholas Murray Butler*

**Sermon:** As a reminder, a copy of the Sunday Sermon, and the Prayers of the People, are emailed to our parishioners every Sunday morning. Today's sermon is from Rev. Rebecca and Prayers of the People are courtesy of **Patti Holmstrom.**



**Cleaning and Lawn Mowing:** Through the generosity of an anonymous donor we now have funds for the cleaning of our church. We are **currently looking for someone who can do some light cleaning of the main floor of the church once a week.** The total time required is one hour, or less, and we are **prepared to pay \$30 for this service each week.** We are **also looking for someone to mow the lawn once a week and can offer \$40 for this service.** Please contact Rebecca if you know of anyone who can help us out. Thank you.

## **U** pcoming for next Sunday, September 13, 2020:

Preaching: Rev. Rebecca  
Prayers of the People:  
**Grant Kvemshagen.**

Readings –  
Ex 12:1-14  
Rom 13:8-14  
Mt 18:15-20;

**B**aptism: Baby Faye will be baptized on September 13. Please join us to help celebrate Faye's special day.

**V**irtual Sunday School: Sarah Alexander conducted a survey of all Sunday School parents to find a specific time each week we could offer virtual Sunday School. Based on this input we are **pleased to announce we are re-starting Virtual Sunday School on September 6 from (9:00 a.m. to approx.9:30 a.m.).** Parents, if you have not already replied to Sarah's email which was sent out earlier, please let her know if you and your children wish to participate so she can arrange to have the activity kits delivered to you. We are also including (courtesy of the Diocese of Chelmsford), an **additional series of activities for younger and older children.** Please see the

end of the newsletter to view the material you will need as well as the lesson.



**V**estry –  
Steve Johnson  
Rector's Warden  
Suzanne Pearson –  
People's Warden  
Grant Kvemshagen –  
Treasurer  
Sarah Alexander – Music Director  
Maureen Bantle  
Vince Tejada

**R**eminder: If you are unable to return to church at HTR at this time, you have many options available to participate in virtual worship. Two of these are:

**-Holy Trinity Anglican Church in Strathcona live streams a service on Sundays at 10:30 a.m.**  
<https://www.facebook.com/holytrinityanglican/>  
(Note: This particular service is also simulcast on YouTube).

**-St. John the Evangelist** also broadcasts their service. It can be viewed by going to their web page, and on the opening page, scroll down to 'Click here

for home worship  
resources' and hit enter.  
<https://www.sjchurch.ca/>

**C**lergy:  
Rev. Rebecca Harris  
Priest-in-Charge  
[rebecca.harris@telus.net](mailto:rebecca.harris@telus.net)  
Ph: 780-431-1817

Rev. Dr. Elisabeth  
Thompson – Honorary  
Assistant

**C**hurch details: Holy  
Trinity Riverbend  
1428- 156 St. NW  
Edmonton, AB  
T6R – 2S1  
Website:  
[www.Holytrinityriverbend.com](http://www.Holytrinityriverbend.com)

**Worship takes place each  
Sunday, starting at 10:00  
a.m. Please join us and help  
us praise the Lord.**

**See the next page for  
Children's lessons and  
activities.**

# Together @ Home

Lectionary Edition  
Sunday 6<sup>th</sup> September  
Second Sunday of  
Kingdomtide

Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.



## Bible Passage

Today we will be exploring together, the story of Passover.

You can find it in your Bible in:

**Exodus 12:1-14**

Read the story together – choose a Bible translation or children’s story version which best suits your group.

## The other passages we will be thinking about at church this week are:

- Psalm 149
- Ezekiel 33:7-11 and Psalm 119:33-40
- Romans 13:8-14
- Matthew 18:15-20

## A prayer to say together

Dear God,  
Thank you for the story of Passover, the night when you led your people out of slavery in Egypt. We thank you that you still protect and save us today.

We thank you for Jesus who was led like an innocent lamb to death for us. We thank you that because Jesus’ blood was shed our sins can be forgiven and we will not be punished but will be your friends forever.

We pray for all our friends and family who don’t know yet know you as their friend that they would respond to the Good News about Jesus.

Amen.

## Discussion

### A question for adults to ask children

*What was the sign for God that He should pass over a house?*

The blood on the doorframe was a sign to God that He should pass over and not harm the people who lived there. In the Old Testament (the part of the Bible before Jesus arrived) we see many examples of a blood sacrifice being made to ask God for forgiveness. When Jesus died he was the ultimate Passover lamb, his blood was shed so that we can be forgiven and protected from the punishment that we deserve forever. Passover festival continued to be celebrated by God’s people to remind them of this part of their story, in fact it was being marked the week that Jesus died.

### Some questions for children to ask adults

*Can you think of a time when God helped to bring you out of a difficult situation?*

## Family Activity 1

Pharaoh really did not want to let God’s people leave Egypt even though Moses repeatedly asked on God’s behalf. Each time Pharaoh said no, God sent a plague against the people of Egypt. The death of the first born was the final plague, when his eldest son died Pharaoh finally called for Moses and told him that Gods people could leave Egypt.

Play “Escape from Egypt” the game which you can find on page 3, you will need a dice and counters to mark your progress. If you don’t have access to a printer why not make your own giant game by laying out pieces of paper and writing the instructions on them, you could be the counters and make your way around the board!





## A verse to remember

Exodus 12 v 14

You are always to remember this day and celebrate it with a feast to the Lord.

The Passover feast was not something that God's people did once and never again, they celebrated it every year as a reminder of what God had done to save them from the Egyptians. During Passover the story of how God brought them out of Egypt is told, traditionally the story is told not as something as which happened in the past but brought to life so that all those listening feel like they were there and that they too have been brought out of slavery. The Passover meal is multi-sensory with different activities and tastes used to help bring the story to life. Jewish families still celebrate Passover today and some Christians too. Perhaps you could think of a way to bring the story of Jesus to life in a multi-sensory way to share with others.

Try to learn this verse together, you could come up with some actions to help you remember it or decorate the verse on a piece of paper or card together and put it up somewhere to remind you of it through the week.

### Active Prayer

*You will need: post it notes or paper/Sellotape/Blu tack*

Spend some time writing or drawing on the post it notes some of the many promises of God or words that describe how God feels towards us. e.g. loving, kind, generous, forgiving.

Carefully work together to stick all the words around a door frame in your home. Remember the blood that God's people put on their door frames.

Thank God that he is our covering and protection. Challenge everybody that this week, every time you pass through the doorframe, you pause and say a thank you prayer to God for all his promises and goodness.



### Family Activity 2

Why not hold your own thank you meal together? Plan a meal which you can all share – each person should bring and share a story about something that God has done for them or something they know about God's love for them.

Work together to plan a menu that reminds you of who God is and his love for us. Here are some ideas which you could include...

#### Grape Juice or Blackcurrant Squash

As you pour the drinks you could talk about the wine we have at communion which represents Jesus' blood. Together you could think about the sacrifice that Jesus made for us on the cross.



#### Something bitter

In the Passover meal bitter herbs are tasted as a reminder of difficult times. Why not challenge everybody to try something that they don't like the taste of before you eat the nice bit of the meal, you could share about a time when you faced a challenge but God brought you through.

#### Birthday Cake

Why not finish with a celebration pudding, talk about the things we celebrate and mark every year. What do we do each year to remember the Good News of Jesus?

# Escape from Egypt !!!

**WARNING BLOOD!**

**START**

2

3 Remember to remove your sandals forward 2!

4

5

6 Turn your staff into a snake! Slide on ahead to space 11!

7

8 Accidentally drink water from the Nile! Miss a turn!

9 Feeling Itchy? You might have lice go back 2!

10

11

12 Avoid the frogs - hop forward 3!

13

14 Swallow a fly go back 3!

15

16 Your cow feels sick go back 4!

17

18

19

20 There's a ball on your nose go back 2!

21

22 You're stuck in the hail storm! Roll a 3 or a 5 to move forward!

23

24

25 You point your door frame with blood! Roll again!

26

27

**FINISH**

**A colouring page you could print and colour together**

## Exodus 12 v 14

You are always to remember this day and celebrate it with a feast to the Lord.





