

SMALL GROUP APPLICATION

Goal

Identify situations in which we need to depend on God and ask for His help

Talk with students about putting into practice the Bible truths discovered in this lesson. Use these **discussion questions** as you lead students to complete one of the activities on the following pages. Conclude the activity with the Life Application Challenge below.

- What does God promise to do in [Psalm 57:1-3,10](#)? What are some ways God has proved we can depend on Him?
- When do kids your age need to depend on God's security?
- What are some ways we can show we are depending on God?
- Why do some people choose not to depend on God?
- What can you do to remind yourself to depend on God when you need His help?
- How might God use other people to help you in situations when you feel worried or hopeless?
- How can depending on God give you a feeling of security as you think about your life now and in the future?

Life Application Challenge

You can talk to God about every situation you face. He promises to always be with you and love you. What action will you take this week to remind yourself to depend on God and talk to Him in every situation? Lead students in reading [Psalm 57:1-3,10](#) as a prayer.