

# TRIGGERED

## Part 1 - Living Beyond Offence

What triggers you? Have you ever wondered why certain things seem to offend you so easily? It happens to all of us, but there's a major key that we can focus on to help us live a life beyond offence.

**Scripture:** John 3:16, Luke 15:17-24

### Discussion Questions

1. Do you think our culture, in general, is one where people are easily offended? Why or why not? Where do you observe this (If you do)? How is it expressed by different people?
2. Read John 3:16. Talk about this verse. It is a very famous verse. Why do you think it became so popular? What are some of the most important themes/messages in it? If you spend some time really thinking about it, are there any parts of this verse that you think really challenge the way you think?
3. Read Luke 15:17-24. (Either read or have someone summarize the first part of the story). What is the son's plan to return home? How does his father react to his return? What does the reaction of the father tell us about God's essence? Orientation towards the world? Relationship to 'sinners'?
4. Describe how you imagine the son would feel being received in this way. Have you ever felt those same feelings?
5. What offends you most easily? Are there insecurities that are uncovered when you think about how those areas of your life are easily offendable? How can receiving our status as a daughter/son of God help to give us a stronger identity or sense of self?