

# The Anglican Parish of Holy Cross

2828 - 19 St NW, Calgary, AB T2M 3V8 ~ Telephone: 403-289-8497

Email: [office@holycrosscalgary.org](mailto:office@holycrosscalgary.org)

Website: [www.holycrosscalgary.org](http://www.holycrosscalgary.org)

[www.facebook.com/holycrosscalgary](http://www.facebook.com/holycrosscalgary)

[www.twitter.com/holycrosschrch](http://www.twitter.com/holycrosschrch)

## Happenings around Holy Cross ~ February 2020

### From the Rector's Desk: The Rev. Dr. Kyle Norman

I find parish prayer lists very important. When the parish prays the list of names from the bulletin, this corporate act of prayer is not just important, I believe it is powerful. I think it is also a wonderful testimony to the strength of community. When this community says that we will pray for you, we mean it. We will lift your name in prayer, asking God to heal you, protect you, guide you, or bless you. When we pray the prayer list, we are saying that we believe that God hears our prayers and acts within them. Nevertheless, we do want the prayer list to reflect the present needs of the parish. There should be a sense of movement, a sense of newness to the prayer list. This sense of freshness brings the recognition God does answer prayer; guidance does occur, blessings are given, strength is provided.

Every once in a while, people have questions about how our prayer list is 'managed', particularly in terms of how names are added/removed from the list. Thus, I thought it would be good to take the time and mention a few things.

Firstly, anyone can be on the prayer list. If you would like your name included, simply talk to any of the clergy, or call the office. Now, if you want to place someone on the prayer list, we do need his or her permission to do so. Beyond any legal issues tied to the Freedom of Information Act, this is ultimately about respect. Before you come to the church office to add a name to the prayer list, make sure you call the individual. Ask them if you could place them on the prayer list. Not only does this inform the individual that Holy Cross will be praying for them, but also it may provide the opportunity for a deeper conversation between you and your friend/family member. Have courage! I have rarely seen anyone turn down such an opportunity.

Secondly, names will be written in the bulletin for four weeks, approximately one month. As I mentioned above, we want the prayer list to reflect the present needs of the community. A prayer list is not meant for someone to be placed on, and to never come off. One month is a good time frame to pray for those who have requested prayer. Without an established period, prayer lists always run the risks of devolving into an overly long list of names which the congregation reads, but does not pray for.

Now, I know there is a concern over arbitrarily removing people from the prayer list. If after four weeks, you (or the person you requested) wish to remain on the parish list, you can request that he or she continues on the list for another four weeks. We want to pray for people who desire to be prayed for. Ultimately, this is about communication. Also, this four-week period provides a wonderful opportunity for you to check with people.

If you have asked to have your name placed on the list, we want to know how you are doing – and how God is answering the prayer in your life. If you have asked for someone else to be placed on the prayer (with adequate permission), this gives you the ability to call that person again, and ask how things are going in his/her life, and if she/he wants us to continue.

Ultimately, as prayer is an ongoing conversation with the Lord, our prayer list also amounts to a prayerful conversation. Having a defined amount of time that someone is placed on the prayer list is fundamentally about establishing this ongoing conversation with those for whom we are praying in our community. It provides opportunity for check-in, and, I hope, an opportunity to hear how God is answering our prayers.

**St. Edmund's food bank** is our mission drive for February, March, and April. Please remember to bring a non-perishable food item and place it in the wooden box in the narthex when you come for worship!



**ACW meeting:** on February 2, following the coffee time after the 10:00 AM service, guest speaker Alex Ruelle will talk to us about a list of things we should have in case of emergency, or if we should get sick. I'm sure there will be some very interesting facts, so please all women come and join us.



**Shrove Tuesday pancake supper:** on February 25 at 5:30 PM in the lower hall with plenty of sausages and pancakes to eat up. The cost is \$7.00 per person, so please come out and join us for some great food and fellowship. There will be a sign up sheet posted in the narthex so we know numbers.

Speak to Lisa at 403-399-2315 or email [holycrossacw@gmail.com](mailto:holycrossacw@gmail.com) if you have any questions regarding either of these

**Ash Wednesday** is February 26. Our Holy Eucharist and Imposition of the Ashes services will be at 9:30 AM and 7:00 PM. Please bring last year's palm crosses and place them in the basket on the table in the narthex prior to then. Easter Sunday is April 12.



J	U	I	T	Y	E	N	R	U	O	J	T	A	B
C	F	R	A	N	K	I	N	C	E	N	S	E	A
A	G	C	A	S	P	A	R	O	I	N	A	I	S
M	N	L	N	O	N	S	A	R	H	A	I	E	S
E	I	E	S	I	A	R	P	R	A	A	P	I	E
L	L	A	G	L	A	N	O	I	N	T	E	D	N
S	A	E	G	O	L	D	O	P	I	L	S	J	I
L	E	O	A	H	I	R	R	D	I	H	A	I	L
I	H	E	L	C	N	Y	I	S	H	N	A	B	O
G	P	A	N	C	A	K	E	S	U	R	E	A	H
H	D	D	E	L	A	G	N	I	K	S	R	B	C
T	A	G	I	R	B	N	T	Y	A	B	E	Y	N
T	P	O	K	I	W	I	S	E	N	I	S	J	M
H	B	A	L	T	H	A	Z	A	R	A	O	I	I

Use the following vocabulary list to find the words hidden in the puzzle - they may be horizontal, vertical, or diagonal. They are all about the season of Epiphany which began on January 6 and ends on Tuesday, February 25, when we mark the day with a special supper at Holy Cross.

ANOINTED	HAIL	LIGHT
BABY	HARK	MYRRH
BALTHAZAR	HEALING	ORIENT
CAMELS	HOLINESS	PANCAKES
CASPAR	JESUS	PRAISE
FRANKINCENSE	JOURNEY	STAR
GOLD	KING	WISE

**Curate's Corner: The Rev. Dr. Carmen Maier**

Once again, for a little while longer, we are in my favourite church season: Ordinary Time! What is so great about Ordinary Time? We can settle into our normal rhythms of life refreshed, without as many distractions, and we can integrate into our lives the joys, and perhaps sorrows, perhaps new perspectives or even commitments that we made during Christmastide and Epiphanytide. We can get into a good groove with life and practice being healthy in every way. It's like the training wheels are off, and we can test out how we can ride!

Don't worry, Lent is on its way! The beauty of the Christian calendar is that there are always times of reflection built in for us to see how we are doing and to be renewed once again. But for a while, it's good just to enjoy the ride, to be open to what is presented to us in the ordinary, to behold the goodness of life coloured with salvation promise.

What are the things you most enjoy and are grateful for in your ordinary life? Take some time to thank God for all the blessings in the ordinary. It really is quite extraordinary, isn't it?

**Book Club: "The Christmas Remedy" by Cindy Woodsmall and Erin Woodsmall**

Cindy Woodsmall is the award winning and best-selling author of twenty fiction and non-fiction books. She lives outside of Atlanta with her husband and close to her children and grandchildren. Erin Woodsmall is Cindy's daughter-in-law and also lives in the Atlanta area and when not writing is a musician, wife and mother of three children. The duo has been working together for over a decade and has published three books.

Holly Noelle Zook works as a pharmacy technician at Greene's Pharmacy in Pennsylvania and is studying for admission to nursing school. This is an unusual profession for Amish women but Holly is willing to give up having a husband and children to bring better health care to her Amish community. Then Joshua Smucker a boy from past returns and they discover her boss Pharmacist Lyle Greene collapsed on the floor of the pharmacy from a stroke. Lyle's son, Brandon returns from school where he is studying to be a pharmacist to help in the pharmacy during his father's recovery. Brandon and his father don't have the best relationship and he plans on returning to the big city once he passes the final pharmacist exam. This is when things take a turn for the worse and the fate of Greene's Pharmacy is in jeopardy. Holly, Joshua, Brandon and Lyle have six weeks to solve the mystery of missing prescriptions and patient to prevent the pharmacy from being closed forever. Will they solve the mystery in time? Will Brandon returns to the big city? Is there a future for Holly and Joshua?

The book club thought this was a perfect book for the busy Christmas season and reminded us of an Amish Hallmark movie with a touch of mystery. Some remembered memories of their grandfather in a similar situation as a doctor. Others enjoyed learning about the Amish and their customs. It took a while to get into but then we couldn't put it down and didn't want it to end. The book club would recommend this book to teenagers, women and men.

Respectfully submitted by Jennifer Berwanger

Please submit articles for the **March newsletter** by February 15.

Communication addressed to you from the office or fellow parishioners is placed in the mail cubby slots in the narthex, so please check here when you come for worship.

**Check out our website:** [www.holycrosscalgary.org](http://www.holycrosscalgary.org). We are also on Facebook and Twitter.

**Going to the hospital?** Please identify your religion as Anglican as this places your name on the Anglican list at Spiritual Care Services. Please let the church office know if you are in hospital. If you do not inform the office or the clergy, we will not know that either you or your loved one is in the hospital.

**coldest  
\*night**

it's cold out there  
feb. 22, 2020  
#cnoy20

**It's cold out there!** The Coldest Night of the Year is a family-friendly walk organized by The Mustard Seed that raises money for charities serving hungry, homeless, and hurting people in our community. This year's walk is on February 22, 2020. For more information, go to <https://cnoy.org/location/calgaryeast>.

**Need to reach Rev. Kyle?** Given that each member of the Norman family has his/her own personal cell-phone, the Norman family has decided to give up their home land-line. Starting on February 15th, you will be unable to reach Rev. Kyle at the previous home phone number; please call his cell phone: (403) 852-4699.

*Rejoice and be glad, for your reward is great in heaven. (Matthew 5:12)*

**Lectio Divina:** on Tuesday, February 11 at 6:30 PM in the St. Michael room. Lectio Divina, i.e. divine reading, is a practice deeply rooted in Christian history. In Lectio Divina, we sit with a Biblical text for the purpose of discerning the voice of Jesus as He speaks into our lives. For more information, please speak to Rev. Kyle.

# February 2020

February 2020							March 2020						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8	1	2	3	4	5	6	7
9	10	11	12	13	14	15	8	9	10	11	12	13	14
16	17	18	19	20	21	22	15	16	17	18	19	20	21
23	24	25	26	27	28	29	22	23	24	25	26	27	28
							29	30	31				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jan 26	27	28	29	30	31	Feb 1
<ul style="list-style-type: none"> <li>8:00am Holy Eucharist</li> <li>10:00am Holy Eucharist</li> <li>12:00pm ACW</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>1:30pm Craft &amp; Quilt</li> <li>7:00pm Book Study</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>7:00pm Tone Chimes</li> <li>7:30pm GTAA</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Holy Eucharist</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>7:00pm Choir Practice</li> <li>7:30pm AA</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> </ul>	<ul style="list-style-type: none"> <li>8</li> </ul>
2	3	4	5	6	7	8
<ul style="list-style-type: none"> <li>8:00am Holy Eucharist</li> <li>10:00am Holy Eucharist</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>10:00am PDWA</li> <li>1:30pm Craft &amp; Quilt</li> <li>7:00pm Book Club</li> <li>7:00pm Book Study</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>6:30pm Lectio Divina</li> <li>7:00pm Tone Chimes</li> <li>7:30pm GTAA</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Holy Eucharist</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>7:00pm Choir Practice</li> <li>7:30pm AA</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>5:30pm Taize</li> </ul>	<ul style="list-style-type: none"> <li>15</li> <li>Newsletter deadline</li> </ul>
9	10	11	12	13	14	15
<ul style="list-style-type: none"> <li>8:00am Holy Eucharist</li> <li>10:00am Holy Eucharist</li> </ul>	<ul style="list-style-type: none"> <li>Family Day</li> <li>2:00pm H of Newport</li> <li>6:30pm Craft &amp; Stitch</li> <li>7:00pm Book Study</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>7:00pm Tone Chimes</li> <li>7:30pm GTAA</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Holy Eucharist</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>7:00pm Choir Practice</li> <li>7:30pm AA</li> <li>7:30pm Scouts (library)</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> </ul>	<ul style="list-style-type: none"> <li>22</li> </ul>
16	17	18	19	20	21	22
<ul style="list-style-type: none"> <li>8:00am Holy Eucharist</li> <li>10:00am Holy Eucharist</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>1:30pm Craft &amp; Quilt</li> <li>7:00pm Book Study</li> </ul>	<ul style="list-style-type: none"> <li>Shrove Tuesday</li> <li>9:30am Morning Prayer</li> <li>10:15am Fanning Centre</li> <li>5:30pm Pancake supper</li> <li>7:00pm Tone Chimes</li> <li>7:30pm GTAA</li> </ul>	<ul style="list-style-type: none"> <li>Ash Wednesday</li> <li>9:15am Statesman</li> <li>9:30am &amp; 7:00pm Holy Eucharist &amp; Imposition of Ashes</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> <li>10:00am Boardwalk</li> <li>7:00pm Choir Practice</li> <li>7:30pm AA</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Prayer</li> </ul>	<ul style="list-style-type: none"> <li>29</li> <li>4:00pm Scout BP dinner</li> </ul>
23	24	25	26	27	28	29