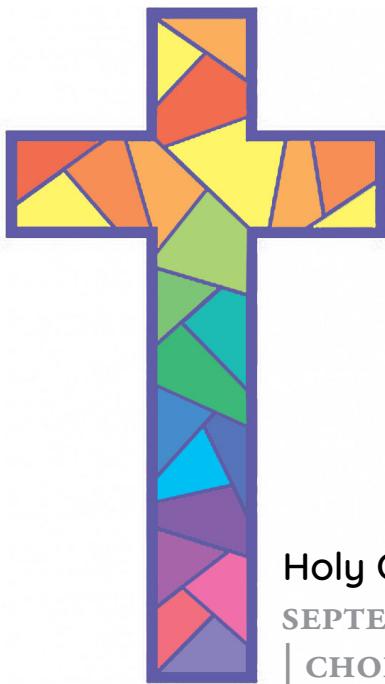




CHRIST CHURCH CATHEDRAL

Vancouver, BC · Open Doors, Open Hearts, Open Minds



Holy Cross Day (transferred) with Baptism

SEPTEMBER 13, 2020

| CHORAL EUCHARIST | 10:30AM

CATHEDRAL VISION | We envision a Cathedral which is radically inclusive, restlessly inquisitive, intentional, and inspired. This is a place that is called to lead and to serve, in communion and in community, with healing, reconciliation, and love, living out Christian mission. Together, we look to the power of Christ for the transformation of each person, this city, and the world. We recognize our history and traditions, while seeking renewal and growth. Curious and adaptable, this chorus has room for all voices. Whoever you are, wherever you come from, whomever you love, and regardless of what you may bring or are searching for, you are welcome here.



WELCOME!

Thank you for joining the Christ Church Cathedral community in-person and online for worship during *Holy Cross Day (transferred) with Baptism*.

This service takes place on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please visit our website at thecathedral.ca.

CATHEDRAL SERVICES & DAILY READINGS

MONDAY, SEPTEMBER 14

Holy Cross Day

Daily Readings • Numbers 21:4b-9;
Psalm 98:1-6; John 3:13-17

TUESDAY, SEPTEMBER 15

Feria

Daily Readings • 1 Corinthians 12:12-14, 27-31;
Psalm 100; Luke 7:11-17

WEDNESDAY, SEPTEMBER 16

Ninian, Bishop in Galloway, c. 430

Daily Readings • Romans 10:14-17;
Matthew 28:16-20

THURSDAY, SEPTEMBER 17

Feria

Daily Readings • 1 Corinthians 15:1-11;
Psalm 118:14-29; Luke 7:36-50

FRIDAY, SEPTEMBER 18

*Founders, Benefactors, & Missionaries
of the Anglican Church of Canada*

Daily Readings • Hebrews 11:32-35, 39-12:2;
Psalm 89:1-4; John 4:32-38

SATURDAY, SEPTEMBER 19

*Theodore of Tarsus,
Archbishop of Canterbury, 690*

Daily Readings • 1 Corinthians 10:14-22;
Psalm 116:10-17; Luke 6:43-49

SUNDAY, SEPTEMBER 20

The Sixteenth Sunday after Pentecost

Pre-Registration via Eventbrite
for all In-Person services.

Please go to the [Worship this Sunday page](#)
[on the Cathedral's website](#) for the links.

8AM Holy Communion | In-Person
Officiant & Preacher:
The Rev. Marnie Peterson

10:30AM Sung Eucharist | In-Person & Livestream
Presider: Dean Christopher A. Pappas
Preacher: The Rev. Marnie Peterson
Music: Cantor & Rupert Lang, *organist*
ASL interpretation provided

5:30PM St. Brigid's Eucharist | In-Person & Livestream
Presider: The Rev. Helen Dunn
Preacher: The Rev. Jeffrey Preiss
Music: Ben Dobyns, *pianist*

8PM The Service of Compline | In-Person
Officiant: Dean Christopher A. Pappas
Music: Schola Quartet | Women's Voices
Daily Readings • Exodus 16:2-15;

Psalm 105:1-6, 37-45;
Philippians 1:21-30;
Matthew 20:1-16

10:30am Choral Eucharist

THE BOOK of ALTERNATIVE SERVICES

Gathering of the Community

Introit

Kyrie (from the *Berliner Mass*)

Arvo Pärt

Presider

In this time and place,
we gather on the unceded ancestral lands
of the Musqueam, Squamish and Tsleil-Waututh Nations.

All

From many places and peoples we come to this house of prayer.

Presider

In this time and place,
We meet in the presence of the living God.

All

The living God who creates us and all that is.

Presider

In this time and place,
The risen Christ stands in our midst.

All

The risen Christ who accompanies us and all people.

Presider

In this time and place,
God's Holy Spirit breathes in and through us.

All

The Holy Spirit who transforms us and all life.

Presider

In this time and place,
Together, one people of God.

All

**In the name of God, Source of all being,
Eternal Word and Holy Spirit. Amen.**

Opening Hymn

We Sing the Praise of Him Who Died

Text: Thomas Kelly (1769–1855), alt.;
Music: William Gardiner (1770–1853); FULDA

1. We sing the praise of him who died,
of him who died upon the cross.
The sinner's hope let flesh deride;
for this we count the world but loss.
2. Inscribed upon the cross we see
in shining letters, "God is love."
He bears our sins upon the tree;
he brings us mercy from above.
3. The cross—it takes our guilt away;
it holds the fainting spirit up;
it cheers with hope the gloomy day,
and sweetens every bitter cup;
4. it makes the coward spirit brave,
and nerves the feeble arm for fight;
it takes the terror from the grave,
and gilds the bed of death with light;
5. the balm of life, the cure of woe,
the measure and the pledge of love,
the sinner's refuge here below,
the angel's theme in heaven above.

*Collect
Presider*

Let us pray (*silence*)

All

Almighty God,
whose Son our Saviour Jesus Christ
was lifted high upon the cross
that he might draw the whole world to himself,
may we who rejoice in the mystery of our redemption,
have grace to take up our cross and follow him,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

Proclamation of the Word

First Reading

Numbers 21:4b-9

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Canticle

The Beatitudes

Arvo Pärt

Second Reading

1 Corinthians 1:18-24

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Sequence Alleluias

Taizé

Al - le - lu - ia, al - le - lu - ia, al - le - lu - -
ia, Al - le - lu - ia, al - le - lu - ia, al - le - lu - - - ia!

Cantor Far be it from me to glory
except in the cross of our Lord Jesus Christ.

All Alleluias

Deacon

The Lord be with you.

All

And also with you.

Deacon

The Holy Gospel of our Lord Jesus Christ according to John .

Before the Gospel

Glory to you, Lord Jesus Christ.

Gospel

John 3:13-17

Deacon

The Gospel of Christ.

After the Gospel

Praise to you, Lord Jesus Christ.

All Reprise Alleluias

Sermon

The Rev. Helen Dunn

Silence for Reflection

Presentation & Examination of the Candidate

Presider

The candidate for Holy Baptism will now be presented.

Presenters

I present Micah to receive the sacrament of baptism.

Then the Presider asks the following questions of the parents & sponsors

Presider

Will you be responsible for seeing that the child you present
is nurtured in the faith and life of the Christian community?

Answer

I will, with God's help.

Presider

Will you by your prayers and witness
help this child to grow into the full stature of Christ?

Answer

I will, with God's help.

Presider

Do you renounce Satan
and all the spiritual forces of wickedness that rebel against God?

Answer

I renounce them.

Presider

Do you renounce the evil powers of this world
which corrupt and destroy the creatures of God?

Answer

I renounce them.

Presider

Do you renounce all sinful desires that draw you from the love of God?

Answer

I renounce them.

Presider

Do you turn to Jesus Christ and accept him as your Saviour?

Answer

I do.

Presider

Do you put your whole trust in his grace and love?

Answer

I do.

Presider

Do you promise to obey him as your Lord?

Answer

I do.

After the candidate has been presented, the Presider addresses the congregation:

Will you who witness these vows do all in your power
to support Micah in his life in Christ?

All

We will.

Prayers for the Candidate

Presider

Let us now pray for Micah
who is to receive the sacrament of new birth.

Deacon

Deliver him, O Lord, from the way of sin and death.

All

Lord, hear our prayer.

Deacon Open his heart to your grace and truth.
All **Lord, hear our prayer.**

Deacon Fill him with your holy and life-giving Spirit.
All **Lord, hear our prayer.**

Deacon Teach him to love others in the power of the Spirit.
All **Lord, hear our prayer.**

Deacon Send him into the world in witness to your love.
All **Lord, hear our prayer.**

Deacon Bring him to the fullness of your peace and glory.
All **Lord, hear our prayer.**

Deacon Grant, O Lord, that all who are baptized
into the death of Jesus Christ your Son
may live in the power of his resurrection
and look for him to come again in glory;
who lives and reigns now and for ever.
All **Amen.**

The Celebration of Baptism

Thanksgiving over the Water
The Presider blesses the water:

Presider The Lord be with you
All And also with you.

Presider Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Presider We give you thanks, almighty God and Father,
for by the gift of water you nourish and sustain all living things.
All **Blessed be God for ever.**

Presider We give you thanks that through the waters of the Red Sea,
you led your people out of slavery to freedom in the promised land.
All **Blessed be God for ever.**

Presider We give you thanks for sending your Son Jesus.
For us he was baptized by John in the river Jordan.
For us he was anointed as Christ by your Holy Spirit.
For us he suffered the baptism of his own death and resurrection,
setting us free from the bondage of sin and death,
and opening to us the joy and freedom of everlasting life.
All **Blessed be God for ever.**

Presider

We give you thanks for your Holy Spirit who teaches us and leads us into all truth, filling us with his gifts so that we might proclaim the gospel to all nations and serve you as a royal priesthood.

All

Blessed be God for ever.

Presider

We give you thanks for you have called Micah to new life through the waters of baptism.

Now sanctify this water, that your servants who are washed in it may be made one with Christ in his death and resurrection, to be cleansed and delivered from all sin.

Anoint them with your Holy Spirit and bring them to new birth in the family of your Church, that they may become inheritors of your glorious kingdom.

We give you praise and honour and worship through your Son Jesus Christ our Lord, in the unity of the Holy Spirit, now and for ever.

All

Blessed are you, our strength and song, and our salvation.

Presider

Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

The Baptismal Covenant

Presider

Do you believe in God the Father?

All

I believe in God, the Father almighty, creator of heaven and earth.

Presider

Do you believe in Jesus Christ, the Son of God?

All

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Presider

Do you believe in God the Holy Spirit?

All

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Presider

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

All

I will, with God's help.

Presider

Will you persevere in resisting evil and, whenever you fall into sin, repent and return to the Lord?

All

I will, with God's help.

Presider Will you proclaim by word and example the good news of God in Christ?
All I will, with God's help.

Presider Will you seek and serve Christ in all persons, loving your neighbour as yourself?
All I will, with God's help.

Presider Will you strive for justice and peace among all people,
and respect the dignity of every human being?
All I will, with God's help.

Presider Will you strive to safeguard the integrity of God's creation,
and respect, sustain and renew the life of the Earth?
All I will, with God's help.

The Baptism

The candidate is presented to the Presider.

Presider Micah, I baptize you in the name of the Father,
and of the Son, and of the Holy Spirit.
All Amen.

Using chrism, the Presider makes the sign of the cross on the forehead, saying:

I sign you with the cross, and mark you as Christ's own for ever.

The Presider prays over the newly baptized, saying:

Heavenly Father,
we thank you that by water and the Holy Spirit
you have bestowed upon this your servant the forgiveness of sin,
and have raised him to the new life of grace.
Sustain him, O Lord, in your Holy Spirit.
Give him an inquiring and a discerning heart,
the courage to will and to persevere,
a spirit to know and to love you,
and the gift of joy and wonder in all your works.

All Amen.

The Giving of the Light

The Presider then gives to the newly baptized a lighted candle, saying:

Receive the light of Christ,
to show that you have passed from darkness to light.

When the newly baptized has received a candle, the people say:

All Let your light so shine before others
that they may see your good works
and glorify your Father in heaven.

Presider Let us welcome the newly baptized.

All We receive you into the household of God.
Confess the faith of Christ crucified,
proclaim his resurrection,
and share with us in his eternal priesthood.

The Peace

Presider May the peace of the Lord be always with you.
All And also with you.

We welcome Micah Simbarashe Hennen Tugwete baptized today into the community of the risen Christ.

Celebration of the Eucharist

The Offertory

You are invited to make a financial offering to further God's mission through the work of the church by texting "Give" to 639.739.0843 and following the instructions; or by clicking on this link www.thecathedral.ca/donate. Tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts matter and together with the bread and wine they are presented in spirit at the Altar as a sign of thanksgiving to God from whom all blessings flow.

If you are participating in this worship from another church please give generously to your local parish.

Offertory Hymn

Lift High the Cross (*CP 602*)

Text: Refrain George William Kitchin (1827–1912);
 st. 1–4 Shirley Erena Murray (1931–), alt.;
 Music: Sydney Hugo Nicholson (1875–1947); CRUCIFER

Lift high the cross, the love of Christ pro - claim till
 all the world a - dore his sa - cred name!

1 Come, Chris - tian peo - ple, sing - your prais - es, shout! If
 2 Je - sus, you wept to see our hu - man strife: teach
 3 Peace was your plea, and peace your lov - ing theme: let
 4 Worlds to be born and chil - dren yet to be, come,
To refrain

we are si - lent, e - ven stones cry out.
 us com - pas - sion for each hu - man life.
 peace be our pass - port, peace a liv - ing dream.
 take up this song in - to e - ter - ni - ty.

Prayer over the Gifts

Presider

All

Merciful God,
 through the death of your beloved Son
 you transformed an instrument of shame
 into a sign of hope and glory.
 Receive all we offer you this day,
 and renew in us the mystery of his love;
 through the same Jesus Christ, the Lord of glory. Amen.

The Great Thanksgiving

Presider

All

Presider

All

Presider

All

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to offer thanks and praise.

Presider

Holy God, Lover of creation,
we give you thanks and praise for in the ocean of your steadfast love
you bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth,
you do not abandon us.

Your Spirit speaks through Huldah and Micah,
through prophets, sages, and saints in every age,
to confront our sin and reveal the vision of your new creation.

Joining in the song of the universe we proclaim your glory singing:

Sanctus

Berliner Mass

Arvo Pärt

Presider

Gracious God, in the fullness of time
you sent Jesus the Christ to share our fragile humanity.
Through Jesus' life, death, and resurrection
you open the path from brokenness to health,
from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life,
Jesus knew death was near.
His head anointed for burial by an unknown woman,
Jesus gathered together those who loved him.
He took bread, gave thanks to you, broke it and gave it to his friends,
saying, "Take and eat: this is my body which is given for you.
Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said
"Drink this all of you, this is my blood of the new covenant
which is shed for you and for many.
Whenever you drink it, do this for the remembrance of me."
And now we gather at this table in response to his commandment,
to share the bread and cup of Christ's undying love, and to proclaim our faith.

All

Christ has died.

Christ is risen.

Christ will come again.

Presider

Breathe your Holy Spirit, the wisdom of the universe,
upon these gifts that we bring to you:
this bread, this cup, ourselves, our souls and bodies,
that we may be signs of your love for all the world
and ministers of your transforming purpose.
Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit, all glory is yours,
Creator of all, and we bless your holy name for ever.

All

Amen.

The Lord's Prayer

Presider

All

As our Saviour taught us, let us pray,
Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

The Breaking of the Bread

Presider

All

Presider

All

Behold what you are, the Body of Christ.

May we become what we receive.

These are the gifts of God for the People of God.

Thanks be to God.



Share the Gifts (new information, please read)

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in Communion.

If you wish to receive Holy Communion, the celebrant will come down and stand in front of the altar. Please keep your mask on and come forward one at a time, maintaining physical distancing with others in the congregation. If you prefer to receive a gluten-free wafer, please mention this to the Celebrant. The Celebrant will place the wafer in your hand. Please keep the wafer in your hand until you have returned to your seat. At your seat you may unhook your mask, consume the wafer, then replace your mask. If you would prefer to receive a contactless blessing, please keep your mask on, and place your hand over your heart.

If you're joining in via the livestream, please place your hand over your heart and say, "Come, Lord Jesus, come."



Prayer & Laying-on Hands for Healing

Our usual practice of having prayer stations for those who wish to receive healing prayer is temporarily suspended at the request of the Archbishop. If you have a special intention for which you wish to receive prayers, please email your prayer request to reception@thecathedral.ca.

*While the communion is being administered, we respectfully ask that you keep the silence—
this is a time for quiet prayer and meditation.*

During Communion Benedictus & Agnus Dei (*Berliner Mass*)

Arvo Pärt

Sending Out of the Disciples

Prayer after Communion

Presider

All

Almighty God,
we give thanks that you have made us partakers
of the body and blood of your Son Jesus Christ our Lord,
who took our nature upon him
and suffered death upon the cross for our redemption;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

Doxology

Presider

All

Glory to God,
whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

The Blessing

Closing Hymn

When I Survey the Wondrous Cross (*CP 386*)

Text: Isaac Watts (1674–1748);
Music: Melody *Psalmody in Miniature*, 2nd Supplement, 1780?;
harm. Edward Miller (1731–1807);
desc. Dr. Alan Gray & Dr. Albert Ham; ROCKINGHAM

1. When I survey the wondrous cross
on which the Prince of glory died,
my richest gain I count but loss,
and pour contempt on all my pride.
2. Forbid it, Lord, that I should boast,
save in the cross of Christ, my God;
all the vain things that charm me most,
I sacrifice them to his blood.
3. See, from his head, his hands, his feet,
sorrow and love flow mingled down;
did e'er such love and sorrow meet,
or thorns compose so rich a crown?
4. Were the whole realm of nature mine,
that were an offering far too small;
love so amazing, so divine,
demands my soul, my life, my all.

Dismissal

Deacon

All

Postlude

Let us go forth in the name of Christ.
Thanks be to God.

Bogoroditse Djevo

Arvo Pärt

Rejoice, O Virgin Theotokos,
Mary full of grace, the Lord is with Thee.

The service of the Church into the World — begins again this week.

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Music Notes

STEPHEN WRIGHT, *Christ Church Cathedral Choir member & sometime Pärt scholar*

“How can one fill the time with notes worthy of the preceding silence?” • Arvo Pärt

This morning we honour the 85th birthday of Estonian composer Arvo Pärt, born on September 11, 1935. His works, both vocal and instrumental, reflect a deep Orthodox faith yet paradoxically Pärt is one of the most celebrated and performed of living composers. As noted by Steve Reich, “He’s completely out of step with the zeitgeist and yet he’s enormously popular, which is so inspiring. His music fulfills a deep human need that has nothing to do with fashion.”

Pärt’s music is built around two basic elements, the scale and the triad. The functional harmony of Western common-practice music is lacking. Instead, the sound of an underlying triad, either actual or implied, resonates throughout like a bell tone—hence the name *tintinnabuli*. This lends the music an overall quality of stasis and timelessness. The comparison with an icon is not without merit: austere, non-realistic, lacking in individual expression, and bringing the eternal into

the temporal.

Coincidentally the three works heard this morning were all composed in 1990 and begin with the letter B. Pärt had settled in Berlin after emigrating from the Soviet Union in 1980. The *Berliner Messe* was composed for the German Catholic Days in May 1990 and first performed in the city as part of a church service in what was still East Germany (though only just). *The Beatitudes* reveals a problem with the English language—there are too many one-syllable words, hence Pärt’s normal melodic process tends to reiterate the same pitch. To compensate the music ascends through many different triads, before retracing the same journey downwards in the toccata-like organ solo. And lest the composer appear too monk-like, the *Bogoroditse Djevo*, which owes more to Orthodox tradition than to the tintinnabuli style, gives at least a hint of Pärt’s impish sense of humour.

Welcome Our New Curate to the Cathedral!

SEPTEMBER 13, 2020

Dear Friends,

I am writing to you today with some exciting news.

I am thrilled to announce that the Archbishop has appointed a new curate to the Cathedral. The Rev. Jonathan Pinkney will be joining the Cathedral’s clergy team on Tuesday, September 8.

Jonathan was ordained a priest earlier this year. He has been posted at St. Helen’s church in Surrey for the past three years. Among the many things he has done, Jonathan is the co-founder of *Infinitely More* the Young Adult Ministry of the Diocese of New Westminster. You can read his full biography below.

I am looking forward to having him join our team. Jonathan will be a great addition to the Cathedral where he will lead ministries of *Invite, Welcome & Connect*, a

social media ministry aimed at young adults, and as a member of the team of *Stewardship 365*. Jonathan’s gifts will help to connect members of the Cathedral with each other and with the larger community. We are excited to welcome him to our community.

Blessings,



The Very Rev. Christopher A. Pappas
Dean & Rector, Christ Church Cathedral

More About the Rev. Jonathan Pinkney

SEPTEMBER 13, 2020

Jonathan comes to the Cathedral from St. Helen's, Surrey. He spent the last three years there as a seminary student, parish deacon, and curate. After moving to Canada, Jonathan worked his way through his Arts degree, Clinical Pastoral Education and Master of Divinity, graduating from the Vancouver School of Theology in 2020.

Jonathan was ordained a Priest in January of this year. It was the fulfillment of nearly 10 years of discernment. That process of discernment involved leaving family, a career in business and a life in Cheshire, England. In 2013, Jonathan and his wife Lauren moved to Canada after having visited close friends in Vancouver and falling in love with the beauty of BC.

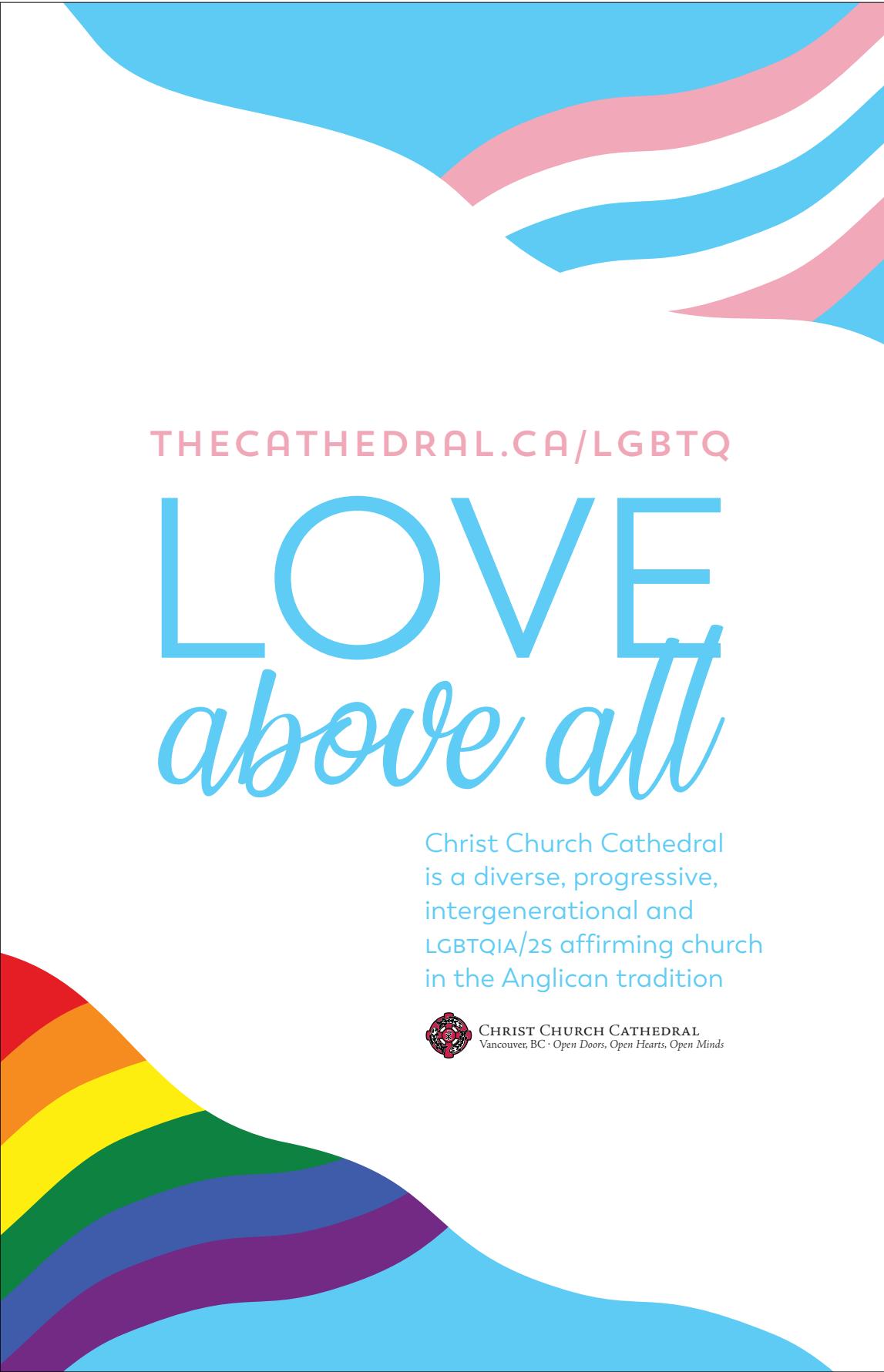
Jonathan was raised in an Evangelical church by devout Christian parents and was drawn to the Anglican Church through liturgy and the beauty of the sacraments. After studying at St. Mark's College, and worshipping and serving at St. Helen's, St. Alban's in Burnaby, and St. Anselm's at the University of BC (UBC), Jonathan has experienced a broad spectrum of Anglican worship which he uses to engage people who have experienced diverse worship styles. He is drawn to theological conversation and listening to different perspectives.

Jonathan loves working with people of all ages. He is a co-founder, guitarist, and worship leader for the

Young Adult Ministry: *Infinitely More*, in the Diocese of New Westminster. He has been active in youth ministry and leadership for many years. His involvement in this ministry began in the UK, at the national level, where he served as Treasurer for the Church of England Youth Council. In British Columbia he has been a member of the Diocesan Youth Movement, spending weekends at the Sorrento Centre. Through all of these different experiences Jonathan has realized a vocation for building community and facilitating a safe place for people to ask questions and explore their faith.

Having completed his Clinical Pastoral Education (CPE) and done some volunteering on the Downtown Eastside, Jonathan has honed his skills in Pastoral Care and taken seriously the call we all have in being the hands and feet of Christ in the world. Jonathan is excited for his next chapter at the Cathedral. He is eager to join the team, explore new areas of ministry, and take part in the diverse and thriving community here.

Jonathan will be a great addition to the Cathedral where he will lead ministries of *Invite, Welcome & Connect*, a social media ministry aimed at young adults, and as a member of the team of *Stewardship 365*. Jonathan's gifts will help to connect members of the Cathedral with each other and with the larger community. We are excited to welcome him to our community.



THECATHEDRAL.CA/LGBTQ

LOVE *above all*

Christ Church Cathedral
is a diverse, progressive,
intergenerational and
LGBTQIA/2S affirming church
in the Anglican tradition



CHRIST CHURCH CATHEDRAL
Vancouver, BC · Open Doors, Open Hearts, Open Minds

Communications Requests Form!

Please use the Cathedral's online Communications Request Form to let the Cathedral community know about upcoming news and events. By filling in the form at thecathedral.ca/communications-requests you will provide the Cathedral's communications team with all of the information needed to share this announcement with relevant audiences.

The Cathedral's Communications Request Form covers publication in the weekly Chronicle, eNewsletter, on the website Events Calendar and social media.

Please don't email us your submissions, as they often get lost or forgotten in our inbox. Contact Jenn and Alicia at communication@thecathedral.ca if you have any questions. Thank you!



Supporting Cathedral Ministries

While in person gatherings have changed, the Cathedral's ministry has not stopped. New ways continue to be developed to allow ministries to continue their work. Your support is just as vital now as ever before, and there are several easy ways to make a contribution.

If you normally support the Cathedral by leaving a donation in the collection plate, please consider signing up for automated giving if you are able. Sign up at thecathedral.ca/donate or by calling Vanessa Ho, Finance Administrator at 604.682.3848, ext. 21 or email vanessa@thecathedral.ca.

eNewsletters! Sign Up Today!

Are you signed up for the Cathedral's eNewsletter? Want to be up to date on what's happening at the Cathedral? Sign up for our weekly eNewsletter, *In Between Sundays*, and you will receive all the latest news from the Cathedral and the latest sermons. Sign up online at thecathedral.ca and just click on the button on the bottom of the page. Or [click here](#) and subscribe.

Are you signed up for St. Brigid's eNewsletter? Sign up online at stbrigid.ca and stay in the loop! A regular email update is sent out to members and friends of our community to let them know what's going on. Just fill out the form in the right-hand sidebar on the St. Brigid's website to find out what's coming up at St. Brigid's, and how you can get involved.

Please email Alicia at communication@thecathedral.ca if you have any questions.

Subscribe to the Cathedral's YouTube Channel!

Did you know the Cathedral has a YouTube Channel? All of the online worship services and video sermons are available on this channel at Christ Church Cathedral Vancouver, as well as special video updates and much more. To explore all of the Cathedral videos, [click here](#). Once you're redirected, click the "subscribe" button and you will be notified whenever we post new videos. Enjoy!

You can also make a gift to support the ministries of Christ Church Cathedral on your smart phone! Just go to the App Store, choose the app "tithe.ly"—from the store, download, enter your information and... voilà—you can connect directly to the Cathedral and make your gift in whatever amount you wish.

Prefer to give by text? You can do that too! Text the word "give" to 639.739.0843 (the Cathedral's tithe.ly text giving phone number) and follow the instructions on the screen.

Thank you for your support!

Notes from the Rev. Marnie Peterson

SEPTEMBER 13, 2020

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I have now been in quarantine twice since this pandemic began. Neither of these times has been because I was sick, rather they have been because I was exposed to someone who later learned that they had tested positive for COVID-19.

Both times I have had to learn a new practice of stillness, which is not easy for me.

I have never been someone who sits still very well. I have a strong preference for being busy, for moving, for getting things done.

But quarantine means that I can't go anywhere or do anything outside of my house, and I can only clean and vacuum for so long, there are only so many weeds I can pull and eventually I just have to sit still.

I've been grateful that we have been able to adapt much of our work so that we can continue to connect, pray, have meetings, and work together from home—but still this requires a level of sitting still, that I don't usually have to do.

Before this all began, most people that I know wore busy-ness like a badge. When asked how we were, we would respond with: "Busy."

I make sure that the words *silence and stillness*, are in the 5:30pm bulletin each week because I think it is something that many of us need. I often tell people that our liturgies and church are where we come to rehearse as Christians, how we want to be in the world. *Silence and stillness* are important, they are the opposite of "busy" and maybe because I am not good at them, they feel harder.

This pandemic has forced a level of *silence and stillness* that we are not accustomed to and that stands in direct opposition to consume. When we are quiet and when we stop moving, we can see what is around us and listen to ourselves, listen to God, to our breath, to the birds, to the other people moving around us and we have the opportunity to notice what is happening in our bodies, in our hearts and in our surroundings.

It's a practice I have become reluctantly grateful for and while I do not want to be in quarantine again and I would be very happy for the pandemic to be over, I am ok with not being "busy" anymore. I think that this new way that I am learning, to be quiet and still (although I am still not very good at them) might serve me better in practicing how I want to follow Jesus.

I wonder if there is something that you have taken on in this time that you too are learning to be grateful for?

Marnie

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Members of Christ Church Cathedral



Do you live in the Vancouver area and are thinking about making the Cathedral your home parish? Becoming a registered member means that you have a vote at our Annual Vestry Meeting (usually held in February), and you will receive regular Cathedral communications (including *Contact Magazine*). You would also be invited to be part of a Liturgy of Inclusion and a newcomers luncheon.

To request a membership form, email Director of Parish Administration, Vincent Carey, at vincent@thecathedral.ca

Once the form is complete, please forward to Vincent's attention and he will ensure that you are officially added as a new member. Unfortunately, we are not able to automatically make someone a *Parishioner*, this is something which you must request, and you may only be a member of one Parish. We look forward to welcoming you soon!

• *Cathedral Clergy, Staff & Leaders*

Friends of Christ Church Cathedral

Who are we? The Friends of the Cathedral are supporters of Christ Church who are unable to regularly attend services in person. Many of us are visitors or belong to another parish. We receive a subscription to *Contact Magazine*.

What do we do? We foster enthusiasm for Christ Church Cathedral and assist in beautifying it in every sense through our financial support. Significant gifts from Friends have helped to restore and conserve the Cathedral's heritage building and to fund the compassionate care of Vancouver's homeless and hungry population.

Join us! You are invited to sponsor the Cathedral's mission and ministry with an annual donation.

Contact us! Please contact Finance Administrator Vanessa Ho if you have any questions or would like to arrange to make a donation at 604.682.3848, ext. 21 or email vanessa@thecathedral.ca.

10:30AM | CHORAL EUCHARIST | MINISTERING THROUGH LITURGY

<i>Presider</i>	The Very Rev. Christopher A. Pappas
<i>Preacher</i>	The Rev. Helen Dunn
<i>Reader</i>	Holly McMillan
<i>Deacon</i>	The Rev. Jeffrey Preiss
<i>MC</i>	Dana Osborne
<i>Welcoming Team</i>	Ed Friesen, Jane Dittrich
<i>ASL Interpreter</i>	Lisz Keallen
<i>Music</i>	Quartet: Lucy Smith, Katherine Evans, Byron Hanson, Stephen Wright; with Rupert Lang, <i>Organist & Director of Music</i>
<i>Sound Tech</i>	Max Smeltzer
<i>Video Tech</i>	Alicia Ambrosio

We hope you enjoyed this morning's service.
It is made possible with help from generous supporters.

If you would like to participate in Christ's work through this Church, and help us continue to provide quality worship, please consider making a donation.

Please text "Give" to 639.739.0843 and follow the instructions or go to this link — thecathedral.ca/donate — to donate now.

Thank you!

*You may have noticed that something is missing...
the Chronicle!*

It has left home, so to speak!

*The Chronicle is now a separate page that is
available online and in paper format.*

*Pick up your copy on your way out
of the Cathedral after the service,
or read it online*

thecathedral.ca/worship/this-sunday

Christ Church Cathedral is committed to following all provincial and diocesan health and safety guidelines during worship services.

You may, from time to time, notice some participants standing closer together than 2 metres. Anyone standing or sitting together means that they are members of the same household or "bubble."

Thank you!

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CHRIST CHURCH CATHEDRAL
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