



CHRIST CHURCH CATHEDRAL

Vancouver, BC · *Open Doors, Open Hearts, Open Minds*



Trinity Sunday
JUNE 7, 2020

CATHEDRAL VISION | We envision a Cathedral which is radically inclusive, restlessly inquisitive, intentional, and inspired. This is a place that is called to lead and to serve, in communion and in community, with healing, reconciliation, and love, living out Christian mission. Together, we look to the power of Christ for the transformation of each person, this city, and the world. We recognize our history and traditions, while seeking renewal and growth. Curious and adaptable, this chorus has room for all voices. Whoever you are, wherever you come from, whomever you love, and regardless of what you may bring or are searching for, you are welcome here.



WELCOME!

Thank you for joining the Cathedral community online for worship during *Trinity Sunday*.

This service takes place on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please visit our website at thecathedral.ca.

CATHEDRAL SERVICES & DAILY READINGS

MONDAY, JUNE 8

Feria

Daily Readings • 1 Kings 17:1-6
 Psalm 121
 Matthew 5:1-12

TUESDAY, JUNE 9

Columba, Abbot of Iona, Missionary, 597

Daily Readings • 1 Corinthians 3:11-23
 Psalm 89:20-26
 Luke 10:17-20

WEDNESDAY, JUNE 10

Feria

Daily Readings • 1 Kings 18:20-39
 Psalm 16:1, 6-11
 Matthew 5:17-19

THURSDAY, JUNE 11

Saint Barnabas the Apostle

Daily Readings • Isaiah 42:5-12
 Psalm 112
 Matthew 10:7-16

FRIDAY, JUNE 12

Feria

Daily Readings • 1 Kings 19:9-16
 Psalm 27:10-18
 Matthew 5:27-32

SATURDAY, JUNE 13

Feria

Daily Readings • 1 Kings 19:19-21
 Psalm 16:1-7
 Matthew 5:33-37

SUNDAY, JUNE 14

The Second Sunday After Pentecost

10:30AM

Holy Eucharist | Livestream

Presider: The Rev. Christopher Pappas

Preacher: The Rev. Marnie Peterson

Music: Marcus Mosley, *Soloist* with Rupert Lang, *Organist & Director of Music*
ASL interpretation provided

5:30PM

St. Brigid's Evening Prayer | Zoom

Preacher: The Rev. Marnie Peterson

Music: Ben Dobyons, *pianist*

Daily Readings • Genesis 18:1-15

Psalm 116:1, 10-17

Romans 5:1-8

Matthew 9:35—10:8

10:30am Holy Eucharist

THE BOOK of ALTERNATIVE SERVICES

Gathering of the Community

Introit

Sing Joyfully
✠ The Cambridge Singers;
John Rutter, *Director*

Text: Psalm 81:1-4;
Music: William Byrd (1543–1623)

Sing joyfully unto God our strength.
Sing loud unto the God of Jacob.
Take the song and bring forth the timbrel, the pleasant harp and the viol.
Blow the trumpet in the new moon,
even in the time appointed, and at this our feast day.
For this is the statute of Israel, and a law of the God of Jacob.

Presider

In this time and place,
we gather on the unceded ancestral lands
of the Musqueam, Squamish and Tsleil-Waututh Nations.

All **From many places and peoples we come to this house of prayer.**

Presider

In this time and place,
We meet in the presence of the living God.

All **The living God who creates us and all that is.**

Presider

In this time and place,
The risen Christ stands in our midst.
The risen Christ who accompanies us and all people.

All

Presider

In this time and place,
God's Holy Spirit breathes in and through us.
The Holy Spirit who transforms us and all life.

All

Presider

In this time and place,
Together, one people of God.
**In the name of God, Source of all being,
Eternal Word and Holy Spirit. Amen.**

All

Collect

Presider

Let us pray (*silence*)

All

O God,
your name is veiled in mystery,
yet you have made us and call us by name;
draw us more deeply into your divine life,
so that we may show forth in our lives
your justice, kindness and humility;
for you alone are holy, one God,
now and for ever. Amen.

Proclamation of the Word

First Reading

Genesis 1:1 — 2:4a

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Canticle

O Salutaris Hostia

✠ Holst Singers; Stephen Layton, *Director*

Text: Thomas Aquinas (1225–1274);

Music: Pierre Villette (1926–1998)

Translation

O Saving Victim,

Opening wide the gate of heaven,

Hostility presses hard on every side,

Bring us your aid; grant us strength.

To the Immortal Godhead, One in Three,

Let there be everlasting glory!

And may God, who promises us eternal life,

Bring us to our beloved homeland.

Amen.

Second Reading

2 Corinthians 13:11-13

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Deacon

The Lord be with you.

All

And also with you.

Deacon

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Before the Gospel

Glory to you, Lord Jesus Christ.

Gospel

Matthew 28:16-20

After the Gospel

Praise to you, Lord Jesus Christ.

Sermon

The Rev. Christopher Pappas

Music for Reflection

As Truly as God is Our Father

✠ The Choir of St. Paul's Cathedral;

John Scott, *Director*

Text: Julian of Norwich (1342–1416);

Music: William Matthias (1945–1992)

As truly as God is our Father, so just as truly is he our Mother.

In our Father, God Almighty, we have our being;

in our merciful Mother we are remade and restored.

Our fragmented lives are knit together; and by giving and yielding ourselves,
through grace, to the Holy Spirit we are made whole.

It is I, the strength and goodness of Fatherhood.

It is I, the wisdom of Motherhood.

It is I, the light and grace of holy love.

It is I, the Trinity,

It is I, the unity.

I am the sovereign goodness in all things.
It is I who teach you to love.
It is I who teach you to desire.
It is I who am the reward of all true desiring.
All shall be well, and all manner of thing shall be well. Amen.

The Nicene Creed

Presider

All

Let us confess our faith, as we say,
**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one being with the Father.
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man. For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father. With the Father and the Son
he is worshipped and glorified. He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

 *Prayers of the People*

In the *Anglican Cycle of Prayer* we pray for La Iglesia Anglicana de Mexico. In the *Diocesan Cycle of Prayer* we pray for Melissa Skelton our Archbishop and Metropolitan; our companion diocese, the Episcopal Diocese of Northern Philippines and the Rt. Rev. Brent Alawas; our companion parish, All Saints

Cathedral, Bontac, Philippines and the Very Rev. Padi Luc; and Holy Spirit Anglican Church (Whonnock), St. Columba (Pitt Meadows) and St. Barnabas (New Westminster). In our Parish we pray for Beverage Servers and Cookie Ministry.

Presider

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
welcoming sinners and inviting us to this table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept

Presider Most merciful God,
All We confess that we have sinned against you in thought, word and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.

Presider Almighty God, have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
All Amen.

The Peace
Please do bow with your hands folded across your heart
and say, "Peace be with you" as a sign of this important greeting.

Celebration of the Eucharist

The Offertory
You are invited to make a financial offering to further God's mission through the work of the church by texting "Give" to 639.739.0843 and following the instructions; or by clicking on this link www.thecathedral.ca/donate. Tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts matter and together with the bread and wine they are presented in spirit at the Altar as a sign of thanksgiving to God from whom all blessings flow.

If you are participating in this worship from another church please give generously to your local parish.

Prayer over the Gifts

Presider Blessed are you, O God,
maker of all things.
All **Through your goodness**
you have blessed with these gifts:
our selves, our time and our possessions.
Use us, and what we have gathered,
in feeding the world with your love,
through the one who gave himself for us,
Jesus Christ, our Saviour and Lord. Amen.

The Great Thanksgiving

Presider The Lord be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them to the Lord.

Presider
All

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Presider

It is right to glorify you, Father, and to give you thanks;
for you alone are God, living and true,
dwelling in light inaccessible from before time and for ever.
Fountain of life and source of all goodness,
you made all things and fill them with your blessing;
you created them to rejoice in the splendour of your radiance.
Countless throngs of angels stand before you to serve you night and day,
and, beholding your presence, they offer you unceasing praise.
Joining with them, and giving voice to every creature under heaven,
we acclaim you, and glorify your name, as we say

Sanctus

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.**

Presider

We acclaim you, holy Lord, glorious in power;
your mighty works reveal your wisdom and love.

You formed us in your own image, giving the whole world into our care,
so that, in obedience to you, our creator, we might rule and serve all your creatures.
When our disobedience took us far from you,
you did not abandon us to the power of death.
In your mercy you came to our help, so that in seeking you we might find you.
Again and again you called us into covenant with you,
and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time
you sent your only Son to be our Saviour.
Incarnate by the Holy Spirit, born of the Virgin Mary,
he lived as one of us, yet without sin.
To the poor he proclaimed the good news of salvation;
to prisoners, freedom; to the sorrowful, joy.
To fulfil your purpose he gave himself up to death
and, rising from the grave, destroyed death and made the whole creation new.

And that we might live no longer for ourselves,
but for him who died and rose for us, he sent the Holy Spirit,
his own first gift for those who believe, to complete his work in the world,
and to bring to fulfilment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end: at supper with them he took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate the memorial of our redemption. Recalling Christ's death and descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

Presider

Father, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the body and blood of your Son Jesus Christ.

Grant that all who share this bread and this cup may become one body and one spirit, a living sacrifice in Christ to the praise of your name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember Archbishop Linda Nicholls, Primate; Archbishop Mark MacDonald, National Indigenous Archbishop; and Archbishop Melissa Skelton, Metropolitan for the Ecclesiastical Province of British Columbia and the Yukon.

Remember lay leadership in your church: the Cathedral Trustees and Parish Council and the nominees for the Order of the Diocese of New Westminster.

Remember all your people, and those who seek your truth: Gemma Hickey, non binary advocate for the first gender neutral birth certificate in Canada; Jake Pyne, trans man, academic, and activist; Kai Cheng Thom, trans woman, Chinese-Canadian advocate and writer; the late Jim Egan, gay rights activist; and the late Jamie Lee Hamilton, trans woman, Indigenous, sex worker.

Remember disability arts and culture organizations in Vancouver, especially Kickstarter and Gallery Gachet.

And grant that we may find our inheritance with the blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and with all the saints who have found favour with you in ages past.

We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honour and glory are yours, almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

Amen.

All

The Lord's Prayer

Presider

All

As our Saviour taught us, let us pray,

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread

Presider

All

We break this bread to share in the body of Christ

**We, being many, are one body,
for we all share in the one bread.**

Presider

All

These are the gifts of God for the people of God.

Thanks be to God.



Share the Gifts

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in Communion.

Please place your hand over your heart and say, "Come Lord Jesus, come."



Prayer & Laying-on of Hands for Healing

Our usual practice of having prayer stations for those who wish to receive healing prayer is temporarily suspended at the request of the Archbishop. If you have a special intention for which you wish to receive prayers, please email your prayer request to reception@thecathedral.ca.

*While the communion is being administered, we respectfully ask that you keep the silence—
this is a time for quiet prayer and meditation.*

Sending Out of the Disciples

Prayer after Communion

Presider

God of abundance.

All

with this bread of life and cup of salvation

you have united us with Christ,

making us one with all your people.

Now send us forth in the power of your Spirit,

so that we may proclaim your redeeming love to the world

and continue forever in the risen life of Jesus Christ, our Lord. Amen.

The Blessing

Dismissal

Deacon

Let us go forth in the name of the One, Holy, Undivided Trinity

All

Thanks be to God.

Postlude

Duo Seraphim

✠ University of King's College, Halifax, Nova Scotia;

Paul Halley, *Director*

Text: Isaiah 6:2-3;

Music: Jacob Handl (1550–1591)

Translation

Two Seraphim cried one unto the other:

Holy, Holy, Holy is the Lord God of Hosts:

The whole earth is full of God's glory!

The service of the Church into the World — begins again this week.

○.....○

If you enjoyed this morning's service,
please go to
— thecathedral.ca/donate —
to make a donation to help us continue
this important ministry.
Thank you!

○.....○

Welcome to the Cathedral Chris!

JUNE 1, 2020

On Monday, June 1 our new rector, the Rev. Christopher Pappas officially started his new role with our parish. He is eager to meet everyone who makes up the parish community, and parishioners are eager to meet him. So some online ways of meeting and greeting have been organized!

The Transition Committee is planning numerous COVID-friendly ways for the Cathedral community to get to know its new Rector. More information about how you can meet Chris will be available in early June, listed below, and shared through the Cathedral's eNewsletter. [Click here to subscribe.](#)

On **Sunday, June 7 at 10:30am**, Chris will preach at the Cathedral for the first time as part of the online Sunday service. You can watch this service on the [Cathedral website](#) and [YouTube channel](#). We encourage all to join us!

The first chance to meet and chat with Chris takes place on **Wednesday, June 10 at 5pm**. This is an online *Fireside Chat*. You'll get to hear from Chris about his aspirations and prayers for the Cathedral communities, and learn a little about his history and family. This will be a Zoom call, so pre-register at Eventbrite at <https://meetthrector.eventbrite.ca>

On **Sunday, June 14 at 10:30am**, Chris will preside at the Sunday service for the first time. This service will be livestreamed at 10:30am. Please join us [online](#) for this service.

On **Sunday, June 28 at 3pm**, Chris will be inducted as Rector. Cathedral clergy are working with Trustees and Wardens and the Diocese to prepare a beautiful service that respects physical distancing requirements. Details about this will be shared shortly.

The Rev. Chris Pappas, has posted a **video message** to the Cathedral community. Please view the video message [here](#).

What a time to start a new ministry! Welcome!

The Rev. André Stephany Appointed Rector of St. Clement's, Lynn Valley

JUNE 1, 2020



My dear friends in Christ,

I am pleased to announce that Archbishop Melissa has informed me that she will appoint our Assistant Curate, the Rev. André Marc Stephany, as the new rector of St. Clement's Church in Lynn Valley, effective September 1, 2020. A date for his induction will be announced at a later date.

Although I have not yet met André, I have heard marvellous accounts of his ministry here at the Cathedral. I am excited for him and the wider Church as he takes the skills and experience he has honed here to his new call. It is an example of how Christ Church Cathedral can serve as a training ground and incubator to train leaders for service in the wider church.

I'm sure we will all miss Andre at the Cathedral and I hope we can find an opportunity to celebrate his ministry and show our appreciation for him in the next three months before he begins the next phase of his ministry.

My prayers go out to André in this very exciting time in his life.

*In Christ,
The Reverend Christopher Pappas*

Cathedral CHRONICLE

Please make your Chronicle submissions online at thecathedral.ca/communications-requests.

If you have any questions please contact Alicia & Jenn at communication@thecathedral.ca or 604.682.3848, ext. 26.

CATHEDRAL CONNECTIONS

Morning Prayer via Zoom

Monday - Friday | 9:30am

Are you looking for a way to deepen your spiritual life? How about trying out *Morning Prayer* at the Cathedral? Every weekday morning at 9:30am the Cathedral holds *Morning Prayer*.

We will follow a very simple liturgy with a Psalm, a Reading, Prayers and Silence. This form of regular, daily prayer is used in several Christian churches. All are welcome to start the day in prayer with us. This is happening online via Zoom. Please contact André at andre@thecathedral.ca for more information and to join the Zoom session.

BTT | Bible, Tea & Toast via Zoom

Sunday Mornings | 9:30am - 10:20am

Are you between the ages of 18 and 39½? Do the Sunday readings leave you with questions and wonderings? Join the Rev. André Stephany for a bit of *Bible, Tea and Toast* before the 10:30am service. The session will involve reading and reflecting on one of the readings from the lectionary (mostly) as we enjoy our morning coffee or tea and breakfast. Please contact André at andre@thecathedral.ca for more information and to join the Zoom session.

St. Brigid's Bible Read-a-Long

Monday Evenings | 7pm - 8pm

On Monday evenings from 7pm - 8pm the St. Brigid's congregation meets for a *Bible Read-a-Long*. Our aim is to read through the the New Testament, beginning with the book of Acts.

Each week we are introduced to the book that we will read by sharing 2 or 3 points about who wrote the book, where they are geographically and what was

happening at the time it was written, in order to to help us locate what we are reading.

You are invited! This Read-a-Long happens using Zoom. We would love to have you join us each week or just for a few of them. For more information and to join the Zoom session please contact the Rev. Marnie Peterson at marnie@thecathedral.ca.

Coffee With...

Wednesdays | 1pm | The Rev. Helen Dunn

Thursdays | 1pm | The Rev. André Stephany

Fridays | 1pm | Anne Kessler

Coffee With... is a new kind of coffee hour. This half hour gathering happens online, three days a week. Each day a different member of the Cathedral's clergy and pastoral team host the gathering. This session is a great opportunity to see each other's faces, check-in, and stay connected—or reconnect—with the parish community.

If you want to take part in *Coffee With...* please email André at andre@thecathedral.ca to get all the details.

Centering Prayer Via Zoom

Tuesday Evenings | 6:30pm - 7:30pm

Centering Prayer is a silent prayer practice aimed at settling one's attention upon the presence of Christ within. All are welcome to participate via Zoom on Tuesday evenings in this simple healing practice reaching back to the early years of Christian faith. Join us from 6:30pm - 7:30pm. We pray in silence for 30 minutes and there is opportunity afterwards for group reflection. Please contact Luke Primus for more details at lukasprimus@gmail.com. (Zoom session at <https://zoom.us/j/870708945>, password required)

Children, Youth & Families Ministry

Wednesdays at 11am | Sundays at 9:30am

School's out... for quite some time, but that doesn't mean we have to stop wondering. Join Anne Kessler on Sundays and Wednesdays for *Godly Play*. We'll be using Zoom so that we can continue to interact with each other and ask our questions. (Wednesday Zoom session at <https://zoom.us/j/940510605>, password required; Sunday Zoom session at <https://zoom.us/j/727572694>, password required)

For more details and to sign-up for the weekly Children, Youth & Families Ministry eNewsletter please send an email to Anne at youth@thecathedral.ca.

Wondering Wednesdays via Zoom

Wednesdays | 12 noon - 12:45pm

When big things happen in our lives and in the world, many people start asking big—and small—questions about life and faith. On Wednesdays, the Rev. Alisdair Smith hosts *Wondering Wednesdays*, a 45 minute, on-line session to help us all explore these questions. Alisdair will have guests who offer a reflection and there will be time for Q&A and lots of wondering out loud. Please contact Alisdair at alisdair@thecathedral.ca for more information and to join the Zoom session.

Healing Prayer on Zoom

Thursday Afternoon | 12 noon

The Cathedral's Healing Prayer team continues to hold people in prayer during this time of COVID-19. Every Thursday, members of the ministry meet over Zoom.

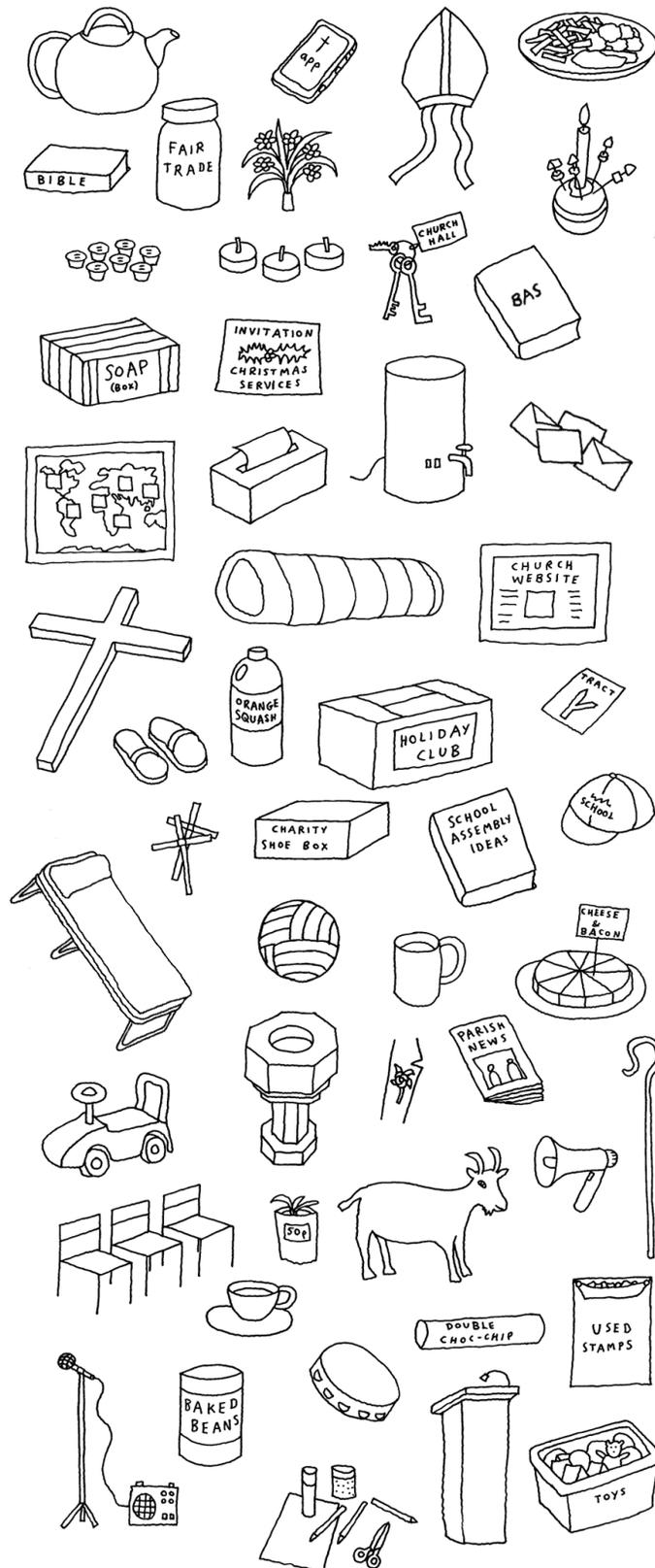
If you have a friend or family member or someone in the community who you would like the Healing Prayer team to remember, please:

- Ask the person whom you wish to pray for if their name can be added to the Cathedral's prayer list
- Email reception@thecathedral.ca with the name of the person and one or two sentences generally describing the prayer request. For example: *John Smith, prayers for healing after surgery; Healthcare workers at Haro Park, prayers for strength and safety; Janet Jones, prayers for recovery from illness.*

If you are interested in becoming a member of the Cathedral's Healing Prayer ministry, please contact the Rev. Helen Dunn at helen@thecathedral.ca.

CHRIST CHURCH CATHEDRAL

FOUND IN CHURCH



CartoonChurch.com

Communications Requests Form!

Please use the Cathedral's online Communications Request Form to let the Cathedral community know about upcoming news and events. By filling in the form at thecathedral.ca/communications-requests you will provide the Cathedral's communications team with all of the information needed to share this announcement with relevant audiences.

The Cathedral's Communications Request Form covers publication in the weekly Chronicle, eNewsletter, on the website Events Calendar and social media.

Please don't email us your submissions, as they often get lost or forgotten in our inbox. Contact Jenn and Alicia at communication@thecathedral.ca if you have any questions. Thank you!



eNewsletters! Sign Up Today!

Are you signed up for the Cathedral's eNewsletter? Want to be up to date on what's happening at the Cathedral? Sign up for our weekly eNewsletter, *In Between Sundays*, and you will receive all the latest news from the Cathedral and the latest sermons. Sign up online at thecathedral.ca and just click on the button on the bottom of the page. Or [click here](#) and subscribe.

Are you signed up for St. Brigid's eNewsletter? Sign up online at stbrigid.ca and stay in the loop! A regular email update is sent out to members and friends of our community to let them know what's going on. Just fill out the form in the right-hand sidebar on the St. Brigid's website to find out what's coming up at St. Brigid's, and how you can get involved.

Please email Alicia at communication@thecathedral.ca if you have any questions.

Subscribe to the Cathedral's YouTube Channel!

Did you know the Cathedral has a YouTube Channel? All of the online worship services and video sermons are available on this channel at [Christ Church Cathedral Vancouver](https://www.youtube.com/channel/UC...), as well as special video updates and much more. To explore all of the Cathedral videos, [click here](#). Once you're redirected, click the "subscribe" button and you will be notified whenever we post new videos. Enjoy!

Supporting Cathedral Ministries

While in person gatherings are suspended, the Cathedral's ministry has not stopped. New ways continue to be developed to allow ministries to continue their work. Your support is just as vital now as ever before, and there are several easy ways to make a contribution.

If you normally support the Cathedral by leaving a donation in the collection plate, please consider signing up for automated giving if you are able. Sign up for automated giving at thecathedral.ca/donate or by calling Kathy Irwin, Director of Donor Relations and Human Resources at 604.682.3848, ext. 28.

You can also make a gift to support the ministries of Christ Church Cathedral on your smart phone! Just go to the App Store, choose the app "tithe.ly" — from the store, download, enter your information and voilà—you can connect directly to the Cathedral and make your gift in whatever amount you wish.

Prefer to give by text? You can do that too! Text the word "give" to 639.739.0843 (the Cathedral's tithe.ly text giving phone number) and follow the instructions on the screen.

Thank you for your support!

TRINITY

QUICK QUIZ

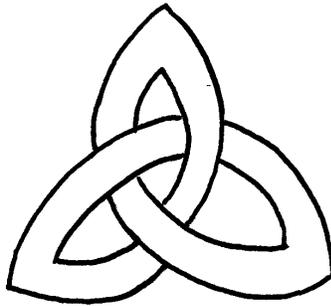
Which of these are in the Bible?
✓ or X

- Noah's 3 Sons
- Jonah inside a fish 3 days and nights
- Three wise men
- Three giant rabbits
- Peter denying Jesus 3 times

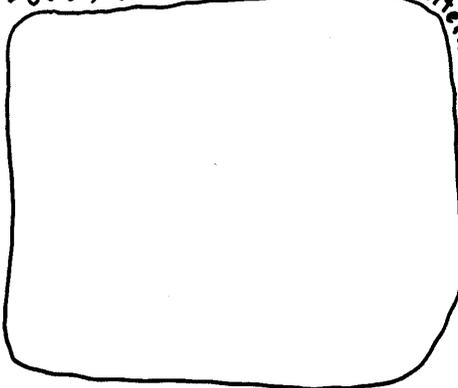
My 3 favourite

_____s

1. _____
2. _____
3. _____



Go on, see if you can do it a bit better...



My name is

Trinity: 'The state of being three' OR 'a group of three'

MARKS OUT OF 10

- Triple jumping
- Riding a tricycle
- Drawing triangles
- Doing a triathlon
- Reading a trilogy

From the Bible

Then Jesus said to them, "All authority in heaven and on earth has been given to me... therefore go and make disciples of people everywhere, baptising them in the name of the Father and the Son and the Holy Spirit. Teach them what I've taught you, and I'll be with you always."

I bind unto myself today the strong name of the Trinity By invocation of the same The Three in one and one in Three [St Patrick's Breastplate]

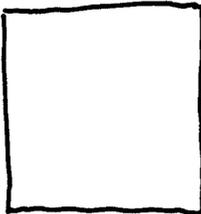
ONE

TWO

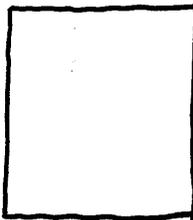
THREE

3

ONE WAY OF THINKING ABOUT THE TRINITY



ICE



WATER



STEAM

Does this help you to think about God as '3 persons'? Can you think of a better illustration?

You CAN DRAW IN THE BOXES. IN FACT YOU CAN DRAW ANYWHERE...

one thing I know about God the Father:

one thing I know about God the Son:

one thing I know about God the Holy Spirit:

All content

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Notes from the Rev. Helen Dunn

JUNE 7, 2020

Calling all Karens

A couple of weeks ago, a [video](#)¹ was released of a white woman reporting a black man to the police because he asked her to put her dog on a leash in New York's Central Park. The woman's tone and choice of words (and her apology and admission of harm, which followed) demonstrate a deliberate move on her part to incite the legacy of police brutality in order to intimidate the man who made the request.

Recently, the name "Karen" was co-opted in race discourse to describe white women who exhibit the kind of racism demonstrated by the woman in the Central Park incident. "Karens" are middle and upper-class white women who act in seemingly innocuous ways that cause incredible harm to people of colour.

Just last week, the Honourable Janet Austin, OMC Lieutenant Governor of British Columbia launched the [#differenttogether pledge](#).² On the eve of Pentecost, our own Archbishop Melissa Skelton issued a [pastoral message](#)³ to "strengthen our commitment to working on the racism that we ourselves carry within us."

In the light of these calls, I want to say to all of the white women out there and especially to the white women in my own Christ Church Cathedral community: it's long been time to deal with the ways we uphold structures of white supremacy in society. We are "Karen" and it's time to address the racism we are

responsible for. This summer I'll be reading Robin DiAngelo's, *White Fragility*. I implore you to join me.

If you've ever said, "I don't see colour, I see people," this book is for you.

If you think the term "Karens" is sexist or unfeminist, this book is for you.

If you've ever claimed that you "don't make choices based on skin colour, but on skillset," this book is for you.

If you've ever held your purse a little tighter when a person of colour passes you on the street, this book is for you.

If you think advocating for LGBTQ issues means you are automatically aware of racial bias, this book is for you.

If you own property in Vancouver, this book is for you.

If your "summer beach reads" include some light historical fiction from a certain turn of the century when white classes ruled and people of colour still didn't have the right to vote, this book is for you.

If you think, "we're fortunate that racism isn't a problem in Canada," this book is for you.

Introducing *White Fragility*, a Cathedral book club for white women who think we're progressive. Email helen@thecathedral.ca to sign up.



¹ *Amy Cooper is the kind of white woman black families warn their children about*, <https://www.washingtonpost.com/outlook/2020/05/29/amy-cooper-white-woman/>

² *#DifferentTogether: Join Me in Opposing Racism*, <https://ltagov.bc.ca/blog/equality-and-inclusion/differenttogether-join-me-in-opposing-racism/>

³ *Pastoral Message Regarding Racism: Pastoral message from Archbishop Skelton on the Eve of Pentecost*, <https://www.vancouver.anglican.ca/news/pastoral-message-regarding-racism>

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Members of Christ Church Cathedral



Do you live in the Vancouver area and are thinking about making the Cathedral your home parish? Becoming a registered member means that you have a vote at our Annual Vestry Meeting (usually held in February), and you will receive regular Cathedral communications (including *Contact Magazine*). You would also be invited to be part of a Liturgy of Inclusion and a newcomers luncheon.

To request a membership form, email Director of Parish Administration, Vincent Carey, at vincent@thecathedral.ca

Once the form is complete, please forward to Vincent's attention and he will ensure that you are officially added as a new member. Unfortunately, we are not able to automatically make someone a *Parishioner*, this is something which you must request, and you may only be a member of one Parish. We look forward to welcoming you soon!

• *Cathedral Clergy, Staff & Leaders*



Friends of Christ Church Cathedral

Who are we? The Friends of the Cathedral are supporters of Christ Church who are unable to regularly attend services in person. Many of us are visitors or belong to another parish. We receive a subscription to *Contact Magazine*.

What do we do? We foster enthusiasm for Christ Church Cathedral and assist in beautifying it in every sense through our financial support. Significant gifts from Friends have helped to restore and conserve the Cathedral's heritage building and to fund the compassionate care of Vancouver's homeless and hungry population.

Join us! You are invited to sponsor the Cathedral's mission and ministry with an annual donation.

Contact us! Please contact Kathy Irwin if you have any questions or would like to arrange to make a donation at kathy@thecathedral.ca or 604.682.3848.

10:30AM | HOLY EUCHARIST | MINISTERING THROUGH LITURGY

Presider The Rev. Helen Dunn
Preacher The Rev. Christopher Pappas
Reader Ed Friesen
Deacon & Intercessor The Rev. Jeffrey Preiss
(Intercessions prepared by Jenny Birtwell)
ASL Interpreter Lisz Keallen
Music Organized by
Rupert Lang, *Director of Music*

INTROIT
The Cambridge Singers;
John Rutter, *Director*

CANTICLE
Holst Singers;
Stephen Layton, *Director*

MUSIC FOR REFLECTION
The Choir of St. Paul's Cathedral;
John Scott, *Director*;
Andrew Lucas, *Organ*

POSTLUDE
University of King's College, Halifax, Nova Scotia;
Paul Halley, *Director*



CHRIST CHURCH CATHEDRAL
Vancouver, BC · Open Doors, Open Hearts, Open Minds

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