

Mary and Martha



The Story of Mary and Martha

Luke 10:38-42

The Story

Luke 10: 38-42 (From The Message Bible)

³⁸⁻⁴⁰ As they continued their travel, Jesus entered a village. A woman by the name of Martha welcomed him and made him feel quite at home. She had a sister, Mary, who sat before the Master, hanging on every word he said. But Martha was pulled away by all she had to do in the kitchen. Later, she stepped in, interrupting them. “Master, don’t you care that my sister has abandoned the kitchen to me? Tell her to lend me a hand.”

⁴¹⁻⁴² The Master said, “Martha, dear Martha, you’re fussing far too much and getting yourself worked up over nothing. One thing only is essential, and Mary has chosen it—it’s the main course, and won’t be taken from her.”

Thoughts: Martha probably meant well, but she got distracted by the “busy-ness” of being a hostess and forgot that the Son of God deserved her full attention! What about us? Do we give God our full attention? God knows that how we spend our time is important. We can work and play all day, but the most important thing we need to do is spend time with Jesus. We do that by praying, reading the Bible, and worshipping God at church. We have to stay connected to Jesus so we will know what He wants us to do. To “connect” with Jesus, we have to know Him personally. He can come into your life and forgive your sins. Then His Holy Spirit will be with you always. He will help you make wise choices.

Prayer: Dear God, we thank You that You want to spend time with us. Help us to be like Mary, who wanted simply to remove all the other distractions of life and spend time listening to You. We know that Jesus gave his life for us so that we can be forgiven for the times we ignore You or get too busy for You. Help us want to spend time with you and learn more about you. Amen.

Suggested Activities

- Read the Bible story.
- Read through the second page of ideas and choose at least one activity to try this week.

Service Ideas

- Play a game or go for a walk with your family and just enjoy the time together.

Share Your Work

- Email or Facebook message a picture of you working on items this packet.

9 Unique Ways to Spend Time with God

1) Art

- Create artwork about or for God. You can paint, draw, color, doodle, or create in some other interesting way.

2) Journal

- Use a journal to pour out thoughts, feelings and prayers to a God who never stops listening.

3) Poetry

- Put your thoughts, feelings, and prayer into verses. Or choose to allow God to speak through poetry. Like this poem by Emily Dickinson:

**“Earth is crammed with heaven,
And every common bush afire with God;
But only he who sees
Takes off his shoes-
The rest sit around it and pluck blackberries”**

4) Drama

- A fun time is had by all when you act out your favorite Bible story. Don't forget to dress up with costumes and use props!

5) Bible Story Books

- Sometimes a simple story with beautiful illustrations can capture your imagination and heart.

6) Watch Bible Stories

- With a grown-up's permission, check out Bible stories on YouTube. Some ideas are: Crossroads Kids Club, Saddleback Kids, and VeggieTales.

7) Song

- Sing songs of worship to Jesus. You can also create your own songs expressing feelings to God.

8) Physical Activity

- Have you ever thought that God is with us when run and play? We don't have to be acting out a Bible story to spend time with Jesus. Pray and invite God into your playtime and ask Him to help you feel His love and pleasure in it! Talk about the experience after you are done.

9) Praying the Psalms

- Praying the Psalms is a great activity for young and old. You can read them out loud and then discuss the thoughts and feelings of the writer.