



# The Story of Mary and Martha

## Luke 10: 38-42

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### The Bible Story

<sup>38</sup> As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup> She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

<sup>41</sup> "Martha, Martha," the Lord answered, "you are worried and upset about many things, <sup>42</sup> but few things are needed—or indeed only one.<sup>[a]</sup> Mary has chosen what is better, and it will not be taken away from her."

### The Breakdown

Taken from [ministry-to-children.com](http://ministry-to-children.com)

There is a story in the Bible about two sisters who had Jesus over for dinner. One of them was named Martha. Martha was very busy, and she was rushing around preparing for Jesus. She was cooking and cleaning and working, and she got upset because her sister, Mary, was just hanging out with Jesus. She wasn't helping do the work but just sat listening to Jesus talk. Martha got upset and asked Jesus to yell at her about it. But He told her Mary was the one doing the right thing. It was not as important to do things for Jesus as it was to spend time *with* Him. Jesus didn't want a dusted floor or fresh loaf of bread. He wanted people. And that is how He feels about us, too! What's important is not just what we know or say or do...it's how we love God. We can breathe and pause and rest in His presence. He is always there for us!

### Suggested Activities

Cut out the puppets on the attached page and act out the story of Mary and Martha together  
Sit down and play a game as a family or read a book together. Just enjoy being together!

Listen to Christian music together

### Service Idea

Create a card or draw a picture and give it to someone you appreciate. Thank them for being an important part of your life!



### Things to Think About

In this day and age, being busy is considered a badge of glory. We are obsessed with doing, producing, accomplishing, achieving, and keeping up or getting ahead of those around us. Even in the church, we sometimes lose sight of the most important components by looking at how much we know or how much we do. The story of Martha and Mary may be a familiar one, but it is always a positive reminder of the importance of resting in God's presence.

### Ideas for Spending Time with God

1. Put on some Christian music while you play, clean or even while eating dinner.
2. Read a bible story together
3. Act out a bible story together! Create a show for your family. Don't forget to dress up!
4. With a grown up get online and watch bible stories. You can look them up on YouTube!

### Prayer

Dear God,  
Thank you for the words of the Bible. Thank you for making us part of your family. Help us to slow down and breathe and rest in your presence. Thank you for your love. We love you, God!  
Thank you for Jesus In His name, Amen!

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