

Ministry to Women

Fall 2020

Mentoring

Experience growth and encouragement through a mentoring relationship! Each relationship is unique, designed especially with the mentee in mind. women@okotoksefc.ca 403-938-3311

Ladies Prayer Time

First and third Thursdays, 9:30—11am
Join us to see God move mightily through prayer!

Coffee & Crafting

Drop in on Thursdays for a come-and-go time of coffee and crafting (adults only). Bring whatever you're working on (quilting, knitting, scrapbooking, etc.) or just come for the coffee and conversation! Stop by the Fireside Room between 9am and 1pm every Thursday beginning September 17.

Moms in Prayer

Moms in Prayer has a vision that every school in the world will be covered in prayer. They provide resources, encouragement, and community that help impact children and schools for Christ by gathering local moms to pray together. The Okotoks group meets every week. Contact Lisa Branch for details.
lisa.branch@me.com www.momsinprayer.org



For Men or Women

DivorceCare

Meets Tuesdays, 6:30-8pm
Begins September 15
Facilitator: Julia Bowie
Call Marion to register 403-917-0377

DivorceCare is a seminar and support group designed to help you or your friend through the divorce process. You can join this warm and caring group at any time.

GriefShare

Meets Wednesdays, 1-3pm
Begins September 16
Facilitator: Lynn Seim
Call Marion to register 403-917-0377

GriefShare is a seminar and support group designed to help you rebuild your life after losing a loved one. Our group is led by caring people who have experienced grief and want to help you through the difficult days ahead.

MOPS Mothers of Preschoolers

We're back! And we hope you can make it to all our packed-to-the-brim MOPS events this fall. You're invited to join the mother of all mom meet ups! Coffee, crafts, topical parenting discussions and friendship. For now we will have no childcare, which means most months you won't even have to pack up your littles to attend the events. It will be a true evening out with other mamas!

Our first event will be for moms and preschoolers, meeting at 10am on Wednesday, September 16, at Riverside Community Park (370 Ave E, Okotoks, just across from Seaman Stadium). Bring your own snacks, blanket or lawn chair. It'll be a great time to catch up with friends and be introduced to soon-to-be-friends, while your children play under your supervision.

Beginning in October, all our meetings will take place at the church on the second Wednesday of the month (7—9pm). No childcare will be provided. For those wishing to watch the videos at home and be part of the MOPS experience online, you will need to sign up to receive the link to watch the amazing selection of teaching videos this year.

Connexion Cafe

The Ministry to Women Leadership Team has decided to hold off with Connexion Café until further notice. Do you still want to connect with other women? Contact Marion to brainstorm possible ideas to make it work!
403-917-0377

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Okotoks Evangelical Free Church | Fall 2020

Bible Studies

If your fall schedule is looking uncertain, whether you have kids in school or at home, or you're not sure about group meetings in person, you are not alone! To empower and encourage you to study God's Word, we are offering three studies with various formats. Two of the studies will include weekly in-person small group discussion at the church. The other format (buddy study) will involve watching a Right Now Media video and meeting in person or via phone call with a friend (or we can match you up with someone) to discuss the session. You can meet at home, in a coffee shop, or over the phone, any time that works for you each week. Maximum flexibility, with accountability and dialogue.

Pre-registration is required to pair women up (buddy study) and to set up adequate rooms and chairs at OEFC to allow for physical distancing. Register at <https://okotoksefc.infellowship.com/Forms/444665>. None of the studies require the purchase of a participant's study.

The Good Book by Kyle Idleman and Deron Spoo

Facilitator: Jola Hanhart

Meets at OEFC on Tuesday mornings (9:30-11:30am) beginning September 15

The Bible is a big book. Hundreds of characters and thousands of ideas parade across its pages from beginning to end. From the uninitiated to the very seasoned, readers of the Bible will always find something new to learn in *The Good Book*.

Over the course of 8 sessions, pastors Deron and Kyle will visit the most salient themes about God in the Bible. Each session will break down the main concept into two smaller sections to unpack the meat behind the theme. At the center of the series stands God, and each theme will focus on who He is in relationship to His created order.

Sessions include In the beginning; God is good when life gets messy; God is big; Tough love, troubled times; Jesus has just entered the building; Jesus won't leave us as we are; Follow Jesus; God's messages for you.

The Art of Neighboring by Dave Runyon and Jay Pathak

Facilitator: Mary Minken

Meets at OEFC on Tuesday mornings (9:30-11:30am) beginning September 15

What comes to mind when you think about your neighbors? Maybe you don't know them very well or, if you're honest, maybe you think the lady across the street is a bit weird. For many of us, it can be tempting to keep our distance and mind our own business in our neighborhood. But is that really how God wants us to live?

As followers of Jesus, we've been called to love both God and our neighbors. It's easier said than done, but if we push past the fear, time barriers, and pride that can keep us from engaging with others, we can build deep connections with the people in our neighborhood and, most importantly, please God.

In this four-session series Dave and Jay help us focus on the people within our neighborhood and learn what it means to be a good neighbor. They discuss the importance of pushing through the uncomfortable feelings that come with communicating, investing in, and caring for the people who live near us. What would our communities look like if we took Jesus's command to love our neighbors as ourselves seriously?

Sessions are Rediscovering the art of neighboring – little things make a big difference; The time barrier - margin is key to being a good neighbor; Overcoming fear - neighboring can be both messy and powerful; The art of receiving – reciprocal relationships go both ways.

Fear and Faith: Finding the Peace Your Heart Craves by Trillia Newbell

Facilitator: Lisa Branch (*Online / Buddy Study*)

Bible Study Info Session via Zoom on Tuesday, September 15 at 9:30am (use this link to join <https://us04web.zoom.us/j/78297760193?pwd=TVpqWWZ6dDNXMEJCb08wczYxMnVSdz09>)

Failure, rejection, sickness, losing a loved one, being alone—the fears we carry are many and heavy. Fear can be a tyrant, a bully we can't hide from. It can paralyze our spirit, damage our relationships, and hinder our faith. When we're struck with fear, where do we turn? Can God really be trusted?

In five sessions based on her book, Trillia invites women to explore their fears and how those fears impact their relationships, self-esteem, peace of mind, and walk with God. Each session features real-life stories of women who are wrestling with fear due to tragic events, difficult circumstances, or deep anxiety about what may or may not happen. Trillia will walk through Scriptures that show God's love and strength when we are afraid and His faithfulness in times of trouble.

Whatever your fear, you will realize you are not alone, nor are you without hope. You have the One who can calm your fears, grow your faith, and give the peace your heart craves. Sessions are Fear of Others; Fear of the Future; Fear of Ourselves; When Your Fears Come True; Fear of the Lord.