

*The*

# Contract

**Saint Paul's**

Nanaimo, B.C.

*Keeping your home  
in contact with your parish*

**November 2018**

**Rector: The Venerable Clara Plamondon**

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## **Clara's+ Corner ...**

Wasn't that a celebration? I don't know about you but I do like a parade. At the recent Induction Service on October 24th we had the good pleasure of celebrating our shared life of ministry together.

The weather held out and we were able to make our way to the front of the church through the memorial gardens and up into the front doors. We were led by the cross, choir and many clergy with flowing robes and red stoles. We did it up good as we Anglicans like to do. It was a way of letting the surrounding community know that something was happening at St. Paul's!

I was heartened by the number of folks who were able to come and be a part of the service including: our Bishop, clergy of the diocese, members of various parishes in our diocese and local clergy and representatives of a few community groups that use our hall. As I stood making my covenantal commitment to the parish I was struck with an overwhelming sense of gratitude. God was clearly with us and the Spirit of God was moving in and through all of us. Thanks be to God!

The words that we said to each other are significant. It was about entering into relationship –grounded in the relationship we have with Christ. These rituals of commitments and covenant are not empty rituals. They are a way of affirming how we will work and serve together as clergy and laity.

It is an opportunity to recognize that we all bring our unique gifts and abilities to share and that we come with both our strengths and weaknesses. In other words, we are each called by God, gifted and blessed with who we are and what we bring to our life together. And while we certainly come with all that we are, we know that we are human and are here by the grace of God. We know that in order to share the love of Christ or be a part of God's mission we must rely on God's ongoing guidance and direction.

Isn't that the joy of being a part of a community? We each have something to offer to our shared ministry. None of us can do it on our own. Christ called together a group of disciples so that they would work together, serve and worship together.

May we always give thanks for the gift of our life together. I look forward to this new chapter of ministry with you! Who knows what God has in store for us? The good news is that God is already preparing the way and is leading us each and every step of this journey, just as God has always done.

Let's continue to pray for each other and for the ministry and work that God has so lovingly made available to us in this community of Nanaimo.

Now go be a friend!

*Rev. Clara*

## THE WARDEN'S CORNER

I should title this article 'A little of This and A little of That'. October was a busy month both inside and outside the church. From flu shots to municipal elections, from Anglicanism 101 to Hallowe'en, we hope we are set for a healthy, happy fall & winter: no coughs, no combat, new knowledge, no zombies. Add the Investiture of Blanche Gates and Les Annesley and the impressive medals they received, and that should feel like a full month of activities. But NO! there was more ...

I have to confess "I love a parade!" And what a wonderful procession it was into the church for Venerable Clara's Induction service. It was gratifying to see the support from other clergy for Rev. Clara and for our continuing ministry in Nanaimo. The service was uplifting and a pleasure to participate in. Predictably, the St. Paul gnomes had been at work in the hall and a very tasty reception was set out. The hospitality team deserves a sincere thank you for the preparation and clean-up.

*"And now for something completely different"* – as Monty Python used to say.

The voting public has chosen a new mayor; the Bishop has officially appointed our new Rector. We have new community beginnings and new spiritual beginnings. The month of November starts with All Souls Day, progresses to Remembrance Day, and ends with the Reign of Christ – we anticipate another full month. BUT WAIT! I didn't mention our up-coming **Christmas Marketplace on November 24th!** This is definitely a date to mark on your **Anglican Church Calendars** – which are available from members of the ACW. Carol Shaw would be pleased to handle your inquiries in this regard. And thus the month of November ends as we drift with the falling leaves towards the time of Advent.

Janice Valecourt,  
People's Warden

## NOTES FROM THE TREASURER...



The last Financial Statement available is to the end of September 2018.

Total Income for 9 months	\$ 184,467.32
Total Outgo for 9 months	<u>216,659.72</u>
	\$ (32,192.40)
Balance fwd. Jan. 1/17	<u>(24,761.97)</u>
<b>Balance</b>	<b><u>\$ (56,954.37)</u></b>

Our deficit for the **month** of September improved a little over July & August, being \$3,372.26. Our Open & Envelope offerings were under the budget we passed for 2018 by \$21,649.02. We are also under our September 2017 total offerings by \$6,545.37. It is hard to put any kind of positive spin on these numbers. We have to be thankful that we have the Project Account to cover the growing deficit.

We must continue to be vigilant about our expenses and encourage everyone to keep their offerings up to date. It would help such a great deal if we could get more people to sign up for Direct Deposit.

Full copies of the Financial Statements may be found on the bulletin boards in the Narthex and hall. If you have any questions, I will do my best to answer them. I can be reached by email at [sue\\_gue@telus.net](mailto:sue_gue@telus.net), or by telephone at 250-758-6674.

Sue Gueulette,  
Treasurer

## Anglican Church Women

October is always a busy time for the St Paul ACW as we finish up our various projects to ready them for the Dorcas bundles. Sorting, bundling and mailing day is October 30 and it looks like there will be five of us going to Duncan to take part in this exciting and fun activity. A full report will be given at our November 7 meeting. At this meeting, nominations will be closed for the positions of President, Vice President, Secretary and Treasurer.

As the year winds down, we are hosting a Christmas pot luck lunch on Wednesday, December 5 at 12:30. This will be held in the hall and we invite you to join us for a light lunch and a chance to meet.

For the week of November 25th - December 2nd we will be promoting the wearing of white ribbons to bring awareness to the needs of abused women and their families. The ribbons will be available in the Narthex for a small donation.

ACW meets on the 1st Wednesday of the month in the St. Matthew room - brown bag lunch/socializing at 12:30 and the meeting begins at 1pm. Meetings are usually an hour and everyone is welcome.

*Carol Shaw, ACW President*

## Prayer Shawl Ministry

*The things that we love tell us what we are.*

St. Thomas Aquinas.

On behalf of the Prayer Shawl Ministry, I would like to welcome Amy Fleming and Barbara McKee. Thank you for joining us.

I would like to give special thanks to Carol Shaw, Sandra Robinson, Donna Lee Criss, Catherine Kung, Blanche Gates, Diane Wade, Shirley Strong, Christine Appleton, Patricia Sheen and Wendy Banta. These women take their time and talent to make our ministry continue and grow. Without you, there is no ministry. Thank you.

We accept monetary donations to purchase yarn or donations of yarn in any colour, soft and washable approximate 1000 yards of worsted weight yarn.

Even if you have never knitted or crocheted before and would like to learn, here is your opportunity.

The Prayer Shawl Ministry meets to pray, share, knit or crochet on the second and fourth Thursday of each month from one to three o'clock in the St. Matthew room. All are welcome. If you have any questions, please contact Yvonne Oliver at 250-754-8614

## FUN, FOOD & FELLOWSHIP

On Sunday, October 7th, Fun, Food, & Fellowship held our annual Harvest Potluck Thanksgiving Lunch. We all sat down to a lovely meal with plenty of good food. Many thanks to all who attended and gave their offerings of potluck. Thanks also to the Shriner's for their assistance with serving food, tea/coffee, and the clean-up. We served approximately 80 folks.

Last Friday a group of F,F&F members spent an industrious morning filling small paper bags with sweet treats given generously by the parish congregation for the Downtown Merchants Halloween Walk. On Saturday, October 27th Heather and Marilyn served the treats to the children on their walkabout through town on Saturday 27th. We packed over 300 bags and distributed them all. Thanks to parishioners who contributed so many yummy items and stickers.

On November 11th in partnership with the Canadian Legion our committee will be participating by serving hot dogs and beverages to the children participating in the parade and service of remembrance at the Cenotaph. We will be assisted by the two Nanaimo Ambassadors and their chaperone in serving the children.

Thanks to parishioners who are able to help us at the various events we coordinate. Do consider joining our team any time. We would love to see our numbers grow a bit, and the obligations are spread sporadically throughout the year except the summer.

*Kathie Day and Sue McDonald,*

Coordinators

# Christmas Marketplace

**Saturday, November 24<sup>th</sup>**

**10:30 am to 2:00 pm**

## Luscious Lunch

### Menu

Baked Ham, Scalloped Potatoes, & Salad  
or  
Vegetarian Quiche & Salad  
Dessert included

*Tickets are \$10 & doors open at 10:30 am.  
There are 3 sittings - 11:00, 11:45 & 12:30.  
Please wait to be seated for lunch, and served by  
our fabulous waiters.*

Convener: Marilyn Browning (250-585-6857)

**Location: Main Hall**

## Christmas Decor

*This stall will be located in the St. Mark Room.  
We need small toys (no bigger than your fist) for a  
"Pick-a-Pocket" game for children  
Special Christmas ornaments (homemade or new)  
Christmas home decor items (not too large, please,  
as space is limited).*

For more information ...  
Call Randy & Barbara Milligan at 250-754-2753

**Location: The St. Mark Room**

## The Deli Stall

**Featuring: Those famous turkey pies!**

**Sausage Rolls \* Soups  
Cabbage Rolls\* Relishes \* Apple Sauce  
Any other deli-cious items you can think of!**

**Please label accordingly.**

Convener: Sue McDonald (250-755-1995)

**Location: St. Matthew Room**

## Fashion Accessories

*A new stall this year.  
We are seeking new (or near new)  
accessory items.  
Scarves (both inner & outer wear),  
belts, purses, gloves and hats.*

*Our convener is  
Yvonne Oliver (250-754-8614)*

**Location: The St. Mark Room**

## JAMS, JELLIES AND PRESERVES (Located in the Library)

This stall is often the first one to sell out!  
We hope you have made lots of extra jars  
of marmalade, jam, and fruit preserves.

Hilda Andrews (250-758-8800) and her  
crew will welcome your donations.

## POSTERS

We have just received the posters from the  
printer. Posters are only effective if lots of people  
put them up in places where many can see them!

Please help us advertize the Marketplace by  
picking up a poster (or more) from the Narthex  
and posting it in a prominent place(s).

**Thanks for your help!!**

## THE CRAFT STALL

Calling all you crafty people!!

This stall needs donations of new, hand crafted sewing, knitting, crocheted items, cross stitch, dressed dolls, wooden toys, etc.

Please note the cost of the materials on the item as it gives us an idea of how much to charge.

Come and visit us for that special gift.

Convener: Sandra Leigh at 250-618-0269

**Location: The St. Luke Room**

## THE HOME BAKING TABLE (LOCATED IN THE ST. MATTHEW ROOM)

*Tasty treats from your kitchen, please!*

*Bread & Buns \* Cinnamon Rolls*

*Scones \* Small Pancakes*

*Tarts \* Shortbread\* Christmas Cake*

*Loaves \* Squares \* Your own specialty*

*We would welcome sugar reduced baking,  
jams, preserves etc.*

*Please list your ingredients.*

*Pricing will be done by the conveners.*

*All donations greatly appreciated!*

*All donations greatly appreciated!*

*Call Rhonda Lehman (250-754-3291)*

## The Quilting Corner

As its name suggests, this stall is looking for all sorts of quilted items - table runners, wall hangings, small quilts, shopping bags, pot holders etc. (Please price your items.)

Convener is Mary Jane McLaughlin

250-753-8191

**Location: The St. Luke Room**

## THE SILENT AUCTION

(Located in the Main Hall)

This is one of the largest money makers in the Marketplace. It will be open for bids from

**10:30 am to 12:30 pm.**

Please bring us NEW items (in their original wrapping), special crafts, dinners, teas, services (such as yard work, babysitting) and we will put them up for bids. We hope to be able to publish a list of items on Sunday, November 18<sup>th</sup> so you can decide what to bid on. Items should be here at the church by the 22<sup>nd</sup>. If you are bidding, and can't stay to the end, let one of us know your maximum bid, and we will keep an eye on your item for you.

Convener is Sue Gueulette (250-758-6674)

or call Tony in the office (250-753-2523)

## BOTTLE & MYSTERY GIFT TABLE

**Located in the St. Matthew Room**

This old favourite is back! We need new, **full** bottles of all shapes & sizes (no JARS). In addition, we are looking for small gift items - note cards, pens, scarves etc.

*You buy a \$5 ticket and you take your chances!*

Convener is Margie Santoro (250-729-9167)

Greeting you at the door will be  
Kathie Day & Heather Lester  
**You must enter the building from the door off  
the parking lot. The main hall doors  
will be for exit only!**

Our "treasurers" for the day will be John Collison-Baker & Colin Sheen. **Set up** will be on Friday, November 23<sup>rd</sup>, with the building open between 9 am and 5 pm. Please bring your items then, unless otherwise stated. Let's all support this event - our goal, besides having fun, is to raise \$10,000.00. WE CAN DO IT!!!

Conveners: *Patricia Sheen, Heather Lester  
Marilyn Browning, Sue Gueulette*

## PASTORAL CARE

*“Go in peace to love and serve the Lord.  
Go be a friend.”*

These are some of the last words we hear before we reach the Narthex after Sunday service. There are expectations in these words which are a reminder that we all need to continue our work towards this mission but there are no set guidelines for “being a friend.” There is only our willingness to minister or take care of another.

Pastoral Care is about supporting people both spiritually and emotionally. It is not only about tending the sick and less fortunate but also about caring for those in their joy and success.

Take a moment to look around you in the church and see the many beautiful interactions that are happening in front of your eyes and you will see that the Lord’s work is being done.

There are different levels of Pastoral Care, a few of them demanding a certain degree of knowledge, training, certification and responsibility of the care giver. The Pastor and the Pastoral Care Team, which is small, do their best to meet the needs of those who require their qualifications for intervention. Another level of Pastoral Care requires no specific training and benefits many. It only requests a response to His calling.

As we approach the time of year when there is less light, may you choose to serve the Lord by brightening someone’s day with a kind word, an e-mail, a card or maybe even a telephone call .....

*“Go be a friend.”*

*Sandra J. Robinson*

### ALTAR FLOWERS

The main altar is available for flowers on:

- May 5th 2019
- June 16th 2019

Contact Colleen Johnston on 250-753-2528

## PWRDF REPORT

**Celebrating our legacy,  
honouring our history.**

The late ‘50s in Canada were a time of economic slump. Then on October 23, the Springhill coal mine in Nova Scotia collapsed due to a bump (when a seismic jolt causes a pillar to crumble) trapping 174 men underground. Only 99 would make it out. Canadian Anglicans offered more than \$130,000 to support the families in recovery. That’s almost \$1.2 million in today’s dollars: an outpouring of generosity that can only be described as staggering.



Sixty years later we are called to remember this tragic accident and the lives of those 75 men, yet also to recognize that out of this tragedy the PWRDF emerged as its legacy.

To count the number of people affected is next to impossible. For every person who today receives a goat, a bag of seeds, a training program or a micro finance loan, the ripple effect is unknown. For every village that is rebuilt after a flood or earthquake, how do we track the generations that come after them? What of the girls who can now attend school because their daily trip to fetch water only takes 20 minutes instead of two hours? Who knows what impact that girl will have on her classmates?

There is another legacy to consider, and that is for us, the Anglicans in the pews who hear about PWRDF and who offer their hearts, their prayers and resources.

*Janice Valecourt,*  
PWRDF Representative

## MORE NEWS FROM EUROPE

Roseleagh Lalande continues the account of the European vacation for Claude & herself.

*Claude and I completed the Camino on Canadian thanksgiving day which we thought very appropriate. We walked 799 kms carrying our backpacks. They say that only 20% of people who start the trek in France actually complete the walk without taking some sort of public transport along the way or don't finish for different reasons. Some get sick or injured and some have finite timelines and only do sections as they can. Claude and I felt very blessed to have both the health and time to complete this.*

*As we told you in the last article we started the trek in St. Jean Pieds du Port in France. We immediately climbed for hours to cross the Pyrenees. The first 48 hours were definitely the hardest climbs of the whole trail but as with most things in life, the reward was outstanding. It's hard to describe walking on top of the world, mist covered valleys below and the world is full of the sound of bells. The cows wear bells and the tinkling as they graze is magical. As you gazed back on the sunrise it was definitely a "wow" moment only to be surpassed another 200 feet along.*

*The Pyrenees were an arduous climb but we weren't done when we passed them. Claude and I joked that every day started with a climb on a goat track. I thought that with thousands of pilgrims doing this trek every year the paths would be well trod and smooth. Not so! Loose rocks prevailed and as mentioned lots of injuries.*

*Once we passed through the Pyrenees we hit the meseta, very similar to our prairies. Long hot days walking on flat, straight Roman roads. At one point we walked on an original Roman road that only had a load of gravel added to it. I walked the same road that Caesar Augustus trod! The third phase, Galicia was my favourite. Back into the mountains heading for the home stretch. The villages were not so isolated and more history. The Knights Templar were active in this area and we did a tour of their castle built in the 12th century.*

*In Rabanal we visited the original Benedictine monastery which is still functioning. It was a very simple stone building with a cut out for a window.*

## ALTAR GUILD ANNUAL GENERAL MEETING

**Saturday, November 17  
1:30 pm. in the St. Matthew Room**

St. Paul's Altar Guild will hold its AGM with election of officers on the above stated date.

Altar Guild members are responsible for setting out the Holy Vessels for services, making sure the coloured hangings are correct for the season, and arranging the flowers for the altar and side altar.

They also decorate the church for Festivals. If you would like to join one of our teams, please feel free to come to the AGM. If you cannot come at that time, contact current President, Sue Gueulette, by telephone at 250-758-6674 or email at [sue\\_gue@telus.net](mailto:sue_gue@telus.net).

New members would be most welcome!

## GLOBAL VILLAGE NANAIMO



The Global Village Nanaimo seasonal Fair Trade Store is now open at 111 Terminal Ave. This is the bright yellow building on the corner of Terminal and Campbell in downtown Nanaimo.

This store is a not-for-profit social enterprise that sells only fair trade goods, including soaps, spices, coffee/tea, housewares, gift items, accessories, linens and Christmas items.

The store is only open until December 24. Volunteers are also still needed for this season.

For more information visit the website:  
[www.globalvillagenanaimo.com](http://www.globalvillagenanaimo.com)

*Evening vespers were held with Gregorian chant. Claude and I were asked to do a pilgrim reading, Claude in French and me in English. The vespers were all done in Latin. It was a special evening for Claude as his Dad used to do the Gregorian chant, and services for Claude as a child were always in Latin. After the service Claude and I received a pilgrim's blessing from this wonderful monk.*

*At another point of the Camino there is an iron cross atop a mountain. We both brought small rocks from home to lay at the bottom of the cross, symbolic of leaving your burdens there. I have to admit that I left mine with thanks for all the blessings in my life.*

*We visited Astorga which has the same population as Parksville but hosts a medieval castle, church and has uncovered Roman ruins which are now under glass for viewing and protection. A very different place from our little sleepy seaside town.*

*I can't even begin to describe how it felt to walk into Santiago. We walked to the big square in front of the cathedral and were lucky to meet up with some of our new Camino friends. We attended the pilgrim service and toured the cathedral. We prayed in front of the tomb where St. James is buried.*

*All in all it was an amazing experience. If you have found this small sample of stories interesting, we would be happy to bend your ear more when we get home. We are now in Portugal for a few weeks before heading off to Morocco.*

*We will see you all in January,  
Roseleagh & Claude.*

## *Parish Happenings*

### **Newcomers**

Jackie Clabon

Ross Fraser

Bill & Barbara McKee

### **In Memoriam**

Dr. Bob Swain

Bertha Davis

Dee Boyd

## **DID YOU KNOW?**

Every copy of the Contact that we don't have to send by mail saves the church a dollar, so please make sure you pick up your copy from the Narthex or better yet ... sign up to receive your copy electronically. All you need to do is contact the church office and we will do the rest.

Signing up for the Electronic Collection Plate (ECP) program is easy and painless. The ECP program is administered by the Synod office at no cost to the parish and will ensure that your financial support is deposited directly to St. Paul's bank account on a monthly basis, even if you are unable to attend for whatever reason. Filling out a simple form is all that is required, and a void cheque if you have one. The forms are available at the Reception desk.

## **ADVENT SERIES**

Advent Series – Wednesdays at Noon, Starting Nov 28th – Bring your Bag Lunch!

Join Clara+ for a one-hour Gospel-Based Discipleship Series, based on the Disciple's Prayer Book developed by the Anglican Council of Indigenous People. We will be using a method of praying with scripture with a focus on the Advent Sunday gospel readings. It will begin November 28th for 4 weeks. Make this your Advent spiritual practice! Consider coming to the mid-week Communion service at 11 am and then bring your bag lunch as we gather at noon to pray and enjoy lunch together as we listen and discern what the gospel is saying to us today.

## **Tony's footnotes ...**

During the next couple of weeks I will be producing the Worship Schedule for December & January, so if there are any dates that I need to be aware of, please let me know as soon as possible. Thank you.

The deadline for the December Contact will be November 27<sup>th</sup> at 9:00 a.m.

Until next time ...