

Practice proper hand hygiene

One of the best ways to promote personal health and stop the spread of disease is to wash your hands!

Slather on plenty of soap and wash away!

Experts say to wash for at least 20 seconds – that's one nice and slow verse of Down in the River to Pray.

Do two verses for extra cleansing power!



DOWN IN THE RIVER TO PRAY

Gospel



1. As I went down in the ri-ver to pray Stu-dy-ing a-bout that good old way And



who shall wear the star-ry crown Good Lord show me the way Oh sis-ters let's go down



Let's go down come on down Oh sis-ters let's go down Down in the ri-ver to pray

2. As I went down in the river to pray
Studying about that good old way
And who shall wear the robe and crown
Good Lord show me the way
Oh brothers let's go down
...

3. As I went down in the river to pray
Studying about that good old way
And who shall wear the starry crown
Good Lord show me the way
Oh fathers let's go down
...

4. As I went down in the river to pray
Studying about that good old way
And who shall wear the robe and crown
Good Lord show me the way
Oh mothers let's go down
...

5. As I went down in the river to pray
Studying about that good old way
And who shall wear the starry crown
Good Lord show me the way
Oh sinners let's go down
...

6. As I went down in the river to pray
Studying about that good old way
And who shall wear the robe and crown
Good Lord show me the way