

# MESSAGE OUTLINE

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*Let's Trust* is the fourth message in the series: *Let's Break the Rules*. The upcoming messages will be *Let's Think*, *Let's Choose*, *Let's Change*, and *Living by Grace*.

### OBJECTIVE

To show the power of trust in deepening our love for God and others.

### THEME

God created us to trust as a means of connecting in community.

### REVIEW

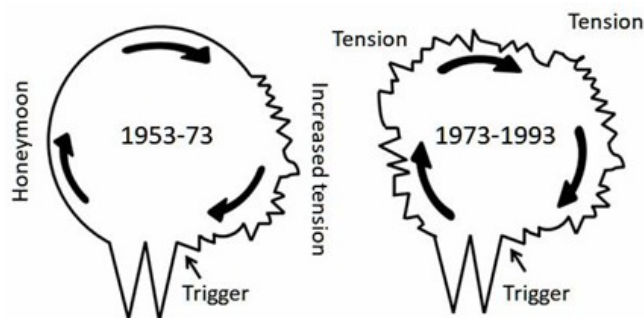
Breaking the *don't feel* rule is key to not letting our pain and struggle go to waste. Emotions are like a dashboard revealing to us what's happening in our hearts and prompting us toward self-examination.

### HIGH TRUST EXAMPLES

Trust is confidence. The opposite of trust is suspicion. Some examples of high trust would be:

- When God gives Adam the task of maintaining the Garden of Eden and naming the animals
- When Abraham obeys God and moves from his hometown toward Canaan, not knowing where he is going
- When Jonathan and David make a covenant
- When David gathers his mighty men
- When Jesus opens His heart to his disciples at the Last Supper and calls them friends, knowing that one of the group will soon betray Him.

### PERSONAL STORY of BROKEN TRUST • Dan W



### TRUST and POWER • Matthew 20:25-28

Bankruptcy always happens the same way: gradually, then suddenly. Giving away power (serving among) builds trust and expands our influence. Grabbing for more power (lording over) destroys trust and diminishes our influence. Trust inevitably breaks when there's a pattern of grabbing for power.

### BROKEN TRUST EXAMPLES

- King Saul tries to spear David twice, triggering David's hiding in the wilderness for 15 years
- Peter denies knowing Jesus out of fear of being identified with Him

### THREE CATEGORIES OF PEOPLE

This can help us figure out who to trust:

- Wise people hear and are teachable (Prov. 1:5). They own their issues and struggles without blaming or excuses. Talking with these people always helps. They know how to listen.
- Foolish people don't hear and are unteachable (Prov. 1:7; 12:15). His way is right in his own eyes. He's never wrong. Since they don't listen, it's appropriate to stop talking with them.
- Evil people seek to destroy so we need to do whatever it takes to protect ourselves from them (Psa. 34:14; 140:1). These people deserve the gift of defeat. Talking never works with these people

Forgiveness is a gift. When I forgive, I'm the main beneficiary. Trust is something we earn.

### JESUS and PETER • Matthew 26:33-35; John 21:15-17

Trust can be rebuilt, even to the point of re-entering ministry. Jesus asking Peter tough questions made his rashness leave for the rest of his life. Re-building trust requires introspection, integrity, apologizing, direct communication, and accountability.

### SUMMARY

Breaking the *don't trust* rule is necessary to create healthy community. It will require multiple times of consistent and complete follow-through.