

Sunshine Coast Community Foundation, Vital Signs 2014
 Data relating to **Health and Wellness**

Data in italics was included in the backup data (and in some cases the Vital Signs publication) in 2011. It is included here for context.

Vital Statistics

Infant Mortality Rate																
Note	<p>The infant mortality rate remains high, the third highest of 26 regional districts.</p> <p><i>For the period 2005-2009, the range of infant mortality rates for regional districts in BC was from a low of 0.8 to a high of 10.2. The Sunshine Coast had the 11th lowest rate of 26 regional districts.</i></p> <p><i>For the period 2006-2010, the range of infant mortality for regional districts in BC was from a low of 1.6 to a high of 8.3. The Sunshine Coast had the 2nd highest rate of 26 regional districts.</i></p> <p>For the period 2008 – 2012, the range of infant mortality for regional districts in BC was from low of 1.4 to a high of 7.7. The Sunshine Coast Regional District had the third highest rate of 26 regional districts</p>															
Data	Rate of Infant Mortality for each 1000 live births <table border="1" data-bbox="478 979 1220 1094"> <thead> <tr> <th></th> <th>2005-2009</th> <th>2006-2010</th> <th>2008 - 2012</th> </tr> </thead> <tbody> <tr> <td>SCRD</td> <td>3.9</td> <td>6.6</td> <td>6.4</td> </tr> <tr> <td>BC</td> <td>3.9</td> <td>3.8</td> <td>3.7</td> </tr> </tbody> </table>					2005-2009	2006-2010	2008 - 2012	SCRD	3.9	6.6	6.4	BC	3.9	3.8	3.7
	2005-2009	2006-2010	2008 - 2012													
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BC	3.9	3.8	3.7													
Source 2011	<p><i>BC Stats, Regional Socio-Economic Index for Health Problems, 2009 and Regional Socio-Economic “Index for Children, 2010”.</i></p> <p>http://www.bcstats.gov.bc.ca/data/sep/i_rd/data/rhlth.pdf and http://www.bcstats.gov.bc.ca/data/sep/i_rd/data/rchild.pdf</p>															
Source 2014	<p>2008 – 2011 Stats from BC Stats Indicators of Children at Risk.</p> <p>http://www.bcstats.gov.bc.ca/statisticsbysubject/SocialStatistics/SocioEconomicProfilesIndices/SocioEconomicIndices/RDReports.aspx</p>															

Life Expectancy at Birth																													
Note	<p>For the period 2005-2009, average life expectancy in regional districts in BC ranged from 75.5 to 82.4. The SCRD life expectancy was the third highest of regional districts in BC.</p> <p>For the period 2008-2012, average life expectancy in regional districts in BC ranged from 74.1 – 84.5. The SCRD life expectancy of 82.7 years was the third highest.</p>																												
Data	<table border="1"> <thead> <tr> <th></th> <th colspan="2">2006 - 2010</th> <th colspan="2">2009 - 2013</th> </tr> <tr> <th></th> <th>SCRD</th> <th>BC</th> <th>SCRD</th> <th>BC</th> </tr> </thead> <tbody> <tr> <td>Males</td> <td>79.7</td> <td>79.5</td> <td>79.95</td> <td>80.2</td> </tr> <tr> <td>Females</td> <td>83.9</td> <td>83.9</td> <td>84.45</td> <td>84.27</td> </tr> <tr> <td>Total</td> <td>81.7</td> <td>81.7</td> <td>82.23</td> <td>82.25</td> </tr> </tbody> </table>					2006 - 2010		2009 - 2013			SCRD	BC	SCRD	BC	Males	79.7	79.5	79.95	80.2	Females	83.9	83.9	84.45	84.27	Total	81.7	81.7	82.23	82.25
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	SCRD	BC	SCRD	BC																									
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Source 2011	<p>BC Stats, Life Expectancy and Regional Socio-Economic Index for Health Problems http://www.bcstats.gov.bc.ca/data/pop/pop/dynamic/LifeExpectancy/Query.asp?type=RD</p>																												
Source 2014	<p>BC Stats, Indicators of Health Problems by Regional District, 2012 http://www.bcstats.gov.bc.ca/StatisticsBySubject/Demography/VitalStatistics.aspx BC Stats, Vital Statistics, Life Expectancy by Regional District</p>																												

Total Fertility Rate (TFR) per thousand women, by age group, by census year	
Note	<p>ASFRs represent the average number of births to 1,000 women of the specific age group, while TFRs represent the average number of births 1,000 women could have if their lifetime fertility was the same as the ASFRs. All figures are calculated using the average of two consecutive July 1st populations and Census Year (July 1 to June 30) period live births of the year stated.</p> <p>The data for 2005 – 2010 which is currently on BC Stats website for the SC LHA is not the same as what was published in 2011, perhaps because of the restatement of the population numbers. The “new” data for 2005 - 2010 is included below.</p>

Data	SC Local Health Area								
		15-19	20-24	25-29	30-34	35-39	40-44	45-49	Total Fertility Rate
	2005	5.7	45.4	137	101	38.1	6.2	0	1667
	2006	10.1	63.5	119.9	80.8	33.9	5.4	0	1568
	2007	6.8	74	121.3	95.3	55.3	10.2	0	1814
	2008	13.8	50.4	135.4	113.3	58.4	14.5	0.8	1933
	2009	10.6	77.1	125	109.3	68.2	8.3	0	1992
	2010	12.2	75.5	139.4	112	40	11	0.8	1955
	2011	8.8	58.5	123.9	124	59.9	6.8	0	1910
	2012	8.7	55.6	114.6	87	58	5.8	0	1648
	2013	2.5	54.2	110.9	109.9	39.2	17.8	0	1672
	BC								
		15-19	20-24	25-29	30-34	35-39	40-44	45-49	Total Fertility Rate
	2005	10.5	42.6	84.3	93.3	45.6	8.4	0.4	1425
	2006	10.1	43	82.9	95.4	48	8.7	0.5	1443
	2007	10.8	43	83.6	96.5	51.1	9.6	0.5	1476
	2008	10.6	44.5	84.4	100.3	53	9.6	0.6	1515
	2009	10.6	43.5	82.9	99.4	54	10.4	0.7	1507
	2010	10.1	39.8	80.8	98.5	54.6	11.2	0.6	1478
	2011	9.3	36.9	76.8	99.1	54.2	11	0.6	1440
	2012	7.9	34.6	76.9	98.8	55.6	11.5	0.7	1430
	2013	7.8	32.3	76	100.7	57.6	12	0.6	1435
Source	BC Stats, Age Specific Fertility Rates by LHA, April 2014								

Potential Years of Life Lost					
Note	Potential Years of Life Lost (PYLL) represents the number of years lost when a person dies prematurely.				
Data	SCRD:				
		2004-2008		2007-2011	
		<i>Range of Results for Regional Districts 2004-8</i>	<i>Ranking of SCRD among 26 RDs (with 1 being the worst) 2004-8</i>	Range of Results for Regional Districts, 2007-11	Ranking of the SCRD among 26 RDs (with 1 being the worst)
	Death from Natural Causes	29.5 – 55.3	24	26.0 - 50.8	12
	Accidental Causes	5.3 – 20.3	15	4.7 - 24.9	24
Suicide / Homicide	2.3 – 8.2	25	3.3 – 11.2	24	
Source 2011	Health Profile, Rural Vancouver Coastal Health, BC, 2010 and BC Stats, Socio Economic Indexes, 2009, Indicators of Health Problems For BC Stats: http://www.bcstats.gov.bc.ca/data/sep/i_rd/data/rhlth.pdf				
Source 2014	BC Stats, Indicators of Health Problems, 2012				

Birth Statistics								
Data	Average Rates from 2007 – 2011 (per 1000 live births, unless otherwise indicated)							
		Live Births (per 1000 people)	Still Births (per 1000 total births)	Low Birth Weight	Caesarean Live Births	PreTerm Live Births	Live Births to Teenaged Moms	Live Births to Moms 35 and over
	Sunshine Coast LHA	7.38	7.29	44.95	315.6	78.90	42.20	220.18
	Powell River LHA	6.98	14.25	47.69	260.12	75.14	50.58	161.85
	Howe Sound LHA	13.73	12.01	44.84	342.83	63.70	25.57	304.27
North Shore / Coast Garibaldi HSA	8.51	11.73	51.95	323.82	74.51	21.05	345.54	
Source	Selected Health Status Indicators by Local Health Area, Health Service Delivery Area and Health Authority, British Columbia, 2007 – 2011, Table A http://www.vs.gov.bc.ca/stats/annual/2011/pdf/appendix3.pdf							

Death Statistics	
Note	<p>Statistical Mortality Ratio is the ratio of the number of deaths occurring to residents of a geographic area (e.g., LHA) to the expected number of deaths in that area based on provincial age-specific mortality rates. The SMR is a good measure for comparing mortality data that are based on a small number of cases or for readily comparing mortality data by geographical area. SMR is an internationally recognized health status indicator.</p> <p>End/Nut/Met Deaths are deaths from endocrine, nutritional and metabolic diseases.</p> <p>Where a trend is indicated, it is a statistically significant trend in average statistical mortality rate based on averages from 1986 to 2011.</p>

Data	Statistical Mortality Rate from 2007 – 2011										
		All Causes of Death	All Cancer Sites	End / Nut/ Met Deaths	Diabetes	Circulatory System	Cerebro-vascular disease / strokes	Alcohol Related Deaths	Medically Treatable Disease	Drug Induced Deaths	Smoking Attributed Deaths
	Sunshine Coast LHA	.99 (trend down)	1.12	.83 (trend up)	0.81	1.05 (trend down)	1.15 (trend down)	.96 (trend down)	1.02	.64	1.00 (trend down)
	Powell River LHA	1.10 (Trend down)	1.07	1.0	0.87	1.03 (trend down)	0.88 (trend down)	1.73	1.63	1.94	1.03 (trend down)
	Howe Sound LHA	0.96	0.87 (trend down)	1.02	1.04	1.02 (trend down)	1.31	1.38	0.67	0.90	0.88 (trend down)
	North Shore / Coast Garibaldi HSA	0.90 (trend down)	0.92 (trend down)	0.74	0.71	0.96	1.10 (trend down)	0.84 (trend down)	0.69 (trend down)	0.71 (trend down)	0.84 (trend down)
Source	Ministry of Health, Selected Health Status Indicators by Local Health Area, Health Service Delivery Area and Health Authority, British Columbia, 2007 – 2011, Table B http://www.vs.gov.bc.ca/stats/annual/2011/pdf/appendix3.pdf BC Vital Statistics Agency, Selected Vital Statistics and Health Status Indicators, Annual Report, 2011 http://www.vs.gov.bc.ca/stats/annual/2011/pdf/ann2011.pdf										

Recreation

Public Recreation Facility Use							
Note	Membership Usage statistics do not provide a full account of public participation in SCRD Recreation Services. Membership usage statistics include: membership swipes and drop-in admissions (i.e. point of sale or “POS” purchases) at each of the front desk “entry points” Participation statistics for registration programs, day camps, special events, youth centre drop-ins, school usage, rentals, etc. are not included.						
Data	Membership Usage at Various Facilities						
		2008	2009	2010	2011	2012	2013
	Sechelt Aquatic Center	121370	107,481	114,482	113,619	107,776	110,228
	Sunshine Coast Arena	3855	2483	3273	3,379	1,238	2,171
	Gibsons & Area Community Center*	27474	42968	48548	46,277	49,245	48,915
	Gibsons District Aquatic Facility	12857	12894	14834	14,706	17,105	17,819
	Pender Harbour Aquatic and Fitness Center**	9936	6193	8323	12,561	12,210	12,466
	TOTAL	175492	172,019	189,460	190,542	187,574	191,599
	*Gibsons & Area Community Center opened March, 2008						
	**Pender Harbour Aquatic and Fitness Center was closed from May 15, 2009 to April 11, 2010 for renovations.						
Source	SCRD, Recreation Division						

Workplace Injuries

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Note	<p>The Number of Claims represents the number of short term disability, long term disability and fatal claims first paid in the year. The Cost of claims represents the amount of health care, short term disability, vocational rehabilitation, long term disability and survivor benefits charged in the year.</p> <p><i>It is perhaps notable that in the 14 years from 1996 to 2010, the number of claims has been between 270 and 340 every year other than the first (1996).</i></p> <p>The number of claims for 2011 and 2012 was consistent with the range over the preceding years, although the cost of claims is growing.</p>																																																				
Data	<p>Number and Cost of Claims</p> <table border="1"> <thead> <tr> <th></th> <th># of Claims</th> <th>Cost of Claims</th> </tr> </thead> <tbody> <tr><td>1996</td><td>372</td><td>2,621,420</td></tr> <tr><td>1997</td><td>327</td><td>4,733,121</td></tr> <tr><td>1998</td><td>270</td><td>5,964,000</td></tr> <tr><td>1999</td><td>320</td><td>6,836,000</td></tr> <tr><td>2000</td><td>290</td><td>6,339,000</td></tr> <tr><td>2001</td><td>300</td><td>6,167,000</td></tr> <tr><td>2002</td><td>320</td><td>5,566,000</td></tr> <tr><td>2003</td><td>290</td><td>4,597,000</td></tr> <tr><td>2005</td><td>330</td><td>5,862,000</td></tr> <tr><td>2006</td><td>310</td><td>6,016,000</td></tr> <tr><td>2007</td><td>340</td><td>5,201,000</td></tr> <tr><td>2008</td><td>340</td><td>4,965,000</td></tr> <tr><td>2009</td><td>310</td><td>7,889,000</td></tr> <tr><td>2010</td><td>270</td><td>8,392,000</td></tr> <tr><td>2011</td><td>300</td><td>8,153,000</td></tr> <tr><td>2012</td><td>300</td><td>9,445,000</td></tr> </tbody> </table>			# of Claims	Cost of Claims	1996	372	2,621,420	1997	327	4,733,121	1998	270	5,964,000	1999	320	6,836,000	2000	290	6,339,000	2001	300	6,167,000	2002	320	5,566,000	2003	290	4,597,000	2005	330	5,862,000	2006	310	6,016,000	2007	340	5,201,000	2008	340	4,965,000	2009	310	7,889,000	2010	270	8,392,000	2011	300	8,153,000	2012	300	9,445,000
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Source 2011	Worksafe BC, Annual Report 2010 and Statistics, 1996 – 2009																																																				

	http://www.worksafebc.com/publications/reports/annual_reports/pub_10_20.asp
Source 2014	2011 Stats - http://www.worksafebc.com/publications/reports/statistics_reports/assets/flipbook/2011/index.html#/50/zoomed 2012 Stats - http://www.worksafebc.com/publications/reports/statistics_reports/assets/pdf/stats2012.pdf

Health and Wellness of Children and Youth

Vaccination Rates for Kindergarteners in SD 46

Note	<p>VCH advises that:</p> <p>For complete protection, kindergarten age students require two doses of measles, two doses of mumps, one dose of rubella, and four or five doses of DPTP (Diphtheria, pertussis, tetanus, polio vaccine) given after age 4.</p> <p>Overall, VCH kindergarten age students have high rates of vaccine acceptance and protection. Lower coverage is occasionally noted for DPTP for which full protection requires a series of shots. There are a couple of explanations for this fall off in coverage: the students may be either delayed in completing their immunization series or they have been immunized by their physician but this information has not been reported to local public health for documentation in the child's record.</p>																																											
Data	<p>Vaccination Rates among Kindergarteners, SD 46</p> <table border="1"> <thead> <tr> <th colspan="2">Measles</th> <th colspan="2">Mumps</th> <th>Rubella</th> <th colspan="2">Diphtheria</th> <th colspan="2">Pertussis</th> <th colspan="2">Tetanus</th> </tr> <tr> <th>At Least One Dose</th> <th>Two Doses</th> <th>At Least One Dose</th> <th>Two Doses</th> <th>At Least One Dose</th> <th>At Least Four Doses</th> <th>Five Doses</th> <th>At Least Four Doses</th> <th>Five Doses</th> <th>At Least Four Doses</th> <th>Five Doses</th> </tr> </thead> <tbody> <tr> <td>92.8</td> <td>85.1</td> <td>92.8</td> <td>85.1</td> <td>92.8</td> <td>86.7</td> <td>64.1</td> <td>86.7</td> <td>64.1</td> <td>86.7</td> <td>64.1</td> </tr> </tbody> </table>											Measles		Mumps		Rubella	Diphtheria		Pertussis		Tetanus		At Least One Dose	Two Doses	At Least One Dose	Two Doses	At Least One Dose	At Least Four Doses	Five Doses	At Least Four Doses	Five Doses	At Least Four Doses	Five Doses	92.8	85.1	92.8	85.1	92.8	86.7	64.1	86.7	64.1	86.7	64.1
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Source	Vancouver Coastal Health																																											

Incidence of Vaccine Preventable Disease in Children aged 0 – 6 years, 2006 - 2010				
Data	2006 - 2010		2011-2013	
	SC LHA	Vancouver Coastal Health Authority	SCLHA	Vancouver Coastal Health Authority
Diphtheria	0	0	0	0
Haemophilus influenzae, Type B, invasive	0	1	0	0
Hepatitis B	0	11	0	8
influenza	8	532	4	249
Measles	0	3	0	1
Meningococcal conjunctivitis	0	1	0	1
Meningococcal meningitis	0	1	0	1
Mumps	0	1	0	4
Pertussis	6	33	1	57
Pneumococcal, invasive	1	40	0	35
Poliomyelitis	0	0	0	0
Rubella	0	0	0	0
Tetanus	0	0	0	0
Source 2011	Health Profile, Rural Vancouver Coastal Health, BC, 2010			
Source 2014	VCH			

Hospitalization Rates among Children									
Data	Hospitalizations Rates per 1000 population, aged 0-14								
		Rate in SCRD			<i>Rank of SCRD among regional districts, 2008/09*</i>	<i>Rank of SCRD among regional districts 2011/12*</i>	Rate in BC		
		<i>2008/2009</i>	<i>2009/10</i>	<i>2011/12</i>			<i>2008/09</i>	<i>2009/1010</i>	<i>2011/12</i>
	Respiratory Diseases	5.5	5.0	5.9	26	25	9.0	8.3	9.0
Injury and Poisoning	4.0	3.2	3.0	25	25	4.8	4.6	4.4	
*A ranking of 26 is the best result and a ranking of 1 is the worst.									
Source 2011	BC Stats http://www.bcstats.gov.bc.ca/data/sep/i_rd/data/rchild.pdf http://www.bcstats.gov.bc.ca/data/sep/rd/Rd_29.pdf								
Source 2014	BC Stats, Additional Information on Children at Risk http://www.bcstats.gov.bc.ca/StatisticsBySubject/SocialStatistics/SocioEconomicProfilesIndices/SocioEconomicIndices/RDReports.aspx								

Children in Care					
Data	Children in Care per 1000 population, aged 0 - 18				
		Rate in SCR D	Rank of SCR D among 26 regional districts (1 is worst)	Range of rates in BC	Rate in BC
	<i>Dec. 2009</i>	<i>16.5</i>	<i>8</i>		<i>9.4</i>
	<i>Dec. 2010</i>	<i>15.3</i>	<i>10</i>		<i>9.2</i>
	December 2012	16.4	10	4.7 -33.5	9.1
Source 2011	BC Stats 2010 - http://www.bcstats.gov.bc.ca/data/sep/rd/Rd_29.pdf				
Source 2014	BC Stats, Socio- Economic Profile for Regional District 29, 2012 http://www.bcstats.gov.bc.ca/StatisticsBySubject/SocialStatistics/SocioEconomicProfilesIndices/Profiles.aspx				

Youth Alcohol Use and Smoking	
Note	This data is from the McCreary Center Society's Adolescent Health Survey. This survey is done of high school students across the province. However, the McCreary Center Society does not recommend comparing school district data to provincial data. Individual school districts chose different consent procedures for students to participate. This lead to higher or lower response rates, and influences the levels of reporting risky behaviours (such as alcohol use and smoking). For this reason, we have not included comparative data.
Data	<p>Among those high school students in SD 46 who reported having ever had alcohol:</p> <ul style="list-style-type: none"> • 42% reported having 5 or more drinks on at least one occasion in the last month; • 30% reported having one or more shots of liqueur the previous Saturday night • 21% reported having one or more regular bottles of beer the previous Saturday night and 17% reported having had one or coolers • 6% reported that they mixed alcohol with energy drink the previous Saturday night.

	<p>54% of students reported they had ever used alcohol or drugs. Among those students, the most common reasons advanced for using it the last time were:</p> <ul style="list-style-type: none"> • Wanted to have fun (67%). • Wanted to try it / experiment (29%) • Friends were doing it (29%) • Stress (14%) <p>No students in SD 46 reported that they had used alcohol or other drugs last time for the following reasons:</p> <ul style="list-style-type: none"> • To manage physical pain • “thought it would help me focus” • “Felt down or sad” • Was pressured into doing it / to fit in • Didn’t mean to (eg someone spiked drink) • To change the effects of some other drug(s) • Addiction <p>Smoking</p> <p>21% of students reported they had ever tried smoking a cigarette, cigar or cigarillo. Among those students:</p> <ul style="list-style-type: none"> • 22% of students reported having used chewing tobacco in the past month • 36% of students reported having used cigarettes in the past month • 21% of students reported having used cigars or cigarillos in the past month • 23% of students reported having tried to quit smoking in the past year • 21% reported that they were 12 or younger when they first tried smoking • 36% reported that they were 13 or 14 years old when they first tried smoking • 43% reported that they were 15 or older the first time they tried smoking. • 39% had smoked within the last month
Source 2014	McCreary Report, 2013.

Composite Indices of Children and Youth at Risk	
Data	In 2012, the SCRD ranked 11 th best of 26 regional districts in a composite index of indicators of youth at risk and 14 th best of 26 regional districts in a composite index of children at risk
Source 2014	BC Stats, Indices of Indicators of Children at Risk by regional district and Indicators of Youth at Risk by regional district. http://www.bcstats.gov.bc.ca/StatisticsBySubject/SocialStatistics/SocioEconomicProfilesIndices/SocioEconomicIndices/RDReports.aspx

General Health and Wellness

Composite Index of Health													
Note	This index compares regional districts in BC based on the following indices, which are reported separately above. <ul style="list-style-type: none"> -life expectancy at birth -potential years of life lost -teen pregnancy (this was not included in 2012) -infant mortality rate 												
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Practitioners							
Note	<p>Practitioner information includes data on practitioners who provide services insured by the Medical Services Plan. It includes practitioners registered with MSP who have an expenditure total greater than zero in the fiscal year. Practitioners are assigned to one Local Health Area for each fiscal year based on where the most payments were made.</p> <p>SPs are Medical Specialists. "Others" are Other Health Practitioners</p>						
Data	2012 / 2013						
	Pop'n	# of Services	Expenditure	GPs	SPs	Others	People per GP
North Shore / Coast Garibaldi HSA	290,653	3,198,232	\$144,488,816	386	230	501	753
Sunshine Coast LHA	30,589	228,386	11,067,229	37	10	61	827
Nelson LHA	25,550	240,424	11,509,594	46	11	102	555
Salmon Arm	34,869	321,010	16,387,049	56	14	47	623
Cariboo - Chilcotin	26,798	212,881	12,029,584	35	9	30	765
Alberni	31,548	264,570	\$13,707,903	34	19	33	928
Peace River South	28,801	214,676	\$12,890,338	28	9	18	1028
Source	<p>MSP Information Resource Manual 2012/2013, Table 5-2 and 5-3 http://www.health.gov.bc.ca/msp/paystats/pdf/irm_practitioner.pdf</p>						

Method of Disposition			
Data	2011 – % of people buried and cremated		
		Burial	Cremation
	Sunshine Coast LHA	8.2	91.8
	Powell River LHA	11.8	87.2
	Howe Sound LHA	14.4	85.6
	BC	16.9	82/3
Source	BC Vital Statistics Agency, Selected Vital Statistics and Health Status Indicators, Annual Report, 2011 pg. 119 http://www.vs.gov.bc.ca/stats/annual/2011/pdf/ann2011.pdf		