

Holy Trinity Riverbend

WHAT'S THE BUZZ? HERE'S WHAT'S HAPPENING!

November 1, 2020

This Week's Bible Quote -- *"My flesh and my heart may fail, but God is the strength of my heart and my portion forever." ... Psalm 73:26*



Message from Rebecca: Holy Trinity Riverbend has live streamed its first worship service and it went quite well according to the feedback I received. The downside was I wasn't able to see everyone, but I imagined each of you sitting around the room like cardboard cut out faces and carried on. The upside of streaming was we didn't have to wear our masks. Next week we hope to add more music to the service. Please bear with us as we are a work in progress!

I am happy to report your New Church Home search committee has met and discussed various options and ideas for HTR going forward. However, please keep in mind things won't happen overnight. We need everyone's prayers to be successful. If you have thoughts on how you envision our future, please share them with me so I can pass them along to the committee.

And great news! We have found a temporary home for our grand piano. St. Thomas Anglican Church in Sherwood Park will give it a loving place to reside until we get our new home. Thank you to Shawna for reaching out with this kind offer.

Inspirational Thoughts:
*"The great pleasure in life is doing what people say you cannot do." ...
Walter Bagehot*

And

"Change is not something you do, it's something you allow." ... Will Garcia

Prayer: As we continue to deal with the impact of Covid-19 on the world we offer this prayer:
*Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord.
Amen.*

Sermon: As a reminder, a copy of the Sunday Sermon, and the Prayers of the People, are emailed to our parishioners every Sunday morning. Today's sermon is from Rev. Rebecca and Prayers of the People are courtesy of **Grant Kvemshagen**.

U pcoming for next
**Sunday, November
8, 2020:**

Preaching: Rev.

Rebecca

Prayers of the People:

Bonnie Tejada.

Readings –

Jos 24:1-3a, 14-25;

1 Th 4:13-18;

Mt 25:1-13;

H TR Virtual Coffee
Session. We have
resumed our HTR
Virtual Coffee

Hour, which takes place
**every Sunday, at 11:00
a.m.** This is being done via
Zoom, with the link being
sent to all parishioners on
Friday's. We hope you can
join us as it is a great way to
stay connected!

We had a light crowd today.
The weather was
unexpectedly warm so I'm
sure lots of you were taking
advantage of it. However,
Paul checked in and said
his book review on Friday
night was a great success.
He also mentioned that
their first production at the
Arden Theatre opens next
Friday. **Eileen** reported
that **Bill** needs our prayers
as he battles some medical
issues. We will be sure to
do that. **Ping and
Catherine** had a good
week. **Natalie and Evie**
were by and grandma was
able to give them cookies
for Halloween. Lucky little
girls. **Alex and Cathy**
asked me to give everyone
their hellos. I was able to

visit with them last week
when I blessed their new
home. Both **Jonathan and
Sophia** shared their latest
artwork with me. **Brian
and Carol** were nearly
packed and ready to head
to Canmore for some rest.
We wish them lots of book
reading time! And it was
nice to see **Grant and
Lorna** this morning. They
spent Halloween at the
Citadel enjoying the
theatre's latest production.
It sounded like a great night
out. **Ian and I** plan on an
afternoon with the
grandkids as we celebrate
Ian's birthday so that wraps
things up for another week.
Thanks for joining us!

N ovementher
**Celebrations! Win
McLeod, Jackson
Alexander, Steve
Johnson and Ian Harris**
celebrate birthdays this
month. For anniversaries,
Misty and Justin Knapik.
On behalf of the entire
parish we send you all our
blessings on your special
day!



P re-authorized
Giving: Although the
church building is
closed, we continue
to incur some costs (e.g.
heat, electrical, septic
vacuuming, etc.) related to

maintaining our building
for insurance and safety
protocols until it is sold.
Your vestry have worked
diligently to keep our
expenses down, but with
the suspension of in-person
services we have lost the
open plate offerings. We
realize some families are
being negatively impacted
by the economic situation
through job losses or
increased financial
pressures due to the
coronavirus and are not
able to contribute as they
have done in the past. If,
however, you are able to
assist, we would request
that **if you normally give
through the weekly plate,
please consider signing
up for the Pre-authorized
Giving (PAG) system** or,
alternatively, **forwarding
your cheque** directly to the
church. To sign up for PAG,
the form can either be
accessed through the
Diocese of Edmonton
website, or you can contact
Rebecca and she will
forward the form to you.
Whether you are able to
give or not at this time, we
want you to know our
prayers are with you.

S **standard Time:**
Thanks to Jeanette for the cartoon!



A **nnual Winter Clothing Drive Reminder:** With the colder weather now upon us, **during the month of November** we will be doing our annual clothing drive. We are looking for the following: **thermal layers for men's/women's size M/L, warm socks, gloves, mittens, toques and new or gently used coats. If you are able to donate, please let Rebecca know and she will arrange to come to your home to pick them up.** Thank you to those parishioners who have already donated a number of these items. We will work with our cathedral to have your donations given to those in dire need of this type of clothing.



V **irtual Sunday School:**
Sunday School takes place each **Sunday from (9:00 a.m. to approx..9:30 a.m.) via Zoom.** Parents, if you would like your children to take part, please let **Sarah Alexander** know so she can arrange to deliver the necessary materials to you. We are also including (courtesy of the Diocese of Chelmsford), **an additional series of activities for younger and older children.** Please see the end of the newsletter to view the material you will need as well as the lesson.



M **issing the Children:**
Without in-person worship, we sometimes lose sight of how our children are growing. Attached is a picture of Faye, who is not only walking but obviously exploring her world!



V **estry –**
Steve Johnson
Rector's Warden
Suzanne Pearson –
People's Warden
Grant Kvemshagen –
Treasurer
Sarah Alexander – Music
Director
Maureen Bantle
Vince Tejada

H **TR Online Worship:**
We have moved to online worship services using ZOOM. The link to the services will be distributed each Friday, along with the HTR Virtual Coffee Hour link. You do not need to have the ZOOM program on your computer to be able to view the service.

To access the service, simply click on the link on Sunday (we will open the link at approximately 9:55 a.m., with the service starting at 10:00 a.m.) and you will be able to see the service. The **service bulletin will be included in the above noted email distribution.** Going forward, our plan is to record the service and if possible, post it on our website and Facebook page - we will let you know once we have worked out the 'kinks' on this. **Please join us on Sunday.!**



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Rev. Dr. Elisabeth
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Assistant

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www.Holytrinityriverbend.com

**See next page for
more information**

Together @ Home

Lectionary Edition
Sunday 1st November
All Saint's Day

Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.



Bible Passage

Today we will be exploring together, Jesus' Beatitudes from the Sermon on the Mount.

You can find it in your Bible in:
Matthew 5 v 1-12

Read the story together – choose a Bible translation or children's story version which best suits your group.

The other passages we might be thinking about at church this week are:

Revelation 7 v 9-17
Psalm 34 v 1-10,22
1 John 3 v 1-3
Matthew 5 v 1-12

A prayer to say together

Dear God,
Thank you that you love us and want to bless us. Thank you for Jesus' teaching which reminds us that you bless those who need you most. Help us to seek what pleases you and trust you to give us what we need.

We pray for those in our world who are struggling, the poor, the sick, the grieving, the homeless and the hungry. Would you bless them and those who are working to help them.

Show us God how we can be a blessing to those around us.

Amen.

Discussion

A question for adults to ask children

What are blessings? Who was blessed in the passage?

This list is often called the 'Beatitudes' and beatitude means being blessed! Blessings are when we receive good things from God. During his famous sermon on the mount Jesus shared this list of people who are blessed. It might have surprised his audience that God chose to bless those who needed Him most – the sad, the poor, the hurting and those who needed his help.

Why do you think God chose these people to bless?

A question for children to ask adults

Can you tell me about a time when you felt blessed by God?

Family Activity 1

How can your family be a blessing this week? Why not talk and pray together about who God would want to bless in your community. Here are some ideas of ways to be a blessing.

Make sure to choose activities that comply with your local social distancing and lockdown rules.

- Bake or cook something to share with a neighbour or friends.
- Write, draw or film an encouraging message for somebody you cannot visit at the moment.
- Look through your wardrobes for something you could donate that you have outgrown or no longer wear.





A verse to remember

Revelation 7 v 16–17

“Those people will never be hungry again, and they will never be thirsty again. The sun will not hurt them, and no heat will burn them, because the Lamb at the centre of the throne will be their shepherd. He will lead them to springs of water that give life. And God will wipe away every tear from their eyes.”

What a beautiful picture we find in Revelation, people in white robes bowing down before God’s throne giving thanks – this is the ultimate blessing that Jesus promised. Those who were hungry and thirsty, those who were sad are now drawn close to the God who loves them like a shepherd.

Why not read the whole passage from Revelation 7 v 9-17: how does it make you feel? What similarities can you find to Jesus’ words in Matthew 5?

Active Prayer

Print and cut out the Beatitudes cards from the next page or make your own.

Place all the cards upside down on the table. Take it in turns to flip over two cards and try to find a matching pair. If you find a matching pair lead everybody else in the prayer asking God to help you be the sort of person that He wants to bless.

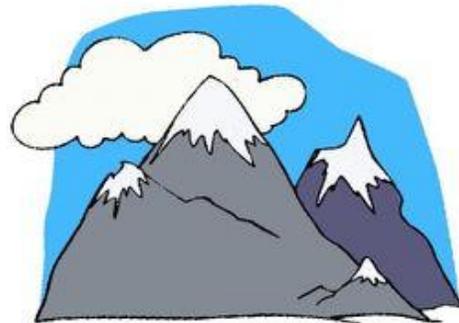
Thank you to
www.flamecreativekids.blogspot.co.uk
for giving us permission to adapt their Beatitudes cards.



Family Activity 2

Today’s passage comes from Jesus’ famous ‘Sermon on the Mount’ Why not take on one of these mountain challenges...

- Go for a family walk and climb the highest hill you can find!
- Build a mountain in your home, you could use anything you have around building blocks and Lego, cushions and pillows or even make a mountain of shoes!
- Visit Mount Everest the highest mountain in the world ! You can take a virtual look using Google Maps!



Matthew 5 v 3

Blessed are those who realise they need God to save them.



Heaven is theirs.

Dear God,
Help me to trust in you and rely on you in every area of my life.
Amen



Matthew 5 v 4

Blessed are those who are sad or upset.



God will comfort them.

Dear God,
Thank you that you are there and care when I am sad or upset. Thank you that I am never alone.
Amen



Matthew 5 v 5

Blessed are those who don't show off but are servant hearted.



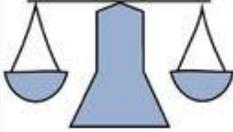
The whole earth will be theirs.

Dear God,
Help me to think more about others and what they want and need.
Amen



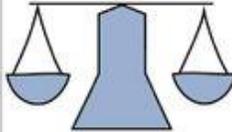
Matthew 5 v 6

Blessed are those who want fairness and justice.



God will satisfy them.

Dear God,
Help me to treat others fairly and to make wise choices. Help me to seek justice in the world.
Amen



Matthew 5 v 7

Blessed are those show forgiveness to others.



They will be forgiven.

Dear God,
Thank you that you forgive my mistakes. Help me to show forgiveness to others.
Amen



Matthew 5 v 8

Blessed are those who try to please God in their thoughts.



They will see God.

Dear God,
Help me to think about what you would want. Give me pure thoughts and a clean heart.
Amen



Matthew 5 v 9

Blessed are those who are try bring peace and stop others fighting.



God will call them His children.

Dear God,
Help me to be a peacemaker, seeking peace not arguments. Give me strength to not fight back when people upset me.
Amen



Matthew 5 v 10

Blessed are those who get in trouble for doing the right thing.



God's Kingdom belongs to them.

Dear God,
Help me to stand up for what is right and good.
Amen



A colouring page you could print and colour together

This page is from religiousdoodles.com you can find all the beatitudes as colouring pages here:
<https://www.religiousdoodles.com/sermon-on-the-mount-coloring-pages.html>

Doodle Art Alley ©

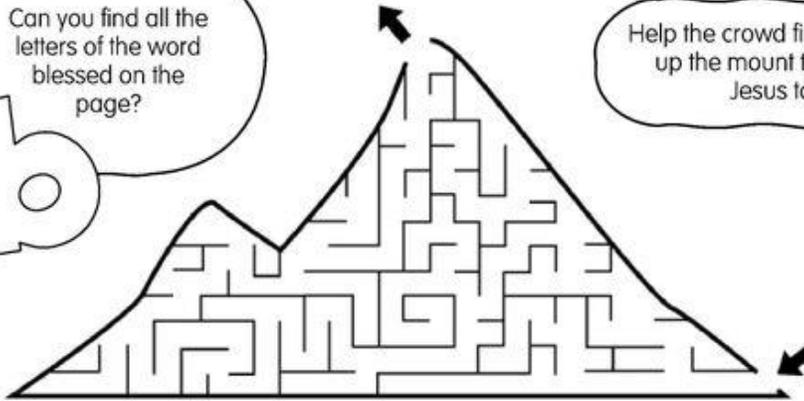


PUZZLE SHEET

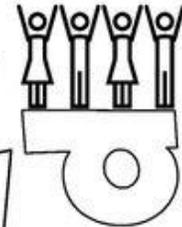
Can you find all the letters of the word blessed on the page?

b

Help the crowd find their way up the mount to listen to Jesus talk

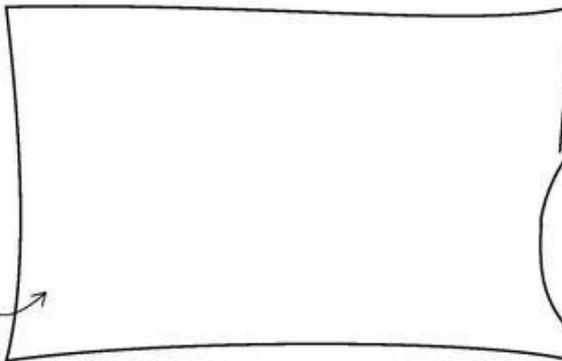


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Jesus said "They are blessed whose thoughts are pure, for they will see God." - what do you think God looks like?

Draw God here.



Can you find all the words in the word search?

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|--------|--------|----------|
| S | P | I | R | Y | P | A | H | A | E | HAPPY | POOR | SPIRIT |
| E | L | H | P | S | E | A | R | H | T | HEAVEN | GENTLE | EARTH |
| N | R | U | O | M | P | O | O | R | R | MOURN | HUNGER | MERCIFUL |
| G | R | N | F | P | O | I | R | D | E | PURE | HEART | REWARD |
| E | T | G | Y | I | H | E | R | R | T | | | |
| N | N | E | P | E | C | A | C | I | H | | | |
| T | E | R | A | P | W | R | R | P | T | | | |
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| N | H | U | N | G | R | E | R | E | R | | | |

