

The

Contact

Saint Paul's

Nanaimo, B.C.

*Keeping your home
in contact with your parish*

September 2018

Rector: The Venerable Clara Plamondon

Clara's Corner ...

Every year I am told: Isn't it nice that summer is a time to slow down and take a break from the usual busyness of our lives? I'm not sure when things changed, but I have yet to experience a quiet summer in a parish, and that certainly has been the case at St. Paul's. Now, in all fairness I realize that this is partly because of the huge learning curve of getting to know folks, learning the ins and outs of life in a new parish, and the continuing emersion into the larger community.

As I come to the end of the summer I have had the opportunity to listen and learn about the incredible amount of time and energy that this parish has spent over the past several years working hard to put into action the vision you have for a revitalized parish that included a new Christian Centre for Ministry. I have enjoyed connecting with folks over the *Coffee With Clara* chats. The response was overwhelming. There must have been easily 70 people who came out for a visit and great conversation. Thank you all for making me feel so welcome!

This September we will mark the 2nd anniversary of the dedication of the new Centre for Ministry and it seems like an appropriate time to step back and reflect on where we have come and where God might be calling us as we continue our journey of living into the vision that is before us. It is my sense that folks are understandably weary and perhaps it is an opportunity for us to take a pause, to breathe and to take some time to re-group and re-focus. It doesn't mean we stop what we are

doing, but merely to be prayerfully intentional in looking ahead to where we are to go from here. It is good to remind ourselves of the incredible generosity, skill and time that so many of you have given to the glory of God and in your commitment to our life together as a community and as a diocese. Every day I am reminded of the kind of sacrificial giving that so many of you continue to offer. I want to say: *Well done good and faithful servants!* We could never accomplish what we have without every single person helping in what ever way they can.

At a recent Parish Council retreat/planning day we spent the good part of a day reflecting on our 8-Fold Ministry Plan that was put together in 2014. We used this plan as a framework for conversations about where we thought God might be leading us as a parish in the next year or so. As I mentioned at the August 26th Sunday morning services we have identified a few areas where we want to put some energy and focus – particularly in the areas of welcome and hospitality to new folks, reaching out beyond the walls of our building (such as music, carolling, the carillon), and continue developing our outdoor garden area as an oasis and refuge.

I'm excited about the possibilities we have before us as a parish. In our Covenant of Openness which was part of the Ministry Plan in 2014 it said: "We are ready to examine all possibilities and are open to all possibilities. We are ready to embrace the future." Let us continue to courageously remain open to God's Spirit who is alive and moving among us.

Rev. Clara

NOTES FROM THE TREASURER



The last Financial Statement available is to the end of July 2018.

Total Income for 7 months	\$ 144,663.61
Total Outgo for 7 months	<u>166,384.28</u>
	\$ (21,720.47)
Balance fwd. Jan. 1/17	<u>(24,761.97)</u>
Balance (deficit)	\$ (46,482.44)

At the end of July, our Open & Envelope offerings were under the budget we passed for 2018 by \$18,705.38. We are also under our July 2016 total offerings by \$10,800. It is hard to put any kind of positive spin on these numbers. We have to be thankful that we have the Project Account to cover the growing deficit.

A big “Thank you” to Lee Grimmer and her helpers for the two “Trunk & Tailgate” sales held over the Summer. So far, these events have added approximately \$1,300 to the coffers. We must continue to be vigilant about our expenses and encourage everyone to keep their offerings up to date. It sure would help if we could get more people to sign up for Direct Deposit.

Full copies of the Financial Statements may be found on the bulletin boards in the Narthex and hall.

If you have any questions, I will do my best to answer them. I can be reached by email at sue_gue@telus.net, or by telephone at 250-758-6674

Sue Gueulette, Treasurer

THE WARDEN'S CORNER

Welcome back to all of us after a long, hot summer. The days are a little cooler now and the evenings are lovely for sitting on the deck with a fragrant cup of tea. However, we must not get too relaxed and comfortable. September is usually a busy month as the regular committee meetings swing back into session and we look forward to our fall plans and endeavours.

We begin our fall program with high expectations, but let us stop a moment to give thanks to those who have spent their summer in service to the greater community in fighting the wildfires, in providing shelter and necessities to the displaced, and in providing support and hope for those wounded in spirit.

Summer's end is traditionally the time we see the fruits of our labours – gathering bounty from our vegetable and flower gardens; canning & preserving to carry us through the winter months. At St. Paul's, we are not simply enduring through the winter season. We are also embarking on the next step in our Missional Vision - the plan we made together for using our space and resources to serve ourselves, our neighbours and community. We will be re-focusing our original vision and moving forward with energy and enthusiasm in taking this next step in our congregational lives together.

We shall walk together into the future as we put our hearts and hands to God's work on earth. Thanks be to God.

Janice Valecourt, People's Warden

FUN, FOOD & FELLOWSHIP

Diocesan Council Meeting on June 28th

Members of the F,F&F committee were happy to serve behind the scenes in providing refreshments, snacks and lunch for the meeting delegates.

Canada Day – Maffeo Sutton Park on July 1st

A little bird reported that St. Paul's tent was well attended during the day. We extended a friendly welcome to passers by as well as small bottles of

water for the thirsty revellers. Thanks to our volunteers who were able to help at the tent and show St. Paul's commitment as part of Nanaimo's downtown core.

Harvest Pot Luck Lunch will be held on Sunday, October 7th. More info to come.

Kathie Day & Sue McDonald, Coordinators

REACHING OUT MINISTRY

Summer days are flying away and September days are almost here.

Our first Committee meeting is on Thursday, September 6 at 1pm in the St. Mark Room.

We would be very happy to welcome new members as we plan to meet some of the needs of our neighbours in our Nanaimo community as well as those further away.

The monthly Saturday Brunch at the Prideaux Street Community Centre has continued without a break thanks to the leadership of Dianne Scott and many faithful volunteers, and we plan to restart the monthly Friday Community Neighbours Lunch in the Centre for Ministry.

The Saturday Brunch is always on the 2nd Saturday of the month, while the Friday Lunch is always on the 3rd Friday of the month.

Volunteers for both of these events are needed. The upcoming dates and times are as follows:

Saturday Brunch

Sept 6 7:30 am - 2:00 pm

Friday Lunch

Sept 21 9:00 am - 2:00pm

VOLUNTEERS WORK IN TIMED SHIFTS
SO DO NOT BE AFRAID.

These outreach ministries cannot continue without your help. Please contact Dianne Scott for more information about the brunch 250-758-8155 and Joanne Bevis 250-585-7944 for the lunch.

Joanne Bevis, Chairperson

THE ST. PAUL'S FUND FOR THOSE IN NEED

It's been quite a while since we have included a feature on the St. Paul's Fund, what it is and what it's used for, so we thought we would provide you with a few facts about the fund.

1. What is it? Formerly known as "The Rector's Discretionary Fund", the St. Paul's Fund is a separately kept fund that is used to help people (not necessarily parishioners) that have an emergency need. The Fund is administered through the office by the Rector and the Parish Administrator.

2. Where do the funds come from? Monies are donated directly to the Fund, either through offering envelopes (second line, marked "St. Paul's Fund") or by placing a similarly marked envelope in the offering plate.

3. How is the Fund used? St. Paul's has a policy of never giving out cash but we are able to provide tickets for bus travel, assistance with groceries, household items and clothing. The main form of outreach is through the Thrifty Foods Smile Cards which are given out on the third Tuesday of each month on a first come, first served basis. In addition, a parishioner donates 20 local bus tickets per month that we give to help people get to appointments, etc. We keep a Rolodex card file of all people who use the Fund, to assist us in being good stewards of what we receive and share.

If you would like to donate to the St. Paul's Fund, please do so using your offering envelopes (see above) or via the office. Donations to the St. Paul's Fund will be included on your annual tax receipt.

ANGLICAN CHURCH WOMEN

This summer has been a busy time for the ACW as we keep the Dorcas ministry in our thoughts. The church women and friends have used their time to finish up various projects for the bundles to the Diocese of Caledonia which will be shipped in

October. On August 26th members of the ACW hosted a Shower to collect items of clothing for all ages and items for the Joy Bags. Rhonda Lehman and Sandra MacKinnon have sewn the bags and Chris Appleton has collected the items for the bags. The Shower was a huge success ... please refer to page 8 for more information.

On August 1st members enjoyed a social outing to the Sandcastles at the beach in Parksville and treats after. A special thanks to the two drivers.

The ACW Meetings will meet once again the first Wednesday in September in the St Matthew Room. Bag lunch at 12:30 with the meeting starting at 1:00. There are members who would like to attend but require a ride. If you can provide a ride then please let either Norma Humphreys 250-754-7543 or Marilyn Browning 250-585-6857 know.

See you in September !!

Carol Shaw, ACW President

Who or what is Dorcas ?

Dorcas is a ministry within the ACW named after Tabitha, a disciple of Christ, whose name in Greek translated as Dorcas. She lived in the first century and was known for her good works and charitable deeds. She gave of herself to help others in several ways, making garments for others, sewing garments and possibly even weaving the cloth herself. She understood what it meant to be a living sacrifice giving something valuable and precious: her time.

The St. Paul's Anglican Church Women support the Diocesan Dorcas Ministry by contributing sewn, knitted and crocheted items as well as purchasing items of clothing. The items are collected, sorted, bundled and shipped at the end of October to seven parishes in the Diocese of Caledonia, namely: Masset, Old Masset, Port Edward, Huston, Vanderhoof, Hazelton and Fraser Lake.

Included in these bundles are "Joy bags". These are colourful cloth draw string bags filled with useful items for family members. A bag may contain many useful items, a comb, shampoo, washcloth, bar of Ivory soap, Kleenex, toothbrush, toothpaste, socks notepad with a pen and a small sewing kit.

THE ANNUAL ACW BAKELESS BAKE SALE!!



It's that time of year again when the Anglican Church Women hold their Bakeless Bake Sale to raise funds for the various projects they support at home, across Canada and in the world. Please use the special envelopes in the Narthex for your donation, and either place it in the offering plate or pop it in the mail. Cheques should be made payable to "St. Paul's Anglican Church".

THE SLIMMINGEST BAKE SALE EVER!

We used to put on bake sales, and I always put on weight
From cakes & cookies, bread & pies that tasted really great.
To do my part I'd bake some things, and yes, of course I'd
sample,
And keep a few at home because my quantities were ample.

And when the bake sale day arrived, I'd grab my extra cash;
I'd happily slip out the door, and to the church I'd dash.
On tables ranged around the hall the goodies were displayed,
While salivating folk browsed by to see what others made.

I'd think, "I shouldn't buy too much", although I knew I would,
For everything was tempting and I knew the cause was good.
We'd buy each other's specialties, and take them home to
feast,
Then grumble to each other, "Isn't weight control a beast?!"

But now we do things differently; it's more than just a whim,
The coffers still get fattened up, but we are keeping slim.
For now we have a bakeless sale: no flour to sift and measure,
And still we seem to gather in the talents and the treasure.

While giving to the church, I'm also caring for myself.
My pastry brush stays in the drawer, the sugar on the shelf;
No eggs are cracked, no walnuts chopped, no frosting swirled
around.
I only have to cut a cheque, and never gain a pound!

by Mary Jackson

EVENSONG/EVENING PRAYER ON SUNDAYS

We continue to evaluate the best way to respond to the needs of the whole community and we have listened! We are going to try a new trial format. On the 2nd Sunday of each month we will continue with the practice of Traditional Evensong at 7:30 pm. Then on the 4th Sunday of each month we will try a new format at 4:00 pm and will use this model as an opportunity to work on our Ministry Plan goal # 6 which is to “maintain and expand authentic worship”. It will be an opportunity to try some new things. The inaugural 4pm service on the 23rd of September will be an Evening Prayer service with music in the form of the Book of Alternative Services. We will try this model of Evensong & Evening Prayer for the next several months and will be interested to hear back from folks on how it is working. As with everything we do – sometimes we need to be “open to new possibilities” as our ministry plan stated in 2014. Join us as we maintain the traditional evensong on the 2nd Sunday and then expand and experience the breath of our liturgy and worship in different ways at the 4 pm service on the 4th Sunday of the month! A great opportunity to invite a friend!

SUNDAY SCHOOL NEWS

Our Sunday School program resumes on Sept 9th. Please invite your friends, children & grandchildren to bring their backpacks to the 10:30 am service where we will bless their backpacks and bless and honour our children and Sunday School teachers as they begin a new year of growing in our faith together. If you have questions about our Children’s Ministry, please contact Alicia Vanin.

PERFUMES & SCENTS

As much as possible, we try to maintain a “scent-free” environment in the church. Strong perfumes, whether they be on a person, or in a floral offering, can cause an unpleasant reaction in some folks. Please try to keep this in mind.

Prayer Shawl Ministry

In September, we will be celebrating our fifth anniversary. A total number of 218 shawls have been crocheted or knitted. The prayer shawls are given to our church family and to the wider community. If you know of someone whom you feel could benefit from one of our tangible signs of prayer, please contact Yvonne.

On behalf of the Prayer Shawl Ministry, I would like to welcome Wendy Banta, thank you for joining us, Wendy.

On behalf of the Prayer Shawl Ministry, I would also like to thank Verna Kershaw and Irene Hassard for their monetary donations to the Prayer Shawl Ministry.

The Prayer Shawl Ministry meets to pray, share, knit or crochet on the second and fourth Thursday of each month from one to three o’clock in the St. Matthew room. All are welcome.

If you have any questions, please contact Yvonne Oliver at 250-754-8614.

PRIMATE’S WORLD RELIEF TO CELEBRATE 60 YEARS

This year, as PWRDF prepares to mark 60 years, we give you nine ways to celebrate the season with your loved ones. Help us be responsible stewards of the Earth and order from our inventory of best-loved Christmas cards – 9 different selections are offered.

Spread the word of the PWRDF’s important work and support its programs at the same time. Packs of 12 cards and envelopes are yours with our blessings.

Cards may be ordered through your PWRDF parish representative, Janice Valecourt [email: jvalecourt@hotmail.com], or directly from PWRDF on their website under ‘Seasonal Resources’.

A donation of \$20 per pack to support our work is welcome. Donations of more than \$20 will qualify for a charitable tax receipt.

PWRDF REPORT

Telegraph Creek, B.C. receives emergency grant from PWRDF.

As wildfires spread in the Diocese of the Yukon, the community of Telegraph Creek has lost at least 27 buildings, including the Roman Catholic Church of St. Theresa and its rectory. Bishop Larry Robertson reported that the community of 500 – 700 people, most from the Tahltan First Nation, have been displaced and evacuated to Dease Lake. The Primate's World Relief and Development Fund is helping those affected with an emergency grant of \$5,000.

At the last report from PWRDF, the status of St. Aiden's Anglican Church, a 100-year-old wooden church in Telegraph Creek, was unknown. "We so very much appreciate the response of PWRDF to this crisis in Telegraph Creek," said the Venerable Sarah Usher, Executive Archdeacon of the Diocese.

Support and supplies have been sent from Teslin and other First Nations Offices in neighbouring communities; and the thrift store at St. Philip's Anglican Church has contributed clothing. We are asked to keep the people and parishes of Telegraph Creek in our prayers.

To donate to this emergency response, go to www.pwrdf.org/donate and indicate Telegraph Creek in the message box.

Janice Valecourt,
PWRDF Representative

Marketplace News!

Our single biggest fun and fund raiser for the year is scheduled for **Saturday, November 26 from 10:30 am to 2:00 pm**. As you know, the proceeds from this event go to the General Operating Budget, and if you read Sue's report elsewhere in this newsletter, you will know that we really need to make this a financial success, as well as a time of great community.

Back by Popular Demand

This year, we welcome back the Christmas Stall in a new format. The St. Mark Room will be dedicated to all things Christmasy, including the Mystery Gift Table, a NEW stall focusing on fashion accessories, and a children's gift tree.

Plans are afoot to again use all available space in our new facility!

In addition to the above mentioned stalls, there will, of course, be the Baking and Deli Stalls in the St. Matthew Room; Crafts (including Quilting) in the St. Luke Room; and the popular Jams & Jellies in the Library. Don't worry, there will still be lots of signage and guides so we don't lose anyone!

Silent Auction

The Auction, located in the Main Hall, is the largest single fund raiser in the Marketplace, thanks to your generosity in providing the items and bidding on all the goodies. We are looking for small appliances, special crafts, gift baskets, spirits, and services such as luncheons and dinners, boat rides, or any other service you could provide. Please remember that all items **MUST BE NEW AND IN THEIR ORIGINAL WRAPPINGS**.

How can you help? Please consider how you might add to the success of this stall.

Luncheon

This year, our crew will be doing the usual luscious lunch with dessert. Our dashing waiters will be on hand to serve you. Ticket price will be \$10, with a children's menu available for \$2. *How can you help?* As in the past, cash donations towards the cost of the food would be welcome. How about a gift card to one of our grocery outlets? You will receive a full account of how the money is spent. In addition to the above, details of all our stalls will be featured in the November CONTACT and through the weekly bulletin. It is NEVER too early to think about Marketplace!

If you want more information now, or would like to put your name down as a helper, please contact Patricia Sheen at 250-754-0121.

*Patricia Sheen, Heather Lester ,
Sue Gueulette & Marilyn Browning, Coordinators*

DISCUSSION GROUP

The St. Paul's Discussion Group has had an interesting first year, dealing with various issues of global and local concern. Topics at our final meeting dealt with mental health problems; homeless people; and other social problems brought on by drug abuse. Mr. John Horne was our guest speaker for this final meeting. He delivered a strong presentation covering these problems which seem to be an ongoing challenge.

However, before we move on to another year of discussions, it is time to reach out to all of you for some guidance for future meetings. What areas of concern do you have that you feel we should address? If you as a group decide to continue these monthly meetings, we would carry on having our meeting on the third Thursday of each month at 10 am. Our first meeting would be Thursday Sept 20.

Looking forward to receiving your views concerning the future of the St. Paul's Discussion Group. Please contact me by email bcapier@shaw.ca or telephone 250-585-0474 by September 15 with your thoughts.

Parish Happenings

Newcomers

Graham Adams

Andrea Biener

John Browne

Cathie Hall

Marie Herbert

Edwin & Stephanie Heynes

Katherine Moore

Richard & Mona Tomkinson

~ MARK YOUR CALENDARS ~

2018 SYNOD

Please pray for upcoming Synod which runs from September 28th to 30th at the Songhees Wellness Centre in Victoria.

Pray for our Synod Delegates: Ted Barnett, Syd Langhelt and Sandra Leigh, as well as Rev. Clara, Rev. Lynn and Boyd Shaw who are also attending.

ANGLICANISM 101

A series of 6 weekly classes exploring the roots of Anglicanism.

Classes commence Thursday, October 18th 4 p.m.

More news to follow ...

HARVEST THANKSGIVING

A Harvest pot-luck lunch will be held on Sunday, October 7th following the 10:30a.m. service.

Watch for the sign-up sheet.

REMEMBRANCE SUNDAY

Please note: There will be one service on Sunday, November 11th beginning at 9 a.m.

The Official Remembrance Day Ceremony will take place, as usual, at the Cenotaph beginning at 11 o'clock.



**NOTES OF
THANKS ...**

*Rev. Clara Plamondon and congregation of St.
Paul's Anglican Church.*

*Mona and I thank you so much for enabling and
officiating so graciously on our real Wedding Day.*

*Over our three months stay in Nanaimo, we have so
enjoyed the welcome so generously extended by
each and every member.*

Thank you.

Richard & Mona Tomkinson

To my St. Paul's family,

*How Blessed I am here at St Paul's. My sincerest
thanks to all for all the Birthday Wishes and
CAKE!! to help me celebrate the big 90.*

*Thanks also for all the help & special care I
receive each Sunday.*

*For all God's Blessings my special thanks,
Shirley Strong.*

To my St. Paul's family,

*Thank you to my church family as always for all
your help & support.*

*I'm sorry to have missed so many of you during
these past few weeks on account of the heat &
smoke. Hoping to be back soon.*

Blessings,

Dee Boyd

A Big THANK YOU from the ACW!

The ACW would like to thank all who donated to the **ACW Dorcas Shower** on August 26th. We are *overwhelmed* by your generosity! As of this writing, we do not have a final tally, but absolutely everything on the list we published was donated!

We received socks, toques and scarves - beautiful baby blankets - a plethora and a rich variety of baby and children's clothing - enough materials to fill at least 40 Joy Bags - and over \$300.00 in cash. This has gone a long way to replenishing the items lost in the fire, and we, and the ultimate recipients, are ever so grateful for your love and support!

Tony's footnotes ...

September is here and it's about to get very busy, so without further ado, it's on to business ...

The Worship Schedule is due out soon. If you're going away in October or November please let us know, so that we can schedule accordingly.

If you would like to volunteer for any of the duties, now is the time to speak up. We are always in need of extra help.

If you would like to sign up to receive the Contact via e-mail, please call the office on 250-753-2523.

Please note: The deadline for the October contact is Monday September 24th.

Until next time ...