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**Essential**

**Practices**

**Let God Touch Your Heart**

[Grab your reader’s attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]

**The Essential Practice of Worship & Praise**

*Selected Scriptures*

Pastor Peter Nikkel

Coast Hills Community Church

February 14, 2016

**Psalm 100**

*Shout with joy to the Lord, all the earth!* ***2*** *Worship the Lord with gladness. Come before him, singing with joy.* ***3****Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture.* ***4****Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name.* ***5****For the Lord is good. His unfailing love continues forever, and his faithfulness continues to each generation.*

**Psalm 34:1-3**

*I will praise the Lord at all times. I will constantly speak his praises.* ***2****I will boast only in the Lord; let all who are helpless take heart.* ***3****Come, let us tell of the Lord’s greatness; let us exalt his name together.*

1. **What is worship?**
2. **What happens when we worship?**
3. Worship helps us grow in our knowledge of God (1 John 4:16-17).
4. Worship mends the heart (Isaiah 42:3).
5. Worship renews our energy and strengthens our faith (Psalm 122:1).
6. Worship evokes gratitude (Hebrews 13:15).
7. **How should we worship?**
* John 4:21-24