



# L'Arche Comox Valley Community Calendar October 2019

*When people love each other, they are content with very little. When we have light and joy in our hearts, we don't need material wealth.*

*- Jean Vanier*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Community Circle Potluck 5pm IBC	<b>2</b>	<b>3</b>	<b>4</b> Drop in Coffee 10-11:30am IBC Women's Pub Night (pg 2) Men's Pub Night (pg 2)	<b>5</b> L'Arche Family Day (pg 2)
<b>6</b>	<b>7</b> Seniors Circle 11-1:30 IBC	<b>8</b> Taize Prayer IBC 5pm	<b>9</b> Assistants' Meeting IBC	<b>10</b>	<b>11</b> Drop in Coffee 10-11:30am IBC	<b>12</b>
<b>13</b>	<b>14</b> <b>THANKSGIVING DAY</b> <b>(IBC &amp; Office Closed)</b>	<b>15</b> Community Prayer 5pm IBC	<b>16</b> Peas & Potatoes Café (pg 2)	<b>17</b>	<b>18</b> Drop in Coffee 10-11:30am IBC	<b>19</b>
<b>20</b>	<b>21</b> Seniors Circle 11-1:30 IBC	<b>22</b> Community Prayer 5pm IBC	<b>23</b> Book Study 10am IBC  Annual General Meeting (pg 2)	<b>24</b>	<b>25</b> Drop in Coffee & Volunteer Appreciation (pg 2) 10-11:30am IBC	<b>26</b>
<b>27</b>	<b>28</b> Seniors Dine Out (pg 2)  Board Meeting 5pm IBC	<b>29</b> Interfaith Prayer 5pm IBC	<b>30</b>	<b>31</b> Halloween	<b><i>"Be thankful for what you have; you'll end up having more"</i></b> <i>- Oprah Winfrey</i>	



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October in Canada brings with it Thanksgiving; a time to reflect on our blessings and spend time with cherished friends and family. In the L'Arche community, we also celebrate International Family Day on the first Saturday of the month. Enjoy this time celebrating family and togetherness, and take some time to give thanks for the blessings in your life.

## Community News:

- **Community Circle Potluck, Tues. Oct 1, 5pm.** We will be celebrating L'Arche Family day at this month's potluck. As always, everyone welcome. Please bring a dish to share.
- **Women's Pub Night, Fri. Oct 4, 5pm.** Women will be meeting at Fluid Bar and Grill.
- **Men's Pub Night, Fri. Oct 4, 5pm.** Gentlemen, please meet at Kelly and Carlos O'Bryan's.
- **L'Arche International Family Day, Sat. Oct 5.** The first Saturday of October is a time to pray for L'Arche communities worldwide. We will be celebrating L'Arche Family Day at the Community Circle Potluck (see above).
- **Annual General Meeting, Wed. Oct 23.** Please join us at the I Belong Centre for refreshments and desserts at 6:00pm, official meeting to start at 7:00pm. Expiring memberships may be renewed at the AGM. For new memberships, application forms are available at the L'Arche office.
- **Linda Filjak visit, Oct 28-Oct 31.** Linda Filjak, our Vice Regional Leader for Western Canada will be visiting the community these days.
- **WestJet Raffle Tickets now for sale!** 1 in 500 chance of winning, \$20/ticket. Winning ticket to be drawn March 14, 2020. Please contact the office at 250-334-8320 if you are interested in selling tickets.

## I Belong Centre:

- **Thanksgiving Day, Mon. Oct 14.** The IBC and office will be closed for the holiday. Happy Thanksgiving!
- **Peas & Potatoes Café, Wed. Oct 16, 12pm.** To reserve your spot at the table, please call the IBC at 250-871-6288.
- **Volunteer Appreciation, Fri. Oct 25.** Join us at drop in coffee to celebrate one of our great volunteers, **Terry Penney**. Terry does most of our printing, and he always has it ready for us at lightning speed. Thanks for all you do, Terry!
- **Seniors Dine Out, Mon. Oct 28.** To join the group for their monthly restaurant lunch, please call Hervé at 250-871-6288.
- **Reminder about Fall Activity Guide.** A reminder that most activities in the fall guide will be starting up in October. For more information and to register, please contact the IBC at 250-871-6288