

TRINITY TIMES

August 2020

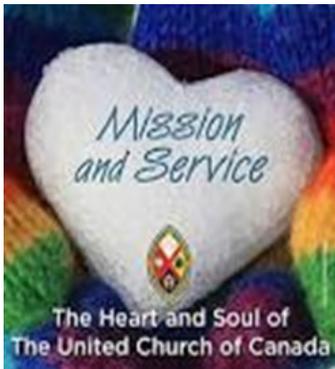
Volume 3 Issue 2

Editors: Jo-Ann Dahms and Pat Bradley

From the Minister's Study...

Reverend David is still on sabbatical and now recovering from an appendectomy. We wish him well and look forward to his words of wisdom in our next edition.

MISSION & SERVICE NEEDS US!



"The United Church has been in close touch with Mission & Service partners since COVID-19 swept across the globe. ACT Alliance (ACT), a global alliance of churches and church related organizations which

coordinates crisis response among its members, is gathering global resources to support this COVID-19 response. The United Church has already made an initial contribution to ACT.

Many of the communities Mission & Service partners work with are already living with hunger, lack of access to water, crowded living conditions, and limited health care. COVID-19 has further exacerbated these heart-breaking realities. The United Church is working faithfully with partners to address immediate needs for food and supplies to help keep communities safe during the pandemic." *

This year, it will be a challenge for Trinity to meet our financial pledge to Mission & Service. Please consider helping by becoming a new contributor or increasing your own monthly donation to the Mission & Service.

Submitted by Joy Galea, Mission & Service Enthusiast

*(*Thi Van Hoang, Program Coordinator, Sustainable Development and Humanitarian Response, United Church of Canada)*

CHANGES...



THE "NEW NORMAL" ISN'T NORMAL

NORMAL 'nōr-məl, adjective: usual or ordinary, not abnormal; natural, what you would expect.

I don't know about you, but I suddenly realized how much I don't like the term the "new normal". There is no way what we are presently experiencing remotely fits the definition above. Life is anything but usual, nothing is natural or ordinary, our lives are abnormal, and the world around us is definitely not, I suspect, one that any of us was expecting.

There is nothing natural about interacting with people, be they strangers, friends, or family from a safe, physical distance. What's normal about being unable to hug your grandchildren, not being able to go to a concert or restaurant, or to worship in one place, together, on a Sunday morning, or not being by the side of a sick or dying friend. And, in the last few months, the ordinary task of grocery shopping has certainly not been ordinary.

Don't get me wrong, although I do not accept "the new normal" as normal, I do accept the necessity of the restrictions on my life. I, like many, stayed close to home for months, only venturing out for a walk. Groceries were delivered and my world became small. Although the pace was peaceful, and a welcome change, it came at a cost of isolation from everything I considered normal.

As the days of spring changed into the summer, the stay home orders of Phase 1 relaxed and Dr. Henry allowed us to carefully increase our personal bubbles, and the church began to cautiously move along as well. The ladies of Thrift have continued to deal with the unending donations to a thrift store that is presently not operating. The office administration has and continues to work remotely, the Doers continue Doing both maintenance and improvements to our Church building, and your Governance Team has been tasked with creating and implementing a set of guidelines and protocols so the building can open for use once again. Coming up with a set of rules was an interesting challenge for we had

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("The New Normal Isn't Normal" continued from page 1)

the responsibility to ensure the health and safety of everyone who came through our doors from our community groups to our church family. We, thankfully, were able to take the work of the Ministry of Health, WorkSafeBC, and Pacific Mountain Regional Council of the United Church and adapt their detailed recommendations, and in some cases required regulations, to create a fit to our own Trinity United space.

You know what **has** been normal through all this....it's most people reactions. Most people have understood the necessity of isolation, of physical distancing, of the layoffs and the damage to the economy, of why we should wear a mask, of the major changes we have had to make to our daily lives. We only need look outside our borders to see what could have happened if our priorities were different. Most people have responded with compassion and concern for others in our community. Through phone calls, outdoor visits with family and friends, (albeit from six feet), running errands for others and by organizing those all so important zoom meetings, just to name a few, we have remained connected. A friend said to me recently (thank you Judi Carroll) that we are going to be in Covid concern for some time to come, and we will have to learn to adapt. By adapting we can continue to live, not just stay alive, but live. I think, with the guidance of leaders like Dr. Bonnie Henry and Minister of Health Adrian Dix, we will continue to learn to adapt and continue to "Be Calm, Be Kind and Be Safe".

Submitted by Pat Bradley

Waiting

A long-time member of our congregation, Wendy Bailey, is playing the waiting game here in Port Coquitlam. Her son Richard and his partner Rita are playing the same waiting game, but in London, Ontario as he awaits a double hand transplant, the first in Canada. In 2015, Richard lost both his hands as well as both legs, to a severe infection.

This past April, Richard and Rita moved from their home in Coquitlam to a nice apartment in London to be near the hospital when the call comes. With the summer hot and humid, they are happy to have air conditioning to play the waiting game.

Richard will be undergoing a series of tests in August and his team of doctors are hopeful the surgery, which will take 12-14 hours, will take place in September or October, but surgery depends on a suitable donor being found. After his hospital stay, he will go to a residential rehabilitation facility for a few weeks before returning to his London home to continue his treatment. He expects to be in London for 18-24 months, a long time to be away from home and family. So, as you can see this is a stressful time for Richard, Rita, Wendy and family.

We ask that you keep them in your prayers over the next months and support Wendy in any way you can.

Submitted by Judi Carroll, with approval of Wendy.



2020 Bazaar – Cancelled

After careful consideration, consultation, and following public health guidelines, **the Bazaar Team is cancelling** Trinity's usual in-person style bazaar for 2020. We, the co-convenors, feel that the risk far outweighs the benefit. We are looking forward with renewed excitement to 2021.

Submitted by Jo-Ann Dahms & Joy Galea

Waiting...



...but don't worry, I'll still be here when you get back.

In the past few months, we have lost three members of our cherished church family and as of yet we have been unable to gather and celebrate their lives together. For that reason, in this issue, we wanted to reflect on the lives of Helena Ketchen, Bill Marshall and Win Fleming. We thank the contributors of each article for their exceptional pieces. Pat & Jo-Ann, Editors.

Helena Ketchen—Reflections by Linda Lund



Helena and I became very good friends when she started coming to Trinity many years ago. I would like to share a few special memories....

In 1998, Helena and I went to Naramata together where she took Phase One of Healing Pathway. In her excitement of this new venture, she convinced me to take the course, which I did the next year. Together, we joined the Healing Pathway practice group which met at Como Lake United. Eventually, we began doing sessions at Trinity on Wednesday evenings, as there were 4 or 5 others who had joined us by then.

I remember going to Healing Conferences with Helena – particularly one on Vancouver Island which we really enjoyed. We stayed with Betty Anne Dempsey, who was working at St Aiden’s in Victoria. At one such conference, a woman was telling people that she thought Helena and I were just wonderful during the session she had with us. Helena was really excited and happy after that feedback.

We also enjoyed many musical concerts together; Helena never failed to buy a CD from every concert. She enjoyed the Common Cup, Carpenter’s Son, Linnea Good and many others.

Several years ago, I began a “Helena” birthday tradition of taking her to “Bard on the Beach”. Since it was her birthday, she had the privilege of choosing which play we saw. Of course, we always sat near the front and we enjoyed the plays immensely. Once, when sitting in an aisle seat, Helena was quite startled when suddenly some of the actors came running past her, waving their swords around. We didn’t reserve aisle seats again – too dangerous!

We always went out to dinner following the matinee performance and that was special too. Helena really enjoyed the Mongolian Grill, where you can pick the ingredients and the chef cooks it on an open grill in front of you.

Helena’s been very generous...especially at Bazaar time...buying gifts for friends and supporting the church at the same time. I received one of Jenny Brahney’s paintings which I love; another gift Helena gave me was a set of four Emily Carr tall coffee mugs.

One time, at a Stewardship dinner, Helena spoke about how the people of Trinity had saved her life. All we did was accept her just as she was!

Helena passed away on February 10, 2020. I miss her enthusiastic “hugs”.

Bill Marshall

Born in 1934, Died April 29, 2020



Trinity was sad to lose one of its best in late April when Bill Marshall passed away after a long battle with blood cancer.

Bill is remembered by many as the “milkman”, delivering milk for Meadowland Dairy of Port Coquitlam. Marie Coulter fondly refers to Bill as her “milk-boy”. He also worked at the Rubber Mill in POCO. Bill proudly served as a Captain in the Coquitlam Fire Dept., and was a member of the **first** full time crew hired in Coquitlam.

Bill was active in the Masonic Lodge, and the Y-care exercise group. Bill, a life-long member of Trinity, donated many, many hours on the property committee, and of course, he was most valuable guiding us through the complex (to us) procedures of Fire Alarm tests. As well, he sat on the Board of Stewart House (formerly Trinity Housing Society) for many years. If you ever needed a job done, Bill could find a way; he understood safety so we knew it would be done right.

Bill was a very generous man in so many ways. Trinity has been given many gifts in kind from Bill and his family. Bill’s generosity with his truck, wheelbarrow and muscle was never refused when looking for little jobs to get done at Stewart House.

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(Bill Marshall— continued from page 3)

Bill Marshall had a heart built for fun and generosity. He always found ways to include his family in the activities he loved to do. Boating with his friends and family locally is where he loved to be. Even his last place of residence with his daughter, during the Covid restrictions, was on the river. He was so happy to be there.

Bill's daughter, Debra, said that he was known for his selfless, unconditional love. His heart shone through his eyes when talking about his time with family and friends. He had a way of making everyone feel "special". Laughs and good times were always where Bill wanted to be. A gentleman with firm beliefs and a strong faith.

His love of life, positive attitude and big smile will be missed by all of us here at Trinity.

thanks to daughter Debra, Shirley Robitaille and Syd Sawyer

WIN FLEMING

WORDS OF HONOUR, WORDS OF REMEMBRANCE!

It is with great sadness that I acknowledge the death of one of Trinity United Church's family, Winnifred (Win) Fleming on July 8, 2020. Win was 91 years young. I was taken aback when I was first asked by the editors to write something for this newsletter regarding Win. After a few days of remembering this is what developed, the words just flowed out of me.

Win loved words & she loved games. As you read this list of words I compiled to honour and to remember Win, please take a few moments to dwell on what memories and feelings they evoke in you.

Adaptable, amazing, awesome, Baking skills, bold, bright, bridge player, Caring, collector, compassionate, confident, Dedicated, devoted, disciple, discrete, Encouraging, energetic, entertainer, enthusiastic, Faithful, fierce, Fighter, follower, foodie, Football fan (go Saskatchewan Roughriders go), friend, funny,

Generous, giver, gracious, Hilarious, humorous, Intelligent, interesting, Joker, joyful, Kind hearted, Leader, learner, listener, loyal, loving, Mentor, movie goer, mystery parcels, Networker, noble, nurturing, nurse, Open, optimistic, Prayerful, private, poetry lover, positive, Quick witted.

Reader, recites, recorder, remarkable, responsible, resourceful, Saskatchewanian, Secret Santa, secretive, sensible, sensitive, sharing, singer, soup lover, special, Teacher, trustworthy, Unforgettable, unique, uplifting, Volunteer, Willing, wise, witty, X-rated, eXceptional, Zany.

Win touched us all in her special unique way. She shone with a bright light & continues to do so through each one of us she touched. Her light and touch made us each a better person. SHE LIVES ON!

Submitted by Maxine Fairclough



"Afternoon Tea"



Making Crafts for the Bazaar

My friend, Win Fleming

When I returned to Trinity in 1978, many people welcomed me – us – Tony and I, into the “fold”. So much was well organized that it wasn’t difficult to fit in.

One such “welcome” was from Win Fleming. She and Stu just added us to their extended family. Over the months they enjoyed sharing their family and family traditions- family meals, family games night, family curling games, garden parties, afternoon teas and birthdays. Of course, anything that was “new” for the Aussie (Tony) was fair game. We were given a gift that kept on giving over these many years.



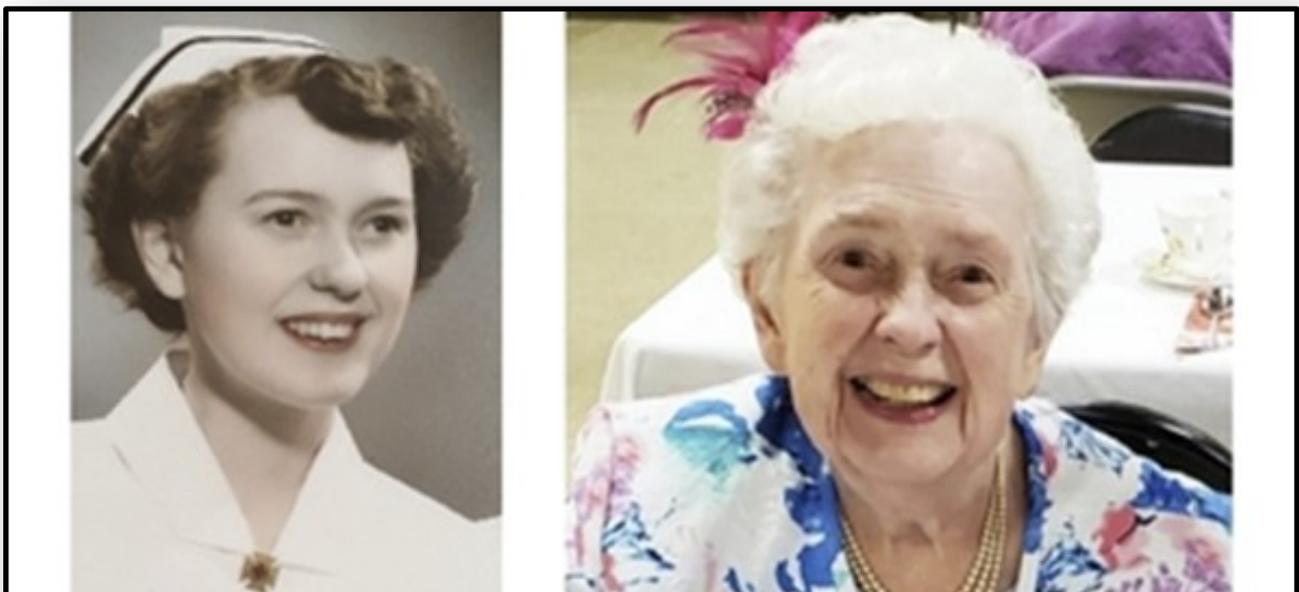
Beyond this family welcome I got to know Win. As a UCW person (United Church Women), she and I have had many opportunities to share experiences. Over the years Win and I have travelled thousands of miles together attending UCW events. There have been local UCW gatherings, Presbyterial rallies, National UCW events, meetings, study groups and conferences. As well as attending the conferences there were several times which we planned and hosted them together.

We have shared laughter and sorrow. We have shared jobs – both of us served as UCW presidents in our Units, as President of Trinity’s UCW and as B.C. Conference UCW President. Win’s term was 1995-1997. Win was willing to take on more and served as Westminster Presbyterial Chairperson and Chairperson of Trinity’s congregation. (A note- while Win was Trinity Chairperson her beloved Saskatchewan Roughriders won the Grey Cup – that was some celebration!!)

Win and I sang in Trinity’s choir together beginning with my return in 1978. Win had such a wide repertoire of songs for which she knew all the words!

Above all we were friends. It is this friendship I will miss most. I have watched my friend, Win, welcome newcomers to Trinity, share stories and puns (!!), comfort the lost and lonely and smile for all to see. She has taught us well by example. Win’s quick wit and strong faith will live in our memories. I will miss my friend, but I know I am a better person for having shared with her this special gift of friendship.

Submitted by Joy Galea



**TUM'S
A 25TH ANNIVERSARY**

The Trinity Men's Club, (TUMS) held its first meeting on March 13, 1995 which means 2020 is our 25th year. Unfortunately, because of Covid-19, we were unable to have our anniversary meeting in March.

There were 16 men present at this first meeting — Wally Thorpe, Andrew Carroll, Rod Leston, Charles Jeffrey, Harvey Loucks, Dave Vernon, Jo Shearer, Dave McFarlane, Gerry Garnett, Garrett Schultens, Fred Popoff, Jim Harris, Dave Squires, Ian Horwood, Bill Fleming, and Jeff Marshall. Of the 16 original members, there are 5 who are still members- Rod, Harvey, Jo, Dave S, and Jeff M. New members have come and gone, and we presently have a membership of 10.

Back in 1995, we had serious discussions as to what the purpose of the group should be. Did we want to follow the direction of previous men's groups or take a more relaxed approach. Two of our members attended a Burnaby AOTS group to see how they operated and reported back to our group. We decided that we really didn't want to be designated as a Fund Raising Group but more of a social group adding some fundraising efforts as we saw fit. This started with our cooking pancakes and sausages for Sunrise Service breakfasts. The last 4 years saw a switch to just coffee and muffins and fruit.

In 1996 we held two garage sales. Over the years we have hosted a corn roast dinner, a spaghetti dinner, a BBQ lunch and Games Nights, which have been well received. We also had memorable weekends away at Camp Fircom, and then Camp Roberts near Sechelt. Details from these camps is best left unmentioned. Also, for many years we have been present at the annual Bazaar selling door swags and greeting customers in our own unique style. We have also taken our turn at making coffee after Sunday Service for social time.

Time has taken a toll on our once youthful bodies and minds so many physical labours are beyond us. However, we look forward to the day when we can once again meet once a month over dinner and say 'Remember When' and also enjoy current topics of interest. Maybe we will yet enjoy a belated 25th Anniversary cake. *Submitted by Harvey Loucks, President*

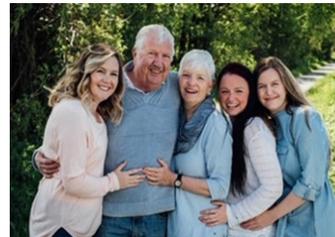


Congratulations Robert and Karen Nicolson

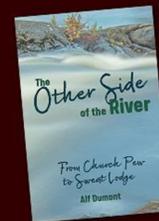
A 50th Wedding Anniversary



June 6th, 1970



Read Alf Dumont's story of truth seeking, healing, and reconciliation.



Shop UCRDstore.ca

Alf Dumont has spent his life as a spiritual leader, serving as a Christian minister and staying connected with his traditional Indigenous spirituality. He believes sharing stories with each other is the path to build deeper relationships, healing, and reconciliation. you can pick up the book now in print or as an ebook, from UCRDstore.ca.

L to R: Andrew Carroll, Ian Horwood, Garrett Kruger, Dave Squires, Harvey Loucks, Jeffrey Marshall, Jo Shearer, Rod Leston, Chuck Berkowski, Garrett Schultens, Wayne Moughtin, Jim Harris (sitting), Dave Vernon (on top of sign)

Repurposed Pews

Some time ago, Worship and Music made the decision to remove a few pews to allow for the safer movement of wheelchairs and walkers in the sanctuary. Ross Dunning made contact with Ted Lightfoot of the Fraser Valley Woodturners Guild and the pictures below show what can happen with imagination and talent. Ted was very grateful for the opportunity to turn what we no longer needed into something he and his grandchildren will cherish and enjoy.



I don't care who your dad is, this is an illegal gathering

We Will Not Give Into Fear (Psalm 23)

– Thom M Shuman

**God is the healthcare folk
all around us:
encouraging us to stay home,
reminding us to wash our hands
so we can help others be safe,
teaching us how to be mindful
and watch over ourselves and others.**

**Even as we shelter in place,
we will not give in to fear,
for God is with us,
in those who phone us and care for us,
in those who shop for us,
and those who treat us.**

**Around a lonely table,
in a houseful of family,
in a hospital with strangers,
God feeds us with grace,
pouring out hope upon us,
filling us with peace in the sleepless night.**

**I know, without any doubt,
that God's gentleness and compassion
are walking right beside us,
showing us the way home
to the One who holds us
in Love's Heart forever.**



Thom M. Shuman: During the pandemic, Thom has been writing Psalms offering morning and evening prayers on YouTube, and trying to figure out how to pastor in these times. He is an associate member of the Iona Community.

"We Will Not Give Into Fear" is part of a collection of writings in the book "Voices Out of Lockdown", Wild Goose Publications, a division of Iona Community.

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