SENIOR CITIZENS – Youth renewed like the eagle

“Bless and affectionately praise the LORD, O my soul, And do not forget any of His benefits; Who satisfies your years with good things, So that your youth is renewed like the [soaring] eagle.” Psalms‬ ‭103:2, 5‬

- our culture is concerned about aging but worse a western society that when 60 comes its time to chill out, downsize, and live on limited retirement income and just slide in life until the end. But Deut. 33:25 says as our days are so shall our strength be.

- as senior citizens these people have lived life but have also found wisdom and life experiences that is very valuable for the next generations.

- some of these seniors have opted out while there is so much more to still be accomplished and learned in them

- there is still wisdom to attain by continuing to live with a fresh and progressive perspective. We can still be renewed, still learn and experience.

- a lot are not ready to be put on the shelf, but there is a new generation that is rising that some doesn’t want their wisdom they have learned.

- there is nothing wrong with wanting to find your way, but don’t forget that lots of us have tried some of those ways and found out they don’t work.

- coming to Christ and receiving His eternal life fills us and gives us access to strength, vitality, and beauty being rejuvenated regularly, wisdom, discernment and understanding

- when we step into this and have sweet communion, intimacy and also literal communion, we are renewed

- communion with the Lord reminds us of all He’s done for us, all He accomplished for us, all His promises He gives us, all benefits that are ours for the taking.

- I find most true Christians don’t even know what benefits and promises are theirs with Christ Jesus as their Lord

- seniors need to walk out and model the truth of life in Christ. Activate the Truth again in our minds and hearts, be refreshed in the Lord

- we need to look in the mirror and proclaim over ourselves the renewed beauty, energy, favor and brightness of our mind and vision we carry because of Christ living in us

- to daily be refreshed, rejuvenated, invigorated, renewed in every cell of our body, physically mentally emotionally and spiritually

- be empowered by the Lord inwardly, our youth being renewed and decreeing the hope of glory and filled to the fullest, celebrating life of Christ daily, I go from glory to glory, I am blessed and Holy Spirit fills me with life and light daily

- seniors your life’s not over, it’s just beginning