

10AM FAMILY EUCHARIST

15<sup>DEC</sup>  
2019

Joy



## 3<sup>rd</sup> Sunday of Advent



St. Hilda's By the Sea Anglican Church  
Open Doors · Open Hearts · Open Minds

**Celebrant & Preacher:** The Rev Ayoob Adwar

**Deacon:** The Ven Bruce Morris

**Musicians:** Katherine Hume & St. Hilda's Choir

**Readers:** Eric Paetkau, David Moul

**Prayers:** Stephanie Moul

**Lay Administrator:** Joan Brock

**Sacristan:** Carol Eades

**Crucifer:** Kevin Rolston

**Greeters/Ushers:**

Liz Miller, Heather Rankin, Linda Kern

**Altar Guild:** Janet Tufnall, Laura Good

**Altar Flowers:** Given by the Mundy family, in loving memory of Janet and Jim Peebles and in gratitude for God's many blessings.

## WELCOME TO OUR CHURCH

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are. There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

### WHO WE ARE

St. Hilda, situated on the unceded territory of the *shishálh* Nation, is a member of the Anglican Church of Canada & the worldwide Anglican Communion. As a community, we welcome & celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, & abilities. We aim to create a space where people of any faith or none can question & discover the sacred in life through openness, struggle, laughter & prayer, lived out through a common commitment to be in solidarity with the poor & marginalized, & to cherish creation.

### CHILDREN

Children are welcomed to gather for a Children's Commissioning at the beginning of the service and then can go to Sunday School. They return in time for Communion—the Lord's supper (grape juice is available for communing). A Quiet Room is available for parents with young children by the Sanctuary entrance.

### HOLY COMMUNION

ALL are welcome to come forward and receive communion, the divine life of Jesus which comes to us in gifts of bread and wine. Come as you are. Instructions for newcomers joining this meal for the first time are printed in the bulletin.

### ♿ ACCESSIBILITY

Parking for people with disabilities are available next to the Meditation Labyrinth. You are welcome to bring your walker or wheelchair into the sanctuary. There are also large print bulletins available in the entry.

### Readings for December 22, Fourth Sunday of Advent

1st Reading: Isaiah 7:10-16.....Reader: Mike Starr

2nd Reading: Romans 1:1-7 .....Reader: Mike Starr

Psalm 80:1-7, 16-18 Gospel: Matthew 1:18-25

### This Sunday's liturgy has been compiled from various sources, including:

- Greeting adapted from *Gathering Sentences for the Church Year* from Diocese of New Westminster
- *A Candle is Burning* Words by Sandra Dean ©1986 permission sought.
- Collect, Confession & Absolution, Prayer over the Gifts, Eucharistic Prayer 3 and Prayer after Communion from BAS
- Affirmation of Faith Source: Living Faith Lutheran Church
- Sanctus and Amen Picardy French carol (17<sup>th</sup> cent.) arr. Patrick Wedd from CP #722, 725.

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- *Agnus Dei* Pere Joseph Gelineau Tune © 1998 Les Presses de Taizé, GIA Publications Inc., agent.

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## ✠ The Gathering of Community ✠

### Prelude

### Introduction & Welcome

*All rise as able as the Sanctuary party processes in.*

♪ 97 Processional Hymn..... *Jesus Came, the Heavens Adoring*

### Greeting

*Celebrant* In this time and place,  
we gather on the ancestral territory of the shishálh Nation.

**PEOPLE** **From many places and peoples  
we come to this house of prayer.**

*Celebrant* In this time and place,  
we await the coming of Emmanuel, God with us.

**PEOPLE** **Maranatha, come Christ come.**

*Celebrant* In this time and place, together, one people of God.

**PEOPLE** **In the name of God,  
Source of all being, Eternal Word and Holy Spirit. Amen.**

### Lighting of the Advent Candle

*Leader* The first Advent candle represents our call to hope.  
The second Advent candle represents our call to peace.  
Today we light the third candle,  
which represents our call to joy.  
This candle reminds us that God wants us to rejoice,  
even when that feels hard to do.  
This candle is a symbol  
of the joy that comes when God is with us.

**PEOPLE** **O God of Joy,  
You are at work amongst your people.  
Help us to be people of joy, working with you.  
May Christ, the light of the world bring joy to the world**

### Children's Commissioning & Song

*Children are invited to gather in front of the altar to receive a prayer of commissioning to Sunday School. As the children leave, those sitting on the aisle are invited to form an arch for the children to walk through as they head out for Sunday School as we sing: (Tune: Away in a Manger)*

**A candle is burning, a candle of joy,  
a candle to welcome brave Mary's new boy.  
Our hearts fill with wonder, and eyes light and glow  
as joy brightens winter like sunshine on snow.**

**The Collect of the Day**

*Celebrant* God of power and mercy,

**ALL you call us once again to celebrate the coming of your Son.  
Remove those things which hinder love of you,  
that when he comes,  
he may find us waiting in awe and wonder  
for him who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.**

*All are seated*

**✠ The Proclamation of the Word of God ✠**

**First Reading:** Isaiah 35:1-10..... Eric Paetkau  
Hear what the Spirit is saying to the church. **Thanks be to God.**

🎵 **756 Canticle 18**..... *Song of Mary*

**Second Reading:** James 5:7-10..... David Moul  
Hear what the Spirit is saying to the church. **Thanks be to God.**

🎵 **102 Gradual Hymn** .....*Prepare the Way, O Zion vs 1-2*  
*All remain standing as able*

**The Gospel**      Matthew 11:2-11

*Deacon*      May God be with you

**PEOPLE**      **And also with you**

*Deacon*      The Holy Gospel of our Lord Jesus Christ according to Matthew

**PEOPLE**      **Glory to you, Lord Jesus Christ.**

*After reading*

*Deacon*      The Gospel of Christ

**PEOPLE**      **Praise to you, Lord Jesus Christ.**

🎵 **102 Gradual Hymn** .....*Prepare the Way, O Zion vs 3*

**Sermon** ..... Fr Ayoob Adwar

**Affirmation of Faith**

**We believe in God the Father,  
infinite in wisdom, power and love,  
whose mercy is over all His works,  
and whose will is ever directed to our good.**

**We believe in Jesus Christ,  
fully God and fully human,  
the gift of the Father’s unfailing grace,  
the ground of our hope and the promise of our deliverance  
from sin and death.**

**We believe in the Holy Spirit  
as the Divine Presence in our lives,  
whereby we are kept in perpetual remembrance  
of the truth of Christ,  
and find strength and help in time of need.**

**We believe that this faith should manifest itself  
in the service of love as set forth  
in the example of our blessed Lord,  
to the end that the kingdom of God may come upon the earth.**

### **The Prayers of the People**

*Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish List on the back page. You are also welcome to name your loved one(s) aloud or silently in your heart.*

### **Confession and Absolution**

*Celebrant* Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes sinners  
and invites them to the table.  
Let us confess our sins  
confident in God's forgiveness.

*A period of silence is kept.*

*Celebrant* Most merciful God  
**PEOPLE we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

*Celebrant* Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.

**PEOPLE Amen.**

**The Peace** *Please rise as able as we share the peace of the Lord.*

**Celebrant** The peace of the Lord be with you all.

**PEOPLE** **And also with you.**

## ✠ The Holy Communion ✠

### The Offertory

*During the hymn, the bread and wine are presented alongside with the offering of money, given on the plate or through the Pre-Authorized Donation Program, to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we experience. You are invited to place your hand on the Offertory plate as it comes past as a sign of gratitude for God's blessings.*

🎵 **117 Offertory Hymn**..... Lo, How a Rose E'er Blooming

### Prayer over the Gifts

**Celebrant** God of hope,

**PEOPLE** **renew in us the joy of your salvation  
and make us a living sacrifice to you,  
for the sake of Jesus Christ our Lord. Amen.**

### Eucharistic Prayer 3 BAS p. 198

*"Eucharist" means "thanksgiving". This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.*

**Celebrant** The Lord be with you.

**PEOPLE** **And also with you.**

**Celebrant** Lift up your hearts.

**PEOPLE** **We lift them to God.**

**Celebrant** Let us give thanks to the Lord, our God.

**PEOPLE** **It is right to give our thanks and praise.**

**Celebrant** Blessed are you, gracious God...

...who for ever sing this hymn to proclaim the glory of your name:

### Sanctus

Ho - ly, ho - ly, ho - ly Lord, Lord God of power and might,  
 heav'n and earth are full, full of your glo -  
 ry. Ho - san - na, ho - san - na, ho - san - na, ho - san - na in the

high - est. Bless-ed is the One who comes, who  
 comes in the name of the Lord. Ho - san - na, ho - san - na, ho -  
 san - na, ho - san - na in the high - est.

*Celebrant* We give thanks to you, Lord our God...

Therefore, Father, according to his command,

**PEOPLE** we remember his death,  
 we proclaim his resurrection,  
 we await his coming in glory;

*Celebrant* and we offer our sacrifice of praise and thanksgiving...

...all honour and glory are yours, almighty Father,  
 now and for ever.

**PEOPLE**

A - men, a - men.

## 744 The Lord's Prayer

### The Breaking of the Bread

*Celebrant* God of promise,  
 you prepare a banquet for us in your kingdom.

**ALL** Happy are those who are called to the supper of the Lamb.

### Agnus Dei (Lamb of God)

Lamb of God you take a-way the sins of the world.  
 Lord have mer - cy up - on us. Grant us peace, Lord,  
 grant us peace.

## The Invitation

### Receiving Communion

*If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread.*

*If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.*

*The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Wine and unfermented grape juice are served. If you would prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you would prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.*

**Choir Anthem** .....Come, Come Emmanuel by James J. Chepponis

### Prayer After Communion

Celebrant Merciful God,

**ALL may this eucharist free us from our sins,  
fill us with unending joy,  
and prepare us for the birthday of our Saviour.  
We ask this in the name of Jesus Christ,  
who is Lord now and for ever. Amen.**

### Family Thanksgiving & Announcements

*All are invited to share if they know of any birthdays, anniversaries or other celebrations. We have a parish tradition of saying the following prayer by sharing eye-contact with those around us.*

*All stand as able.*

Celebrant Glory to God,

**PEOPLE Whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever. Amen.**

### The Blessing

🎵 **104 Recessional Hymn** ..... Joy Shall Come

### Dismissal

**PEOPLE Thanks be to God.**

### Postlude

If leaving during postlude, please do so quietly.

## Parish Events and Notices

**Holly Sale:** There will be some variegated holly with berries for sale this morning before and after church.

**Christmas Jazz Vespers** Sunday December 15 at 4:00 pm at St. Hilda's with *KESTRA* (Steve Giltrow, guitar; Ken Grunenberg, saxophone; Regan Haydu, drums; Ward Tinney, bass). Join us for live jazz music, readings and Christmas carols. Freewill offering accepted.

**Advent Films Joy: The Grizzlies:** Monday December 16 at 7:00 pm  
This is an inspiring true story based on a group of Inuit students in the small Arctic town of Kugluktuk. Suffering from widespread drug use, alcohol abuse, domestic violence and one of the highest teen suicide rates in the world, this northern community is periled by the legacy of colonialism. The students are naturally skeptical when Russ Sheppard, yet another ignorant and unprepared white rookie teacher, arrives from the south on a one-year teaching contract. With much to learn, but deeply shaken by the death of one of his students, Russ introduces his class to the sport of lacrosse in an effort to help lift the dangerous fog of trauma existing in his students. While initially resistant, the students gradually come together to embrace the sport, form Team Grizzlies, and find inspiration to make shifts in their own lives. Together with Russ, the team gains the support of a deeply divided town and eventually negotiates its way to the National Lacrosse Championships in Toronto. Despite their ultimate defeat, The Grizzlies discover that success doesn't lie in the outcome of a lacrosse game; but instead, in the spirit of community.

**St. Hilda's Choir Rehearsal:** Please note change in time for Thursday Dec. 19. It will be at 7:00 pm

**Christmas Hampers:** Your suggestions of recipients (names and ages of children) for this year must reach the Hamper Team by Tuesday December 17. Please mark on your giving envelope or give your cash contribution to Margy Grant or Meg Stevens.

**Ndandini Scholarship Annual Fundraising Campaign:** You may make personal donations via your offering envelope, or give a 'gift of education' as a Christmas gift to your family and friends. For those donating as a Christmas gift, Ndandini Scholarship Christmas Gift Cards are available in the narthex to let your recipient know about the gift you have given on their behalf. Please mark your offering donation 'Ndandini'.

**Winter Solstice Meditation:** Saturday December 21 at 7:00 pm in Sanctuary For the darkest night of the year, an evening of readings, music and meditation.

**Office Closed:** Karen is away from Dec 26 until January 3. If you need announcements in the Dec 29 or Jan 5 bulletins, please get them to her by Tuesday December 17.

**St. Hilda's Justice Umbrella Indigenous Reconciliation Event:** PWRDF Mapping Exercise Saturday January 18 10:30 am - 2:30 pm led by Nancy & John Denham. Tea and coffee provided. Potluck finger food lunch. All parishioners

are encouraged to join us. Space limited so please register with Nancy, call/text 604-740-6400.

*Mapping the Ground We Stand On* is an Interactive Workshop Exploring Indigenous and Settler Relationships. Developed by the Primate’s World Relief and Development Fund, the Mapping Exercise complements the KAIROS Blanket Exercise, and focuses in part on our personal/individual and Anglican histories. It lays out historical and contextual realities that Indigenous peoples in Canada face daily. It offers suggestions for taking action, for participants to journey further on paths of reconciliation, and for the creation of a better and more just country for all of us. As the Anglican Church of Canada continues to develop its response to the recommendations of the Truth and Reconciliation Commission’s final report and PWRDF seeks to deepen its relationships with aboriginal peoples, the Mapping Exercise can be a useful tool for learning and reflection together, and as one step on the journey towards meaningful reconciliation between Indigenous and non-Indigenous peoples.

**WIDER COMMUNITY EVENTS**

**Messiah Choir Concerts:** Friday December 20 at 7 pm & Saturday December 21 at 2 pm at St. John’s United Church. See poster in breezeway for more info.

<b>Week At-a-Glance at St. Hilda’s</b>			
<b>Advent 3</b> <b>Sun 15</b>	8:30 am	Traditional Eucharist	Sanctuary
	10:00 am	Family Eucharist & Sunday School	Sanctuary
	4:00 pm	Jazz Christmas Vespers	Sanctuary
<b>Mon 16</b>	7:00 pm	Advent Film JOY	Sanctuary
<b>Wed 18</b>	2:00 pm	Prayer Shawl Ministry (604-885-1994)	Offsite
	5:00 pm	Parish Council Meeting	Gathering Rm
<b>Thurs 19</b>	7:00 pm	St. Hilda’s Choir Rehearsal	Sanctuary
<b>Fri 20</b>	10:00 am	Men’s Gathering	Lighthouse Pub
<b>Sat 21</b>	7:00 pm	Winter Solstice Meditation	Sanctuary
<b>Advent 4</b> <b>Sun 22</b>	8:30 am	Traditional Eucharist	Sanctuary
	10:00 am	Family Eucharist & Sunday School	Sanctuary
	4:00 pm	Native Drum Circle	Sanctuary



*Advent & Christmas Season  
at St. Hilda's*

**SUNDAY** December 15 **Jazz Christmas Vespers** at 4 pm

**Monday** December 16 **Advent Film Joy** at 7 pm

**Saturday** December 21 **Winter Solstice Meditation** at 7 pm

**SUNDAY** December 22 **Fourth Sunday of Advent**  
4 pm Drum Circle

**Monday** December 23 **Advent Film Love** at 7 pm

**Christmas Eve** **Tuesday** December 24  
4 pm Family Drop-in Pageant & Holy Communion  
No rehearsal & costumes provided — come at 3:30 pm.  
10 pm Contemplative Candlelight Eucharist

**Christmas Day** **Wednesday** December 25  
10 am Holy Eucharist

**SUNDAY** December 29 **First Sunday after Christmas**  
10 am Festival of Lessons & Carols with Eucharist

**SUNDAY** January 5 **Feast of the Epiphany of the Lord**  
8:30 am Traditional Eucharist from *Book of Common Prayer*  
10 am Family Eucharist

# St. Hilda's By the Sea Anglican Church

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 Deacon ..... The Ven Bruce Morris ..... 885-4797  
 Music Director..... Katherine Hume..... khpiano@telus.net ..... 885-2069  
 Bishop's Warden ..... Carol Eades ..... caroleades@telus.net ..... 886-9646  
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## PARISH PRAYER FOR THE WEEK

<b>Anglican Communion</b>	Sokoto (Nigeria) The Rt Rev Augustin Omole El Salvador (Central America) The Rt Rev Juan David Alvarado Melgar
<b>Diocese &amp; Partners</b>	The Deanery of Royal City/South Burnaby –The Rev Gordon Barrett, Regional Dean  Holy Trinity Mission in Bantey (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr
<b>Local Agencies</b>	School District #46 - students, staff, & faculty
<b>Parish Ministries</b>	Prayer Shawl Ministry
<b>Justice Umbrella</b>	Kenya: the Well Management Committee siyaya Reconciliation Movement
<b>Prayer Requests</b>	Becky Decksheimer: comfort and healing Jill & Rik Diespecker Henry: peace and comfort Leslie: battling cancer Nancy Moote & family: strength while undergoing chemo Dawn Newman: healing from stomach infection Lorelei Reier: recovery from leukemia & lung infection Sher & Morrie Sacks: healing
<b>Residential Care/ Home Bound</b>	Evelyn Harrison, Vi Labrosse, Marjorie Lanskail, Maria Mahar, Barbara Pearson, Beps Swanson, Eva Tweedie, Lillian Zahn

*Prayer requests are listed for 4 weeks - to extend, please contact the office.*