

# Space for God Living Bread

Week of August 9

## PREPARATION

And this is what God has testified:

He has given us eternal life, and this life is in his Son. <sup>1 John 5:11</sup>

***You are the living bread that came down from heaven.***

## CONFESSION

He was despised and rejected—

a man of sorrows, acquainted with deepest grief.

**We turned our backs on him and looked the other way.**

**He was despised, and we did not care.** <sup>Isaiah 53:3</sup>

## ADORATION and GRATITUDE

At just the right time Christ will be revealed from heaven by the blessed and only almighty God, the King of all kings and Lord of all lords.

**He alone can never die, and he lives in light so brilliant that no human can approach him. No human eye has ever seen him, nor ever will. All honor and power to him forever! Amen.** <sup>1 Timothy 6:15-16</sup>

## MEDITATION & CONTEMPLATION—John 6:37-51\*

However, those the Father has given me will come to me, and I will never reject them. For I have come down from heaven to do the will of God who sent me, not to do my own will. And this is the will of God, that I should not lose even one of all those he has given me, but that I should raise them up at the last day. For it is my Father's will that all who see his Son and believe in him should have eternal life. I will raise them up at the last day."

Then the people began to murmur in disagreement because he had said, "I am the bread that came down from heaven." They said, "Isn't this Jesus, the son of Joseph? We know his father and mother. How can he say, 'I came down from heaven'?"

But Jesus replied, "Stop complaining about what I said. For no one can come to me unless the Father who sent me draws them to me, and at the last day I will raise them up. As it is written in the Scriptures, 'They will all be taught by God.' Everyone who listens to the Father and learns from him

### IN SOLITUDE AND/OR COMMUNITY

Read	Slowly, several times.
Reflect	How do I relate to this?
Respond	What is my next step of
Rest	I receive God's healing and

comes to me. (Not that anyone has ever seen the Father; only I, who was sent from God, have seen him.)

"I tell you the truth, anyone who believes has eternal life. Yes, I am the bread of life! Your ancestors ate manna in the wilderness, but they all died. Anyone who eats the bread from heaven, however, will never die. I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh."

### ANCHORING PRAYER

*"You draw me, I come to You Lord."*

### REVIEW OF THE HEART (previous 24 hours)

*When did I doubt God?*

*When did I trust God?*

### WISDOM

But he commanded the skies to open; he opened the doors of heaven. He rained down manna for them to eat; he gave them bread from heaven. They ate the food of angels! God gave them all they could hold. <sup>Psalm 78:23-25</sup>

No one has ever seen God. But if we love each other, God lives in us, and his love is brought to full expression in us. <sup>1 John 4:12</sup>

When we bless the cup at the Lord's Table, aren't we sharing in the blood of Christ? And when we break the bread, aren't we sharing in the body of Christ? <sup>1 Corinthians 10:16</sup>

TESTIMONY *What is God saying to me?*

INTERCESSION *Prayers for the Church, for others, and for me.*

### CLOSING PRAYER

**You are the bread of life, dear Lord, to me,  
your holy Word the truth that rescues me.  
Give me to eat and live with you above;  
teach me to love your truth, for you are love. [Amen]**

Alexander Groves, 1842-1909

### SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and

Speak and act from a listening heart.

Actively serve in community with others.