

Walking Group schedule for October 2020

All walks begin at 10 a.m.

- Saturday, 3 Saxe Point/MacAulay Park, Fraser Street, Esquimalt. Park at the first car parking area inside Saxe Point Park. A scenic ocean-view walk with some historical infrastructure to observe.
- Wednesday, 7 Quick's Bottom. Meet at Francelli's Café, Royal Oak Shopping Plaza. Can be muddy. One slope up and down.
- Saturday, 10 Highrock Cairn. Esquimalt's highest point and possibly its best-kept secret. We meet outside Serious Coffee in Esquimalt Plaza on the left-hand side of Esquimalt Road just after crossing Lampson Street when travelling from Vic West. From there a gentle ascending stroll through suburban roads, up a short flight of steps and along a rocky trail takes us to the cairn with its splendid view of Mount Baker, Downtown, Esquimalt Harbour, and the Sooke Hills. We descend on a different trail through a Garry Oak meadow and return to our starting point. There is a moderately steep section near the beginning but otherwise this is an easy walk.
- Wednesday, 14 Cathedral to Fisherman's Wharf. Follows David Foster Walkway along the inner harbour and back. Distance can vary according to the group's energy. Meet at the Celtic Cross at the Cathedral.
- Saturday, 17 Colquitz River Park. Park at the Tillicum Mall parking lot close SilverCity and Cuthbert Holmes Park. Flat walk along the Colquitz River to Panama Flats.
- Wednesday, 21 Elk Lake. Park and meet at Hamsterly Beach Elk Lake car park. Driving north on Pat Bay Highway, turn left at Sayward Road traffic lights, bear left where it turns into Hamsterly, then turn right onto Brookleigh Road. Flat out-and-back walk along lake shore.
- Saturday, 24 Oak Bay Marina to Cattle Point. Meet at the Marina Car Park. Flat ocean-view walk toward Cattle Point via Willows Beach.
- Wednesday, 28 Rithets Bog. Meet and park on Dalewood, off Chatterton Way. Flat trail around the bog, no hills.
- Saturday, 31 Royal Roads University. Park and meet in the car park almost immediately to the right as you turn into the University Drive. Beautiful walk through forested footpaths and waterfalls. Bring \$2 for parking. Watch out for ghoulies and ghosties and long-leggedy beasties!