

CONNECTION

The Quarterly Newsletter of the Anglican Parish of Central Saanich

Number 34



St. Mary Church

1973 Cultra Avenue,
Saanichton, BC V8M 1L7

Worship Services

Sundays

9:00 am Choral Eucharist & Sunday School

Second Sunday

7:00 pm Evening Prayer in the style of Taizé
(January-June)

Wednesdays

10:00 am Holy Eucharist
10:30 am Friendship Coffee
11:00 am Bible Study
(no Bible Study July & August)

Office: 250-652-1611 Hall: 250-652-7942

Email: stmarys.saanichton@shaw.ca

Web: www.ParishCS.ca



St. Stephen Church

7921 St. Stephen Road,
Saanichton, BC V8M 2C3

Worship Services

Sundays

11:00 am Holy Eucharist
and Church (Sunday) School

Fourth Sunday

11:00 am Praise & Worship
in the Hall

Tuesdays

11:00 am Prayer Group

Office: 250-652-4311

Email: St.Stephens.Church@outlook.com

Web: www.ParishCS.ca



March 2020

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Pastor: Rev. Lon Towstego

Assistant: The Rev. Dr. Brett Cane



www.ParishCS.ca

Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Dates to Note

Our Parish website – www.ParishCS.ca – is the best place to keep in touch with what is going on, but here are significant dates to note for the next three months.

- **March 3rd** Supper Eucharist with learning circle to follow at St. Stephen at 6:00 pm.

- **Lenten Bible Study** ‘Watershed Discipleship: Reinhabiting Bioregional Faith and Practice’. Book Study led by Lon and Matt. Wednesdays from March 4th to April 8th at St Mary at 11:00 am.

- **Lenten Bible Study** ‘The New Testament You Never Knew: Exploring the Context, Purpose and Meaning of the Story of God’. An 8-part video series with N T Wright and Michael Bird. Thursdays from February 27th to April 23rd (except April 9th Maundy Thursday) at St Stephen at 7:00 pm.

- **March 6th** Every Friday at noon the weekly Soup’s On! gathering at St. Stephen.

- **March 6th** World Day of Prayer at Central Saanich United Church (Shady Creek) from 1:00 to 3:00 pm.

- **March 8th, April 12th and May 10th**
The monthly contemplative Services in the Style of Taize will continue at 7:00 pm in St. Mary.

- **March 11th** Saanichton (SVA) Spaghetti Dinner at St Mary at 6:00 pm. Tickets at Seafirst Insurance & Fresh Cup.

- **March 18th** Slide show of Travels in the Far East – Hong, Singapore and Phuket by Brett Cane at 7:00 pm at St Mary. (Dessert Evening)

- **March 20th** Slide show of Travels in the Far East – Hong, Singapore and Phuket by Brett Cane before and after “Soup’s On” at St Stephen.

- **March 21st** “Making an Anglican Prayer Rosary”. Assisted by the Sisters of St. John. 10:00 am-2:00 pm (gather at 9:30 am), in the Hall at St. Mary.

- **March 23rd, April 27th, May 25th**
Monthly Peninsula Area Men’s Breakfast. 8:30 am St. Andrew, Sidney.

- **March 28th** Matt Humphrey will be ordained into the priesthood at an ordination service at Christ Church Cathedral at 1:30 pm. All clergy, postulants and community members are invited to attend.

- **April 5th** Palm Sunday Holy Communion Services at St Mary’s at 9:00 am and St Stephen’s at 11:00 am.

- **April 6th** Monday in Holy Week Quiet meditation and prayer at St Stephen at 7:00 pm.

- **April 7th** Tuesday in Holy Week Supper Eucharist and Learning Circle at St Stephen Hall at 6:00 pm.

- **April 8th** Wednesday in Holy Week Quiet evening meditations and prayer at St. Mary at 7:00 pm.

Dates to Note *continued*

- **April 9th** Maundy Thursday Service of Foot Washing, Eucharist & the Stripping of the Altar at St. Mary at 7:00 pm. Note followed by the Stripping of the Altar at St Stephen.
- **April 10th** Good Friday Stations of the Cross Procession starting at the Lych Gate at St. Stephen at 10:00 am and walking to Our Lady of the Assumption Roman Catholic Church. More details to be announced.
- **April 11th** Holy Saturday Easter Vigil at Christ Church Cathedral at 8:00 pm.
- **April 12th** Easter Services at St Mary's at 9:00 am and St. Stephen's at 11:00 am.
- **April 19th** Joint Service of Baptism and Confirmation, Outdoor and indoor at St. Stephen Hall at 10:00 am.
- **May 5th** Supper Eucharist with learning circle to follow at St. Stephen at 6:00 pm.
- **May 23rd** St. Mary's Spring Fling 9:30 am–Noon. The usual thrift shop bargains: Collectibles, home baking, books, coffee, doughnuts, iced tea & hot dogs.

From the Pastor's Pen



Charge to the Vestry! Sunday, February 22, 2020

The Rev. Lon Towstego, Incumbent, Parish of Central Saanich, St. Stephen and St. Mary

Being Transfigured! The Shift from Epiphany to Lent!

“And Jesus was transfigured before them, and his face shone like the sun,” Matthew 17: 2a.

We are in a moment of Church History. We look forward to the coming year in the life of the church and we look forward to the next 20-100 years in the life of the church. Work that we do together today matters.

I have formatted this message as a series of aspirations or visions, hope-filled statements of how we would like things to be how we see and hear God leading us. To be clear we may not be near these in some cases or we may be doing well some of the time with some and less well with others. They are common goals and I base them on listening and coming to know many of you as individuals and collectively as Parish Family. Family does not by its nature mean that we are perfect. I give credit to Ansley Tucker, Dean of Christ Church Cathedra as I have borrowed and or paraphrased and modified to suit our parish a format that she used a few weeks ago.

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Perfect: Jesus calls us “to be perfect.” The New Testament Greek word for “perfect,” teleios, means to be complete, to be conformed to who God has created us to be: to be ourselves, to be real. To be perfect is how we would talk about a glove which fits perfectly to the hand, or a spice which perfectly complements some food being prepared for a meal. However, conversion is a process, and so we best hear the word “perfect” as a verb: to perfect. Conversion is life-long. — Br. Curtis Almquist, Society of Saint John the Evangelist

As we look to our aspirations and visions remember in no particular order, we hold that verb of perfecting before our God.

- 1) We recognize that we gather Sunday to Sunday for our primary worship, as well as at other times, and that people each come with differing needs, wants and desires. Some will come with heavy hearts looking for comfort, others with joy and some with a complacency that God will challenge. We pray that through music, God breathed Scripture, prayer, silence and relevant messages God will minister to all. It is not realistic to believe that we reach everyone every time we worship. This is one of the joys of being in a liturgical church with seasons and cycles. All human need or condition comes up at various times and like life itself there is a season for all things.

Worship is directed to God and then God reflects it back to us. Jesus is “transfigured”, and we are invited to be transfigured and transformed. Our liturgy, teaching and study is to be inspiring, comforting, challenging, healing. Learning and Spiritual and Discipleship Formation for all ages is offered so that the church may be the heart, the hands, the listening ear and the voice of God in the world.

We are always working on our worship as we strive to meet the challenges that I have named here and others.

- 2) We seek to care for each other and pray for each other. There are obvious ways that we do this through Prayer, Pastoral Care, Hospital Visits, Prayer Shawls meals etc. In the spirit of hearing and paying attention to our elders we seek to be encouragers. Let's undertake to spread kind messages, words, moments of listening to each other. We don't need to solve each other's problems yet are called to be people of hope. We will go beyond “responding to problems” but do this day to day. We encourage and hold up one another. We do this corporately through ministries and events like Soups On, Shrove Tuesday Suppers and Parish Potlucks. Being community with and for each other and the larger community is so much a part of who we are.
- 3) “We strive to safeguard the integrity of God's creation, and respect, sustain and renew the life of the Earth.” This statement comes directly from our Baptismal Promises which we renew at each Baptism or Confirmation. Care and Stewardship of this world, the watershed where we find ourselves and taking seriously climate change is of primary importance to the sustainability of all we do. For the young people that we strive to engage in the life of the church this is of primary importance. It is not new to us as Christians and we can look to scripture for support and guidance.

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*“We are people
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- 4) We are Walking Well in Honoring Truth and Reconciling for the Future. We seek and participate in learning opportunities to become better informed in matters regarding our relations with First Nation, Metis and Inuit people. We look to discern how this relates to our faith. We look to scripture: “What does God require of us? but to do justice, and to love kindness, and to walk humbly with your God?” Micah 6:8b
- 5) We value and embrace informed, intelligent faith in its diversity and walk with respect together even when we do not agree. We have an awareness that often there can be ambiguity and that we do not all see things the same way. Our faith lives and journeys are full of questions and mystery. We listen for the Heartbeat of God and seek Wisdom.
- 6) We recognize and celebrate that we are part of a larger regional, diocesan and national church. Just as individual Christians we do not walk alone nor do we as a parish. We will be a part of the next chapter in the life of the diocese as we take part in the Electoral Synod on June 27. We thank God for the ministry and care of our retiring bishop Logan and for his wife Marcia and their family. Remember: “We are the diocese!”
- 7) We are living out what it means to be part of the Transforming Futures initiatives in our diocese and give thanks for our Team. Matt Humphrey and Trish Stock in differing ways are a part of the future of our church. We as a parish take leaps of faith in helping to prepare and teach. Our TF early proposals embrace this and rather than let the nuts and bolts be stumbling blocks we walk forward one step at a time with excitement. As Peter did, we step out of the safety of the boat in faith and as God told him he tells us to cast out fear and embrace trust in Him.
- 8) We are people who name learning as a value important to us. We have regular Christian Education events and look to bring balance in the content to make these teachings inviting to all offering them choices.
- 9) We are amazing stewards of God's church in how we treat and care for the grounds, buildings, each other's talents and financial resources. God takes ordinary things like bread, wine, people, buildings, property and money and transforms them. He charges us with coming along side in care and in generosity.
- 10) We seek partnership with groups in our neighborhoods. We look to deepen existing relations and be prayerful, open and creative in finding new ones. We have an interest in hearing and honoring the voices not always heard, those of the marginalized, those of little faith or no articulated faith. We trust that God works in all lives and again we are encouragers and listeners.

I pray that as we meet today, we would be respectful of each other, share airtime well and know in our hearts that this so much more than a “business meeting.” We take a part in Church History today, in a theological event and we witness and live into the Transfiguration of Jesus. May the God of the Trinity be with each of you! Father, Son and Holy Spirit. AMEN!

Saturday, October 5th, 2019: The Rev. Lon Towstego, Rev. MJ Lewis-Kirk, Sarah Kell, Janice Varga, Don Wilson and Doug Bowen facilitated this 7th “94 Calls to Action Workshop” at St Stephen’s Church

Afternoon Session

After lunch we watched the 1993 apology of Primate, Archbishop Michael Peers, on behalf of the Anglican Church of Canada. It was an impactful video that was well received by the five residential school and inter-generational survivors, who all manage various levels of recovery in their daily lives. One inter-generational survivor gave his testimony and wished his parents had lived to see the apology. Another agreed to attend church the next day to hear the Rev. Dr. Martin Brokenleg speak about the Church’s next actions toward reconciliation.

Discussion Groups

We broke into discussion groups and moved amongst six tables to answer questions about what impacted us most in the morning session and what are the next actions we can take in the reconciliation process. Each group shared their thoughts and the notes were handed in to the facilitator, who agreed to compose the letter, to circulate amongst Anglican churches for support and forward to the National Church to petition the government. There were a number of suggestions for future work of the Diocese and the Reconciliation and Beyond Committee (thanks to notes of Janice Varga):

1. The Church needs to continue on its path of reconciliation.
 - continuation of the work by the next Bishop
 - continue to fund future events, as is stated in the 94 calls to action
 - share the Apology and Doctrine of Discovery video at every opportunity
2. Implement the new protocols in all future community events.
3. Continue to invite Indigenous participation in reconciliation events.
4. Participate in more opportunities for interaction between Indigenous Peoples and Settlers.
5. Advocate and be a voice to stop the destruction of records/stories of those who participated and gifted their stories to the Truth and Reconciliation Commission Hearings.

Thanks to Janice Varga for her summary and this draft of the letter from one group:

Stop the destruction of records/ stories of those who participated within the Truth and Reconciliation Committee Hearings.

In our discussions we were told that the Truth and Reconciliation Commission kept all the recordings/ transcripts shared by Witnesses who attended Canada’s Residential Schools from 1879-1996.

We were told that the Federal Government is now advising these Witnesses that their records will be destroyed unless they request, in writing, their testimony be maintained. The concern expressed was that these Witness testimonies stand as evidence and a record to this period in Canadian History.

“The Church needs to continue on its path of reconciliation.”

We were advised the stories/testimony should be maintained as a legacy to the truth of the Commissions work and an acknowledgement of the courage thousands of people showed in sharing their pain.

Many of the Witnesses have since passed away and are unable to prevent their history and records from being destroyed. Others continue to this day to suffer the effects of the abuse and are now Elders who may not have the capacity or ability to oppose the destruction of their testimony.

It was the overwhelming view of the workshop participants that: “if there were to be a deletion of the records ...it must be incumbent on Canada/Federal Government to seek written consent and permission to delete their records. Without such approval Canada should honour, respect and maintain each individual’s records as a testament to Canada’s Indigenous Residential School System.”

Placing the responsibility on the Residential School Victims to ask Canada / Federal Government to keep their records is wrong. It diminishes the value of these courageous people who shared their stories in an effort to help all people know the truth and to heal.

It was requested by the majority of the participants that a petition be drafted by those who attended today’s workshop and circulated within their respective Churches. The Petition would call on the Government of Canada to reverse its procedures for deleting Survivors testimony given to the Truth and Reconciliation Commission.

Petition on Behalf of the 94 Calls to Action Witness Statements and Testimony

To: All Federal Political Party Leaders

Copy: MP’s in each Riding

Records of the Residential School Survivors testimony given during the Truth and Reconciliation commission hearings should be maintained and not be destroyed without written permission by the Survivor. These records/ documents should be held by Indigenous Council/Leaders as Sacred to the process of Canada’s Legacy of the Residential School System [1879-1996].

Signed this date:

Addendum to 94 Call workshop summary:

Closure

We gathered in the sharing circle to each give a phrase about what we had learned. Many people had learned about the truth and ongoing systemic oppression of the First Peoples (Métis, Inuit and First Nations) within the colonial system that we are currently governed by. One woman stressed that she had become a true ally after learning what she never knew before. One First Nations man was powerfully impacted by the Anglican Church apology and expressed willingness to accept us as friends. Other participants shared the appreciation of the sincere effort of the local church to do better and one reminded us of our responsibility to be witnesses to what we had seen and heard this day. We discussed the long process that would take perhaps seven

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Reconciliation & Beyond: Part 2 *continued*

generations for colonial attitudes to die, and the next generations to live in increasing freedom and truth, dispelling myths, stereotypes and racist behaviors of believing non-Indigenous ways are superior. It was a day of truth leading to reconciliation.

Our work today provided an opportunity to begin a relationship based on honesty and truth.

As each person shared parts of their own life journey it became apparent settlers and allies have much in common.

- a desire to gain a better understanding of Canada's History with regard to Indigenous Peoples
- a desire to better understand what is meant by the term "Reconciliation."
- a desire to find ways forward and a way to journey together.

We all acknowledged today was for our children and grandchildren and that we collectively share a responsibility to make restitution where possible for stolen land, language and culture, if we wish to create a better world based on Truth, Trust and Respect.

Parishioner Profile: Deb Butler

by Sandra Scarth

Living Outside the Box



Deb recently went to a church service where the message was to "step outside the box." A week later I called to ask her if she was willing to be interviewed for the Parishioner Profile and after initial hesitation she decided to step out of the box and talk about her life. As she thought about it, she realized she had been stepping outside the box most of her life.

In a sense, she started life outside the box. She was born in a taxi on the Victoria Street Bridge in Montreal on the way to the hospital! Her family lived eight miles South of Montreal, now St. Hubert, just a little too far to get there on time. She had a fairly traditional early family life. Her dad worked for Bell Telephone and her mom stayed at home to raise her and her brother who was twelve years older. They regularly attended an Anglican church. Her mom ran the local Brownies and liked to sew. One of Deb's favorite memories is of her mother making dancing costumes for her ballet performances.

After Expo 67, Deb enrolled at MacDonald College of McGill University to take teacher training. No one in her family had ever moved from home to go to University. "My parents were not exactly excited about my plans." She moved in with a roommate and began taking courses.

Her roommate's dad was transferred to Gold River, BC during this period and encouraged his very reluctant daughter to join him and work there during the summer. She came back in the fall and said she and Deb should both go back the next summer to start a kid's summer program.

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Parishioner Profile *continued*



Deb's childhood in pictures

Her arguments in favour of this plan were that Gold River was an instant town, average age was about 25 and everyone had good paying jobs. Also, there were a lot of young single men living there!

"I said sure! Again, my parents were not totally happy about this turn of events. But off we went." Deb and her friend organized a summer kids' program, and, in the fall, Deb decided to stay. She secured a teaching position in September at the local school and settled into Gold River life.

In November, she was babysitting a baby for friends at her home. A young man who worked at the local gas station came to pick the baby up as a favour to these friends. It turned out that he boarded with them and really loved kids. She and Bob began to date, and many of their dates were babysitting this family's three children and taking them camping. They were engaged in February and married August 1, 1970, one of the first couples to be married at the local Anglican Church. "Now there is a real leap of faith!"

They had "three wonderful daughters" in five years. "Life was great, I thought as I sat in the back yard of the house we had bought. A blown-up pool, swing set, our kids and lots of the neighbour's kids as well. It made me very happy!" Bob was working in the logging industry at this point. One day when he came home from work, as usual Deb asked how his day had gone. "Good," he said. "I got a promotion!" "Wow," said Deb. "But it is in Zeballos." Deb asked when he had to make the decision to take the job. Bob said he had already taken it. So off they went further north.

They lived there for four years in a Pan Abode log cabin that was still on the skids it had been floated on up from Gold River. It was a magical place with beautiful wildlife including swans, otters and eagles, but there were a few practical issues. When there was a big storm, the water in the toilet sloshed back and forth at a furious rate!

"But our family was a team and we made it work." They spent a lot of time playing games, watching dress-up plays by the kids and learned how to decorate cakes from a neighbour. As the children got older, they had to board in Port McNeil for school. Deb and Bob decided that the team could not split up and Bob's kind manager transferred them back to Gold River.

Deb secured a job substitute teaching and was an Educational Assistant working primarily with children with special needs. Bob worked hard. Life was good. However, the older girls had to leave Gold River to get more education. At this time, they learned that a new paper mill was opening which was a great chance to make more money to be able to send the two older girls to Victoria.

But paper mills don't need teachers. So, Deb leaped out of the box again and donned hardhat, steel-toed boots and earplugs to start 12-hour shifts as the only female head finisher managing huge rolls of paper on

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Parishioner Profile *continued*



the assembly line! The youngest daughter missed her sisters so also moved to Victoria for grades 11 and 12. “The team was apart, but life continued on.”

News came that the paper mill was closing, but there was work at the lab at the pulp mill. Deb took the job at the “scary” steam plant. There, “with my grade 11 chemistry,” she tested gas emissions that went up a stack that flew 300 feet into the air. This meant climbing up to the 300-foot point which had required her to go to Calgary to take a stack testing course. She also directed cranes to take the testing equipment to the top. She also tested smelly effluents that depended on million-dollar bugs being kept alive to clean the noxious chemicals. She says that properly cleaned, the result was water that was drinkable. At least the wood chip testing smelled good!

Deb and Bob were not happy apart from their girls and first grandchild, so Bob retired early, and they moved to Victoria to a home they purchased on the Tsawout Reserve with plenty of room for family, a yard and a workshop for Bob. They have felt very welcomed on the reserve.

Sometime during her busy life, Deb found time to complete a third-year teacher training by correspondence. Later when the mill closed Deb received re-training funds to complete an adult and continuing education certificate. In addition to Deb’s work in schools with special needs children, she also provided respite care in her home for a quadriplegic girl for nine years. Bob was also very involved. “She felt like a part of our family, had a great sense of humour and taught us a lot.”

Deb began coaching for the Special Olympics in snowshoeing and track and field “about which I knew nothing” and continued for about 12 years. She retired from teaching in 2010 to look for new things to do, i.e., new boxes.... “and the church has found some for me.”

Deb first became involved with St. Stephen’s in 1997 when she liked the idea of a small church and was welcomed by Eva Townsend. She and her daughter helped clean the church for some time and she and Bob have cemetery plots. She has recently returned to become more involved (again welcomed by Eva!), participates on the Altar Guild and has agreed to be a member of Parish Council. Regarding her family, Deb says “We must have done something right to have our three girls and our five grandchildren to love and enrich our lives!”

It was a pleasure to interview Deb who has a great sense of humour, and I learned a lot about work in pulp mills and steam plants!



Top: Deb and Bob on their wedding day

Centre: the surviving mill building in Gold River

Bottom: Special Olympics team



Dear friends in the Parish of Central Saanich,

First, may I thank you all for your prayers and concern shown me during my recent time in hospital – what an encouragement to be part of such a caring community that you all are! Back in January, I was privileged to take time away from our grey skies to travel for two-weeks (before the Coronavirus outbreak!) in the Far East – Hong Kong, Singapore and Phuket. It was purely a holiday time – I spent two nights in Hong Kong as my major flights went through there and then four days in Singapore, spending time with Bishop Kuan and some of his people I had met in Ethiopia last summer (he serves as interim bishop there). From there I flew north to stay seven days with former Montreal parishioners in their temporary home in Phuket on Thailand's south-west tourist coast. Here are some reflections on my trip.



Hong Kong

The city with the most skyscrapers (8000) in the world – twice as many as New York! The fact that Hong Kong is the 4th most densely populated place on earth is immediately obvious on entering the heart of the city – Kowloon on the mainland and Hong Kong Island across the harbour. However, the density is far more in these locations because three quarters of its 426 square miles is actually uninhabited green areas (there is a Hong Kong Disneyland and 134 hills between 1000 to 4000 feet high!).

This was brought home to me when I arrived at my hotel – seven stories up in a multi-purpose building, the “Superior Inn” was actually only four or five tiny rooms. Mine was 2 metres x 2 metres of which half was taken up by the bed and a quarter by the shower (toilet/basin within) leaving the other quarter as space for my suitcase and door to open! Other striking things were the skylines, major buildings and raised walkways between them all, including the world's longest escalator ascending the Victoria Peak.



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Singapore

One of the world's best-kept secrets! Arriving in Singapore, one is struck by the cleanliness and orderliness of this island city – a bare 137 km north of the equator. Not only are there some outstanding buildings (e.g. Marina Bay Sands complex), there is a super-efficient metro/subway system and some fascinating other attractions such as the Gardens by the Bay – 250 acres of park in the central region including the largest greenhouse in the world. One of the most important things I learned was that there is 95% home ownership in the city. This is a result of an enforced savings programme and 60% government-built housing units...I have already shared this with Elizabeth May to get our Canadian lawmakers looking into this! In addition, all areas are totally racially integrated (by law) and all new buildings must be multi-purpose (commercial, office and residential) to avoid dead centre-city areas in the evenings.



Phuket

Magnificent temples and natural beauty. Staying in a luxury villa in Phuket with my friends was a real gift but we did venture out to see some of the sights of the region. Two included the magnificent temples of Wat Chalong and the Big Buddha Statue overlooking the south of the island. We also had a night in a floating hotel on a giant lake in a beautiful national park four hours to the north and an exciting trip around a nearby bay where we visited islands with hidden jungles reached only by canoe through caves. A highlight was landing on “James Bond Island” where the movie “The Man with the Golden Gun” was filmed.



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Passing the peace at Church of the Resurrection, Singapore

“I have so much more to tell and have created a slide show of my trip which describes it in more detail.”

Religion thriving and a part of daily life

Once again, I was struck by how East Asians are deeply religious – every home or establishment has a set of altars with offerings in front of it – but the signs in religious establishments speak of “making wishes” and “getting good luck and health” in exchange for placing offerings in begging bowls. These people really want to live good lives but do not appear to be aware of the God of grace and love revealed in Jesus. That is – apart from the Christians I met in Singapore. I worshipped in a lively (but ordered!) Anglican church with 250 others and there were another 350 meeting

in four other services there that weekend. This was to say nothing of the other two Anglican parishes that met in the same educational complex or the 5000 meeting downtown at the cathedral in their 16 services! 20,000 Anglicans in 27 parishes with 100 clergy in Singapore are reaching out with Christ's love across the city and to neighbouring countries, notably Nepal where they have planted two congregations for the 10,000 Anglicans there! I was much encouraged.

I have so much more to tell and have created a slide show of my trip which describes it in more detail. It will be given at St. Mary's on March 18 for a desert evening at 7:00 p.m. and at St. Stephen's on March 20 before and after Soup's On (11 a.m.)

I start out on my major annual trip (119 days) on March 27 and will no doubt have more stories and slide shows to share in the Fall! I would value your prayers as I help lead the Bristol Theological Colleges' Tour of the Holy Land the first ten days of May and then preach and teach in Ethiopia for ten days at the beginning of June. The rest of my time will be visiting friends and family in Eastern Canada, the UK, Europe and Egypt and some touring – notably a Baltic Cruise and a ten-day trip of China returning from there to Vancouver which means I will literally have gone around the world!

Yours in His service,

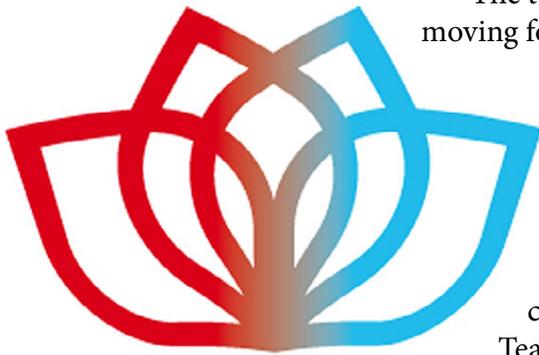
Brett

Ias the Team Lead have been requested to provide an update to the work of the Transforming Futures Team to this AGM and the Parish in general: The Team is comprised of; Lon, Ian, Derek, Greg, Lynda, Lindsay, Barb, Don, Nancy, David, Terry and Sandra.

Over the course of our Transforming Futures Team (TF Team) meetings held throughout the past year since our last AGM, the TF Team has met to dream, plan, and deliberate on the possible project(s) that our Parish can undertake as part of this Diocesan wide plan for the future of our Anglican Church here on these Islands and Inlets. At our meetings we had help from both Brendon Neilson the Diocesan Animator and our Bishop Logan.

The TF Team brought forward two projects concepts to Open Houses held in both church halls over the past couple of weeks. Thank you to the 43 parishioners who came out and either shared their thoughts or took away feedback forms to do so. At lunch you saw that the Transforming Futures project proposal boards about the projects were on display and feedback forms were left for you to take. It is not too late to return the feedback forms, through the next week or so. Please either give them to a Church Warden or leave them in the church admin offices or email them back to me.

The two projects gathered comments as expected both for and against their moving forward.



The St. Mary's Drop-in center for Seniors and potentially young parents had several comments on the need to connect with the seniors in our community in a friendly inclusive way through things such as movie afternoons, music sing-along (dare we suggest karaoke?) among others, one interesting suggestion was to team up with Alzheimer's Society; Mind in Motion program. Some were concerned that the drop in would really be a day care center. The TF

Team has been given lots to think about on this project and we welcome more input to come.

The St Stephen's Education, Retreat and Reconciliation Center gathered many mixed comments, from some who want to know when the first retreat will be, to the need to ensure that we are clear in our use of terms to include First Nations of all groups the Coast Salish, Nuu-chah-nulth, and Kwakwaka'wakw peoples on who's unceded territories we currently meet. Further, our plans must also include Metis and Inuit people. If we are to learn from current history it is that we can't just say we'll involve our Indigenous brethren we must learn from their elders in meaningful, actionable ways. The grounds of St. Stephen's were seen by some as being very conducive to a retreat, while others are concerned that such a use would harm them. Again, the TF Team needs to hear your voices about this project.

Transforming Futures is all about getting the Parish to a more visible sustaining place in our community. During the TF Team's discernment, we came

continued on page 15

Transforming Futures: A Project in Development *continued*

to grow our understanding of how special and blessed we are to live and worship in this wonderful community of Central Saanich. As parishioners in the Parish of Central Saanich we all have been left a great legacy of beauty and caring by past generations and we need to move that forward in the most positive ways possible.

The Parish Council this past year took a bold step of faith when presented with the opportunities to bring younger vibrant voices and fresh minds into our faith community in Matt Humphrey and Trish Stock. It is this kind of initiative that leads to great things happening within a Parish. Matt's skills as a teacher and faith leader are already being utilized and projects such as these will allow God to lead Lon, Matt, Trish and us in new and bold directions. Trish has also proven to be a fresh voice bringing forth new learning initiatives. As you look at the current Faith journey/teaching schedule in the Parish you'll see that Trish will be leading a workshop in a couple of weeks. Matt and Lon have both recently done some Tuesday evening teaching and will continue to do more through the Lenten season. The point being, Transforming Futures could be way to formalize and draw in the community outside the Parish to such events and opportunities.

To be clear, yes, whichever project the Transforming Team and Parish settle on will be using our facilities, at St. Stephen's and St. Mary's, but this Transforming Futures project isn't a "building project" it is a people project taking place in the Parish's buildings. Some changes to the buildings and grounds may be needed but that isn't the focus.

As the Transforming Futures Team works on preparation for a formal project proposal over the coming months, we will provide further updates on the Team's progress. All this work is leading to a funding pledge initiative where over a three to five-year period the Parish will be asked for funding our share of the Diocesan amount of approximately \$298,000. Our retained portion of the pledges will be \$180,000 to use wisely as we transform the future of our parish boldly. At this point it is too early to provide budgeting of the project however as the project comes together the costing of the various phases and the personnel needed to achieve them will be forefront in the development.

I asked that you continue to pray with me now about our future and what bold initiatives God has in store for us as we Transform our Future by bringing forth the best we can offer to God and our community.

Respectfully submitted,

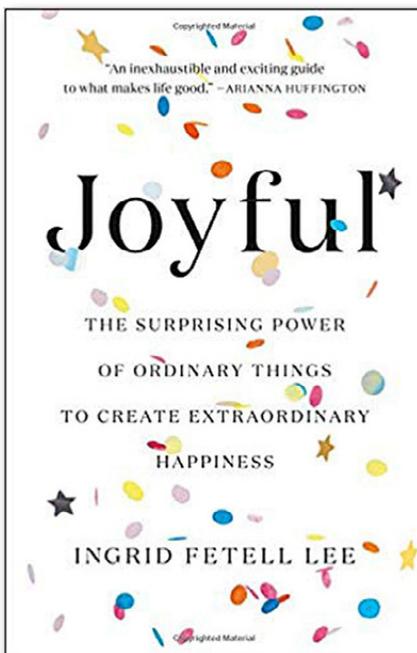
***Ian Stuart,
Warden and Transforming Futures Team Lead***

*“...Parish Council
this past year
took a bold step
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the opportunities
to bring younger
vibrant voices
and fresh minds
into our faith
community in
Matt Humphrey
and Trish Stock.”*

Joyful

The Surprising Power of Ordinary Things to Create Extraordinary Happiness

by Ingrid Fetell Lee



Ingrid Fetell Lee is a designer and writer who has spent ten years studying the relationship between design and joy. Her blog, www.AestheticsofJoy.com, helps people use design to bring more joy into their lives. She has also served as the Design Director of IDEO's New York office, where she led projects for giants like Target, Conde Nast, and American Express. She was a founding faculty member of the School of Visual Art's Products of Design Program. And she has been featured in *The New York Times*, *Wired*, *PRI*, *CBC*, *Psychology Today*, and *Fast Company*.

In this book, Ingrid shares all you need to know in order to create external environments that give rise to inner joy. It opens the reader's eyes to find places where joy is hiding in plain sight. Drawing on insights from neuroscience and psychology, she explains why one setting makes us feel anxious or competitive while another fosters delight and sharing. But most important Ingrid reveals how we can harness the power of our surroundings to live fuller, healthier and truly joyful lives.

The author identifies ten "aesthetics of joy", each of which reveals a distinct connection between the feeling of joy and the tangible qualities of the world around us. A chapter is devoted to each of the aesthetics which are:

- **Energy** from vibrant colour and light
- **Abundance** from lushness, multiplicity and variety
- **Freedom** from nature, wildness and open space
- **Harmony** balance, symmetry and flow
- **Play** from circles, spheres and bubbly forms
- **Surprise** from contrast and whimsy
- **Transcendence** from elevation and lightness
- **Magic** from invisible forces and illusions
- **Celebration** from synchrony, sparkle and bursting shapes
- **Renewal** from blossoming, expansion and curves

The relationship between these aesthetics and our emotions and why they stimulate feelings of joy are what Ingrid writes about as she describes some of the most joyful places in the world she visits. But ultimately this book is about finding more joy right where the reader is right now.

"*Joyful* overturns conventional wisdom about happiness: that it comes from within, and that experiences—not things—make us happier. Ingrid Fetell Lee's delightful book evokes the same positive feelings she describes. It is full of whimsy, wonder, energy, and joy."

The Parish of Central Saanich held its Annual General Meeting on Sunday, February 23 after a joint service of Holy Eucharist at 10:00am. The meeting started at noon after light refreshments and was chaired by Rev. Lon Towstego. Forty-seven parishioners were in attendance according to the acquittance roll. Committee Reports and budgets were presented as per the package distributed both electronically and printed the previous week.

The review of the minutes of the previous AGM and the non-financial committee reports went quickly. No comments or questions were raised, and they were accepted as presented.

A presentation was made by Ian Stuart on the Transforming Futures initiative. The presentation itself is available in this issue of ConneXion. Some concerns were expressed about the financial implications of these projects and the availability of people to manage the proposed initiatives. Some support was also expressed as well as encouragement for other ideas to be suggested.

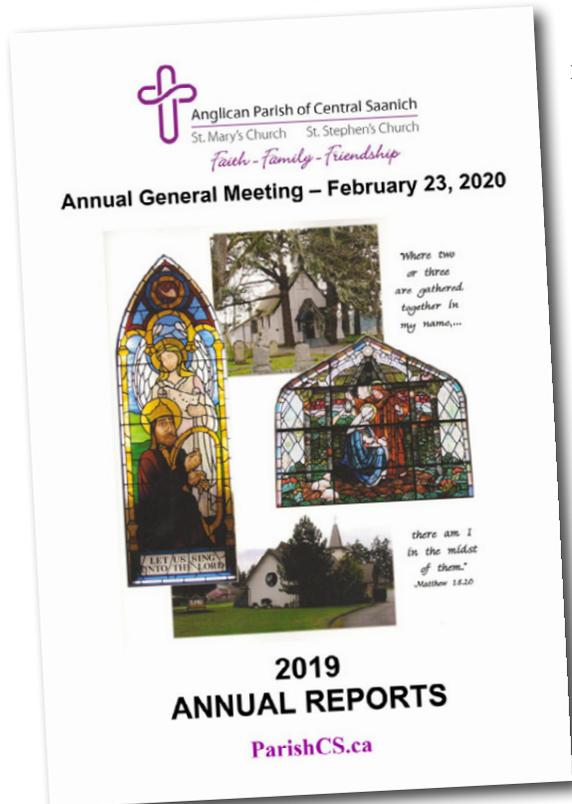
Approximately one and a half hours was spent reviewing the 2019 finances for St. Mary, St. Stephen and the St. Stephen cemetery and the 2020 budgets for each church. Numerous comments and questions were raised. Concerns were expressed regarding the finances of the cemetery and its long-term sustainability. A motion was also passed to refer to the cemetery committee its possible renaming as the Parish of Central Saanich cemetery. Concern was also expressed about the proposed income projections for church budgets. The financial statements and budgets for each church were eventually passed.

The meeting finished up with the appointment and nomination of the 2020 parish representatives. They are as follows:

- | | |
|---------------------|--|
| Rector's Wardens: | Lynda Clifford (St. Stephen) & Ian Stuart (St. Mary) |
| People's Wardens: | Derek Osman (St Mary) & Greg Robinson (St. Stephen) |
| Council Members: | Karen McColm & Ken Pedlow (St. Mary)
Deb Butler & Terry Hartley (St. Stephen) |
| Synod Delegates: | David Stewart (St. Mary), Ken Pedlow (alt)
Don Wilson & Sandra Scarth (St. Stephen),
Greg Robinson (alt) |
| Parish Treasurer: | Derek Osman |
| Cemetery Custodian: | To Be Determined |

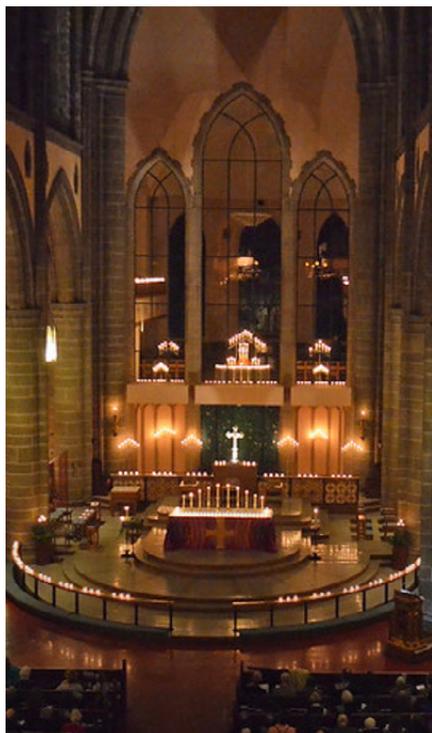
During the meeting, expressions of thanks were extended in writing in the information package to many who have worked so hard this year to administer the parish including the parish clergy, wardens, parish council, office administrators, music leaders and the many parishioners who undertake a wide variety of tasks to keep the operation of the parish functioning effectively.

The meeting concluded around 1:55pm with prayer and a blessing.



As we recovered from a busy Christmas season and dealt with what seemed like an early snow fall in January, we then had to deal with endless days of rain and wind. However, as we go to press with this issue of Around the Parish, we're pleased to see some sun and clear skies which bring the promise of spring blooms and blossoms!

Beginning November 27 and November 28 **Matt** and **Lon** offered an Advent Series, "Interrupted by Hope." About 10 parishioners attended this series which took place at 11 am Wednesdays at St. Mary and 7 pm Tuesdays at St. Stephen. Sessions were one hour, opening with a short video and followed by a discussion.



While some parishioners attended the Advent candle service at the Cathedral, on the first day of Advent (Sunday, December 1), others participated in the Sidney Sparkles Parade, organized by **Rachel Moss**. **Lon** and **Lynda Clifford** read at the Cathedral service, which was attended by some Central Saanich Parish parishioners (notably, **Nancy Choat**, **Cathy** and **Bob Quicke**, **Geri Hinton** and **David** and **Alison Stewart** and **Susan Alexander**). The Sidney Sparkles parade started at 5:00 pm the same day and carried along Beacon Ave. in Sidney. Enthusiastic men, women and children enjoyed the parade with Santa being the final reward at the end. Thanks to Rachel and her hard-working team who decorated the Parish float, led the music (the Praise Band) while others passed out brochures outlining the events taking place in the Parish.

Correction: In the last issue of ConneXion, we inadvertently mentioned that **Cathy** and **Bob Quicke** celebrated their 40th wedding anniversary! It should have said "their 30th anniversary"! Maybe it just feels like 40 years! Our apologies, Cathy and Bob. At least we know they read Around the Parish and picked up the error.

At a Soups On in February, Lon was telling those present about **Brett's** recent experience with having suffered vertigo but was resting comfortably at home and we were to continue keeping him in our Prayers. The words had no sooner left Lon's mouth than who should appear at the door into the hall but Dr Brett Cane! We doubt they could have made that moment more "spiritual" had they rehearsed it! We were all so glad to see Brett.

News from St. Mary

By the time you read this, we will have hosted another successful CPR course to 18 parishioners and their friends and family members on Saturday, February 29th. We are grateful for the firemen of the Central Saanich Fire Department who offer this three-hour course free each year as part of celebrating Heart Month. Participants were brought up to date with the latest procedures for assisting all age groups should someone suddenly collapse. A review of using the AED (automated external defibrillator) was also demonstrated.

Betty Osman finally had her long-awaited surgery for a knee replacement in early December in time for Christmas. And she's managed to attend Sunday services starting in January!

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And **Bob Baillie** started the new year off right with a new knee. Last word was he was doing well and as **Barb** said: he's now back in his right mind! Apparently, the medication Bob was given to help deal with discomfort had an adverse effect on his behaviour!

Shirley Rigby, a long-time parishioner of St Mary, serving for many years on the Altar Guild, passed away in late December. A memorial service was held at St Mary on Saturday, January 4 with over 100 in attendance from both St Elizabeth Catholic church and St Mary. A previous service had been held at St Elizabeth on the Friday.

With all the excitement before and since Christmas of having Prince Harry and Meghan along with Archie staying in North Saanich, **Joy** and **Nick Hunter** shared some interesting "interviews with the press" over it. Below is the story of their encounters (yes, there were two!) with the press, British and CBC, thanks to Joy.



Archie and Prince Harry, somewhere on the Saanich Peninsula

"After Church on a Sunday, we were looking forward to a quiet brunch at the Fickle Fig in North Saanich. Two British guys were sitting at an adjoining table, talking loudly on their phones to folk in England. As we got up to leave, one of them asked Nick: "What is it like living on Vancouver Island?" Nick replied: "We've been here 16 years and we love it." The young man then asked: "Do you think Prince Harry and Meghan Markle would like it?" Nick responded: "Oh yes, they can be more relaxed and there'll be less fuss." The two men then revealed themselves as a cameraman and interviewer from BBC Breakfast time TV and asked, "Would you say that on camera?" We agreed and they filmed us sitting at an outside table – Brrr – and asked what we thought of the royal couple living here? We were positive in our response and taking a leaf out of Jack Knox's article in the Times Colonist, added "they'll be able to take a step back and we can also take a step back and treat them like ordinary people." The interviewer said: "Like you?" We said "What?" Then we all collapsed in giggles!

On the Monday we were walking down Beacon Avenue in Sidney, steeling ourselves against the cold wind and a CBC cameraman, who looked frozen, approached us on the sidewalk and asked if we'd be interviewed on the same topic! We agreed and repeated that we thought it would be good for Prince Harry and Meghan to be more anonymous, (though in reality there's a slim chance of that), and that we would be delighted if they came here, but added, not so delighted about paying for their security!

It was fun having an opportunity to share our views on air. We are beginning to think we should charge!"

Snow didn't deter eight who managed to attend January's Taize! And that included, the pianist, **Cathy Quicke** and her husband, **Bob**,

Around the Parish *continued*

harpist, **Carolyn Solberg**, **Joy** and **Nick Hunter** who set up and organize each Taize, **Nancy Choat** and **Jenny Jenner**, readers, and **Pat Duke**.



Congratulations to **Karen McColm**! Her dog, Rain gave birth (by C section, no less!) to two baby pooches, a male, Max and female, Grace in January! Karen said she was so nervous, just like giving birth herself! All are thriving and Grace and Max will find homes when they're a few months old. The birth took place at the breeders in case you're wondering how Karen managed!

And **Heather Geddes**' Havanese dog, Bellah will soon have another puppy to play with! Heather was pleased to announce that she and Bellah will be welcoming a new puppy (recently born) sometime in April! Congratulations Heather!

The popular Thrift Sale held each January managed to bring in \$1288. It's worth noting that there are several people from the community who are not parishioners and yet offer their help to both set up for the sale and assist on the day of the sale. That's what's known as being part of a community. **Leslie Pedlow** on announcing the financial results of the sale read a note she had received at the following day's Sunday service and **Lynda Clifford** from St Stephen also mentioned that a lady touched her shoulder, leaned down and said "this is such a caring community".

News from St. Stephen



Thanks to **Greg Robinson** for providing the account of the recent Valentine's Dance. Read on! St. Stephen hosted our annual Valentine's Dance on February 14 which worked out well with Valentine's Day falling on a Friday this year. We had a record attendance of approximately 90, with a majority from the local broader community. The dance floor was full all night and there was a variety of age groups all having a great time. The music was supplied by 12 O'clock Rock which is made up of members of our praise band and one member from our sister church of St. Elizabeth's. The ladies of the kitchen were asked to provide refreshments and as usual there was the coffee and tea, but they went way beyond that and there were two tables full of treats. **Rachel Moss** did a fantastic job of decorating the hall and even organized games and prizes. It is great that we are able to provide a fun time for the community with no strings attached. It is part of our call to take God's love out into our community.



Diana Abbott and **Terry Hartley** will be walking with a lighter step in the coming days as they each receive a new hip (Terry in late February and Diana in late March). While this is great news for Diana and Terry, it means the kitchen will need some help for Soups On. Interested parishioners should contact Diana or St Stephen's office. Margery Lord can attest to the kitchen volunteers as being a "happy group of campers".

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With all the new hips and knees, we are hearing about, it looks like the Parish of Central Saanich is becoming a bionic congregation. And for those of you who missed her TV debut, **Diana Abbott**, better known to many as Lady Di, appeared on Check News on February 9th. It was in connection with the Heart and Stroke Club where she volunteers every Monday. This busy 80 plus year old certainly doesn't let much grass grow under her feet with not only riding the ride on mower to keep the grass at St Stephen trim (speaking of grass), but also being the anchor for the weekly Soups On served on Fridays in the Hall and singing in the choir at St Mary each Sunday.

Gary Stubbs has been spotted pruning the trees on the property, all alone as help is thin on the ground. Want to help? You can contact the office at St Stephen. We're sure Gary would appreciate it.

A service celebrating the Life of **Nancy Veldhuis** was held at 2:00 pm on Saturday, February 22 at St. Stephen Church. Nancy, a friend of **Lon** and **Marian Towstego**, joined the congregation at St Stephen, when Lon became the Parish's Rector two years ago.

Travels



Hindu Temple, Kanchipuram, Tamil Nadu.
Photo by David Stewart

David and **Alison Stewart** started 2020 with a four-week trip to India. Sounds exotic. And then, within two weeks of their return, they flew to visit their daughter and family in New Hampshire to have "Christmas in February". David was hoping to get some skiing in while there! Talk about global travelers! How do they remember what time zone they're in?

Brett returned home safely following a holiday that took him to Hong Kong, Singapore and Phuket. At his first Sunday back, Brett took children's time and when he questioned **Matty** about where did he (Matty) think he (Brett) had been, Matty immediately said, Mexico? Judging from the number of parishioners who have chosen this destination during our winter months, you can certainly understand why he gave that answer! Mexico continues to be a popular destination, especially for: **Shirley** and **Carl Schwazer**, **Greg** and **Christine Robinson** and they are just a few parishioners who spent time in the sun.

Unfortunately, Brett suffered some vertigo the week following his trip; but he managed to call an ambulance and was admitted to Saanich Peninsula hospital. Not to be deterred, Brett was able to attend Taize and before that Soups On! (see above for his miraculous appearance!). He's working hard doing the exercises he's been given and even showed us at the AGM how he could walk, putting one foot directly in front of the other! How great is THAT? Brett has a goal in mind, his next three-month trip abroad. Keep up the good work, Brett!

It was Valentine’s evening and looking back, I knew I should have gone to the St Stephen Valentine Dance. It certainly would have been a lot more fun and would have saved me from “almost” losing \$400! Yes, yours truly “almost” got scammed out of \$400 on Friday evening, February 14, 2020. And I’ve decided to admit this to all the parishioners of the Parish of Central Saanich to keep you from falling for this scam. You say: Nancy, you silly woman, how could it possibly happen to you who knows and is familiar with using a computer? Well, it can and did! So, here’s my long sad story that does end happily, by the way!



I was on my computer Friday, February 14, answering emails and suddenly a message came across from Lon Towstego, saying: Are you there? I of course immediately responded, saying yes. An email followed saying, “I have a favour to ask of you” and so our emails went back and forth. Of course, I would help our Rector with carrying out a request. He was requesting me to purchase four, \$100 Google Play cards for a friend who was having a difficult time and going to have emergency surgery for Cancer and he unfortunately was not able to get out to purchase them. I looked up on Google to find out where to purchase Google Play cards, not being a person who makes this sort of purchase. I found out I could buy them at Best Buy at Uptown. I emailed Lon and said to give me an hour. I then asked for his phone number in case I needed to contact him. I waited and when I didn’t hear from him, I proceeded to Best Buy, taking my laptop with me as Lon said he’d tell me how to download the play lists to his friend once I purchased them. There was also an email address of the friend who was to receive these cards. This all seemed legitimate to me.

Well, good thing I took my laptop with me. The young salesperson who came over to help me, immediately asked me for the phone number of the person making the request as \$400 in play cards was an unusual request and would allow a huge amount of music to be downloaded. I still didn’t “clue in” what he was getting at and told him that I’d asked for a phone number and when I’d left home the person making the request still hadn’t got back to me with it! I kept trying to explain to the nice young salesman what and why I was purchasing these play cards, wondering why he was being so persistent with his questioning. Of course, I would do this request for our Rector. Why wouldn’t I? I opened up my computer and brought up the emails I’d received and suddenly a phone number appeared. I started to dial it on my iPhone and then realized it was missing one digit at the end! BINGO! The young salesman called over his supervisor and both of them immediately said “get out of the email!” I still was a bit perplexed until they told me that they have at least five or six of these phony emails EVERY day at this particular Best Buy. It’s a huge scam and once you’ve purchased the cards, “they” have your money and there’s no way to get it back! I then went in and checked the down arrow beside Lon’s name on the emails and it read clergy church6@gmail.com and the name used was Lon Reverend Towstego. This was the address we’d been warned about in a previous email sent to all parishioners in January! Boy, was I lucky, thanking the two young salesmen at Best Buy for “saving me”, literally from throwing away \$400. I actually hugged each of them!

I came home and immediately emailed Leslie about it. She in turn contacted Lon who in turn contacted Derek who re-posted the Alert from last month.

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So, what I have taken away from this experience?

- 1) Lon would NEVER send an email to an individual parishioner making such a request! \$400 in Google Play List cards! Lon wants you to know that if you ever find yourself in a similar situation, you should feel totally comfortable calling him before getting committed to something like this scam. His phone number is on the back of each week's bulletin. It is 250 208-9949.
- 2) His email addresses (he has 2) are NOT "clergychurch6@gmail.com". They are: ltowstego@bcanglican.ca AND ltowestego@shaw.ca

When I got home, I did phone our local police station, non-emergency number but after 45 minutes of waiting "on hold" I gave up. I was tired and needed my bed! However, these incidents do need to be reported to the police and I believe after talking to other parishioners who have had a similar experience, the Central Saanich Police are very aware of this particular scam. And to think those who attended the Valentine's Dance at St Stephen were enjoying a fun evening, while yours truly "almost" lost \$400 due to a computer scam. The lesson here is it can happen to you, my fellow parishioners and don't think it can't! Be diligent. "What the scammer didn't giveth, he taketh away!"

Recipe Page

Smoked Salmon Spread

Recipe submitted by **Sandra Scarth**

An easy spread to use on a bagel for lunch, or on small crackers for appetizers.
Makes: two and a half cups. Recipe can be cut in half for smaller servings.

Ingredients

- 2 (250 gram) bricks firm cream cheese, at room temperature
- 3 oz. (85 grams) sliced, cold-smoked (lox) salmon, chopped in small pieces
- 3 Tbsp very finely chopped red onion
- 2 Tbsp capers, drained well and coarsely chopped
- 2 tsp horseradish, or to taste
- 1 tsp finely grated lemon zest
- fresh, coarsely ground black pepper, to taste
- ¼ cup chopped fresh dill (divided)

Place cream cheese in the bowl of standard mixer fitted with the paddle attachment. (I don't have that kind of mixer, so used the immersion mixer that you invert into liquids such as soup to liquefy and it worked well)

Beat one to two minutes until lightened a bit and smooth. Now mix in the salmon, onion, capers, horseradish, zest, pepper and 3 Tbsp of the dill.

Spoon and pack the spread into serving bowls and sprinkle top with remaining dill. Tent and cover spread with plastic film until ready to use. (Can be made day before if needed).



Anglican Parish of Central Saanich Directory

Pastor: Rev. Lon Towstego 250-208-9949 ltowstego@bc.anglican.ca

Parish Council: Ex Officio

Rector's Wardens: St. Mary
St. Stephen

People's Wardens: St. Mary
St. Stephen

Members: St. Mary
St. Stephen

Synod Delegates: St. Mary
St. Stephen

Rev. Lon Towstego

Ian Stuart, istuart1@mac.com

Lynda Clifford, lgcliff@shaw.ca

Derek Osman, derek.osman@shaw.ca

Greg Robinson, gregoryrobinson@shaw.ca

Karen McColm, Ken Pedlow

Deb Butler, Terry Hartley

David Stewart, Ken Pedlow (alt)

Don Wilson, Sandra Scarth, Greg Robinson (alt)

Rev. Lon Towstego's Schedule

Tuesday's at St. Mary Church (250) 652-1611

Friday's at St. Stephen Church (250) 652-4311

Wednesday's, Thursday's: Communion, Study and Parish Visits.

Leslie Pedlow is at the St. Mary's office on Tuesdays, Wednesdays and Thursdays from 8:30 to 12:30

Bob Quicke is at the St. Stephen's office on Tuesdays and Thursdays from 9:00 to 1:00 and on Fridays from 9:00 to 2:00

Church outside the walls of our building



Matt and Lon take Ashes to the community on Ash Wednesday



ST. MARY'S CHURCH

Saturday, May 23rd

9:30 am - Noon

The usual great Thrift shop bargains

- Collectibles
- Home baking & books
- Coffee, doughnuts,
- Iced tea & hot dogs

Free Admission

Info: Leslie 250-652-1611

www.ParishCS.ca