

Sunday March 29, Lent 5, Morning Prayer

Life-giving God, the day lies open before you and you summon the day to dawn.

Open our being
and we shall show life.

Open our hearts
and we shall show love.

Open our mouths
and we shall show praise.

A Lenten Expression of Penitence

Holy God, holy and mighty, Holy Immortal One, have mercy upon us (x3)

Lord God, our maker and redeemer, this is your world and we are your people. Come among us and make us your new creation.

**Almighty God,
long-suffering and of great goodness:
I confess to you,
I confess with my whole heart
my neglect and forgetfulness of your commandments,
my wrong doing, thinking, and speaking;
the hurts I have done to others,
and the good I have left undone.
O God, forgive me, for I have sinned against you;
and raise me to newness of life;
through Jesus Christ our Lord.
Amen.**

The almighty and merciful Lord
grant us pardon and forgiveness of all our sins,
time for amendment of life and the grace and strength of the Holy Spirit.
Amen.

Psalm 118, pages 106-107

Glory to you Source of All Being , Eternal Word and Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, Amen.

A Reading appointed for the Morning: Romans 12:1-21

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with the Lord's people who are in need. Practice hospitality.

Bless those who persecute you; bless and do not curse. Rejoice with those who rejoice; mourn with those who mourn. Live in harmony with one another. Do not be proud, but be willing to associate with people of low position.[c] Do not be conceited.

Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord.

On the contrary:

"If your enemy is hungry, feed him;
if he is thirsty, give him something to drink.

In doing this, you will heap burning coals on his head."

Do not be overcome by evil, but overcome evil with good.

Hear what the Spirit is saying to the church

Thanks be to God.

Silence.

Following the silence, we share how we hear the Spirit is speaking through the written word.

An Expression of Faith

Lord, You have always given bread for the coming day;
**and though I am poor,
today I believe.**

Lord, You have always given strength for the coming day;
**and though I am weak,
today I believe.**

Lord, You have always given peace for the coming day;
**and though of anxious heart,
today I believe.**

Lord, You have always been with me through trials;
**and now, tried as I am,
today I believe.**

Lord, You have always marked the road for the coming day;
**and though it may be hidden,
today I believe.**

Lord, You have always lightened this darkness of mine;
**and so in that darkness,
today I believe.**

Lord, You have always spoken when time was ripe;
**and though you be silent now,
today I believe.**

Intercession & Thanksgiving

Into that Holy Silence we bring our concerns, needs, desires and thanks...

Prayers are offer silently or aloud.

Eternal God, you create us by your power and redeem us by your love. Guide and strengthen us by your Spirit, that we may give ourselves today in love and service to one another and to you; through Jesus Christ our Lord. **Amen.**

Let us pray the prayer Jesus teaches us:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, forever and ever, Amen.

Let us bless the Lord.

Thanks be to God!

May the God of peace enable us to do God's will in every kind of goodness, working in us what pleases Christ, to whom be the glory for ever and every. **Amen.**