

# **Sung Eucharist**

**The Book of Alternative Services**

**15 November 2020**

**Twenty-fourth Sunday after Pentecost**

**11:00am**



**St. George's Cathedral, Kingston**

**Prelude:** *Andante tranquillo* from *Opus 105*, C.V. Stanford 1852-1924

**Setting:** *Communion Service*, R. Vaughan Williams

## The Gathering of the Community

*All stand. The presiding celebrant greets the community*

*Celebrant* The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

*People* **And with thy spirit.**

*Then may be said by the celebrant alone or with the people,*

**Almighty God,  
unto whom all hearts be open, all desires known,  
and from whom no secrets are hid: cleanse the thoughts of  
our hearts by the inspiration of thy Holy Spirit, that we  
may perfectly love thee,  
and worthily magnify thy holy name; through Christ our Lord.  
Amen.**

## The Summary of the Law

*Celebrant* Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord;  
and thou shalt love the Lord thy God with all thy heart, and with all thy  
soul, and with all thy mind, and with all thy strength.  
This is the first and great commandment. And the second is like unto it:  
thou shalt love thy neighbour as thyself. On these two commandments  
hang all the law and the prophets.

*People* **Lord, have mercy upon us, and write both these thy laws in our hearts,  
we beseech thee.**

## The Collect of the Day

God of the Covenant, even when we fall into sin, you remember that you have chosen us to  
be your servant people. Awaken us to the power and gifts you have bestowed upon us for  
the good of creation. May we be trustworthy in all things, working with purpose to increase  
your realm; through Jesus Christ our Lord. **Amen.**

## The Proclamation of the Word

### The Readings (Tanis Fairley)

*Reader* A reading from the Book of Judges 4:1-7

The Israelites again did what was evil in the sight of the LORD, after Ehud died. So the LORD sold  
them into the hand of King Jabin of Canaan, who reigned in Hazor; the commander of his army was  
Sisera, who lived in Harosheth-ha-goiim. Then the Israelites cried out to the LORD for help; for he had  
nine hundred chariots of iron, and had oppressed the Israelites cruelly twenty years. At that time

Deborah, a prophetess, wife of Lappidoth, was judging Israel. She used to sit under the palm of Deborah between Ramah and Bethel in the hill country of Ephraim; and the Israelites came up to her for judgment. She sent and summoned Barak son of Abinoam from Kedesh in Naphtali, and said to him, "The LORD, the God of Israel, commands you, 'Go, take position at Mount Tabor, bringing ten thousand from the tribe of Naphtali and the tribe of Zebulun. I will draw out Sisera, the general of Jabin's army, to meet you by the Wadi Kishon with his chariots and his troops; and I will give him into your hand.'"

*At the conclusion of the passage, the reader says,*

The word of the Lord.

*People*

**Thanks be to God.**

## **Psalm 123**

UNTO thee lift I up mine eyes, / O thou that dwellest in the heavens.

2 Behold, even as the eyes of servants look unto the hand of their masters, / and as the eyes of a maiden unto the hand of her mistress,

3 Even so our eyes wait upon the LORD our God, / until he have mercy upon us.

4 HAVE mercy upon us, O LORD, have mercy upon us; / for we are utterly despised.

5 Our soul is filled with the scornful reproof of the wealthy, / and with the spitefulness of the proud.

*Reader* A reading from 1 Thessalonians 5:1-11

Now concerning the times and the seasons, brothers and sisters, you do not need to have anything written to you. For you yourselves know very well that the day of the Lord will come like a thief in the night. When they say, "There is peace and security," then sudden destruction will come upon them, as labor pains come upon a pregnant woman, and there will be no escape! But you, beloved, are not in darkness, for that day to surprise you like a thief; for you are all children of light and children of the day; we are not of the night or of darkness. So then let us not fall asleep as others do, but let us keep awake and be sober; for those who sleep sleep at night, and those who are drunk get drunk at night. But since we belong to the day, let us be sober, and put on the breastplate of faith and love, and for a helmet the hope of salvation. For God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him. Therefore encourage one another and build up each other, as indeed you are doing.

*At the conclusion of the passage, the reader says,*

The word of the Lord.

*People*

**Thanks be to God.**

*Reader*

The Lord be with you.

*People*

**And with thy spirit.**

*Reader* The Holy Gospel of our Lord Jesus Christ according to Matthew

*People* **Glory be to thee, O Lord.**

"For it is as if a man, going on a journey, summoned his slaves and entrusted his property to them; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. The one who had received the five talents went off at once and traded with them, and made five more talents. In the same way, the one who had the two talents made two more talents. But the one who had received the one talent went off and dug a hole in the ground and hid his master's money. After a long time the master of those slaves came and settled accounts with them. Then the one who had received the five talents came forward, bringing five more talents, saying, 'Master, you handed over to me five talents; see, I have made five more talents.' His master said to him, 'Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.' And the one with the two talents also came forward, saying, 'Master, you handed over to me two talents; see, I have made two more talents.' His master said to him, 'Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.' Then the one who had received the one talent also came forward, saying, 'Master, I knew that you were a harsh man, reaping where you did not sow, and gathering where you did not scatter seed; so I was afraid, and I went and hid your talent in the ground. Here you have what is yours.' But his master replied, 'You wicked and lazy slave! You knew, did you, that I reap where I did not sow, and gather where I did not scatter? Then you ought to have invested my money with the bankers, and on my return I would have received what was my own with interest. So take the talent from him, and give it to the one with the ten talents. For to all those who have, more will be given, and they will have an abundance; but from those who have nothing, even what they have will be taken away. As for this worthless slave, throw him into the outer darkness, where there will be weeping and gnashing of teeth.'

The Gospel of Christ.

*People* **Praise be to thee, O Christ.**

## **Sermon – The Ven. David Selzer**

### **The Nicene Creed**

**I believe in one God, the Father almighty,  
maker of heaven and earth,  
and of all things visible and invisible;  
And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of the Father before all worlds,  
God, of God; Light, of Light;  
very God, of very God;**

begotten, not made;  
being of one substance with the Father;  
through whom all things were made:  
who for us and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man,  
and was crucified also for us under Pontius Pilate.  
He suffered and was buried,  
and the third day he rose again  
according to the scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father.  
And he shall come again with glory  
to judge both the quick and the dead:  
whose kingdom shall have no end.  
And I believe in the Holy Ghost,  
the Lord, the giver of life,  
who proceedeth from the Father and the Son,  
who with the Father and the Son together  
is worshipped and glorified,  
who spake by the prophets.  
And I believe one, holy, catholic, and apostolic Church.  
I acknowledge one baptism for the remission of sins.  
And I look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People (Aveleigh Kyle)

*Leader* In peace let us pray to the Lord.

*People* **Lord, have mercy.**

*Leader* For peace from on high  
and for our salvation, let us pray to the Lord.

*People* **Lord, have mercy.**

*Leader* For the peace of the whole world,  
for the welfare of the holy Church of God, and for the unity of all,  
let us pray to the Lord.

*People* **Lord, have mercy.**

*Leader* For our bishops,  
and for all the clergy and people, let us pray to the Lord.

*People* **Lord, have mercy.**

*Leader* For Elizabeth our Queen,  
for the leaders of the nations, and for all in authority,

let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For this city of Kingston,

for every city and community,

and for those who live in them in faith, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For good weather,

and for abundant harvests for all to share, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For those who travel by land, water, or air, for the sick and the

suffering (especially . . . ) for prisoners and captives,

and for their safety, health, and salvation, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For our deliverance from all affliction, strife, and need,

let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For the absolution and remission of our sins and

offences,

let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For all who have died (especially . . . ) let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

Remembering St George, and all the saints, we commit

ourselves, one another, and our whole life to Christ our God.

*People*

**To thee, O Lord.**

*Leader*

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy name thou wilt hear their requests: fulfil now, O Lord, the desires and petitions of thy servants as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting; for thou, Father, art good and loving, and we glorify thee through thy Son Jesus Christ our Lord, in the Holy Spirit, now and for ever.

*People*

**Amen.**

## **Confession and Absolution**

*A confession of sin may be made here if a penitential rite has not been used earlier, or if penitential intercessions were not used in the Prayers of the People. The celebrant or other person may say one or more of the following:*

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you.  
*Matthew 1.28*

God so loved the world, that he gave his only- begotten Son, to the end that all that believe in him should not perish, but have eternal life. *John 3.16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1.15*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world. *1 John 2.1,2*

*Then shall be said:*

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

*Silence is kept. The celebrant and people say together,*

**Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

*Celebrant* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.  
**Amen.**

## The Peace

*All stand, and the presiding celebrant addresses the people.*

The peace of the Lord be always with you.

*People* **And also with you.**

## Offertory Hymn (please stay seated while the Choristers sing)

1 Be thou my vision, O Lord of my heart,  
Be all else but naught to me, save that thou art,  
Be thou my best thought in the day and the night,  
Both waking and sleeping, thy presence my light.

3 Be thou my breastplate, my sword for the fight,  
Be thou my whole armor, be thou my true might,  
Be thou my soul's shelter, be thou my strong tower,  
O raise thou me heavenward, great Power of my power.

2 Be thou my wisdom, be thou my true word  
Be thou ever with me, and I with thee, Lord,  
Be thou my great Father, and I thy true son,  
Be thou in me dwelling, and I with thee one.

4 Riches I heed not, nor man's empty praise,  
Be thou my inheritance now and always,  
Be thou and thou only the first in my heart,  
O Sovereign of heaven, my treasure thou art.

5 High King of heaven, thou heaven's bright Sun,  
O grant me its joys after vict'ry is won,  
Great Heart of my own heart, whatever befall,  
Still be thou my vision, O Ruler of all.

*Slane*  
Irish Traditional Melody

Irish, c. 8<sup>th</sup> century tr. Mary Byrne 1880-1931  
versified, Eleanor Hull 1860-1935

## The Celebration of the Eucharist

### Eucharistic Prayer A

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

*Here follows the Proper Preface*

*Celebrant* Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*Chorister* Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

*Celebrant* Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once

offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying,

"Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

*All* **We praise thee, we bless thee, we thank thee, and we pray to thee,  
Lord our God.**

*Celebrant* And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

## **The Lord's Prayer**

*Celebrant* And now, as our Saviour Christ hath taught us, we are bold to say:

*All* **Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,**

on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, the power, and the  
glory, for ever and ever. Amen.

*Silence*

## The Breaking of the Bread

*Then the celebrant breaks the consecrated bread. Then may be said,*

*All* We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.

## Agnus Dei

*Chorister* O Lamb of God, that takest away the sin of the world: have mercy upon us.  
O Lamb of God, that takest away the sin of the world: have mercy upon us.  
O Lamb of God, that takest away the sin of the world: grant us thy peace.

## The Communion

*The celebrant and people receive the communion in one kind only. At the distribution the minister says to each communicant,*

The body of our Lord Jesus Christ, which was given for thee (preserve thy body and soul unto everlasting life: take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving).

*The communicant responds each time, Amen.*

## Prayer after Communion

*Celebrant* Let us pray.

*All* Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of

all faithful people; And are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.

*The celebrant may bless the people.*

*Celebrant* The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

## **Dismissal**

*The celebrant may bless the people. The deacon, or other leader, dismisses the people, saying in these or similar words,*

*Leader* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

**Postlude:** *Allegro* from *Opus 105*, C.V. Stanford 1852-1924

**Interim Dean: The Ven. David Selzer**  
**Interim Director of Music: Brad Barbeau**  
**Choristers: Tania Fifield, Phil Rogers**

**Prayer List:** The Very Rev Sharon Murdoch, The Rev Don Goodwin, John Bate, Dee Padfield, Kathy Anderson, Bishop Peter Mason, Anne Kirkpatrick, John Weatherall, Jann Van Vugt, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard, Brian English, Sue Kilpatrick, Mary McGeer and family, remembering her father Peter McGeer; family of the late David McLay.

**The flowers at the High Altar today are given to the glory of God in loving memory of  
Bob Andrews from Betty and family**

We are delighted that you are with us for worship today. Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

**Receiving Communion during pandemic:** To receive Communion please line up in single file down the center aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

**Parish Cycle of Prayer:** Pray for St. George's Flower Guild, Anne Norman, Valerie McCready and all Guild members; and we pray for the following households: Heather Bonham, Barbara Bonnard, Barbara Bonner, Geralda Boulden, and their families.

## ANNOUNCEMENTS

**Tickets:** If you have an email address, we recommend parishioners please register themselves with **Eventbrite** (<http://bit.ly/SGCTickets>); there is a video on our YouTube channel (<http://bit.ly/SGCKingston>) that provides a walkthrough of the process if you need assistance. If you do not have a computer or email address please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please make every effort to register by Thursday in the week. Thank you!

### **Something new at the 9:15 am Service!**

At the 9:15 am service we have begun a new, extended time with the children which we call "Loving God's Story"! We tell stories from scripture and sometimes do skits, there are mysteries to solve, we learn songs and the children always take colouring sheets and crayons back to their pews. For older children there are sometimes mazes or word games which are connected to the scripture. We welcome all children to this service and we especially welcome the buzz and the busyness they bring with them.

**Today, Sunday November 15, 3:00pm** Evensong, via YouTube only

**Tuesday November 17, 6:00pm** Parish Council, via Zoom

**Wednesday November 18, 12:15** Holy Eucharist, in Lady Chapel

**Thursday November 19, 10:30am** Eucharist, with prayers for healing, in Lady Chapel

**Friday, November 20, 12:15pm** Litany of Reconciliation, on church steps

**Agnostics Explorations** - two further sessions this term on **Wednesday November 18 and 25** from 7:00 to 8:00pm, to study the book '*Love is the Way - Holding on to Hope in Troubling Times*' by Bishop Michael Curry. Bishop Curry expands on his message of hope in an inspirational road map for living the way of love, illuminated with moving lessons from his own life. The book is available in kindle format, at Amazon.ca, and chapters.indigo.ca, and Google Play Audiobook. The sessions will be held via Zoom; for more details contact Ruth Oliver at [oliver@kos.ca](mailto:oliver@kos.ca)

**Christmas Cards** are now available to order through PWRDF in packages of 12 (a suggested donation of \$25). Email Rev Canon Barbara Stewart at [pwrdf@stgeorgescathedral.ca](mailto:pwrdf@stgeorgescathedral.ca) to place your order or for further information.

**Readings for Sunday, November 22 - Last Sunday after Pentecost - The Reign of Christ**  
Ezekiel 34:11-16,20-24; Psalm 100; Ephesians 1:15-23; Matthew 25:31-46