

# MORNING PRAYER





QUIET MY SOUL

# OPENING

Lord, open my lips and my mouth will  
proclaim your praise.  
In the name of the Father, the Son and the  
Holy Spirit.

## ADDRESS

Father God, creator of heaven and earth,  
God of Abraham, Issac, and Jacob,  
God of Israel,  
God and Father of our Lord and Saviour  
Jesus Christ,  
True and Living God who is Father, Son  
and Holy Spirit,  
Have mercy and hear our prayer.

## FIRST PRAYERS

Glory to the Father, and to the Son, and to  
the Holy Spirit:  
as it was in the beginning, is now, and will  
be forever.  
Amen. (*Hallelujah.*)

O God, make speed to save us. O Lord, make  
haste to help us.

Glory to the Father, and to the Son, and to  
the Holy Spirit;  
as it was in the beginning, is now, and will  
be forever.  
Amen. (*Hallelujah.*)

## JESUS PRAYER

Lord Jesus Christ, Son of God, have mercy on  
me [a sinner].

## CONFESSION OF SIN

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,

by what we have done,  
and by what we have left undone.  
We have not loved you with our whole hearts;  
we have not loved our neighbours as  
ourselves.

We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name.  
Amen.

## PERSONAL CONFESSION

### PSALM 95:1-7

O come, let us sing to the Lord;  
let us make a joyful noise to the rock of our  
salvation!  
Let us come into his presence with thanksgiving;  
let us make a joyful noise to him with songs of  
praise!  
For the Lord is a great God,  
and a great King above all gods.  
In his hand are the depths of the earth;  
the heights of the mountains are his also.  
The sea is his, for he made it,  
and the dry land, which his hands have formed.

O come, let us worship and bow down,  
let us kneel before the Lord, our Maker!  
For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.

O that today you would listen to his voice!

## PSALMS

Pray through the Psalm of the day.

## APOSTLE'S CREED PSALM 91:1-2

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our  
Lord.  
He was conceived by the power of the Holy  
Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the  
Father.  
He will come again to judge the living and  
the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

## JESUS PRAYER

Lord Jesus Christ, Son of God, have mercy  
on me.

## PSALM 23

The Lord is my shepherd, I shall not want.  
He makes me lie down in green pastures;  
he leads me beside still waters;  
he restores my soul.  
he leads me in right paths  
for his name's sake.

Even though I walk through the darkest  
valley,  
I fear no evil;  
for you are with me;  
your rod and your staff--  
they comfort me.

You prepare a table before me  
in the presence of my enemies;  
you anoint my head with oil;  
my cup overflows.  
Surely goodness and mercy shall follow  
me  
all the days of my life,  
and I shall dwell in the house of the Lord  
my whole life long.

You who live in the shelter of the Most High,  
who abide in the shadow of the Almighty,  
will say to the Lord, "My refuge and my  
fortress;  
my God, in whom I trust."

## PSALM 103:1-5

Bless the Lord, O my soul,  
and all that is within me,  
bless his holy name.  
Bless the Lord, O my soul,  
and do not forget all his benefits--  
who forgives all your iniquity,  
who heals all your diseases,  
who redeems your life from the Pit,  
who crowns you with steadfast love and  
mercy,  
who satisfies you with good as long as you  
live  
so that your youth is renewed like the  
eagle's.

## PRAYER FOR MY FAMILY

## LORD'S PRAYER

Our Father, in heaven,  
Hallowed be your Name;  
Your kingdom come;  
Your will be done  
on earth, as it is in heaven:  
Give us today our daily bread;  
And forgive us our sins (*trespasses*),  
as we forgive them that sin (*trespass*)  
against us;  
And lead us not into temptation,  
But deliver us from evil:  
For Yours is the kingdom,  
the power, and the glory,  
For ever and ever.  
Amen.

## LORD'S PRAYER EXPANDED

# OPEN PRAYER

Great move of God/SBC vision  
Pray through where I see God working  
555 / Prayer List  
Give attention to the hours before lunch

## COLLECT OF THE WEEK

Pray the Collect of the Week from the Book of Common Prayer.

## SIT WITH JESUS

## PRAYER OF ST. PATRICK

Christ within me;  
Christ above me;  
Christ below me;  
Christ before me;  
Christ behind me;  
Christ on my right;  
Christ on my left;  
Christ all about me  
To guide, and direct me. Amen

## COMMUNION (SATURDAY)

## PRAYER OF CRUCIFIED CHRIST

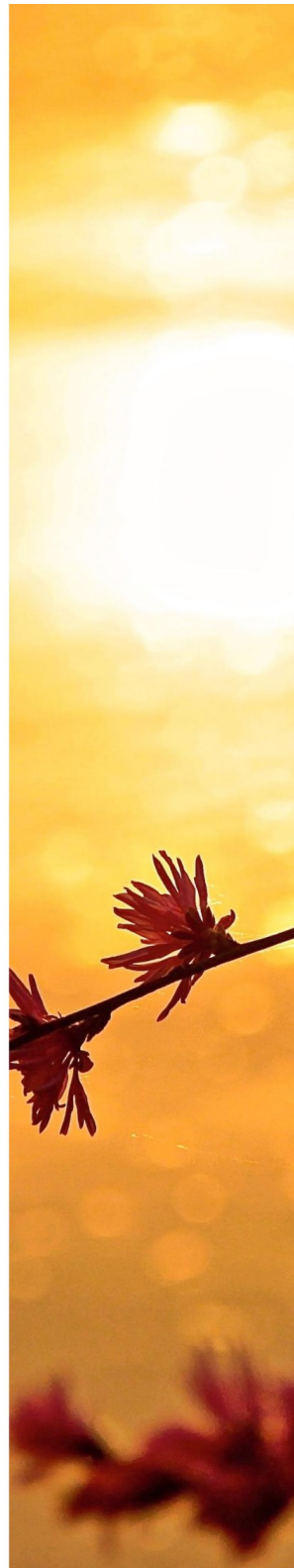
Lord Jesus, you stretched out your arms of love upon the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honour of your name. Amen.

## PRAYER FOR PEACE

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near; Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen.

## PRAYER OF ST. FRANCIS

Lord, make me an instrument of your peace,  
Where there is hatred, let me sow love;  
Where there is injury, pardon;  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light;  
Where there is sadness, joy;





O Divine Master,  
grant that I may not so much seek to be  
consoled, as to console;  
to be understood, as to understand;  
to be loved, as to love.

For it is in giving that we receive.  
It is in pardoning that we are pardoned,  
and it is in dying that we are born to Eternal  
Life.

Amen.

## PRAYER OF THANKSGIVING

Almighty God, Father of all mercies,  
we your unworthy servants give you humble  
thanks  
for all your goodness and loving kindness  
to us and all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord  
Jesus Christ;  
for the means of grace, and for the hope of  
glory.  
And, we pray, give us such an awareness of  
your mercies,

that with truly thankful hearts we may show  
forth your praise,  
not only with our lips, but in our lives,  
by giving up ourselves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honour and glory throughout all ages.  
Amen.

**Lord, have mercy.**  
**Christ, have mercy.**  
**Lord, have mercy.**

## CONFESSION OF THE MYSTERY

Christ has died.  
Christ is risen.  
Christ will come again.

## PRAYER FOR GRACE

Lord God, almighty and everlasting Father, you  
have brought me in safety to this new day:  
Preserve me with your mighty power, that I  
may not fall into sin, nor be overcome by  
adversity; and in all I do, direct me to the  
fulfilling of your purpose; through Jesus Christ  
my Lord. Amen.

A scenic landscape photograph of a lake at dawn. The water is calm and reflects the surrounding forest and the light sky. A layer of mist hangs over the water, creating a soft, ethereal atmosphere. The trees on the left and right banks are in various stages of autumn, with some showing vibrant reds and oranges, while others are still green. In the background, rolling hills or mountains are visible under a clear, pale blue sky. The entire image is framed by a thin white border. There are two large, abstract, golden-yellow brushstroke-like shapes: one in the top-left corner and another in the bottom-right corner.

SAANICH BAPTIST CHURCH

# PRAYER BOOK