



Part 1: Confidence

One of the most prevalent and negative emotions that we experience in our culture is fear. Fear can grip our hearts and control our lives, and people have been working through their insecurities for millennia. The good news is that we can not only identify with others who have felt fear, but there is hope to combat it!

Scripture: Psalm 62:1-12

Bottom Line: Confidence comes from trusting Jesus with the weight of whatever is weighing on you.

Discussion Questions

Our Life Groups ministry takes a break through the months of July & August.