



SACRED HEART PARISH

5113 49 Avenue, Wetaskiwin, AB T9A 0P9

SacredHeartChurch.ca

SacredHeart.Wetaskiwin@caedm.ca

780.352.2365



An inviting faith community building up the Body of Christ

FIFTH SUNDAY OF LENT, YEAR A — MARCH 29, 2020

TRUST AMID THE STORM

A couple nights this week I had a hard time sleeping, my mind overrun with worry: worry for you, my parishioners; for my family and friends; for the whole world. This outbreak has a lot of unknowns: How bad will it get? How long will it last? Who'll get sick? Who will die? Will I be able to respond when needed? I'm sure I'm not alone in this.

But last week I was reminded of the Gospel event of Jesus asleep in the boat (Mt 8:23-27; Mk 4:35-41; Lk 8:22-25). The winds were blowing, the boat rocking, the Apostles afraid — and Jesus asleep in peace. *Lord, save us! We are perishing!* (Mt 8.25). *Do you not care that we are perishing?* (Mk 4:38).

Their cry is eerily familiar these days as we're rocked by COVID-19. Caught in fear and worry, it's easy to feel that Jesus is asleep and insensitive to our danger. And yet, look at His response to the Apostles: He calmed the storm and said, *Why are you afraid? Have you still no faith?* (Mk 8:40).

It's easy to give way to fear as the waves grow in size and power. But Jesus is with us! The Apostles feared because they focussed on the waves and not on Jesus. Jesus slept in peace because He trusted in the Father. Now is the time for us to focus more intently on Jesus, to call out to Him in our fear and our needs, to look at His loving face and allow His peace to be ours, His trust to be ours.

It's a good time to meditate on the Crucifix to see Jesus' love for us, His care for us, and find refuge in Him. Jesus died for love of us, for our salvation of soul and body. He's currently allowing us to endure these days of tribulation so that we might turn to Him more intently to be renewed in faith. May we embrace this beautiful gift of God's call to a deeper relationship with Him, to make this a time of grace. Be assured of my prayers for all or you, and be not afraid!

PARISH CONTACTS

Fr. Roger Rouleau, Pastor Roger.Rouleau@caedm.ca
Emergencies: 780.352.4513

Deacon Leo Farley

STAFF

Maria Chrunik, *Pastoral Coordinator*
Christine Ungstad, *Finance*
Brigid Bishop, *Communications*
Jose Madriaga, *Maintenance*

Office Hours: Tuesday-Friday, 8:30am-4:00pm

COMMITTEES & GROUPS

Pastoral Council John Tomkinson, *Chairperson*
Finance Committee Chris Kirwan, *Chairperson*
Catholic Women's League Juliette Huberdeau, *President*
Knights of Columbus Bill James, *Grand Knight*
School Trustee Henry Effon
Sacred Heart School Verna Sand, *Principal*
780.352.5533

CATHOLIC ARC DIOCESE OF EDMONTON

1.844.469.1010

www.caedm.ca

EVENTS THIS WEEK

In this time of quarantine,
Fr. Roger will be celebrating daily Mass
for the following intentions:

FIFTH SUNDAY OF LENT

Sun, Mar 29 – *Pro Populo* (9:30am Live-stream)

Mon, Mar 30 – *+Lorraine Nyuli*

Tue, Mar 31 – *Joe & Sharon Audet*

Wed, Apr 1 – *+Cam Pardell*

Thu, Apr 2 – *Wayne Soosay-Whitebear*

Fri, Apr 3 – *Bobby Ermineskin*

Sat, Apr 4 – *+Sandy Resch*

PALM SUNDAY OF THE PASSION OF THE LORD

Sun, Apr 5 – *Pro Populo* (9:30am Live-stream)

Jesus, we trust in you!

RESOURCES

PLEASE BE ADVISED THAT AS WE ENDURE THE COVID-19 OUTBREAK ALL MASSES AND PARISH EVENTS ARE CANCELLED FOR YOUR SAFETY.

LIVE-STREAMED & TELEVISED MASSES — Several options are available for daily and Sunday Mass. Details at: bit.ly/2JjDAGZ.

- **Fr. Roger:** 9:30AM Sundays on Facebook [@sacredheartwetaskiwin](https://www.facebook.com/sacredheartwetaskiwin)
- **Archbishop Smith:** 10:30AM Sundays on Facebook [@archedmonton](https://www.facebook.com/archedmonton)
- **Salt + Light TV:** Free for all cable subscribers until 1 May 2020. Includes daily Mass with Pope Francis. For details, visit saltandlighttv.org/subscribe
- **Daily TV Mass:** For details, visit bit.ly/3amhQWN

AN ACT OF SPIRITUAL COMMUNION — Can't receive Holy Communion? Make a *Spiritual Communion!* a prayer asking Jesus to come to you in the same way He would if you could:

*MY JESUS,
I believe that You are truly present in the Holy Eucharist.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there,
and unite myself wholly to You.
Never permit me to be separated from You. Amen.*

FORMED — Take advantage of your home-time to strengthen your faith and prayer life. Use our **Parish subscription** to Formed.org for movies, children's programs, talks, study programs, e-books and more!

1. Click "sign in"
2. Select "*I Belong to a Parish or Organization*"
3. Find our Parish by name or by our code: **7X4XFP**
4. Enter your email—and you're in!

WAY OF THE CROSS — Keep up this fruitful Lenten practice online with these options: Catholic.org, CatholicTV.org, Fully-Catholic.com

HOLY WEEK 2020 – We'll likely still be in lockdown during Holy Week, but don't worry! all Liturgies will be live-streamed on Facebook:

- HOLY THURSDAY, 7PM
- GOOD FRIDAY, 3PM
- EASTER VIGIL, 9:30PM
- EASTER SUNDAY, 9:30AM

ARCHDIOCESAN NEWS

UPDATES AND INFO FROM THE ARCHDIOCESE

Go to www.caedm.ca, with links to [Grandin Media](#) and [Quid Novum](#). Special COVID updates: caedm.ca/covid (includes faith & prayer resources, and links to Archdiocesan updates)

"EYES FIXED" — "Many of us find ourselves with eyes fixed on the news these days. Doctors advise that we should disconnect from time to time, for our own health, and this week Archbishop Smith suggests fixing our eyes on Jesus for the sake of our spiritual health." Read the whole article on [Archbishop Smith's Blog](#).

LIVING IN THE WORD OF GOD

Excerpts from Archbishop Smith's Pastoral Letter

"What use do I make of time? Do I set aside time for prayer, for Sunday mass, for the enjoyment of family? Am I able to dedicate some time to volunteer in the parish, our schools, hospitals or charitable organizations? What time can be dedicated to the study of the faith, or to understanding in the light of the Gospel the issues that impact the poor, both at home and abroad, and the environment?" (caedm.ca/Letter).

PARISH NEWS

OUTREACH PHONE MINISTRY – We're setting up a ministry team to do weekly check-in calls to parishioners to pray, to support and to build community. If you'd like to receive such a call, please call the Parish Office (we can't share your number without your permission).

PARISH FINANCES – During this time without public Mass, our Parish has essentially lost all revenue. Please consider continuing your donations in this time. You can mail cheques or drop off a donation at the Parish, or make an online donation through the Archdiocese (caedm.ca) —make sure to let them know it's for our Parish. To set up Pre-authorized Giving (direct withdrawal from your account), call the Office.

SACRED HEART PARISH IS NOW ON FACEBOOK!



[@sacredheartwetaskiwin](https://www.facebook.com/sacredheartwetaskiwin)

Like and Follow our page
for latest Parish news and spiritual resources.