

Series: UP, UP & Away!!!
Title: Lessons on the Beatitudes
Main Text: Matthew 5:1-12

Welcome: 15 mins. Max.

Option 1: Ask three to four people to share testimonies of answered prayers.
Option 2: Share something about your experiences (up or down moments) during the past week.

Example: "This week, I experienced _____ moments that _____."

Word: 40 mins. max.

Intro: We were commanded by the Lord in Matthew 28:18-20 to make disciples (followers) and apply His teachings in their daily living. Particularly, His Sermon on the Mount provides us what real blessedness in the Kingdom of Heaven on earth looks like.

Discussion:

1. The word "**blessed**" means, spiritually prosperous, fortunate, happy, and enviable. This is how God intends to promote Christ to the world through us. What is your personal definition of "blessed"? Is being blessed a picture of how you are right now?
2. **Blessed are the poor in spirit** (without spiritual arrogance, those who regard themselves as insignificant). The promised reward is this: theirs is the kingdom of heaven. As we live our lives on a daily basis, how do we see our need or dependence on God?
3. **Blessed are those who mourn** (people who mourn over their sins and therefore repent). The promised blessing is the comfort of having the burden of sin lifted. How do we respond to God upon the moment we felt the conviction of sin? Is it an immediate response of repentance?
4. **Blessed are the meek** (the gentle, the kind-hearted, the sweet-spirited, the self-controlled people) for they will inherit the earth. On practical terms, how do you handle accusations, negative comments, unfair treatment? Would you share your experience?
5. During those challenging situations mentioned above (accusations, negative comments, unfair treatment), how do you know or sense God's inward peace at that very moment?
6. **Blessed are those who hunger and thirst for righteousness** (those who actively seek right standing with God and do what is right in God's eyes) for they will be filled and be satisfied with God's pleasure. As a God-fearing

person, how often do you see the need to hunger for more of God amid trials and difficult situations you may be going through?

Wrap up:

What particular situations do you find yourself in right now? (Poor in spirit, in spiritual mourning, in need of self-control, hungry and thirsty for more of God on your life)? Please choose one and share why.

Summary:

When we trust Christ and His finished work on the cross, we become confident of what we have in Christ and how He sees us. We know that since we have been raised with Christ, we receive the grace to be Christlike in character, attitude, and obedience.

Prayer for one another.

Ask each member of the group of their prayer needs. Assign prayer partners.