



St. Hilda's By the Sea Anglican Church
Open Doors · Open Hearts · Open Minds

Presider & Preacher: The Rev Ayoob Adwar
Deacon: The Ven Bruce Morris

Musician: Linda Kern
Reader: Meg Stevens **Prayers:** Amelia Foster

Opening Hymn *We'll Sing in the Morning* CP 37

1. **We'll sing in the morning a song of creation,
of your breath that stirs up the waters to birth;
and here at the fount of Christ's mercy we join you,
co-heirs of heav'n and stewards of your gracious earth.**
2. **We'll sing in the noon-time a song of redemption:
how Naaman was cleansed in the flow of your grace;
how, when we were sick, in our sin you released us
to laugh in health and dance in love before your face.**
3. **We'll sing in the evening a song of your pastures,
of rivers that gladden the city of God;
and when we arrive on the bank of our Jordan,
you'll help us through its cold by fords your saints have trod.**

Greeting

Presider The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

PEOPLE And also with you.

Presider In this time and place,
we gather on the ancestral territory of the shishálh Nation.

**PEOPLE From many places and peoples
we come to this house of prayer.**

Presider In this time and place, together, one people of God.

**PEOPLE In the name of God,
Source of all being, Eternal Word and Holy Spirit. Amen.**

Glory to God

Presider Glory to God in the highest,

ALL and peace to God's people on earth.

**Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated on the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect of the Day

Presider Divine Sower,

**ALL you scatter your seed generously:
may we be rich soil
and receive your gift so freely given,
so that we may revel
in love's abundant, reckless growth;
through Jesus Christ, the grain of life. Amen.**

✠ The Proclamation of the Word ✠

First Reading: Genesis 25:19-34 Meg Stevens

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the Lord. And the Lord said to her,

'Two nations are in your womb,
and two peoples born of you shall be divided;
one shall be stronger than the other,
the elder shall serve the younger.'

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.) Jacob said, 'First sell me your birthright.' Esau said, 'I am about to die; of what use is a birthright to me?' Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Hear what the Spirit is saying to the church. **Thanks be to God.**

Psalm 119:105-112 *read all together*

¹⁰⁵ **Your word is a lantern to my feet
and a light upon my path.**
¹⁰⁶ **I have sworn and am determined
to keep your righteous judgements.**
¹⁰⁷ **I am deeply troubled;
preserve my life, O Lord, according to your word.**
¹⁰⁸ **Accept, O Lord, the willing tribute of my lips,
and teach me your judgements.**
¹⁰⁹ **My life is always in my hand,
yet I do not forget your law.**
¹¹⁰ **The wicked have set a trap for me,
but I have not strayed from your commandments.**
¹¹¹ **Your decrees are my inheritance for ever;
truly, they are the joy of my heart.**
¹¹² **I have applied my heart to fulfil your statutes
for ever and to the end.**
**Glory to God, Source of all being,
Eternal Word and Holy Spirit;
As it was in the beginning is now
and shall be for ever. Amen.**

Second Reading: Romans 8:1-11Meg Stevens

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Hear what the Spirit is saying to the church. **Thanks be to God.**

Gradual Hymn *Almighty God, Thy Word is Cast* **CP 478**

1. **Almighty God, thy word is cast like seed into the ground:
now let the dew of heaven descend and righteous fruits abound.**
2. **Let not the foe of righteousness this holy seed remove:
but give it root in every heart, to bring forth fruits of love.**
3. **Let not the world's deceitful cares the rising plant destroy:
but let it yield a hundredfold the fruits of peace and joy.**
4. **Oft as the precious seed is sown, thy quickening grace bestow,
that all whose souls the truth receive its saving power may know.**

The Gospel Matthew 13:1-9, 18-23

Deacon May God be with you

PEOPLE **And also with you**

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew

PEOPLE **Glory to you, Lord Jesus Christ.**

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

After the reading

Deacon The Gospel of Christ

PEOPLE Praise to you, Lord Jesus Christ.

Sermon..... Fr. Ayoob Adwar

An Affirmation of Faith - A Pilgrim's Creed

Presider Let us affirm our faith

ALL We are a community of faith.

**We share a vision of God:
a God whose spirit is love,
accessible to all yet beyond our knowing,
the source of all being,
the way leading to wholeness,
the spirit which pervades everything.**

**We are reborn in the Spirit,
followers of that Way shown by Jesus:
to love God with our whole being;
to love our neighbours as ourselves;
to treat others as we would have them treat us;
to strive for justice and peace;
to have respect and compassion for every person
and for the whole of creation;
to forgive those who do us harm;
to love one another as Christ has loved us.**

**We journey together on this Way
towards reconciliation with the whole creation.**

We break bread together and pray together.

**We reach out to one another
for strength beyond our own.**

This is our community. This is our faith. Amen.

The Prayers of the People.....Amelia Foster

Call: Hear us, O God *Response:* **Your mercy is great.**

Names on our prayer list:

**Elizabeth Brown, Carolynn Cordsen, Laura Good,
Phil Hopkins, Janet McConnell, Lorelei Reier,
Sher & Morrie Sacks, Donna Walsh Wheeldon**

and any others we may name

Confession and Absolution

Presider Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

~ Silence is kept. ~

Most merciful God,
**ALL we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Presider Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

Presider The peace of the Lord be with you all.

PEOPLE And also with you.

Offertory Hymn *All Creatures of Our God and King* vs 1-4, 7 CP 355

- 1. All creatures of our God and King,
lift up your voices, let us sing: alleluia, alleluia!
Bright burning sun and golden beams,
pale silver moon that gently gleams,
alleluia, alleluia, alleluia,
alleluia, alleluia!**
- 2. Great rushing winds and breezes soft,
you clouds that ride the heavens aloft, O sing now, alleluia!
Fair rising morn, with praise rejoice,
stars nightly shining, find a voice: alleluia....**
- 3. Swift flowing water, pure and clear,
make music for your Lord to hear, alleluia, alleluia!
Fire, so intense and fiercely bright,
you give to us both warmth and light, alleluia....**

cont'd over →

- 4. **Earth ever fertile, day by day
unfold your blessings on our way, O sing now, alleluia!
All flowers and fruits that in you grow,
God's glory let them also show: alleluia, alleluia....**

- 7. **Let all things their creator bless,
and worship God in humbleness, alleluia, Alleluia!
Praise God the Father, praise the Son,
and praise the Spirit, Three-in-One: alleluia....**

Prayer over the Gifts

Presider Father,

PEOPLE your word creates in us a yearning for your kingdom.
Receive all we offer you this day,
and keep us in your peace;
for the sake of Jesus Christ the Lord. Amen.

Eucharistic Prayer 2BAS p. 196

Celebrant The Lord be with you.

PEOPLE And also with you.

Celebrant Lift up your hearts.

PEOPLE We lift them to God.

Celebrant Let us give thanks to the Lord, our God.

PEOPLE It is right to give our thanks and praise.

Celebrant We give you thanks and praise, almighty God,
through your beloved Son, Jesus Christ,
our Saviour and Redeemer.
He is your living Word,
through whom you have created all things.

By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared in our human nature.
He lived and died as one of us,
to reconcile us to you, the God and Father of all.

In fulfillment of your will
he stretched out his hands in suffering,
to bring release to those who place their hope in you;
and so he won for you a holy people.

He chose to bear our griefs and sorrows,
and to give up his life on the cross,
that he might shatter the chains of evil and death,
and banish the darkness of sin and despair.

By his resurrection
he brings us into the light of your presence.

Now with all creation we raise our voices
to proclaim the glory of your name.
three persons equal in majesty,
undivided in splendour, yet one Lord, one God,
ever to be adored in your everlasting glory.
Therefore with all the company of heaven
we raise our voices to proclaim the glory of your name:

**Sanctus Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant Holy and gracious God, accept our praise,
through your Son our Saviour Jesus Christ;
who on the night he was handed over
to suffering and death,
took bread and gave you thanks, saying,
“Take, eat: this is my body which is broken for you.”

In the same way he took the cup, saying,
“This is my blood which is shed for you.
When you do this, you do it in memory of me.”

Remembering, therefore, his death and resurrection,
we offer you this bread and cup,
giving thanks that you have made us worthy
to stand in your presence and serve you.

We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory through your Servant, Jesus Christ.

All glory and honour are yours,
Father and Son, with the Holy Spirit
in the holy Church, now and for ever. **Amen**

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and forever. Amen.**

The Breaking of the Bread

Celebrant We break this bread
to share in the body of Christ

PEOPLE We, being many, are one body,
for we all share in the one bread.

Agnus Dei

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**

Prayer After Communion

Celebrant Living God,

ALL in this sacrament we have shared in your eternal kingdom.
**May we who taste this mystery
forever serve you in faith, hope, and love.
We ask this in the name of Jesus Christ the Lord. Amen.**

Family Thanksgiving & Announcements

Doxology

Presider Glory to God,

PEOPLE whose power, working in us,
can do infinitely more than we can ask or imagine.
**Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Blessing

Closing Hymn*The Trees of the Field* (repeat twice) **CP 662**

The musical score is written on a single treble clef staff in G major (one sharp) and 3/4 time. It consists of six lines of music. The lyrics are: "You shall go out with joy and be led forth with peace; the moun-tains and the hills will break forth be-fore you; there'll be shouts of joy, and all the trees of the field will clap, will clap their hands. And all the trees of the field will clap their hands, the trees of the field will clap their hands, the trees of the field will clap their hands while you go out with joy." The score includes various musical notations such as quarter notes, eighth notes, and rests. There are two sets of 'x' marks above the staff, indicating where to clap. A double bar line with a repeat sign is used to indicate the end of the first section. The word "Last time" is written above the staff at the beginning of the second section.

You shall go out with joy and be led forth with peace; the
 moun-tains and the hills will break forth be-fore you; there'll be
 shouts of joy, and all the trees of the field will
 clap, will clap their hands. *Last time* And all the trees of the
 field will clap their hands, the trees of the field will
 clap their hands, the trees of the field will
 clap their hands while you go out with joy.

Words: Steffi Geiser Rubin, 1950— *Music:* Stuart Dauermann, 1944—
 Words and Music © 1975 Lillenas Publishing Company (admin. Music Services)

Dismissal



Parish Events and Notices

Good News/Bad News: Thanks to Bonnie Garden, who is back on garden pot detail, and doing a fabulous job! Also thanks to Darren Lane, Produce Manager at The Independent Grocery who donated 137 plants to St. Hilda's for Bonnie to refurbish our planters! We are blessed indeed!

Unfortunately, subsequent to completing the work Bonnie discovered some thefts. The wrought iron trellises and three planters went missing on occasions during the last few days of June. To avoid further thefts, Bonnie temporarily removed more planters for safekeeping, and filed a report with the RCMP. Eric Paetkau also contacted the Coast Reporter with photos and expressed thanks to The Independent for their wonderful generosity.

Returnables: Cashing in bottles and cans can contribute to our ongoing fundraising for St. Hilda's. If you have refundable bottles and cans that you aren't able to cash in yourself, please call Margy at 604-885-7157 for pick up.

Announcement Protocols: Please follow these guidelines for announcements.

1. Announcements need to be clear and concise and be fully prepared before sending to Karen, with a cc to priest. If applicable, please identify what group is submitting the announcement.
2. You may provide a website link for further info, but include enough info in announcement content to provide essential info for those without online access.
3. If you are wondering whether something is suitable as an Announcement or feel it needs approval, please send in advance to priest to consider, and then send to Karen as a final submission.

Week At-a-Glance at St. Hilda's				
Sun	12	10:00 am	Zoom Worship	Online
Wed	15	9:00 am	Morning Prayer & Coffee	Online
Thurs	16	10:00 am	Men's Gathering	Online
Fri	17	10:00 am	Ladies' Coffee Time	Online
Sun	19	10:00 am	Zoom Worship	Online

Offering Options

- 1) **PAD (pre-authorized giving):** Download PAD form, from website <http://www.sthilda.ca/pages/giving> or have Karen email you the form. Fill in and mail directly to the Diocesan office.
- 2) **By cheque:** place cheque in your numbered donation envelope, and either mail it to St Hilda's at Box 302, Sechelt, BC, V0N 3A0, **OR**, drop it through the mail slot outside the church office door. **NO CASH!**
- 3) **Online through Canada Helps:** go to Giving (<http://www.sthilda.ca/pages/giving>) and click on the "Donate Online" button. Follow the steps.
- 4) **E-Transfer:** Contact Mike Starr or Carol Eades for the security question and answer that is required. Please use 'message' area to include your envelope no. (if you have one) and how you wish your donation allocated, otherwise it will be directed to General Operating Fund.
- 5) **If none of the above** (or you need a cash option) contact Envelope Secretary (Maggie Scott) 604-885-3312, to arrange for your envelope to be picked up once a month.

ST. HILDA'S FINANCIAL UPDATE			
Parishioners Givings as of May 2020			
	Actual to Date	Budget to Date	Actual 2019
General Fund	\$ 59,911	\$ 94,206	\$82,658

This Sunday's liturgy has been compiled from various sources, including:

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PARISH PRAYER FOR THE WEEK

Anglican Communion	The Anglican Church of Papua New Guinea The Most Rev Allan Migi - Archbishop of Papua New Guinea
Diocese & Partners	The Diocesan Primate's World Relief and Development Fund Unit (PWRDF) The Diocesan Ecumenical Multifaith Unit (EMU) The Rev Robin Ruder-Celiz (Chair) Holy Trinity Mission in Bantey (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr
Local Agencies	SC Service Clubs: Lions, Rotary, Kinsmen, Knights of Columbus
Local Churches	Pender Harbour Pentecostal
Justice Umbrella	Ndandini students & faculty of Kyaithani Schools SC's siyaya Reconciliation Movement
Prayer Requests	Elizabeth Brown: healing from stroke Carolynn Cordsen: healing from surgery Laura Good Phil Hopkins: strength & peace while healing Janet McConnell Lorelei Reier: strength recuperating from chemo Sher & Morrie Sacks: comfort & peace Donna Walsh Wheeldon: heart disease investigation
Parish Families	Bev Abercrombie, Margaret Acton, Ayoob & Nezha Adwar, Ruth Ahlborn, Jacqueline Allan-Gye

Prayer requests are listed for 4 weeks - to extend, please contact the office.