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THE VIRTUAL EXPERIENCE

December 18, 2020

My Dear Sisters,

The past eleven months have been a turbulent period for us as we all adjust to the effects of the COVID-19 pandemic. Despite the challenges, we stand resolute that our God is fully in control and He will never leave us nor forsake us. It is with this firm faith and confidence that the NLR Planning committee announces *NLR 2021 ~ the Virtual Experience*, for March 19-20, 2021 under the theme "Anchored: Standing Firm in Changing Times."

The author of Hebrews reminds us "*we have this hope as an anchor for the soul, firm and secure*" (Hebrews 6:19a). Even in these changing times we have this confident assurance which keeps our heart and whole being at rest, so that we don't break under the pressure that comes with this season. Sisters we are anchored!

Plenary Speakers:

Rev. Dr. Arlene Hall, Boston Massachusetts, USA.

Min. Karen Redwood, Registered Psychotherapist.

Cheryl Nembhard , Filmmaker, Playwright and Social Advocate

Psalmist: Roxanne Robinson



Special Feature - NLR the Virtual Experience

INTERACTIVE WORKSHOPS

- ❖ **Leading Through the Storms**
with *National Women's Director*
(French and English)
- ❖ **Anchored Mentally**
Psychotherapist
Karen Redwood
- ❖ **Growing Through the Storm**
Lindsay Nadine Benoît
- ❖ **My Safety Net:**
Anchored Financially
Sonia Brown
- ❖ **With Love and Care:**
Estate Planning
Joana Eubanks LLB.
- ❖ **Anchored in Love**
Pastor Marlene MacKenzie

- ❖ Online TAP session
- ❖ In-house Fitness
- ❖ Stay at home meal planning
- ❖ Special Coffee times with guests.
- ❖ Closing Word from NLR Director
Pastor Sophia Pringle

Registration \$60.

Register online at www.niagaraladiesretreat.com

Persons who advised us to keep their NLR 2020 registration fee please visit our website for instruction. You will have the option to register for *NLR 2021 ~ the Virtual Experience* or arrange for a refund.

We promise a dynamic virtually retreat; so, get ready to be edified through worship, the Word and interactive workshops which will have you singing, dancing, and tasting the goodness of God.

Love and Blessings,

Sophia Pringle
Pastor Sophia Pringle
Retreat Director

Register by
January 31
to get your swag bag!