**Wednesday**

**The Preparation**

Presider O Lord, open our lips

**And our mouth shall proclaim your praise**

Presider Pour your love into our hearts, O God

**All Through the Holy Spirit you have given to us**

**Glory to God, source of all being,**

**Eternal word and Holy Spirit:**

**As it was in the beginning, is now,**

**And shall be forever. Amen.**

**Alleluia!**

**The Opening Prayer**

Presider The night has passed and the day lies open before us;

Let us pray with one heart and mind

*Silence is kept*

As we rejoice in the gift of this new day,

So may the light of your presence O God,

Set our hearts on fire with love for you

Now and forever. Amen

**The Word of God**

**126**   
1 When the Lord restored the fortunes of Zion, \*  
then were we like those who dream.  
  
2 Then was our mouth filled with laughter, \*  
and our tongue with shouts of joy.  
  
3 Then they said among the nations, \*  
"The Lord has done great things for them."  
  
4 The Lord has done great things for us, \*  
and we are glad indeed.  
  
5 Restore our fortunes, O Lord, \*  
like the watercourses of the Negev.  
  
6 Those who sowed with tears \*  
will reap with songs of joy.  
  
7 Those who go out weeping, carrying the seed, \*  
will come again with joy, shouldering their sheaves.

## **Gospel**

## Matthew 10:24-30

‘A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

‘So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted.

Gospel Canticle

Refrain: **You have looked with favour upon your lowly servant:**

**From this day, all generations will call her blessed.**

**Magnificat**

My soul proclaims the greatness of the Lord,

my spirit rejoices in God my Savior,

for he has looked with favor on his humble servant.

From this day all generations will call me blessed,

the Almighty has done great things for me,

and holy is his Name.

He has mercy on those who fear Him

in every generation.

He has shown the strength of his arm,

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the humble.

He has filled the hungry with good things,

and the rich he has sent away empty.

He has come to the help of his servant Israel

for he has remembered his promise of mercy,

the promise he made to our fathers,

to Abraham and his children for ever.

**Glory to the Father, and to the Son, and to the Holy Spirit,**

**as it was in the beginning, is now, and will be for ever.**

**Amen**

Refrain: **You have looked with favour upon your lowly servant:**

**From this day, all generations will call her blessed.**

**The Litany**

Presider Let us give glory to God on high,

Who from his fullness have received grace upon grace.

For the holy Church of God throughout the world,

That with one heart we may rejoice in the word made flesh,

Let us pray in the Spirit

**All God of love, hear our prayer**

Presider For good will in the hearts of all; and on earth peace,

Let us pray in the Spirit

**All God of love, hear our prayer**

Presider For the poor, the outcast and the homeless,

The lonely and the unloved, Let us pray in the Spirit

**All God of love, hear our prayer**

Presider For all who have gone before us,

Whose hope was in the Word made flesh, Let us pray in the Spirit

**All God of love, hear our prayer**

Presider (Any individual prayers…)

**God of love, hear our prayer**

Presider With the blessed Virgin Mary,

Saint John and all the host of heaven,

let our voices rise to praise God’s glory

**All God of love, hear our prayer**

**The Collect**

Presider Almighty God,

Who wonderfully created us in your own image

And yet more wonderfully restored us

In your Son Jesus Christ:

Grant that, as he came to share our human nature,

So we may be partakers of his divine glory;

Who is alive and reigns with you and the Holy Spirit,

One God, now and forever. Amen.

Presider As Our Saviour Christ taught us we are bold to say:

**All Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours**

**now and for ever.**

**Amen.**

**Closing Responses**

The Blessing

**All The Lord bless us and preserve us from all evil,**

**And keep us in eternal life. Amen.**

Presider Let us bless the Lord

**All Thanks be to God.**